Coast Path public transport distance matrix
1 — Gretna Green to Skinburness

km	km on route	km to stop if >200m	**Gretna Green**	Sark Bridge	Etterby	Stanwix	**Carlisle**	Kirkandrews-on-Eden	Burgh by Sands	Boustead Hill	Easton	Drumburgh	Glasson	Port Carlisle	Bowness-on-Solway	Cardurnock	Anthorn Cross	Anthorn	Longcroft	Whitrigg	Angerton	Kirkbride	Abbeytown	Skinburness Creekside	Skinburnessbank	Skinburness
Gretna Green				1.8	20.7	21.4	22.5	30.9	40.1	43.4	45.3	46.4	48.3	49.6	51.5	58.4	61.3	63.0	64.5	65.9	66.7	67.7	77.2	87.4	91.0	91.3
Sark Bridge	1.32	0.48	1.8		19.9	20.6	21.7	30.1	39.3	42.5	44.5	45.6	47.5	48.8	50.6	57.6	60.5	62.1	63.7	65.0	65.9	66.8	76.3	86.6	90.2	90.5
Etterby	19.39		20.7	19.9		0.7	1.8	10.2	19.4	22.7	24.6	25.7	27.6	28.9	30.8	37.7	40.6	42.2	43.8	45.1	46.0	46.9	56.5	66.7	70.3	70.6
Stanwix	0.68		21.4	20.6	0.7		1.1	9.5	18.7	22.0	23.9	25.0	26.9	28.2	30.1	37.1	40.0	41.6	43.1	44.5	45.3	46.3	55.8	66.0	69.7	70.0
Carlisle	1.10		22.5	21.7	1.8	1.1		8.4	17.6	20.9	22.8	23.9	25.8	27.1	29.0	36.0	38.9	40.5	42.0	43.4	44.2	45.2	54.7	64.9	68.6	68.9
Kirkandrews-on-Eden	8.44		30.9	30.1	10.2	9.5	8.4		9.2	12.5	14.4	15.5	17.4	18.7	20.5	27.5	30.4	32.0	33.6	34.9	35.8	36.7	46.2	56.5	60.1	60.4
Burgh by Sands	9.20		40.1	39.3	19.4	18.7	17.6	9.2		3.3	5.2	6.3	8.2	9.5	11.3	18.3	21.2	22.8	24.4	25.7	26.6	27.5	37.0	47.3	50.9	51.2
Boustead Hill	3.25		43.4	42.5	22.7	22.0	20.9	12.5	3.3		1.9	3.0	5.0	6.2	8.1	15.1	18.0	19.6	21.1	22.5	23.3	24.3	33.8	44.0	47.7	48.0
Easton	1.93		45.3	44.5	24.6	23.9	22.8	14.4	5.2	1.9		1.1	3.0	4.3	6.2	13.1	16.0	17.6	19.2	20.5	21.4	22.3	31.9	42.1	45.7	46.0
Drumburgh	1.10		46.4	45.6	25.7	25.0	23.9	15.5	6.3	3.0	1.1		1.9	3.2	5.1	12.0	14.9	16.5	18.1	19.4	20.3	21.2	30.8	41.0	44.6	44.9
Glasson	1.92		48.3	47.5	27.6	26.9	25.8	17.4	8.2	5.0	3.0	1.9		1.3	3.1	10.1	13.0	14.6	16.2	17.5	18.4	19.3	28.8	39.1	42.7	43.0
Port Carlisle	1.29		49.6	48.8	28.9	28.2	27.1	18.7	9.5	6.2	4.3	3.2	1.3		1.9	8.8	11.7	13.3	14.9	16.2	17.1	18.0	27.6	37.8	41.4	41.7
Bowness-on-Solway	1.85		51.5	50.6	30.8	30.1	29.0	20.5	11.3	8.1	6.2	5.1	3.1	1.9		7.0	9.9	11.5	13.0	14.4	15.2	16.2	25.7	35.9	39.6	39.9
Cardurnock	6.97		58.4	57.6	37.7	37.1	36.0	27.5	18.3	15.1	13.1	12.0	10.1	8.8	7.0		2.9	4.5	6.1	7.4	8.3	9.2	18.7	29.0	32.6	32.9
Anthorn Cross	2.90		61.3	60.5	40.6	40.0	38.9	30.4	21.2	18.0	16.0	14.9	13.0	11.7	9.9	2.9		1.6	3.2	4.5	5.4	6.3	15.8	26.1	29.7	30.0
Anthorn	1.61		63.0	62.1	42.2	41.6	40.5	32.0	22.8	19.6	17.6	16.5	14.6	13.3	11.5	4.5	1.6		1.6	2.9	3.7	4.7	14.2	24.5	28.1	28.4
Longcroft	1.55		64.5	63.7	43.8	43.1	42.0	33.6	24.4	21.1	19.2	18.1	16.2	14.9	13.0	6.1	3.2	1.6		1.3	2.2	3.1	12.7	22.9	26.5	26.8
Whitrigg	1.35		65.9	65.0	45.1	44.5	43.4	34.9	25.7	22.5	20.5	19.4	17.5	16.2	14.4	7.4	4.5	2.9	1.3		0.8	1.8	11.3	21.6	25.2	25.5
Angerton	0.85		66.7	65.9	46.0	45.3	44.2	35.8	26.6	23.3	21.4	20.3	18.4	17.1	15.2	8.3	5.4	3.7	2.2	0.8		1.0	10.5	20.7	24.3	24.6
Kirkbride	0.95		67.7	66.8	46.9	46.3	45.2	36.7	27.5	24.3	22.3	21.2	19.3	18.0	16.2	9.2	6.3	4.7	3.1	1.8	1.0		9.5	19.8	23.4	23.7
Abbeytown	9.52		77.2	76.3	56.5	55.8	54.7	46.2	37.0	33.8	31.9	30.8	28.8	27.6	25.7	18.7	15.8	14.2	12.7	11.3	10.5	9.5		10.2	13.9	14.2
Skinburness Creekside	10.24		87.4	86.6	66.7	66.0	64.9	56.5	47.3	44.0	42.1	41.0	39.1	37.8	35.9	29.0	26.1	24.5	22.9	21.6	20.7	19.8	10.2		3.6	3.9
Skinburnessbank	3.41	0.22	91.0	90.2	70.3	69.7	68.6	60.1	50.9	47.7	45.7	44.6	42.7	41.4	39.6	32.6	29.7	28.1	26.5	25.2	24.3	23.4	13.9	3.6		0.7
Skinburness	0.52		91.3	90.5	70.6	70.0	68.9	60.4	51.2	48.0	46.0	44.9	43.0	41.7	39.9	32.9	30.0	28.4	26.8	25.5	24.6	23.7	14.2	3.9	0.7	

© 2022greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
2 — Bowness-on-Solway to Flimby

km	km on route	km to stop if >200m	Bowness-on-Solway	Cardurnock	Anthorn Cross	Anthorn	Longcroft	Whitrigg	Angerton	Kirkbride	Abbeytown	Skinburness Creekside	Skinburnessbank	Skinburness	Cote Lighthouse	Silloth	Green Garth	Moordale	Beckfoot	Mawbray	Allonby	Blue Dial	Crosscanonby	Bank End	**Maryport**	Maryport South car park	**Flimby**
Bowness-on-Solway				7.0	9.9	11.5	13.0	14.4	15.2	16.2	25.7	35.9	39.6	39.9	41.0	42.7	44.6	45.0	46.9	50.1	54.4	57.8	59.1	61.3	63.2	65.2	66.8
Cardurnock	6.97		7.0		2.9	4.5	6.1	7.4	8.3	9.2	18.7	29.0	32.6	32.9	34.0	35.7	37.7	38.1	40.0	43.2	47.4	50.8	52.2	54.3	56.2	58.3	59.8
Anthorn Cross	2.90		9.9	2.9		1.6	3.2	4.5	5.4	6.3	15.8	26.1	29.7	30.0	31.1	32.8	34.8	35.2	37.1	40.3	44.5	47.9	49.3	51.4	53.3	55.4	56.9
Anthorn	1.61		11.5	4.5	1.6		1.6	2.9	3.8	4.7	14.2	24.5	28.1	28.4	29.5	31.2	33.1	33.5	35.4	38.7	42.9	46.3	47.6	49.8	51.7	53.7	55.3
Longcroft	1.55		13.0	6.1	3.2	1.6		1.4	2.2	3.2	12.7	22.9	26.5	26.8	27.9	29.7	31.6	32.0	33.9	37.1	41.4	44.8	46.1	48.2	50.2	52.2	53.7
Whitrigg	1.35		14.4	7.4	4.5	2.9	1.4		0.9	1.8	11.3	21.6	25.2	25.5	26.6	28.3	30.2	30.6	32.5	35.8	40.0	43.4	44.7	46.9	48.8	50.8	52.4
Angerton	0.85		15.2	8.3	5.4	3.8	2.2	0.9		1.0	10.5	20.7	24.3	24.6	25.7	27.5	29.4	29.8	31.7	34.9	39.2	42.6	43.9	46.0	48.0	50.0	51.5
Kirkbride	0.95		16.2	9.2	6.3	4.7	3.2	1.8	1.0		9.5	19.8	23.4	23.7	24.8	26.5	28.4	28.8	30.7	34.0	38.2	41.6	42.9	45.1	47.0	49.0	50.6
Abbeytown	9.52		25.7	18.7	15.8	14.2	12.7	11.3	10.5	9.5		10.2	13.9	14.2	15.3	17.0	18.9	19.3	21.2	24.4	28.7	32.1	33.4	35.6	37.5	39.5	41.1
Skinburness Creekside	10.24		35.9	29.0	26.1	24.5	22.9	21.6	20.7	19.8	10.2		3.6	3.9	5.0	6.7	8.7	9.1	11.0	14.2	18.5	21.8	23.2	25.3	27.3	29.3	30.8
Skinburnessbank	3.41	0.22	39.6	32.6	29.7	28.1	26.5	25.2	24.3	23.4	13.9	3.6		0.7	1.8	3.6	5.5	5.9	7.8	11.0	15.3	18.7	20.0	22.1	24.1	26.1	27.6
Skinburness	0.52		39.9	32.9	30.0	28.4	26.8	25.5	24.6	23.7	14.2	3.9	0.7		1.1	2.8	4.8	5.2	7.1	10.3	14.5	17.9	19.3	21.4	23.3	25.4	26.9
Cote Lighthouse	1.09		41.0	34.0	31.1	29.5	27.9	26.6	25.7	24.8	15.3	5.0	1.8	1.1		1.7	3.7	4.1	6.0	9.2	13.4	16.8	18.2	20.3	22.2	24.3	25.8
Silloth	1.72		42.7	35.7	32.8	31.2	29.7	28.3	27.5	26.5	17.0	6.7	3.6	2.8	1.7		1.9	2.3	4.2	7.5	11.7	15.1	16.4	18.6	20.5	22.5	24.1
Green Garth	1.53	0.41	44.6	37.7	34.8	33.1	31.6	30.2	29.4	28.4	18.9	8.7	5.5	4.8	3.7	1.9		1.2	3.1	6.3	10.6	14.0	15.3	17.5	19.4	21.4	23.0
Moordale	0.81		45.0	38.1	35.2	33.5	32.0	30.6	29.8	28.8	19.3	9.1	5.9	5.2	4.1	2.3	1.2		1.9	5.1	9.4	12.8	14.1	16.2	18.2	20.2	21.8
Beckfoot	1.90		46.9	40.0	37.1	35.4	33.9	32.5	31.7	30.7	21.2	11.0	7.8	7.1	6.0	4.2	3.1	1.9		3.2	7.5	10.9	12.2	14.3	16.3	18.3	19.9
Mawbray	3.22		50.1	43.2	40.3	38.7	37.1	35.8	34.9	34.0	24.4	14.2	11.0	10.3	9.2	7.5	6.3	5.1	3.2		4.3	7.6	9.0	11.1	13.1	15.1	16.6
Allonby	4.26		54.4	47.4	44.5	42.9	41.4	40.0	39.2	38.2	28.7	18.5	15.3	14.5	13.4	11.7	10.6	9.4	7.5	4.3		3.4	4.7	6.9	8.8	10.8	12.4
Blue Dial	3.38		57.8	50.8	47.9	46.3	44.8	43.4	42.6	41.6	32.1	21.8	18.7	17.9	16.8	15.1	14.0	12.8	10.9	7.6	3.4		1.3	3.5	5.4	7.4	9.0
Crosscanonby	1.34		59.1	52.2	49.3	47.6	46.1	44.7	43.9	42.9	33.4	23.2	20.0	19.3	18.2	16.4	15.3	14.1	12.2	9.0	4.7	1.3		2.1	4.1	6.1	7.7
Bank End	2.14		61.3	54.3	51.4	49.8	48.2	46.9	46.0	45.1	35.6	25.3	22.1	21.4	20.3	18.6	17.5	16.2	14.3	11.1	6.9	3.5	2.1		1.9	4.0	5.5
Maryport	1.94		63.2	56.2	53.3	51.7	50.2	48.8	48.0	47.0	37.5	27.3	24.1	23.3	22.2	20.5	19.4	18.2	16.3	13.1	8.8	5.4	4.1	1.9		2.0	3.6
Maryport South car park	1.64	0.38	65.2	58.3	55.4	53.7	52.2	50.8	50.0	49.0	39.5	29.3	26.1	25.4	24.3	22.5	21.4	20.2	18.3	15.1	10.8	7.4	6.1	4.0	2.0		2.3
Flimby	1.93		66.8	59.8	56.9	55.3	53.7	52.4	51.5	50.6	41.1	30.8	27.6	26.9	25.8	24.1	23.0	21.8	19.9	16.6	12.4	9.0	7.7	5.5	3.6	2.3	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
3 — Skinburness to St Bees

km	km on route	km to stop if >200m	Skinburness	Cote Lighthouse	Silloth	Green Garth	Moordale	Beckfoot	Mawbray	Allonby	Blue Dial	Crosscanonby	Bank End	**Maryport**	Maryport South car park	**Flimby**	St Helens Lane	Siddick	Workington	**Mossbay**	Harrington (rail only)	Lowca	Stamford Hill	Parton	**Whitehaven**	**St Bees (rail only)**
Skinburness				1.1	2.8	4.8	5.2	7.1	10.3	14.5	17.9	19.3	21.4	23.3	25.4	26.9	28.5	29.4	30.6	34.1	37.2	41.7	42.0	43.0	45.4	56.4
Cote Lighthouse	1.09		1.1		1.7	3.7	4.1	6.0	9.2	13.4	16.8	18.2	20.3	22.2	24.3	25.8	27.4	28.3	29.5	33.0	36.1	40.6	40.9	41.9	44.4	55.3
Silloth	1.72		2.8	1.7		1.9	2.3	4.2	7.5	11.7	15.1	16.4	18.6	20.5	22.5	24.1	25.6	26.6	27.8	31.3	34.4	38.9	39.2	40.2	42.6	53.5
Green Garth	1.53	0.41	4.8	3.7	1.9		1.2	3.1	6.3	10.6	14.0	15.3	17.5	19.4	21.4	23.0	24.5	25.4	26.7	30.2	33.3	37.8	38.1	39.1	41.5	52.4
Moordale	0.81		5.2	4.1	2.3	1.2		1.9	5.1	9.4	12.8	14.1	16.2	18.2	20.2	21.8	23.3	24.2	25.5	28.9	32.1	36.6	36.9	37.9	40.3	51.2
Beckfoot	1.90		7.1	6.0	4.2	3.1	1.9		3.2	7.5	10.9	12.2	14.3	16.3	18.3	19.9	21.4	22.3	23.6	27.0	30.2	34.7	35.0	36.0	38.4	49.3
Mawbray	3.22		10.3	9.2	7.5	6.3	5.1	3.2		4.3	7.6	9.0	11.1	13.1	15.1	16.6	18.2	19.1	20.4	23.8	27.0	31.5	31.8	32.8	35.2	46.1
Allonby	4.26		14.5	13.4	11.7	10.6	9.4	7.5	4.3		3.4	4.7	6.9	8.8	10.8	12.4	13.9	14.8	16.1	19.6	22.7	27.2	27.5	28.5	30.9	41.8
Blue Dial	3.38		17.9	16.8	15.1	14.0	12.8	10.9	7.6	3.4		1.3	3.5	5.4	7.4	9.0	10.5	11.5	12.7	16.2	19.3	23.8	24.1	25.1	27.5	38.4
Crosscanonby	1.34		19.3	18.2	16.4	15.3	14.1	12.2	9.0	4.7	1.3		2.1	4.1	6.1	7.7	9.2	10.1	11.4	14.8	18.0	22.5	22.8	23.8	26.2	37.1
Bank End	2.14		21.4	20.3	18.6	17.5	16.2	14.3	11.1	6.9	3.5	2.1		1.9	4.0	5.5	7.1	8.0	9.2	12.7	15.8	20.3	20.6	21.6	24.1	35.0
Maryport	1.94		23.3	22.2	20.5	19.4	18.2	16.3	13.1	8.8	5.4	4.1	1.9		2.0	3.6	5.1	6.0	7.3	10.8	13.9	18.4	18.7	19.7	22.1	33.0
Maryport South car park	1.64	0.38	25.4	24.3	22.5	21.4	20.2	18.3	15.1	10.8	7.4	6.1	4.0	2.0		2.3	3.9	4.8	6.0	9.5	12.6	17.1	17.4	18.4	20.9	31.8
Flimby	1.93		26.9	25.8	24.1	23.0	21.8	19.9	16.6	12.4	9.0	7.7	5.5	3.6	2.3		1.6	2.5	3.7	7.2	10.3	14.8	15.1	16.1	18.5	29.5
St Helens Lane	1.55		28.5	27.4	25.6	24.5	23.3	21.4	18.2	13.9	10.5	9.2	7.1	5.1	3.9	1.6		0.9	2.2	5.6	8.8	13.3	13.6	14.6	17.0	27.9
Siddick	0.91		29.4	28.3	26.6	25.4	24.2	22.3	19.1	14.8	11.5	10.1	8.0	6.0	4.8	2.5	0.9		1.3	4.7	7.9	12.4	12.7	13.7	16.1	27.0
Workington	1.27		30.6	29.5	27.8	26.7	25.5	23.6	20.4	16.1	12.7	11.4	9.2	7.3	6.0	3.7	2.2	1.3		3.5	6.6	11.1	11.4	12.4	14.8	25.7
Mossbay	3.46		34.1	33.0	31.3	30.2	28.9	27.0	23.8	19.6	16.2	14.8	12.7	10.8	9.5	7.2	5.6	4.7	3.5		3.1	7.6	7.9	8.9	11.4	22.3
Harrington (rail only)	3.13		37.2	36.1	34.4	33.3	32.1	30.2	27.0	22.7	19.3	18.0	15.8	13.9	12.6	10.3	8.8	7.9	6.6	3.1		4.5	4.8	5.8	8.2	19.1
Lowca	4.22	0.29	41.7	40.6	38.9	37.8	36.6	34.7	31.5	27.2	23.8	22.5	20.3	18.4	17.1	14.8	13.3	12.4	11.1	7.6	4.5		0.9	1.9	4.3	15.2
Stamford Hill	0.58		42.0	40.9	39.2	38.1	36.9	35.0	31.8	27.5	24.1	22.8	20.6	18.7	17.4	15.1	13.6	12.7	11.4	7.9	4.8	0.9		1.0	3.4	14.3
Parton	1.00		43.0	41.9	40.2	39.1	37.9	36.0	32.8	28.5	25.1	23.8	21.6	19.7	18.4	16.1	14.6	13.7	12.4	8.9	5.8	1.9	1.0		2.4	13.3
Whitehaven	2.42		45.4	44.4	42.6	41.5	40.3	38.4	35.2	30.9	27.5	26.2	24.1	22.1	20.9	18.5	17.0	16.1	14.8	11.4	8.2	4.3	3.4	2.4		10.9
St Bees (rail only)	10.91		56.4	55.3	53.5	52.4	51.2	49.3	46.1	41.8	38.4	37.1	35.0	33.0	31.8	29.5	27.9	27.0	25.7	22.3	19.1	15.2	14.3	13.3	10.9	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
4 — Maryport to Foxfield

km	km on route	km to stop if >200m	Maryport	South car park	Flimby	St Helens Lane	Siddick	Workington	Mossbay	Harrington (rail only)	Lowca	Stamford Hill	Parton	Whitehaven	St Bees (rail only)	Scrambling circuit (rail only)	Lantern Moss (rail only)	Sellafield (rail only)	Seascale (rail only)	Drigg (rail only)	Ravenglass (rail only)	Bootle (rail only)	Silecroft (rail only)	Millom (rail only)	Green Road (rail only)	Foxfield (rail only)
Maryport				2.0	3.6	5.1	6.0	7.3	10.8	13.9	18.4	18.7	19.7	22.1	34.0	39.4	41.6	44.3	47.2	52.6	56.9	67.0	76.5	87.8	92.0	102.1
South car park	1.64	0.38	2.0		2.3	3.9	4.8	6.0	9.5	12.6	17.1	17.4	18.4	20.9	32.8	38.1	40.3	43.0	46.0	51.4	55.6	65.7	75.3	86.6	90.7	100.8
Flimby	1.93		3.6	2.3		1.6	2.5	3.7	7.2	10.3	14.8	15.1	16.1	18.5	30.5	35.8	38.0	40.7	43.7	49.1	53.3	63.4	72.9	84.3	88.4	98.5
St Helens Lane	1.55		5.1	3.9	1.6		0.9	2.2	5.6	8.8	13.3	13.6	14.6	17.0	28.9	34.2	36.5	39.2	42.1	47.5	51.7	61.9	71.4	82.7	86.8	97.0
Siddick	0.91		6.0	4.8	2.5	0.9		1.3	4.7	7.9	12.4	12.7	13.7	16.1	28.0	33.3	35.6	38.2	41.2	46.6	50.8	61.0	70.5	81.8	85.9	96.1
Workington	1.27		7.3	6.0	3.7	2.2	1.3		3.5	6.6	11.1	11.4	12.4	14.8	26.7	32.1	34.3	37.0	39.9	45.3	49.6	59.7	69.2	80.5	84.7	94.8
Mossbay	3.46		10.8	9.5	7.2	5.6	4.7	3.5		3.1	7.6	7.9	8.9	11.4	23.3	28.6	30.8	33.5	36.5	41.9	46.1	56.2	65.8	77.1	81.2	91.3
Harrington (rail only)	3.13		13.9	12.6	10.3	8.8	7.9	6.6	3.1		4.5	4.8	5.8	8.2	20.1	25.5	27.7	30.4	33.4	38.8	43.0	53.1	62.6	73.9	78.1	88.2
Lowca	4.22	0.29	18.4	17.1	14.8	13.3	12.4	11.1	7.6	4.5		0.9	1.9	4.3	16.2	21.5	23.8	26.5	29.4	34.8	39.0	49.2	58.7	70.0	74.1	84.3
Stamford Hill	0.58		18.7	17.4	15.1	13.6	12.7	11.4	7.9	4.8	0.9		1.0	3.4	15.3	20.7	22.9	25.6	28.6	34.0	38.2	48.3	57.8	69.1	73.3	83.4
Parton	1.00		19.7	18.4	16.1	14.6	13.7	12.4	8.9	5.8	1.9	1.0		2.4	14.3	19.7	21.9	24.6	27.6	33.0	37.2	47.3	56.8	68.1	72.3	82.4
Whitehaven	2.42		22.1	20.9	18.5	17.0	16.1	14.8	11.4	8.2	4.3	3.4	2.4		11.9	17.3	19.5	22.2	25.1	30.5	34.8	44.9	54.4	65.7	69.8	80.0
St Bees (rail only)	10.91	1.00	34.0	32.8	30.5	28.9	28.0	26.7	23.3	20.1	16.2	15.3	14.3	11.9		7.3	9.6	12.3	15.2	20.6	24.8	35.0	44.5	55.8	59.9	70.1
Scrambling circuit (rail only)	6.34		39.4	38.1	35.8	34.2	33.3	32.1	28.6	25.5	21.5	20.7	19.7	17.3	7.3		2.2	4.9	7.9	13.3	17.5	27.6	37.2	48.5	52.6	62.7
Lantern Moss (rail only)	2.24		41.6	40.3	38.0	36.5	35.6	34.3	30.8	27.7	23.8	22.9	21.9	19.5	9.6	2.2		2.7	5.6	11.0	15.3	25.4	34.9	46.2	50.4	60.5
Sellafield (rail only)	2.67		44.3	43.0	40.7	39.2	38.2	37.0	33.5	30.4	26.5	25.6	24.6	22.2	12.3	4.9	2.7		3.0	8.4	12.6	22.7	32.2	43.6	47.7	57.8
Seascale (rail only)	2.97		47.2	46.0	43.7	42.1	41.2	39.9	36.5	33.4	29.4	28.6	27.6	25.1	15.2	7.9	5.6	3.0		5.4	9.6	19.7	29.3	40.6	44.7	54.9
Drigg (rail only)	4.84	0.56	52.6	51.4	49.1	47.5	46.6	45.3	41.9	38.8	34.8	34.0	33.0	30.5	20.6	13.3	11.0	8.4	5.4		5.3	15.5	25.0	36.3	40.4	50.6
Ravenglass (rail only)	4.78		56.9	55.6	53.3	51.7	50.8	49.6	46.1	43.0	39.0	38.2	37.2	34.8	24.8	17.5	15.3	12.6	9.6	5.3		10.1	19.7	31.0	35.1	45.2
Bootle (rail only)	8.47	1.65	67.0	65.7	63.4	61.9	61.0	59.7	56.2	53.1	49.2	48.3	47.3	44.9	35.0	27.6	25.4	22.7	19.7	15.5	10.1		12.8	24.1	28.3	38.4
Silecroft (rail only)	9.87	1.31	76.5	75.3	72.9	71.4	70.5	69.2	65.8	62.6	58.7	57.8	56.8	54.4	44.5	37.2	34.9	32.2	29.3	25.0	19.7	12.8		13.9	18.1	28.2
Millom (rail only)	12.11	0.51	87.8	86.6	84.3	82.7	81.8	80.5	77.1	73.9	70.0	69.1	68.1	65.7	55.8	48.5	46.2	43.6	40.6	36.3	31.0	24.1	13.9		5.2	15.3
Green Road (rail only)	4.64		92.0	90.7	88.4	86.8	85.9	84.7	81.2	78.1	74.1	73.3	72.3	69.8	59.9	52.6	50.4	47.7	44.7	40.4	35.1	28.3	18.1	5.2		10.1
Foxfield (rail only)	10.14		102.1	100.8	98.5	97.0	96.1	94.8	91.3	88.2	84.3	83.4	82.4	80.0	70.1	62.7	60.5	57.8	54.9	50.6	45.2	38.4	28.2	15.3	10.1	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
5 — Whitehaven to Vickerstown via Walney Island

km	km on route	km to stop if >200m	Whitehaven	St Bees (rail only)	Scrambling circuit (rail only)	Lantern Moss (rail only)	Sellafield (rail only)	Seascale (rail only)	Drigg (rail only)	Ravenglass (rail only)	Bootle (rail only)	Silecroft (rail only)	Millom (rail only)	Green Road (rail only)	Foxfield (rail only)	Kirkby-in-Furness (rail only)	Askam-in-Furness (rail only)	Ormsgill	Dock Museum, Barrow	Channelside Haven	Vickerstown	Promenade	West Shore	Biggar Bank	Water Garth	Long Bank	Vickerstown
Whitehaven	2.42			11.9	17.3	19.5	22.2	25.1	30.5	34.8	44.9	54.4	65.7	69.8	80.0	84.9	90.8	99.7	103.0	103.4	104.0	105.1	111.9	114.5	127.7	128.4	129.7
St Bees (rail only)	10.91	1.00	11.9		7.3	9.6	12.3	15.2	20.6	24.8	35.0	44.5	55.8	59.9	70.1	74.9	80.9	89.8	93.1	93.5	94.0	95.2	102.0	104.6	117.8	118.5	119.8
Scrambling circuit (rail only)	6.34		17.3	7.3		2.2	4.9	7.9	13.3	17.5	27.6	37.2	48.5	52.6	62.7	67.6	73.5	82.4	85.8	86.1	86.7	87.8	94.7	97.3	110.4	111.2	112.5
Lantern Moss (rail only)	2.24		19.5	9.6	2.2		2.7	5.6	11.0	15.3	25.4	34.9	46.2	50.4	60.5	65.4	71.3	80.2	83.5	83.9	84.5	85.6	92.4	95.0	108.2	108.9	110.2
Sellafield (rail only)	2.67		22.2	12.3	4.9	2.7		3.0	8.4	12.6	22.7	32.2	43.6	47.7	57.8	62.7	68.6	77.5	80.9	81.2	81.8	82.9	89.8	92.4	105.5	106.2	107.6
Seascale (rail only)	2.97		25.1	15.2	7.9	5.6	3.0		5.4	9.6	19.7	29.3	40.6	44.7	54.9	59.7	65.7	74.6	77.9	78.3	78.8	80.0	86.8	89.4	102.6	103.3	104.6
Drigg (rail only)	4.84	0.56	30.5	20.6	13.3	11.0	8.4	5.4		5.3	15.5	25.0	36.3	40.4	50.6	55.4	61.4	70.3	73.6	74.0	74.5	75.7	82.5	85.1	98.3	99.0	100.3
Ravenglass (rail only)	4.78		34.8	24.8	17.5	15.3	12.6	9.6	5.3		10.1	19.7	31.0	35.1	45.2	50.1	56.0	64.9	68.3	68.6	69.2	70.3	77.2	79.8	92.9	93.7	95.0
Bootle (rail only)	8.47	1.65	44.9	35.0	27.6	25.4	22.7	19.7	15.5	10.1		12.8	24.1	28.3	38.4	43.3	49.2	58.1	61.5	61.8	62.4	63.5	70.4	72.9	86.1	86.8	88.2
Silecroft (rail only)	9.87	1.31	54.4	44.5	37.2	34.9	32.2	29.3	25.0	19.7	12.8		13.9	18.1	28.2	33.1	39.0	47.9	51.2	51.6	52.2	53.3	60.2	62.7	75.9	76.6	78.0
Millom (rail only)	12.11	0.51	65.7	55.8	48.5	46.2	43.6	40.6	36.3	31.0	24.1	13.9		5.2	15.3	20.2	26.1	35.0	38.3	38.7	39.3	40.4	47.2	49.8	63.0	63.7	65.0
Green Road (rail only)	4.64		69.8	59.9	52.6	50.4	47.7	44.7	40.4	35.1	28.3	18.1	5.2		10.1	15.0	21.0	29.8	33.2	33.6	34.1	35.3	42.1	44.7	57.8	58.6	59.9
Foxfield (rail only)	10.14		80.0	70.1	62.7	60.5	57.8	54.9	50.6	45.2	38.4	28.2	15.3	10.1		4.9	10.8	19.7	23.0	23.4	24.0	25.1	32.0	34.5	47.7	48.4	49.8
Kirkby-in-Furness (rail only)	4.87		84.9	74.9	67.6	65.4	62.7	59.7	55.4	50.1	43.3	33.1	20.2	15.0	4.9		5.9	14.8	18.2	18.5	19.1	20.2	27.1	29.7	42.8	43.6	44.9
Askam-in-Furness (rail only)	5.26	0.68	90.8	80.9	73.5	71.3	68.6	65.7	61.4	56.0	49.2	39.0	26.1	21.0	10.8	5.9		10.3	13.6	14.0	14.5	15.7	22.5	25.1	38.3	39.0	40.3
Ormsgill	9.57		99.7	89.8	82.4	80.2	77.5	74.6	70.3	64.9	58.1	47.9	35.0	29.8	19.7	14.8	10.3		3.3	3.7	4.3	5.4	12.3	14.8	28.0	28.7	30.1
Dock Museum, Barrow	3.34		103.0	93.1	85.8	83.5	80.9	77.9	73.6	68.3	61.5	51.2	38.3	33.2	23.0	18.2	13.6	3.3		0.4	0.9	2.1	8.9	11.5	24.7	25.4	26.7
Channelside Haven	0.37		103.4	93.5	86.1	83.9	81.2	78.3	74.0	68.6	61.8	51.6	38.7	33.6	23.4	18.5	14.0	3.7	0.4		0.6	1.7	8.5	11.1	24.3	25.0	26.3
Vickerstown	0.56		104.0	94.0	86.7	84.5	81.8	78.8	74.5	69.2	62.4	52.2	39.3	34.1	24.0	19.1	14.5	4.3	0.9	0.6		1.1	8.0	10.6	23.7	24.5	25.8
Promenade	1.14		105.1	95.2	87.8	85.6	82.9	80.0	75.7	70.3	63.5	53.3	40.4	35.3	25.1	20.2	15.7	5.4	2.1	1.7	1.1		6.8	9.4	22.6	23.3	24.6
West Shore	6.84		111.9	102.0	94.7	92.4	89.8	86.8	82.5	77.2	70.4	60.2	47.2	42.1	32.0	27.1	22.5	12.3	8.9	8.5	8.0	6.8		2.6	15.8	16.5	17.8
Biggar Bank	2.58		114.5	104.6	97.3	95.0	92.4	89.4	85.1	79.8	72.9	62.7	49.8	44.7	34.5	29.7	25.1	14.8	11.5	11.1	10.6	9.4	2.6		13.2	13.9	15.2
Water Garth	13.17		127.7	117.8	110.4	108.2	105.5	102.6	98.3	92.9	86.1	75.9	63.0	57.8	47.7	42.8	38.3	28.0	24.7	24.3	23.7	22.6	15.8	13.2		0.7	2.1
Long Bank	0.72		128.4	118.5	111.2	108.9	106.2	103.3	99.0	93.7	86.8	76.6	63.7	58.6	48.4	43.6	39.0	28.7	25.4	25.0	24.5	23.3	16.5	13.9	0.7		1.3
Vickerstown	1.33		129.7	119.8	112.5	110.2	107.6	104.6	100.3	95.0	88.2	78.0	65.0	59.9	49.8	44.9	40.3	30.1	26.7	26.3	25.8	24.6	17.8	15.2	2.1	1.3	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
6 — Foxfield to Silverdale

km	km on route	km to stop if >200m	Foxfield (rail only)	Kirkby-in-Furness (rail only)	Askam-in-Furness (rail only)	Ormsgill	Dock Museum, Barrow	Channelside Haven	Vickerstown	Promenade	West Shore	Biggar Bank	Water Garth	Long Bank	Vickerstown	Channelview Haven	Dock Museum	Barrow-in-Furness	South Ulverston	Greenodd	Cark (rail only)	Flookburgh (rail only)	Kents Bank (rail only)	Grange-over-Sands	Levens Bridge	Arnside (rail only)	Silverdale (rail only)
Foxfield (rail only)				4.9	10.8	19.7	23.0	23.4	24.0	25.1	32.0	34.5	47.7	48.4	49.8	50.3	50.7	51.5	73.1	80.9	94.0	100.7	106.0	109.2	125.5	135.1	142.8
Kirkby-in-Furness (rail only)	4.87		4.9		5.9	14.8	18.2	18.5	19.1	20.2	27.1	29.7	42.8	43.6	44.9	45.4	45.8	46.6	68.2	76.0	89.1	95.8	101.2	104.4	120.6	130.2	137.9
Askam-in-Furness (rail only)	5.26	0.68	10.8	5.9		10.3	13.6	14.0	14.5	15.7	22.5	25.1	38.3	39.0	40.3	40.9	41.3	42.0	63.6	71.4	84.5	91.2	96.6	99.8	116.0	125.6	133.3
Ormsgill	9.57		19.7	14.8	10.3		3.3	3.7	4.3	5.4	12.3	14.8	28.0	28.7	30.1	30.6	31.0	31.8	53.4	61.2	74.3	81.0	86.3	89.5	105.8	115.4	123.1
Dock Museum, Barrow	3.34		23.0	18.2	13.6	3.3		0.4	0.9	2.1	8.9	11.5	24.7	25.4	26.7	27.3	27.7	28.4	50.1	57.8	70.9	77.7	83.0	86.2	102.4	112.0	119.8
Channelside Haven	0.37		23.4	18.5	14.0	3.7	0.4		0.6	1.7	8.5	11.1	24.3	25.0	26.3	26.9	27.3	28.0	49.7	57.5	70.5	77.3	82.6	85.8	102.1	111.7	119.4
Vickerstown	0.56		24.0	19.1	14.5	4.3	0.9	0.6		1.1	8.0	10.6	23.7	24.5	25.8	26.3	26.7	27.5	49.1	56.9	70.0	76.7	82.1	85.3	101.5	111.1	118.8
Promenade	1.14		25.1	20.2	15.7	5.4	2.1	1.7	1.1		6.8	9.4	22.6	23.3	24.6	25.2	25.6	26.3	48.0	55.8	68.8	75.6	80.9	84.1	100.4	110.0	117.7
West Shore	6.84		32.0	27.1	22.5	12.3	8.9	8.5	8.0	6.8		2.6	15.8	16.5	17.8	18.4	18.8	19.5	41.1	48.9	62.0	68.7	74.1	77.3	93.5	103.1	110.8
Biggar Bank	2.58		34.5	29.7	25.1	14.8	11.5	11.1	10.6	9.4	2.6		13.2	13.9	15.2	15.8	16.2	16.9	38.6	46.3	59.4	66.2	71.5	74.7	91.0	100.5	108.3
Water Garth	13.17		47.7	42.8	38.3	28.0	24.7	24.3	23.7	22.6	15.8	13.2		0.7	2.1	2.6	3.0	3.8	25.4	33.2	46.3	53.0	58.3	61.5	77.8	87.4	95.1
Long Bank	0.72		48.4	43.6	39.0	28.7	25.4	25.0	24.5	23.3	16.5	13.9	0.7		1.3	1.9	2.3	3.0	24.7	32.5	45.5	52.3	56.9	60.8	77.1	86.6	94.4
Vickerstown	1.33		49.8	44.9	40.3	30.1	26.7	26.3	25.8	24.6	17.8	15.2	2.1	1.3		0.6	1.0	1.7	23.3	31.1	44.2	50.9	56.3	59.5	75.7	85.3	93.0
Channelview Haven	0.56		50.3	45.4	40.9	30.6	27.3	26.9	26.3	25.2	18.4	15.8	2.6	1.9	0.6		0.4	1.1	22.8	30.6	43.6	50.4	55.7	58.9	75.2	84.8	92.5
Dock Museum	0.39		50.7	45.8	41.3	31.0	27.7	27.3	26.7	25.6	18.8	16.2	3.0	2.3	1.0	0.4		0.8	22.4	30.2	43.3	50.0	55.3	58.5	74.8	84.4	92.1
Barrow-in-Furness	0.75		51.5	46.6	42.0	31.8	28.4	28.0	27.5	26.3	19.5	16.9	3.8	3.0	1.7	1.1	0.8		21.6	29.4	42.5	49.2	54.6	57.8	74.0	83.6	91.3
South Ulverston	21.64		73.1	68.2	63.6	53.4	50.1	49.7	49.1	48.0	41.1	38.6	25.4	24.7	23.3	22.8	22.4	21.6		7.8	20.9	27.6	33.0	36.2	52.4	62.0	69.7
Greenodd	7.78		80.9	76.0	71.4	61.2	57.8	57.5	56.9	55.8	48.9	46.3	33.2	32.5	31.1	30.6	30.2	29.4	7.8		13.1	19.8	25.2	28.4	44.6	54.2	61.9
Cark (rail only)	13.08		94.0	89.1	84.5	74.3	70.9	70.5	70.0	68.8	62.0	59.4	46.3	45.5	44.2	43.6	43.3	42.5	20.9	13.1		6.7	12.1	15.3	31.5	41.1	48.8
Flookburgh (rail only)	6.74		100.7	95.8	91.2	81.0	77.7	77.3	76.7	75.6	68.7	66.2	53.0	52.3	50.9	50.4	50.0	49.2	27.6	19.8	6.7		5.3	8.6	24.8	34.4	42.1
Kents Bank (rail only)	5.35		106.0	101.2	96.6	86.3	83.0	82.6	82.1	80.9	74.1	71.5	58.3	57.6	56.3	55.7	55.3	54.6	33.0	25.2	12.1	5.3		3.2	19.4	29.0	36.8
Grange-over-Sands	3.20		109.2	104.4	99.8	89.5	86.2	85.8	85.3	84.1	77.3	74.7	61.5	60.8	59.5	58.9	58.5	57.8	36.2	28.4	15.3	8.6	3.2		16.2	25.8	33.6
Levens Bridge	16.24		125.5	120.6	116.0	105.8	102.4	102.1	101.5	100.4	93.5	91.0	77.8	77.1	75.7	75.2	74.8	74.0	52.4	44.6	31.5	24.8	19.4	16.2		9.6	17.3
Arnside (rail only)	9.58		135.1	130.2	125.6	115.4	112.0	111.7	111.1	110.0	103.1	100.5	87.4	86.6	85.3	84.8	84.4	83.6	62.0	54.2	41.1	34.4	29.0	25.8	9.6		7.7
Silverdale (rail only)	7.73		142.8	137.9	133.3	123.1	119.8	119.4	118.8	117.7	110.8	108.3	95.1	94.4	93.0	92.5	92.1	91.3	69.7	61.9	48.8	42.1	36.8	33.6	17.3	7.7	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
7 — Barrow-in-Furness to Knott-End-on-Sea

km	km on route	km to stop if >200m	Barrow-in-Furness	South Ulverston	Greenodd	Cark (rail only)	Flookburgh (rail only)	Kents Bank (rail only)	Grange-over-Sands	Levens Bridge	Arnside (rail only)	Silverdale (rail only)	Keer Bridge	Scalestones Point	Bare	Church Lane	Morecambe	Heysham	Overton	Lancaster	Conder Green	Glasson	Cocker Bridge	Lane Ends	Pilling	Willow Close	Knott-End-on-Sea
Barrow-in-Furness				21.6	29.4	42.5	49.2	54.6	57.8	74.0	83.6	91.3	99.6	106.3	107.1	108.2	109.3	114.4	127.4	134.2	142.2	143.4	152.5	158.2	159.6	164.8	166.5
South Ulverston	21.64		21.6		7.8	20.9	27.6	33.0	36.2	52.4	62.0	69.7	77.9	84.6	85.4	86.6	87.6	92.8	105.7	112.6	120.6	121.8	130.9	136.5	138.0	143.2	144.9
Greenodd	7.78		29.4	7.8		13.1	19.8	25.2	28.4	44.6	54.2	61.9	70.2	76.9	77.6	78.8	79.9	85.0	97.9	104.8	112.8	114.0	123.1	128.7	130.2	135.4	137.1
Cark (rail only)	13.08		42.5	20.9	13.1		6.7	12.1	15.3	31.5	41.1	48.8	57.1	63.8	64.6	65.7	66.8	71.9	84.9	91.7	99.7	100.9	110.0	115.7	117.1	122.3	124.0
Flookburgh (rail only)	6.74		49.2	27.6	19.8	6.7		5.4	8.6	24.8	34.4	42.1	50.3	57.0	57.8	59.0	60.0	65.2	78.1	85.0	93.0	94.2	103.3	108.9	110.4	115.6	117.3
Kents Bank (rail only)	5.35		54.6	33.0	25.2	12.1	5.4		3.2	19.4	29.0	36.8	45.0	51.7	52.5	53.7	54.7	59.8	72.8	79.6	87.6	88.8	97.9	103.6	105.1	110.2	111.9
Grange-over-Sands	3.20		57.8	36.2	28.4	15.3	8.6	3.2		16.2	25.8	33.6	41.8	48.5	49.3	50.5	51.5	56.6	69.6	76.4	84.4	85.6	94.7	100.4	101.9	107.0	108.7
Levens Bridge	16.24		74.0	52.4	44.6	31.5	24.8	19.4	16.2		9.6	17.3	25.6	32.3	33.0	34.2	35.2	40.4	53.3	60.2	68.2	69.4	78.5	84.1	85.6	90.8	92.5
Arnside (rail only)	9.58		83.6	62.0	54.2	41.1	34.4	29.0	25.8	9.6		7.7	16.0	22.7	23.5	24.6	25.7	30.8	43.8	50.6	58.6	59.8	68.9	74.5	76.0	81.2	82.9
Silverdale (rail only)	7.73		91.3	69.7	61.9	48.8	42.1	36.8	33.6	17.3	7.7		8.2	14.9	15.7	16.9	17.9	23.1	36.0	42.9	50.9	52.1	61.2	66.8	68.3	73.5	75.2
Keer Bridge	7.26	0.98	99.6	77.9	70.2	57.1	50.3	45.0	41.8	25.6	16.0	8.2		8.7	9.4	10.6	11.7	16.8	29.7	36.6	44.6	45.8	54.9	60.5	62.0	67.2	68.9
Scalestones Point	7.68		106.3	84.6	76.9	63.8	57.0	51.7	48.5	32.3	22.7	14.9	8.7		0.8	2.0	3.0	8.1	21.1	28.0	35.9	37.1	46.2	51.9	53.4	58.5	60.3
Bare	0.78		107.1	85.4	77.6	64.6	57.8	52.5	49.3	33.0	23.5	15.7	9.4	0.8		1.2	2.2	7.3	20.3	27.2	35.2	36.4	45.4	51.1	52.6	57.8	59.5
Church Lane	1.18		108.2	86.6	78.8	65.7	59.0	53.7	50.5	34.2	24.6	16.9	10.6	2.0	1.2		1.0	6.2	19.1	26.0	34.0	35.2	44.3	49.9	51.4	56.6	58.3
Morecambe	1.03		109.3	87.6	79.9	66.8	60.0	54.7	51.5	35.2	25.7	17.9	11.7	3.0	2.2	1.0		5.1	18.1	25.0	32.9	34.1	43.2	48.9	50.4	55.6	57.3
Heysham	5.13		114.4	92.8	85.0	71.9	65.2	59.8	56.6	40.4	30.8	23.1	16.8	8.1	7.3	6.2	5.1		13.0	19.8	27.8	29.0	38.1	43.8	45.2	50.4	52.1
Overton	12.96		127.4	105.7	97.9	84.9	78.1	72.8	69.6	53.3	43.8	36.0	29.7	21.1	20.3	19.1	18.1	13.0		6.9	14.9	16.1	25.1	30.8	32.3	37.5	39.2
Lancaster	6.87		134.2	112.6	104.8	91.7	85.0	79.6	76.4	60.2	50.6	42.9	36.6	28.0	27.2	26.0	25.0	19.8	6.9		8.0	9.2	18.3	23.9	25.4	30.6	32.3
Conder Green	7.98		142.2	120.6	112.8	99.7	93.0	87.6	84.4	68.2	58.6	50.9	44.6	35.9	35.2	34.0	32.9	27.8	14.9	8.0		1.2	10.3	15.9	17.4	22.6	24.3
Glasson	1.20		143.4	121.8	114.0	100.9	94.2	88.8	85.6	69.4	59.8	52.1	45.8	37.1	36.4	35.2	34.1	29.0	16.1	9.2	1.2		9.1	14.7	16.2	21.4	23.1
Cocker Bridge	8.46	0.63	152.5	130.9	123.1	110.0	103.3	97.9	94.7	78.5	68.9	61.2	54.9	46.2	45.4	44.3	43.2	38.1	25.1	18.3	10.3	9.1		6.9	8.4	13.6	15.3
Lane Ends	6.28		158.2	136.5	128.7	115.7	108.9	103.6	100.4	84.1	74.5	66.8	60.5	51.9	51.1	49.9	48.9	43.8	30.8	23.9	15.9	14.7	6.9		1.5	6.7	8.4
Pilling	1.49		159.6	138.0	130.2	117.1	110.4	105.1	101.9	85.6	76.0	68.3	62.0	53.4	52.6	51.4	50.4	45.2	32.3	25.4	17.4	16.2	8.4	1.5		5.2	6.9
Willow Close	5.18		164.8	143.2	135.4	122.3	115.6	110.2	107.0	90.8	81.2	73.5	67.2	58.5	57.8	56.6	55.6	50.4	37.5	30.6	22.6	21.4	13.6	6.7	5.2		1.7
Knott-End-on-Sea	1.71		166.5	144.9	137.1	124.0	117.3	111.9	108.7	92.5	82.9	75.2	68.9	60.3	59.5	58.3	57.3	52.1	39.2	32.3	24.3	23.1	15.3	8.4	6.9	1.7	

© 2022 queenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
8 — Grange-over-Sanda to Norbreck, Blackpool

km	km on route	km to stop if >200m	**Grange-over-Sands**	Levens Bridge	**Arnside (rail only)**	**Silverdale (rail only)**	**Keer Bridge**	Scalestones Point	Bare	Church Lane	**Morecambe**	Heysham	Overton	**Lancaster**	Conder Green	Glasson	Cocker Bridge	Lane Ends	Pilling	Willow Close	Knott-End-on-Sea	Fleetwood	Rossal School	Jubilee Gardens	Cleveleys	Little Bispham	Norbreck
Grange-over-Sands				16.2	25.8	33.6	41.8	48.5	49.3	50.5	51.5	56.6	69.6	76.4	84.4	85.6	94.7	100.4	101.9	107.0	108.7	108.7	114.5	115.9	116.6	118.0	119.0
Levens Bridge	16.24		16.2		9.6	17.3	25.6	32.3	33.0	34.2	35.2	40.4	53.3	60.2	68.2	69.4	78.5	84.1	85.6	90.8	92.5	92.5	98.2	99.7	100.4	101.8	102.7
Arnside (rail only)	9.58		25.8	9.6		7.7	16.0	22.7	23.5	24.6	25.7	30.8	43.8	50.6	58.6	59.8	68.9	74.5	76.0	81.2	82.9	82.9	88.6	90.1	90.8	92.2	93.2
Silverdale (rail only)	7.73		33.6	17.3	7.7		8.2	14.9	15.7	16.9	17.9	23.1	36.0	42.9	50.9	52.1	61.2	66.8	68.3	73.5	75.2	75.2	80.9	82.4	83.1	84.5	85.4
Keer Bridge	7.26	0.98	41.8	25.6	16.0	8.2		8.7	9.4	10.6	11.7	16.8	29.7	36.6	44.6	45.8	54.9	60.5	62.0	67.2	68.9	68.9	74.6	76.1	76.8	78.2	79.1
Scalestones Point	7.68		48.5	32.3	22.7	14.9	8.7		0.8	2.0	3.0	8.1	21.1	28.0	35.9	37.1	46.2	51.9	53.4	58.5	60.3	60.3	66.0	67.4	68.2	69.5	70.5
Bare	0.78		49.3	33.0	23.5	15.7	9.4	0.8		1.2	2.2	7.3	20.3	27.2	35.2	36.4	45.4	51.1	52.6	57.8	59.5	59.5	65.2	66.6	67.4	68.8	69.7
Church Lane	1.18		50.5	34.2	24.6	16.9	10.6	2.0	1.2		1.0	6.2	19.1	26.0	34.0	35.2	44.3	49.9	51.4	56.6	58.3	58.3	64.0	65.5	66.2	67.6	68.5
Morecambe	1.03		51.5	35.2	25.7	17.9	11.7	3.0	2.2	1.0		5.1	18.1	25.0	32.9	34.1	43.2	48.9	50.4	55.6	57.3	57.3	63.0	64.4	65.2	66.5	67.5
Heysham	5.13		56.6	40.4	30.8	23.1	16.8	8.1	7.3	6.2	5.1		13.0	19.8	27.8	29.0	38.1	43.8	45.2	50.4	52.1	52.1	57.8	59.3	60.0	61.4	62.4
Overton	12.96		69.6	53.3	43.8	36.0	29.7	21.1	20.3	19.1	18.1	13.0		6.9	14.9	16.1	25.1	30.8	32.3	37.5	39.2	39.2	44.9	46.3	47.1	48.5	49.4
Lancaster	6.87		76.4	60.2	50.6	42.9	36.6	28.0	27.2	26.0	25.0	19.8	6.9		8.0	9.2	18.3	23.9	25.4	30.6	32.3	32.3	38.0	39.5	40.2	41.6	42.5
Conder Green	7.98		84.4	68.2	58.6	50.9	44.6	35.9	35.2	34.0	32.9	27.8	14.9	8.0		1.2	10.3	15.9	17.4	22.6	24.3	24.3	30.0	31.5	32.2	33.6	34.6
Glasson	1.20		85.6	69.4	59.8	52.1	45.8	37.1	36.4	35.2	34.1	29.0	16.1	9.2	1.2		9.1	14.7	16.2	21.4	23.1	23.1	28.8	30.3	31.0	32.4	33.4
Cocker Bridge	8.46	0.63	94.7	78.5	68.9	61.2	54.9	46.2	45.4	44.3	43.2	38.1	25.1	18.3	10.3	9.1		6.9	8.4	13.6	15.3	15.3	21.0	22.5	23.2	24.6	25.5
Lane Ends	6.28		100.4	84.1	74.5	66.8	60.5	51.9	51.1	49.9	48.9	43.8	30.8	23.9	15.9	14.7	6.9		1.5	6.7	8.4	8.4	14.1	15.6	16.3	17.7	18.6
Pilling	1.49		101.9	85.6	76.0	68.3	62.0	53.4	52.6	51.4	50.4	45.2	32.3	25.4	17.4	16.2	8.4	1.5		5.2	6.9	6.9	12.6	14.1	14.8	16.2	17.1
Willow Close	5.18		107.0	90.8	81.2	73.5	67.2	58.5	57.8	56.6	55.6	50.4	37.5	30.6	22.6	21.4	13.6	6.7	5.2		1.7	1.7	7.4	8.9	9.6	11.0	11.9
Knott-End-on-Sea	1.71		108.7	92.5	82.9	75.2	68.9	60.3	59.5	58.3	57.3	52.1	39.2	32.3	24.3	23.1	15.3	8.4	6.9	1.7			5.7	7.2	7.9	9.3	10.2
Fleetwood			108.7	92.5	82.9	75.2	68.9	60.3	59.5	58.3	57.3	52.1	39.2	32.3	24.3	23.1	15.3	8.4	6.9	1.7			5.7	7.2	7.9	9.3	10.2
Rossal School	5.71		114.5	98.2	88.6	80.9	74.6	66.0	65.2	64.0	63.0	57.8	44.9	38.0	30.0	28.8	21.0	14.1	12.6	7.4	5.7	5.7		1.5	2.2	3.6	4.5
Jubilee Gardens	1.46		115.9	99.7	90.1	82.4	76.1	67.4	66.6	65.5	64.4	59.3	46.3	39.5	31.5	30.3	22.5	15.6	14.1	8.9	7.2	7.2	1.5		0.7	2.1	3.1
Cleveleys	0.73		116.6	100.4	90.8	83.1	76.8	68.2	67.4	66.2	65.2	60.0	47.1	40.2	32.2	31.0	23.2	16.3	14.8	9.6	7.9	7.9	2.2	0.7		1.4	2.3
Little Bispham	1.38		118.0	101.8	92.2	84.5	78.2	69.5	68.8	67.6	66.5	61.4	48.5	41.6	33.6	32.4	24.6	17.7	16.2	11.0	9.3	9.3	3.6	2.1	1.4		1.0
Norbreck	0.95		119.0	102.7	93.2	85.4	79.1	70.5	69.7	68.5	67.5	62.4	49.4	42.5	34.6	33.4	25.5	18.6	17.1	11.9	10.2	10.2	4.5	3.1	2.3	1.0	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
9 — Fleetwood to Freckleton

km	km on route	km to stop if >200m	Fleetwood	Rossal School	Jubilee Gardens	Cleveleys	Little Bispham	Norbreck	Red Bank Road	North Shore	Gynn Square	**Blackpool**	Central Pier	**Waterloo Road**	**South Shore**	**Squires Gate**	Highbury Road West	St Anne's	**Fairhaven Road**	Fairhaven Lake	**Stanner Bank**	Fairlawn Road	**Lytham**	Warton Road	Lytham Dock	Freckleton
Fleetwood				5.7	7.2	7.9	9.3	10.2	11.2	12.4	13.0	14.6	15.5	16.9	18.2	19.4	21.3	22.9	23.7	25.2	26.2	27.3	28.6	29.8	31.1	39.6
Rossal School	5.71		5.7		1.5	2.2	3.6	4.5	5.5	6.7	7.3	8.9	9.8	11.2	12.5	13.7	15.6	17.2	18.0	19.5	20.5	21.6	22.9	24.1	25.4	33.9
Jubilee Gardens	1.46		7.2	1.5		0.7	2.1	3.1	4.0	5.2	5.9	7.4	8.3	9.7	11.1	12.3	14.2	15.7	16.6	18.1	19.0	20.1	21.5	22.7	23.9	32.4
Cleveleys	0.73		7.9	2.2	0.7		1.4	2.3	3.3	4.5	5.1	6.7	7.6	9.0	10.3	11.5	13.4	15.0	15.8	17.3	18.3	19.4	20.7	21.9	23.2	31.7
Little Bispham	1.38		9.3	3.6	2.1	1.4		0.9	1.9	3.1	3.7	5.3	6.2	7.6	8.9	10.2	12.1	13.6	14.5	16.0	16.9	18.0	19.3	20.5	21.8	30.3
Norbreck	0.95		10.2	4.5	3.1	2.3	0.9		0.9	2.2	2.8	4.4	5.3	6.7	8.0	9.2	11.1	12.7	13.5	15.0	15.9	17.1	18.4	19.6	20.8	29.4
Red Bank Road	0.93		11.2	5.5	4.0	3.3	1.9	0.9		1.2	1.9	3.4	4.3	5.7	7.1	8.3	10.2	11.7	12.6	14.1	15.0	16.1	17.5	18.7	19.9	28.4
North Shore	1.23		12.4	6.7	5.2	4.5	3.1	2.2	1.2		0.6	2.2	3.1	4.5	5.8	7.1	9.0	10.5	11.3	12.8	13.8	14.9	16.2	17.4	18.7	27.2
Gynn Square	0.63		13.0	7.3	5.9	5.1	3.7	2.8	1.9	0.6		1.6	2.5	3.9	5.2	6.4	8.3	9.9	10.7	12.2	13.1	14.3	15.6	16.8	18.0	26.6
Blackpool	1.58		14.6	8.9	7.4	6.7	5.3	4.4	3.4	2.2	1.6		0.9	2.3	3.6	4.8	6.7	8.3	9.1	10.6	11.6	12.7	14.0	15.2	16.5	25.0
Central Pier	0.89		15.5	9.8	8.3	7.6	6.2	5.3	4.3	3.1	2.5	0.9		1.4	2.7	4.0	5.9	7.4	8.2	9.7	10.7	11.8	13.1	14.3	15.6	24.1
Waterloo Road	1.39		16.9	11.2	9.7	9.0	7.6	6.7	5.7	4.5	3.9	2.3	1.4		1.3	2.6	4.5	6.0	6.9	8.4	9.3	10.4	11.7	12.9	14.2	22.7
South Shore	1.34		18.2	12.5	11.1	10.3	8.9	8.0	7.1	5.8	5.2	3.6	2.7	1.3		1.2	3.1	4.7	5.5	7.0	7.9	9.1	10.4	11.6	12.8	21.4
Squires Gate	1.22		19.4	13.7	12.3	11.5	10.2	9.2	8.3	7.1	6.4	4.8	4.0	2.6	1.2		1.9	3.5	4.3	5.8	6.7	7.8	9.2	10.4	11.6	20.1
Highbury Road West	1.90		21.3	15.6	14.2	13.4	12.1	11.1	10.2	9.0	8.3	6.7	5.9	4.5	3.1	1.9		1.6	2.4	3.9	4.8	5.9	7.3	8.5	9.7	18.2
St Anne's	1.55		22.9	17.2	15.7	15.0	13.6	12.7	11.7	10.5	9.9	8.3	7.4	6.0	4.7	3.5	1.6		0.8	2.3	3.3	4.4	5.7	6.9	8.2	16.7
Fairhaven Road	0.84		23.7	18.0	16.6	15.8	14.5	13.5	12.6	11.3	10.7	9.1	8.2	6.9	5.5	4.3	2.4	0.8		1.5	2.4	3.6	4.9	6.1	7.3	15.9
Fairhaven Lake	1.50		25.2	19.5	18.1	17.3	16.0	15.0	14.1	12.8	12.2	10.6	9.7	8.4	7.0	5.8	3.9	2.3	1.5		0.9	2.1	3.4	4.6	5.8	14.4
Stanner Bank	0.93		26.2	20.5	19.0	18.3	16.9	15.9	15.0	13.8	13.1	11.6	10.7	9.3	7.9	6.7	4.8	3.3	2.4	0.9		1.1	2.5	3.7	4.9	13.4
Fairlawn Road	1.12		27.3	21.6	20.1	19.4	18.0	17.1	16.1	14.9	14.3	12.7	11.8	10.4	9.1	7.8	5.9	4.4	3.6	2.1	1.1		1.3	2.5	3.8	12.3
Lytham	1.34		28.6	22.9	21.5	20.7	19.3	18.4	17.5	16.2	15.6	14.0	13.1	11.7	10.4	9.2	7.3	5.7	4.9	3.4	2.5	1.3		1.2	2.4	11.0
Warton Road	1.20		29.8	24.1	22.7	21.9	20.5	19.6	18.7	17.4	16.8	15.2	14.3	12.9	11.6	10.4	8.5	6.9	6.1	4.6	3.7	2.5	1.2		1.2	9.8
Lytham Dock	1.24		31.1	25.4	23.9	23.2	21.8	20.8	19.9	18.7	18.0	16.5	15.6	14.2	12.8	11.6	9.7	8.2	7.3	5.8	4.9	3.8	2.4	1.2		8.5
Freckleton	8.52		39.6	33.9	32.4	31.7	30.3	29.4	28.4	27.2	26.6	25.0	24.1	22.7	21.4	20.1	18.2	16.7	15.9	14.4	13.4	12.3	11.0	9.8	8.5	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Placenames in boldface indicate rail connections nearby: all place-names, unless otherwise noted, indicate bus connections

Coast Path public transport distance matrix
10 — Blackpool to Preston

km	km on route	km to stop if >200m	**Blackpool**	Central Pier	**Waterloo Road**	**South Shore**	**Squires Gate**	Highbury Road West	St Anne's	**Fairhaven Road**	Fairhaven Lake	**Stanner Bank**	Fairlawn Road	**Lytham**	Warton Road	Lytham Dock	Freckleton	Greenfield Park	Clifton Business Centre	Three Nooks	Lea Gate	Nelson Way	Britannia Drive	**Preston**
Blackpool				0.9	2.3	3.6	4.8	6.7	8.3	9.1	10.6	11.6	12.7	14.0	15.2	16.5	25.0	26.1	27.0	28.2	29.3	31.5	33.7	35.0
Central Pier	0.89		0.9		1.4	2.7	4.0	5.9	7.4	8.2	9.7	10.7	11.8	13.1	14.3	15.6	24.1	25.2	26.2	27.3	28.4	30.6	32.8	34.1
Waterloo Road	1.39		2.3	1.4		1.3	2.6	4.5	6.0	6.9	8.4	9.3	10.4	11.7	12.9	14.2	22.7	23.8	24.8	25.9	27.0	29.3	31.4	32.7
South Shore	1.34		3.6	2.7	1.3		1.2	3.1	4.7	5.5	7.0	7.9	9.1	10.4	11.6	12.8	21.4	22.5	23.4	24.6	25.6	27.9	30.1	31.4
Squires Gate	1.22		4.8	4.0	2.6	1.2		1.9	3.5	4.3	5.8	6.7	7.8	9.2	10.4	11.6	20.1	21.3	22.2	23.4	24.4	26.7	28.9	30.2
Highbury Road West	1.90		6.7	5.9	4.5	3.1	1.9		1.6	2.4	3.9	4.8	5.9	7.3	8.5	9.7	18.2	19.4	20.3	21.5	22.5	24.8	27.0	28.3
St Anne's	1.55		8.3	7.4	6.0	4.7	3.5	1.6		0.8	2.3	3.3	4.4	5.7	6.9	8.2	16.7	17.8	18.8	19.9	21.0	23.2	25.4	26.7
Fairhaven Road	0.84		9.1	8.2	6.9	5.5	4.3	2.4	0.8		1.5	2.4	3.6	4.9	6.1	7.3	15.9	17.0	17.9	19.1	20.1	22.4	24.6	25.9
Fairhaven Lake	1.50		10.6	9.7	8.4	7.0	5.8	3.9	2.3	1.5		0.9	2.1	3.4	4.6	5.8	14.4	15.5	16.4	17.6	18.6	20.9	23.1	24.4
Stanner Bank	0.93		11.6	10.7	9.3	7.9	6.7	4.8	3.3	2.4	0.9		1.1	2.5	3.7	4.9	13.4	14.5	15.5	16.7	17.7	20.0	22.2	23.5
Fairlawn Road	1.12		12.7	11.8	10.4	9.1	7.8	5.9	4.4	3.6	2.1	1.1		1.3	2.5	3.8	12.3	13.4	14.4	15.5	16.6	18.9	21.0	22.3
Lytham	1.34		14.0	13.1	11.7	10.4	9.2	7.3	5.7	4.9	3.4	2.5	1.3		1.2	2.4	11.0	12.1	13.0	14.2	15.2	17.5	19.7	21.0
Warton Road	1.20		15.2	14.3	12.9	11.6	10.4	8.5	6.9	6.1	4.6	3.7	2.5	1.2		1.2	9.8	10.9	11.8	13.0	14.0	16.3	18.5	19.8
Lytham Dock	1.24		16.5	15.6	14.2	12.8	11.6	9.7	8.2	7.3	5.8	4.9	3.8	2.4	1.2		8.5	9.6	10.6	11.8	12.8	15.1	17.3	18.6
Freckleton	8.52		25.0	24.1	22.7	21.4	20.1	18.2	16.7	15.9	14.4	13.4	12.3	11.0	9.8	8.5		1.1	2.1	3.2	4.3	6.6	8.7	10.0
Greenfield Park	1.12		26.1	25.2	23.8	22.5	21.3	19.4	17.8	17.0	15.5	14.5	13.4	12.1	10.9	9.6	1.1		0.9	2.1	3.2	5.4	7.6	8.9
Clifton Business Centre	0.94		27.0	26.2	24.8	23.4	22.2	20.3	18.8	17.9	16.4	15.5	14.4	13.0	11.8	10.6	2.1	0.9		1.2	2.2	4.5	6.7	8.0
Three Nooks	1.17		28.2	27.3	25.9	24.6	23.4	21.5	19.9	19.1	17.6	16.7	15.5	14.2	13.0	11.8	3.2	2.1	1.2		1.1	3.3	5.5	6.8
Lea Gate	1.05		29.3	28.4	27.0	25.6	24.4	22.5	21.0	20.1	18.6	17.7	16.6	15.2	14.0	12.8	4.3	3.2	2.2	1.1		2.3	4.5	5.8
Nelson Way	2.27		31.5	30.6	29.3	27.9	26.7	24.8	23.2	22.4	20.9	20.0	18.9	17.5	16.3	15.1	6.6	5.4	4.5	3.3	2.3		2.2	3.5
Britannia Drive	2.19		33.7	32.8	31.4	30.1	28.9	27.0	25.4	24.6	23.1	22.2	21.0	19.7	18.5	17.3	8.7	7.6	6.7	5.5	4.5	2.2		1.3
Preston	1.29		35.0	34.1	32.7	31.4	30.2	28.3	26.7	25.9	24.4	23.5	22.3	21.0	19.8	18.6	10.0	8.9	8.0	6.8	5.8	3.5	1.3	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
11 — Freckleton to Seaforth

km	km on route	km to stop if >200m	Freckleton	Greenfield Park	Clifton Business Centre	Three Nooks	Lea Gate	Nelson Way	Britannia Drive	**Preston**	Tarleton	Sutton Avenue	Becconsall	Fiddler's Ferry	Crossens	Dawlish Drive	Marshside Road	Albany Road	**Southport**	**Freshfield**	**Formby**	**Hightown**	Thornbeck Avenue	**Hall Road**	**Crosby**	**Waterloo**	**Seaforth**
Freckleton				1.1	2.1	3.2	4.3	6.6	8.7	10.0	28.4	29.9	31.9	47.7	48.1	49.6	50.5	53.6	54.5	69.4	71.1	75.0	76.0	79.1	80.7	82.4	84.6
Greenfield Park	1.12		1.1		0.9	2.1	3.2	5.4	7.6	8.9	27.3	28.8	30.8	46.5	47.0	48.5	49.4	52.5	53.4	68.2	70.0	73.9	74.9	78.0	79.6	81.3	83.5
Clifton Business Centre	0.94		2.1	0.9		1.2	2.2	4.5	6.7	8.0	26.3	27.9	29.8	45.6	46.1	47.5	48.5	51.5	52.4	67.3	69.1	72.9	73.9	77.0	78.7	80.3	82.6
Three Nooks	1.17		3.2	2.1	1.2		1.1	3.3	5.5	6.8	25.2	26.7	28.6	44.4	44.9	46.4	47.3	50.4	51.3	66.1	67.9	71.7	72.8	75.9	77.5	79.1	81.4
Lea Gate	1.05		4.3	3.2	2.2	1.1		2.3	4.5	5.8	24.1	25.7	27.6	43.4	43.8	45.3	46.2	49.3	50.2	65.1	66.9	70.7	71.7	74.8	76.5	78.1	80.3
Nelson Way	2.27		6.6	5.4	4.5	3.3	2.3		2.2	3.5	21.8	23.4	25.3	41.1	41.6	43.0	44.0	47.0	47.9	62.8	64.6	68.4	69.4	72.5	74.2	75.8	78.1
Britannia Drive	2.19		8.7	7.6	6.7	5.5	4.5	2.2		1.3	19.6	21.2	23.1	38.9	39.4	40.9	41.8	44.8	45.8	60.6	62.4	66.2	67.3	70.4	72.0	73.6	75.9
Preston	1.29		10.0	8.9	8.0	6.8	5.8	3.5	1.3		18.4	19.9	21.8	37.6	38.1	39.6	40.5	43.6	44.5	59.3	61.1	64.9	66.0	69.1	70.7	72.3	74.6
Tarleton	18.35		28.4	27.3	26.3	25.2	24.1	21.8	19.6	18.4		1.6	3.5	19.3	19.7	21.2	22.1	25.2	26.1	41.0	42.8	46.6	47.6	50.7	52.4	54.0	56.2
Sutton Avenue	1.56		29.9	28.8	27.9	26.7	25.7	23.4	21.2	19.9	1.6		1.9	17.7	18.2	19.7	20.6	23.6	24.6	39.4	41.2	45.0	46.1	49.2	50.8	52.4	54.7
Becconsall	1.93		31.9	30.8	29.8	28.6	27.6	25.3	23.1	21.8	3.5	1.9		15.8	16.3	17.7	18.6	21.7	22.6	37.5	39.3	43.1	44.1	47.2	48.9	50.5	52.8
Fiddler's Ferry	15.79		47.7	46.5	45.6	44.4	43.4	41.1	38.9	37.6	19.3	17.7	15.8		0.5	1.9	2.9	5.9	6.8	21.7	23.5	27.3	28.3	31.4	33.1	34.7	37.0
Crossens	0.46		48.1	47.0	46.1	44.9	43.8	41.6	39.4	38.1	19.7	18.2	16.3	0.5		1.5	2.4	5.5	6.4	21.2	23.0	26.9	27.9	31.0	32.6	34.3	36.5
Dawlish Drive	1.47		49.6	48.5	47.5	46.4	45.3	43.0	40.9	39.6	21.2	19.7	17.7	1.9	1.5		0.9	4.0	4.9	19.8	21.6	25.4	26.4	29.5	31.2	32.8	35.0
Marshside Road	0.92		50.5	49.4	48.5	47.3	46.2	44.0	41.8	40.5	22.1	20.6	18.6	2.9	2.4	0.9		3.1	4.0	18.9	20.6	24.5	25.5	28.6	30.2	31.9	34.1
Albany Road	3.07		53.6	52.5	51.5	50.4	49.3	47.0	44.8	43.6	25.2	23.6	21.7	5.9	5.5	4.0	3.1		0.9	15.8	17.6	21.4	22.4	25.5	27.2	28.8	31.0
Southport	0.91		54.5	53.4	52.4	51.3	50.2	47.9	45.8	44.5	26.1	24.6	22.6	6.8	6.4	4.9	4.0	0.9		14.9	16.7	20.5	21.5	24.6	26.3	27.9	30.1
Freshfield	13.20	1.67	69.4	68.2	67.3	66.1	65.1	62.8	60.6	59.3	41.0	39.4	37.5	21.7	21.2	19.8	18.9	15.8	14.9		5.1	9.0	10.0	13.1	14.7	16.4	18.6
Formby	2.43	1.02	71.1	70.0	69.1	67.9	66.9	64.6	62.4	61.1	42.8	41.2	39.3	23.5	23.0	21.6	20.6	17.6	16.7	5.1		5.9	6.9	10.0	11.6	13.3	15.5
Hightown	4.52	0.33	75.0	73.9	72.9	71.7	70.7	68.4	66.2	64.9	46.6	45.0	43.1	27.3	26.9	25.4	24.5	21.4	20.5	9.0	5.9		1.7	4.8	6.4	8.1	10.3
Thornbeck Avenue	1.35		76.0	74.9	73.9	72.8	71.7	69.4	67.3	66.0	47.6	46.1	44.1	28.3	27.9	26.4	25.5	22.4	21.5	10.0	6.9	1.7		3.1	4.8	6.4	8.6
Hall Road	2.52	0.58	79.1	78.0	77.0	75.9	74.8	72.5	70.4	69.1	50.7	49.2	47.2	31.4	31.0	29.5	28.6	25.5	24.6	13.1	10.0	4.8	3.1		2.8	4.4	6.7
Crosby	1.53	0.70	80.7	79.6	78.7	77.5	76.5	74.2	72.0	70.7	52.4	50.8	48.9	33.1	32.6	31.2	30.2	27.2	26.3	14.7	11.6	6.4	4.8	2.8		3.0	5.3
Waterloo	2.33		82.4	81.3	80.3	79.1	78.1	75.8	73.6	72.3	54.0	52.4	50.5	34.7	34.3	32.8	31.9	28.8	27.9	16.4	13.3	8.1	6.4	4.4	3.0		2.3
Seaforth	2.25		84.6	83.5	82.6	81.4	80.3	78.1	75.9	74.6	56.2	54.7	52.8	37.0	36.5	35.0	34.1	31.0	30.1	18.6	15.5	10.3	8.6	6.7	5.3	2.3	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
12 — Preston to Liverpool

km	km on route	km to stop if >200m	**Preston**	Tarleton	Sutton Avenue	Becconsall	Fiddler's Ferry	Crossens	Dawlish Drive	Marshside Road	Albany Road	**Southport**	**Freshfield**	**Formby**	**Hightown**	Thornbeck Avenue	**Hall Road**	**Crosby**	**Waterloo**	**Seaforth**	Linacre Road	**Stanley Road**	**Merton Road**	**Bankhall Street**	**Sandhills Lane**	Great Howard Street	**Liverpool**
Preston				18.4	19.9	21.8	37.6	38.1	39.6	40.5	43.6	44.5	59.3	61.1	64.9	66.0	69.1	70.7	72.3	74.6	76.0	77.1	77.6	79.1	79.9	81.2	83.6
Tarleton	18.35		18.4		1.6	3.5	19.3	19.7	21.2	22.1	25.2	26.1	41.0	42.8	46.6	47.6	50.7	52.4	54.0	56.2	57.6	58.7	59.3	60.8	61.5	62.9	65.2
Sutton Avenue	1.56		19.9	1.6		1.9	17.7	18.2	19.7	20.6	23.6	24.6	39.4	41.2	45.0	46.1	49.2	50.8	52.4	54.7	56.1	57.1	57.7	59.2	60.0	61.3	63.7
Becconsall	1.93		21.8	3.5	1.9		15.8	16.3	17.7	18.6	21.7	22.6	37.5	39.3	43.1	44.1	47.2	48.9	50.5	52.8	54.1	55.2	55.8	57.3	58.0	59.4	61.7
Fiddler's Ferry	15.79		37.6	19.3	17.7	15.8		0.5	1.9	2.9	5.9	6.8	21.7	23.5	27.3	28.3	31.4	33.1	34.7	37.0	38.3	39.4	40.0	41.5	42.2	43.6	45.9
Crossens	0.46		38.1	19.7	18.2	16.3	0.5		1.5	2.4	5.5	6.4	21.2	23.0	26.9	27.9	31.0	32.6	34.3	36.5	37.9	39.0	39.5	41.0	41.8	43.1	45.5
Dawlish Drive	1.47		39.6	21.2	19.7	17.7	1.9	1.5		0.9	4.0	4.9	19.8	21.6	25.4	26.4	29.5	31.2	32.8	35.0	36.4	37.5	38.1	39.5	40.3	41.7	44.0
Marshside Road	0.92		40.5	22.1	20.6	18.6	2.9	2.4	0.9		3.1	4.0	18.9	20.6	24.5	25.5	28.6	30.2	31.9	34.1	35.5	36.6	37.1	38.6	39.4	40.7	43.1
Albany Road	3.07		43.6	25.2	23.6	21.7	5.9	5.5	4.0	3.1		0.9	15.8	17.6	21.4	22.4	25.5	27.2	28.8	31.0	32.4	33.5	34.1	35.6	36.3	37.7	40.0
Southport	0.91		44.5	26.1	24.6	22.6	6.8	6.4	4.9	4.0	0.9		14.9	16.7	20.5	21.5	24.6	26.3	27.9	30.1	31.5	32.6	33.2	34.6	35.4	36.8	39.1
Freshfield	13.20	1.67	59.3	41.0	39.4	37.5	21.7	21.2	19.8	18.9	15.8	14.9		5.1	9.0	10.0	13.1	14.7	16.4	18.6	20.0	21.1	21.6	23.1	23.9	25.2	27.6
Formby	2.43	1.02	61.1	42.8	41.2	39.3	23.5	23.0	21.6	20.6	17.6	16.7	5.1		5.9	6.9	10.0	11.6	13.3	15.5	16.9	18.0	18.5	20.0	20.8	22.2	24.5
Hightown	4.52	0.33	64.9	46.6	45.0	43.1	27.3	26.9	25.4	24.5	21.4	20.5	9.0	5.9		1.7	4.8	6.4	8.1	10.3	11.7	12.8	13.3	14.8	15.6	16.9	19.3
Thornbeck Avenue	1.35		66.0	47.6	46.1	44.1	28.3	27.9	26.4	25.5	22.4	21.5	10.0	6.9	1.7		3.1	4.8	6.4	8.6	10.0	11.1	11.7	13.1	13.9	15.3	17.6
Hall Road	2.52	0.58	69.1	50.7	49.2	47.2	31.4	31.0	29.5	28.6	25.5	24.6	13.1	10.0	4.8	3.1		2.8	4.4	6.7	8.1	9.2	9.7	11.2	12.0	13.3	15.7
Crosby	1.53	0.70	70.7	52.4	50.8	48.9	33.1	32.6	31.2	30.2	27.2	26.3	14.7	11.6	6.4	4.8	2.8		3.0	5.3	6.7	7.7	8.3	9.8	10.6	11.9	14.3
Waterloo	2.33		72.3	54.0	52.4	50.5	34.7	34.3	32.8	31.9	28.8	27.9	16.4	13.3	8.1	6.4	4.4	3.0		2.3	3.6	4.7	5.3	6.8	7.5	8.9	11.2
Seaforth	2.25		74.6	56.2	54.7	52.8	37.0	36.5	35.0	34.1	31.0	30.1	18.6	15.5	10.3	8.6	6.7	5.3	2.3		1.4	2.5	3.0	4.5	5.3	6.6	9.0
Linacre Road	1.37		76.0	57.6	56.1	54.1	38.3	37.9	36.4	35.5	32.4	31.5	20.0	16.9	11.7	10.0	8.1	6.7	3.6	1.4		1.1	1.7	3.1	3.9	5.3	7.6
Stanley Road	1.09		77.1	58.7	57.1	55.2	39.4	39.0	37.5	36.6	33.5	32.6	21.1	18.0	12.8	11.1	9.2	7.7	4.7	2.5	1.1		0.6	2.1	2.8	4.2	6.5
Merton Road	0.56		77.6	59.3	57.7	55.8	40.0	39.5	38.1	37.1	34.1	33.2	21.6	18.5	13.3	11.7	9.7	8.3	5.3	3.0	1.7	0.6		1.5	2.3	3.6	5.9
Bankhall Street	1.49		79.1	60.8	59.2	57.3	41.5	41.0	39.5	38.6	35.6	34.6	23.1	20.0	14.8	13.1	11.2	9.8	6.8	4.5	3.1	2.1	1.5		0.8	2.1	4.5
Sandhills Lane	0.77		79.9	61.5	60.0	58.0	42.2	41.8	40.3	39.4	36.3	35.4	23.9	20.8	15.6	13.9	12.0	10.6	7.5	5.3	3.9	2.8	2.3	0.8		1.3	3.7
Great Howard Street	1.35		81.2	62.9	61.3	59.4	43.6	43.1	41.7	40.7	37.7	36.8	25.2	22.2	16.9	15.3	13.3	11.9	8.9	6.6	5.3	4.2	3.6	2.1	1.3		2.3
Liverpool	2.34		83.6	65.2	63.7	61.7	45.9	45.5	44.0	43.1	40.0	39.1	27.6	24.5	19.3	17.6	15.7	14.3	11.2	9.0	7.6	6.5	5.9	4.5	3.7	2.3	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
13 — Crosby to Parkgate

km	km on route	km to stop if >200m	Crosby	Waterloo	Seaforth	Linacre Road	Stanley Road	Merton Road	Bankhall Street	Sandhills Lane	Great Howard Street	Liverpool	Seacombe	Egremont	Manor Lane	Dalmorton Road	New Brighton	Wallasey	Leasowe Common	Meols (rail only)	Hoyle Road (rail only)	Hoylake	West Kirby	Sandy Lane	Cubbins Green	Parkgate
Crosby				2.3	4.6	6.0	7.0	7.6	9.1	9.9	11.2	13.6	13.6	14.8	16.1	16.8	17.8	19.8	23.7	27.5	28.5	29.2	32.7	33.7	35.0	44.6
Waterloo	2.33		2.3		2.3	3.6	4.7	5.3	6.8	7.5	8.9	11.2	11.2	12.5	13.8	14.4	15.5	17.5	21.4	25.1	26.2	26.8	30.4	31.3	32.6	42.3
Seaforth	2.25		4.6	2.3		1.4	2.5	3.0	4.5	5.3	6.6	9.0	9.0	10.2	11.5	12.2	13.2	15.2	19.1	22.9	23.9	24.6	28.2	29.1	30.4	40.0
Linacre Road	1.37		6.0	3.6	1.4		1.1	1.7	3.1	3.9	5.3	7.6	7.6	8.9	10.2	10.8	11.9	13.8	17.8	21.5	22.6	23.2	26.8	27.7	29.0	38.6
Stanley Road	1.09		7.0	4.7	2.5	1.1		0.6	2.1	2.8	4.2	6.5	6.5	7.8	9.1	9.7	10.8	12.7	16.7	20.4	21.5	22.1	25.7	26.6	27.9	37.5
Merton Road	0.56		7.6	5.3	3.0	1.7	0.6		1.5	2.3	3.6	6.0	6.0	7.2	8.5	9.2	10.2	12.2	16.1	19.9	20.9	21.6	25.1	26.1	27.4	37.0
Bankhall Street	1.49		9.1	6.8	4.5	3.1	2.1	1.5		0.8	2.1	4.5	4.5	5.7	7.0	7.7	8.7	10.7	14.6	18.4	19.4	20.1	23.7	24.6	25.9	35.5
Sandhills Lane	0.77		9.9	7.5	5.3	3.9	2.8	2.3	0.8		1.4	3.7	3.7	5.0	6.3	6.9	8.0	9.9	13.8	17.6	18.7	19.3	22.9	23.8	25.1	34.7
Great Howard Street	1.35		11.2	8.9	6.6	5.3	4.2	3.6	2.1	1.4		2.3	2.3	3.6	4.9	5.6	6.6	8.6	12.5	16.3	17.3	17.9	21.5	22.5	23.7	33.4
Liverpool	2.34		13.6	11.2	9.0	7.6	6.5	6.0	4.5	3.7	2.3			1.3	2.6	3.2	4.3	6.2	10.2	13.9	15.0	15.6	19.2	20.1	21.4	31.0
Seacombe			13.6	11.2	9.0	7.6	6.5	6.0	4.5	3.7	2.3			1.3	2.6	3.2	4.3	6.2	10.2	13.9	15.0	15.6	19.2	20.1	21.4	31.0
Egremont	1.26		14.8	12.5	10.2	8.9	7.8	7.2	5.7	5.0	3.6	1.3	1.3		1.3	2.0	3.0	5.0	8.9	12.7	13.7	14.3	17.9	18.9	20.1	29.8
Manor Lane	0.98	0.32	16.1	13.8	11.5	10.2	9.1	8.5	7.0	6.3	4.9	2.6	2.6	1.3		1.3	2.3	4.3	8.2	12.0	13.0	13.7	17.3	18.2	19.5	29.1
Dalmorton Road	0.98		16.8	14.4	12.2	10.8	9.7	9.2	7.7	6.9	5.6	3.2	3.2	2.0	1.3		1.0	3.0	6.9	10.7	11.7	12.4	16.0	16.9	18.2	27.8
New Brighton	1.04		17.8	15.5	13.2	11.9	10.8	10.2	8.7	8.0	6.6	4.3	4.3	3.0	2.3	1.0		2.0	5.9	9.7	10.7	11.3	14.9	15.9	17.1	26.8
Wallasey	1.97		19.8	17.5	15.2	13.8	12.7	12.2	10.7	9.9	8.6	6.2	6.2	5.0	4.3	3.0	2.0		3.9	7.7	8.7	9.4	13.0	13.9	15.2	24.8
Leasowe Common	3.92		23.7	21.4	19.1	17.8	16.7	16.1	14.6	13.8	12.5	10.2	10.2	8.9	8.2	6.9	5.9	3.9		3.8	4.8	5.5	9.0	10.0	11.3	20.9
Meols (rail only)	2.95	0.81	27.5	25.1	22.9	21.5	20.4	19.9	18.4	17.6	16.3	13.9	13.9	12.7	12.0	10.7	9.7	7.7	3.8		2.7	3.3	6.9	7.8	9.1	18.7
Hoyle Road (rail only)	1.31	0.55	28.5	26.2	23.9	22.6	21.5	20.9	19.4	18.7	17.3	15.0	15.0	13.7	13.0	11.7	10.7	8.7	4.8	2.7		1.7	5.3	6.3	7.5	17.2
Hoylake	1.19		29.2	26.8	24.6	23.2	22.1	21.6	20.1	19.3	17.9	15.6	15.6	14.3	13.7	12.4	11.3	9.4	5.5	3.3	1.7		3.6	4.5	5.8	15.4
West Kirby	3.29	0.30	32.7	30.4	28.2	26.8	25.7	25.1	23.7	22.9	21.5	19.2	19.2	17.9	17.3	16.0	14.9	13.0	9.0	6.9	5.3	3.6		1.5	2.8	12.4
Sandy Lane	1.23		33.7	31.3	29.1	27.7	26.6	26.1	24.6	23.8	22.5	20.1	20.1	18.9	18.2	16.9	15.9	13.9	10.0	7.8	6.3	4.5	1.5		1.3	10.9
Cubbins Green	0.87	0.41	35.0	32.6	30.4	29.0	27.9	27.4	25.9	25.1	23.7	21.4	21.4	20.1	19.5	18.2	17.1	15.2	11.3	9.1	7.5	5.8	2.8	1.3		10.5
Parkgate	10.04		44.6	42.3	40.0	38.6	37.5	37.0	35.5	34.7	33.4	31.0	31.0	29.8	29.1	27.8	26.8	24.8	20.9	18.7	17.2	15.4	12.4	10.9	10.5	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
14 — Seacombe to Chester

km	km on route	km to stop if >200m	Seacombe	Egremont	Manor Lane	Dalmorton Road	New Brighton	Wallasey	Leasowe Common	Meols (rail only)	Hoyle Road (rail only)	Hoylake	West Kirby	Sandy Lane	Cubbins Green	Parkgate	Moorside	Little Neston	Saughall	Blacon	Abbot's Mead	Raymond Street	Chester
Seacombe				1.3	2.6	3.2	4.3	6.2	10.2	13.9	15.0	15.6	19.2	20.1	21.4	31.0	31.7	33.4	44.4	47.9	50.0	51.2	52.5
Egremont	1.26		1.3		1.3	2.0	3.0	5.0	8.9	12.7	13.7	14.3	17.9	18.9	20.1	29.8	30.5	32.2	43.1	46.6	48.7	50.0	51.3
Manor Lane	0.98	0.32	2.6	1.3		1.3	2.3	4.3	8.2	12.0	13.0	13.7	17.3	18.2	19.5	29.1	29.8	31.5	42.5	46.0	48.1	49.3	50.6
Dalmorton Road	0.98		3.2	2.0	1.3		1.0	3.0	6.9	10.7	11.7	12.4	16.0	16.9	18.2	27.8	28.5	30.2	41.2	44.7	46.8	48.0	49.3
New Brighton	1.04		4.3	3.0	2.3	1.0		2.0	5.9	9.7	10.7	11.3	14.9	15.9	17.1	26.8	27.5	29.2	40.1	43.6	45.7	47.0	48.3
Wallasey	1.97		6.2	5.0	4.3	3.0	2.0		3.9	7.7	8.7	9.4	13.0	13.9	15.2	24.8	25.5	27.2	38.1	41.7	43.8	45.0	46.3
Leasowe Common	3.92		10.2	8.9	8.2	6.9	5.9	3.9		3.8	4.8	5.5	9.0	10.0	11.3	20.9	21.6	23.3	34.2	37.8	39.9	41.1	42.4
Meols (rail only)	2.95	0.81	13.9	12.7	12.0	10.7	9.7	7.7	3.8		2.7	3.3	6.9	7.8	9.1	18.7	19.4	21.1	32.1	35.6	37.7	38.9	40.2
Hoyle Road (rail only)	1.31	0.55	15.0	13.7	13.0	11.7	10.7	8.7	4.8	2.7		1.7	5.3	6.3	7.5	17.2	17.9	19.6	30.5	34.0	36.1	37.4	38.7
Hoylake	1.19		15.6	14.3	13.7	12.4	11.3	9.4	5.5	3.3	1.7		3.6	4.5	5.8	15.4	16.1	17.8	28.8	32.3	34.4	35.6	36.9
West Kirby	3.29	0.30	19.2	17.9	17.3	16.0	14.9	13.0	9.0	6.9	5.3	3.6		1.5	2.8	12.4	13.1	14.8	25.8	29.3	31.4	32.6	33.9
Sandy Lane	1.23		20.1	18.9	18.2	16.9	15.9	13.9	10.0	7.8	6.3	4.5	1.5		1.3	10.9	11.6	13.3	24.3	27.8	29.9	31.1	32.4
Cubbins Green	0.87	0.41	21.4	20.1	19.5	18.2	17.1	15.2	11.3	9.1	7.5	5.8	2.8	1.3		10.5	11.2	12.9	23.8	27.3	29.4	30.6	31.9
Parkgate	10.04		31.0	29.8	29.1	27.8	26.8	24.8	20.9	18.7	17.2	15.4	12.4	10.9	10.5		0.7	2.4	13.3	16.9	19.0	20.2	21.5
Moorside	0.70		31.7	30.5	29.8	28.5	27.5	25.5	21.6	19.4	17.9	16.1	13.1	11.6	11.2	0.7		1.7	12.6	16.2	18.3	19.5	20.8
Little Neston	1.35	0.35	33.4	32.2	31.5	30.2	29.2	27.2	23.3	21.1	19.6	17.8	14.8	13.3	12.9	2.4	1.7		11.6	15.2	17.3	18.5	19.8
Saughall	11.29		44.4	43.1	42.5	41.2	40.1	38.1	34.2	32.1	30.5	28.8	25.8	24.3	23.8	13.3	12.6	11.6		3.5	5.6	6.8	8.1
Blacon	3.53		47.9	46.6	46.0	44.7	43.6	41.7	37.8	35.6	34.0	32.3	29.3	27.8	27.3	16.9	16.2	15.2	3.5		2.1	3.3	4.6
Abbot's Mead	2.10		50.0	48.7	48.1	46.8	45.7	43.8	39.9	37.7	36.1	34.4	31.4	29.9	29.4	19.0	18.3	17.3	5.6	2.1		1.2	2.5
Raymond Street	1.21		51.2	50.0	49.3	48.0	47.0	45.0	41.1	38.9	37.4	35.6	32.6	31.1	30.6	20.2	19.5	18.5	6.8	3.3	1.2		1.3
Chester	1.30		52.5	51.3	50.6	49.3	48.3	46.3	42.4	40.2	38.7	36.9	33.9	32.4	31.9	21.5	20.8	19.8	8.1	4.6	2.5	1.3	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
15 — Hoylake to Flint

km

	km on route	km to stop if >200m	**Hoylake**	**West Kirby**	Sandy Lane	Cubbins Green	Parkgate	**Moorside**	Little Neston	Saughall	Blacon	Abbot's Mead	Raymond Street	**Chester**	The Cop	Welsh Road	Queensferry	**Shotton**	Wepre	Connah's Quay	Kelsterton	Rockcliffe	Oakenholt	Pentre Ffwrdan	**Flint**
Hoylake				3.6	4.5	5.8	15.4	16.1	17.8	28.8	32.3	34.4	35.6	36.9	38.0	47.0	47.2	49.1	49.8	51.0	52.3	53.5	54.3	55.5	57.3
West Kirby	3.29	0.30	3.6		1.5	2.8	12.4	13.1	14.8	25.8	29.3	31.4	32.6	33.9	35.0	44.0	44.2	46.1	46.8	48.0	49.3	50.5	51.3	52.5	54.3
Sandy Lane	1.23		4.5	1.5		1.3	10.9	11.6	13.3	24.3	27.8	29.9	31.1	32.4	33.4	42.5	42.6	44.6	45.3	46.5	47.8	49.0	49.7	50.9	52.8
Cubbins Green	0.87	0.41	5.8	2.8	1.3		10.5	11.2	12.9	23.8	27.3	29.4	30.6	31.9	33.0	42.0	42.2	44.1	44.8	46.0	47.3	48.5	49.3	50.5	52.3
Parkgate	10.04		15.4	12.4	10.9	10.5		0.7	2.4	13.3	16.9	19.0	20.2	21.5	22.5	31.6	31.7	33.7	34.4	35.6	36.9	38.0	38.8	40.0	41.9
Moorside	0.70		16.1	13.1	11.6	11.2	0.7		1.7	12.6	16.2	18.3	19.5	20.8	21.8	30.9	31.0	33.0	33.7	34.9	36.2	37.3	38.1	39.3	41.2
Little Neston	1.35	0.35	17.8	14.8	13.3	12.9	2.4	1.7		11.6	15.2	17.3	18.5	19.8	20.8	29.9	30.0	32.0	32.7	33.9	35.2	36.3	37.1	38.3	40.2
Saughall	11.29		28.8	25.8	24.3	23.8	13.3	12.6	11.6		3.5	5.6	6.8	8.1	9.2	18.2	18.4	20.4	21.0	22.2	23.6	24.7	25.5	26.7	28.6
Blacon	3.53		32.3	29.3	27.8	27.3	16.9	16.2	15.2	3.5		2.1	3.3	4.6	5.7	14.7	14.9	16.8	17.5	18.7	20.0	21.2	22.0	23.2	25.0
Abbot's Mead	2.10		34.4	31.4	29.9	29.4	19.0	18.3	17.3	5.6	2.1		1.2	2.5	3.6	12.6	12.8	14.7	15.4	16.6	17.9	19.1	19.9	21.1	22.9
Raymond Street	1.21		35.6	32.6	31.1	30.6	20.2	19.5	18.5	6.8	3.3	1.2		1.3	2.3	11.4	11.6	13.5	14.2	15.4	16.7	17.9	18.6	19.9	21.7
Chester	1.30		36.9	33.9	32.4	31.9	21.5	20.8	19.8	8.1	4.6	2.5	1.3		1.0	10.1	10.3	12.2	12.9	14.1	15.4	16.6	17.3	18.6	20.4
The Cop	1.04		38.0	35.0	33.4	33.0	22.5	21.8	20.8	9.2	5.7	3.6	2.3	1.0		9.0	9.2	11.2	11.9	13.1	14.4	15.5	16.3	17.5	19.4
Welsh Road	9.03		47.0	44.0	42.5	42.0	31.6	30.9	29.9	18.2	14.7	12.6	11.4	10.1	9.0		0.2	2.1	2.8	4.0	5.3	6.5	7.3	8.5	10.3
Queensferry	0.18		47.2	44.2	42.6	42.2	31.7	31.0	30.0	18.4	14.9	12.8	11.6	10.3	9.2	0.2		2.0	2.7	3.8	5.2	6.3	7.1	8.3	10.2
Shotton	1.30	0.66	49.1	46.1	44.6	44.1	33.7	33.0	32.0	20.4	16.8	14.7	13.5	12.2	11.2	2.1	2.0		2.0	3.2	4.5	5.7	6.5	7.7	9.5
Wepre	0.97	0.38	49.8	46.8	45.3	44.8	34.4	33.7	32.7	21.0	17.5	15.4	14.2	12.9	11.9	2.8	2.7	2.0		2.0	3.3	4.4	5.2	6.4	8.3
Connah's Quay	1.58		51.0	48.0	46.5	46.0	35.6	34.9	33.9	22.2	18.7	16.6	15.4	14.1	13.1	4.0	3.8	3.2	2.0		1.3	2.5	3.2	4.5	6.3
Kelsterton	1.31		52.3	49.3	47.8	47.3	36.9	36.2	35.2	23.6	20.0	17.9	16.7	15.4	14.4	5.3	5.2	4.5	3.3	1.3		1.2	1.9	3.1	5.0
Rockcliffe	1.15		53.5	50.5	49.0	48.5	38.0	37.3	36.3	24.7	21.2	19.1	17.9	16.6	15.5	6.5	6.3	5.7	4.4	2.5	1.2		0.8	2.0	3.9
Oakenholt	0.78		54.3	51.3	49.7	49.3	38.8	38.1	37.1	25.5	22.0	19.9	18.6	17.3	16.3	7.3	7.1	6.5	5.2	3.2	1.9	0.8		1.2	3.1
Pentre Ffwrdan	1.21		55.5	52.5	50.9	50.5	40.0	39.3	38.3	26.7	23.2	21.1	19.9	18.6	17.5	8.5	8.3	7.7	6.4	4.5	3.1	2.0	1.2		1.9
Flint	1.47	0.39	57.3	54.3	52.8	52.3	41.9	41.2	40.2	28.6	25.0	22.9	21.7	20.4	19.4	10.3	10.2	9.5	8.3	6.3	5.0	3.9	3.1	1.9	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
16 — Chester to Rhyl

km

	km on route	km to stop if >200m	**Chester**	The Cop	Welsh Road	Queensferry	**Shotton**	Wepre	Connah's Quay	Kelsterton	Rockcliffe	Oakenholt	Pentre Ffwrdan	**Flint**	Flint Marsh	Bagillt	Dee Bank	Llannerch-y-Môr	Mostyn	Mostyn Quay	Ffynnongroyw	**Prestatyn**	Ffrith	Green Lanes	Garford Road	East Parade	**Rhyl**
Chester				1.0	10.1	10.3	12.2	12.9	14.1	15.4	16.6	17.3	18.6	20.4	21.6	25.2	26.0	30.7	33.1	34.1	36.5	47.6	48.8	49.8	51.1	52.1	53.0
The Cop	1.04		1.0		9.0	9.2	11.2	11.9	13.1	14.4	15.5	16.3	17.5	19.4	20.6	24.1	25.0	29.7	32.1	33.1	35.4	46.6	47.8	48.7	50.0	51.0	52.0
Welsh Road	9.03		10.1	9.0		0.2	2.1	2.8	4.0	5.3	6.5	7.3	8.5	10.3	11.6	15.1	15.9	20.6	23.0	24.0	26.4	37.5	38.8	39.7	41.0	42.0	42.9
Queensferry	0.18		10.3	9.2	0.2		2.0	2.7	3.9	5.2	6.3	7.1	8.3	10.2	11.4	14.9	15.7	20.5	22.9	23.9	26.2	37.4	38.6	39.5	40.8	41.8	42.8
Shotton	1.30	0.66	12.2	11.2	2.1	2.0		2.0	3.2	4.5	5.7	6.5	7.7	9.5	10.7	14.3	15.1	19.8	22.2	23.2	25.6	36.7	38.0	38.9	40.2	41.2	42.1
Wepre	0.97	0.38	12.9	11.9	2.8	2.7	2.0		2.0	3.3	4.4	5.2	6.4	8.3	9.5	13.0	13.9	18.6	21.0	22.0	24.3	35.5	36.7	37.6	38.9	39.9	40.9
Connah's Quay	1.58		14.1	13.1	4.0	3.9	3.2	2.0		1.3	2.5	3.2	4.5	6.3	7.5	11.1	11.9	16.6	19.0	20.0	22.4	33.5	34.7	35.7	37.0	38.0	38.9
Kelsterton	1.31		15.4	14.4	5.3	5.2	4.5	3.3	1.3		1.2	1.9	3.1	5.0	6.2	9.7	10.6	15.3	17.7	18.7	21.0	32.2	33.4	34.3	35.7	36.7	37.6
Rockcliffe	1.15		16.6	15.5	6.5	6.3	5.7	4.4	2.5	1.2		0.8	2.0	3.9	5.1	8.6	9.4	14.2	16.6	17.6	19.9	31.0	32.3	33.2	34.5	35.5	36.4
Oakenholt	0.78		17.3	16.3	7.3	7.1	6.5	5.2	3.2	1.9	0.8		1.2	3.1	4.3	7.8	8.7	13.4	15.8	16.8	19.1	30.3	31.5	32.4	33.7	34.7	35.7
Pentre Ffwrdan	1.21		18.6	17.5	8.5	8.3	7.7	6.4	4.5	3.1	2.0	1.2		1.9	3.1	6.6	7.4	12.2	14.6	15.6	17.9	29.1	30.3	31.2	32.5	33.5	34.5
Flint	1.47	0.39	20.4	19.4	10.3	10.2	9.5	8.3	6.3	5.0	3.9	3.1	1.9		2.0	5.5	6.4	11.1	13.5	14.5	16.8	28.0	29.2	30.1	31.4	32.4	33.4
Flint Marsh	1.37	0.24	21.6	20.6	11.6	11.4	10.7	9.5	7.5	6.2	5.1	4.3	3.1	2.0		4.0	4.8	9.6	12.0	13.0	15.3	26.5	27.7	28.6	29.9	30.9	31.9
Bagillt	3.51	0.25	25.2	24.1	15.1	14.9	14.3	13.0	11.1	9.7	8.6	7.8	6.6	5.5	4.0		1.3	6.1	8.5	9.5	11.8	23.0	24.2	25.1	26.4	27.4	28.4
Dee Bank	1.09		26.0	25.0	15.9	15.7	15.1	13.9	11.9	10.6	9.4	8.7	7.4	6.4	4.8	1.3		4.7	7.1	8.1	10.5	21.6	22.9	23.8	25.1	26.1	27.0
Llannerch-y-Môr	4.72		30.7	29.7	20.6	20.5	19.8	18.6	16.6	15.3	14.2	13.4	12.2	11.1	9.6	6.1	4.7		2.4	3.4	5.7	16.9	18.1	19.0	20.4	21.4	22.3
Mostyn	2.40		33.1	32.1	23.0	22.9	22.2	21.0	19.0	17.7	16.6	15.8	14.6	13.5	12.0	8.5	7.1	2.4		1.0	3.3	14.5	15.7	16.6	18.0	19.0	19.9
Mostyn Quay	1.00		34.1	33.1	24.0	23.9	23.2	22.0	20.0	18.7	17.6	16.8	15.6	14.5	13.0	9.5	8.1	3.4	1.0		2.3	13.5	14.7	15.6	17.0	18.0	18.9
Ffynnongroyw	2.34		36.5	35.4	26.4	26.2	25.6	24.3	22.4	21.0	19.9	19.1	17.9	16.8	15.3	11.8	10.5	5.7	3.3	2.3		11.2	12.4	13.3	14.6	15.6	16.6
Prestatyn	10.52	0.63	47.6	46.6	37.5	37.4	36.7	35.5	33.5	32.2	31.0	30.3	29.1	28.0	26.5	23.0	21.6	16.9	14.5	13.5	11.2		2.5	3.4	4.7	5.7	6.7
Ffrith	1.42	0.45	48.8	47.8	38.8	38.6	38.0	36.7	34.7	33.4	32.3	31.5	30.3	29.2	27.7	24.2	22.9	18.1	15.7	14.7	12.4	2.5		1.8	3.1	4.1	5.1
Green Lanes	1.10	0.26	49.8	48.7	39.7	39.5	38.9	37.6	35.7	34.3	33.2	32.4	31.2	30.1	28.6	25.1	23.8	19.0	16.6	15.6	13.3	3.4	1.8		1.8	2.8	3.8
Garford Road	1.36	0.21	51.1	50.0	41.0	40.8	40.2	38.9	37.0	35.7	34.5	33.7	32.5	31.4	29.9	26.4	25.1	20.4	18.0	17.0	14.6	4.7	3.1	1.8		1.4	2.4
East Parade	1.21		52.1	51.0	42.0	41.8	41.2	39.9	38.0	36.7	35.5	34.7	33.5	32.4	30.9	27.4	26.1	21.4	19.0	18.0	15.6	5.7	4.1	2.8	1.4		0.9
Rhyl	0.94		53.0	52.0	42.9	42.8	42.1	40.9	38.9	37.6	36.4	35.7	34.5	33.4	31.9	28.4	27.0	22.3	19.9	18.9	16.6	6.7	5.1	3.8	2.4	0.9	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
17 — Flint to Old Colwyn

km

	km on route	km to stop if >200m	**Flint**	Flint Marsh	Bagillt	Dee Bank	Llannerch-y-Môr	Mostyn	Mostyn Quay	Ffynnongroyw	**Prestatyn**	Ffrith	Green Lanes	Garford Road	East Parade	**Rhyl**	Pont y Ddraig	Kinmel Bay	Towyn	Belgrano	**Pensarn**	Ty-Crwn	Beach House	Llanddulas	Llysfaen	Penmaenrhos	Old Colwyn
Flint				1.6	5.1	6.0	10.7	13.1	14.1	16.4	27.6	28.8	29.7	31.0	32.0	33.0	34.4	35.9	37.9	38.7	40.1	41.9	43.6	44.7	45.5	47.3	48.0
Flint Marsh	1.37	0.24	1.6		4.0	4.8	9.6	12.0	13.0	15.3	26.5	27.7	28.6	29.9	30.9	31.9	33.3	34.8	36.8	37.6	39.0	40.8	42.5	43.6	44.4	46.2	46.9
Bagillt	3.51	0.25	5.1	4.0		1.3	6.1	8.5	9.5	11.8	23.0	24.2	25.1	26.4	27.4	28.4	29.8	31.3	33.3	34.1	35.5	37.3	39.0	40.1	40.9	42.7	43.4
Dee Bank	1.09		6.0	4.8	1.3		4.7	7.1	8.1	10.5	21.6	22.9	23.8	25.1	26.1	27.0	28.4	29.9	32.0	32.7	34.2	35.9	37.6	38.7	39.5	41.3	42.0
Llannerch-y-Môr	4.72		10.7	9.6	6.1	4.7		2.4	3.4	5.7	16.9	18.1	19.0	20.4	21.4	22.3	23.7	25.2	27.2	28.0	29.5	31.2	32.9	34.0	34.8	36.6	37.3
Mostyn	2.40		13.1	12.0	8.5	7.1	2.4		1.0	3.3	14.5	15.7	16.6	18.0	19.0	19.9	21.3	22.8	24.8	25.6	27.1	28.8	30.5	31.6	32.4	34.2	34.9
Mostyn Quay	1.00		14.1	13.0	9.5	8.1	3.4	1.0		2.3	13.5	14.7	15.6	17.0	18.0	18.9	20.3	21.8	23.8	24.6	26.1	27.8	29.5	30.6	31.4	33.2	33.9
Ffynnongroyw	2.34		16.4	15.3	11.8	10.5	5.7	3.3	2.3		11.2	12.4	13.3	14.6	15.6	16.6	18.0	19.5	21.5	22.3	23.7	25.5	27.2	28.3	29.1	30.9	31.6
Prestatyn	10.52	0.63	27.6	26.5	23.0	21.6	16.9	14.5	13.5	11.2		2.5	3.4	4.7	5.7	6.7	8.1	9.6	11.6	12.4	13.8	15.6	17.3	18.4	19.2	21.0	21.7
Ffrith	1.42	0.45	28.8	27.7	24.2	22.9	18.1	15.7	14.7	12.4	2.5		1.8	3.1	4.1	5.1	6.5	8.0	10.0	10.8	12.2	14.0	15.7	16.8	17.6	19.4	20.1
Green Lanes	1.10	0.26	29.7	28.6	25.1	23.8	19.0	16.6	15.6	13.3	3.4	1.8		1.8	2.8	3.8	5.2	6.7	8.7	9.5	10.9	12.7	14.4	15.5	16.3	18.1	18.8
Garford Road	1.36	0.21	31.0	29.9	26.4	25.1	20.4	18.0	17.0	14.6	4.7	3.1	1.8		1.4	2.4	3.8	5.3	7.3	8.1	9.5	11.3	13.0	14.1	14.9	16.7	17.4
East Parade	1.21		32.0	30.9	27.4	26.1	21.4	19.0	18.0	15.6	5.7	4.1	2.8	1.4		0.9	2.3	3.8	5.9	6.7	8.1	9.9	11.6	12.7	13.4	15.3	16.0
Rhyl	0.94		33.0	31.9	28.4	27.0	22.3	19.9	18.9	16.6	6.7	5.1	3.8	2.4	0.9		1.4	2.9	5.0	5.7	7.2	8.9	10.6	11.7	12.5	14.3	15.0
Pont y Ddraig	1.41		34.4	33.3	29.8	28.4	23.7	21.3	20.3	18.0	8.1	6.5	5.2	3.8	2.3	1.4		1.5	3.5	4.3	5.8	7.5	9.2	10.3	11.1	12.9	13.6
Kinmel Bay	1.18	0.32	35.9	34.8	31.3	29.9	25.2	22.8	21.8	19.5	9.6	8.0	6.7	5.3	3.8	2.9	1.5		2.7	3.5	4.9	6.7	8.4	9.5	10.2	12.0	12.8
Towyn	1.81	0.55	37.9	36.8	33.3	32.0	27.2	24.8	23.8	21.5	11.6	10.0	8.7	7.3	5.9	5.0	3.5	2.7		1.9	3.3	5.1	6.8	7.9	8.7	10.5	11.2
Belgrano	1.32		38.7	37.6	34.1	32.7	28.0	25.6	24.6	22.3	12.4	10.8	9.5	8.1	6.7	5.7	4.3	3.5	1.9		1.4	3.2	4.9	6.0	6.8	8.6	9.3
Pensarn	1.44		40.1	39.0	35.5	34.2	29.5	27.1	26.1	23.7	13.8	12.2	10.9	9.5	8.1	7.2	5.8	4.9	3.3	1.4		1.8	3.5	4.6	5.3	7.2	7.9
Ty-Crwn	1.77		41.9	40.8	37.3	35.9	31.2	28.8	27.8	25.5	15.6	14.0	12.7	11.3	9.9	8.9	7.5	6.7	5.1	3.2	1.8		1.7	2.8	3.6	5.4	6.1
Beach House	1.25	0.44	43.6	42.5	39.0	37.6	32.9	30.5	29.5	27.2	17.3	15.7	14.4	13.0	11.6	10.6	9.2	8.4	6.8	4.9	3.5	1.7		2.0	2.8	4.6	5.3
Llanddulas	1.12	0.43	44.7	43.6	40.1	38.7	34.0	31.6	30.6	28.3	18.4	16.8	15.5	14.1	12.7	11.7	10.3	9.5	7.9	6.0	4.6	2.8	2.0		1.6	3.4	4.2
Llysfaen	0.99	0.21	45.5	44.4	40.9	39.5	34.8	32.4	31.4	29.1	19.2	17.6	16.3	14.9	13.4	12.5	11.1	10.2	8.7	6.8	5.3	3.6	2.8	1.6		2.2	2.9
Penmaenrhos	1.67	0.35	47.3	46.2	42.7	41.3	36.6	34.2	33.2	30.9	21.0	19.4	18.1	16.7	15.3	14.3	12.9	12.0	10.5	8.6	7.2	5.4	4.6	3.4	2.2		1.4
Old Colwyn	1.06		48.0	46.9	43.4	42.0	37.3	34.9	33.9	31.6	21.7	20.1	18.8	17.4	16.0	15.0	13.6	12.8	11.2	9.3	7.9	6.1	5.3	4.2	2.9	1.4	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
18 — Rhyl ro Conwy

km	km on route	km to stop if >200m	**Rhyl**	Pont y Ddraig	Kinmel Bay	Towyn	Belgrano	**Pensarn**	Ty-Crwn	Beach House	Llanddulas	Llysfaen	Penmaenrhos	Old Colwyn	Glan y Don	**Colwyn Bay**	**Llandudno**	Pen Morfa	Traeth Melyn	Deganwy	Tywyn	**Llandudno Junction**	**Conwy**
Rhyl				1.4	2.9	5.0	5.7	7.2	8.9	10.6	11.7	12.5	14.3	15.0	16.2	16.9	24.8	33.1	35.3	36.3	37.3	38.1	38.9
Pont y Ddraig	1.41		1.4		1.5	3.5	4.3	5.8	7.5	9.2	10.3	11.1	12.9	13.6	14.8	15.5	23.4	31.7	33.9	34.9	35.8	36.7	37.5
Kinmel Bay	1.18	0.32	2.9	1.5		2.7	3.5	4.9	6.7	8.4	9.5	10.2	12.0	12.8	13.9	14.6	22.6	30.8	33.0	34.0	35.0	35.9	36.6
Towyn	1.81	0.55	5.0	3.5	2.7		1.9	3.3	5.1	6.8	7.9	8.7	10.5	11.2	12.3	13.0	21.0	29.3	31.5	32.4	33.4	34.3	35.1
Belgrano	1.32		5.7	4.3	3.5	1.9		1.4	3.2	4.9	6.0	6.8	8.6	9.3	10.5	11.2	19.1	27.4	29.6	30.5	31.5	32.4	33.2
Pensarn	1.44		7.2	5.8	4.9	3.3	1.4		1.8	3.5	4.6	5.3	7.2	7.9	9.0	9.7	17.7	26.0	28.2	29.1	30.1	31.0	31.8
Ty-Crwn	1.77		8.9	7.5	6.7	5.1	3.2	1.8		1.7	2.8	3.6	5.4	6.1	7.3	7.9	15.9	24.2	26.4	27.3	28.3	29.2	30.0
Beach House	1.25	0.44	10.6	9.2	8.4	6.8	4.9	3.5	1.7		2.0	2.8	4.6	5.3	6.5	7.1	15.1	23.4	25.6	26.5	27.5	28.4	29.2
Llanddulas	1.12	0.43	11.7	10.3	9.5	7.9	6.0	4.6	2.8	2.0		1.6	3.4	4.2	5.3	6.0	14.0	22.2	24.4	25.4	26.4	27.3	28.0
Llysfaen	0.99	0.21	12.5	11.1	10.2	8.7	6.8	5.3	3.6	2.8	1.6		2.2	2.9	4.1	4.8	12.8	21.0	23.2	24.2	25.2	26.1	26.8
Penmaenrhos	1.67	0.35	14.3	12.9	12.0	10.5	8.6	7.2	5.4	4.6	3.4	2.2		1.4	2.6	3.3	11.2	19.5	21.7	22.7	23.6	24.5	25.3
Old Colwyn	1.06		15.0	13.6	12.8	11.2	9.3	7.9	6.1	5.3	4.2	2.9	1.4		1.2	1.9	9.8	18.1	20.3	21.2	22.2	23.1	23.9
Glan y Don	0.74	0.43	16.2	14.8	13.9	12.3	10.5	9.0	7.3	6.5	5.3	4.1	2.6	1.2		1.5	9.5	17.8	20.0	20.9	21.9	22.8	23.6
Colwyn Bay	1.11		16.9	15.5	14.6	13.0	11.2	9.7	7.9	7.1	6.0	4.8	3.3	1.9	1.5		8.0	16.2	18.4	19.4	20.4	21.3	22.0
Llandudno	7.96		24.8	23.4	22.6	21.0	19.1	17.7	15.9	15.1	14.0	12.8	11.2	9.8	9.5	8.0		8.3	10.5	11.4	12.4	13.3	14.1
Pen Morfa	8.28		33.1	31.7	30.8	29.3	27.4	26.0	24.2	23.4	22.2	21.0	19.5	18.1	17.8	16.2	8.3		2.2	3.2	4.1	5.0	5.8
Traeth Melyn	2.20		35.3	33.9	33.0	31.5	29.6	28.2	26.4	25.6	24.4	23.2	21.7	20.3	20.0	18.4	10.5	2.2		1.0	1.9	2.8	3.6
Deganwy	0.95		36.3	34.9	34.0	32.4	30.5	29.1	27.3	26.5	25.4	24.2	22.7	21.2	20.9	19.4	11.4	3.2	1.0		1.0	1.9	2.7
Tywyn	0.99		37.3	35.8	35.0	33.4	31.5	30.1	28.3	27.5	26.4	25.2	23.6	22.2	21.9	20.4	12.4	4.1	1.9	1.0		0.9	1.7
Llandudno Junction	0.88		38.1	36.7	35.9	34.3	32.4	31.0	29.2	28.4	27.3	26.1	24.5	23.1	22.8	21.3	13.3	5.0	2.8	1.9	0.9		0.8
Conwy	0.78		38.9	37.5	36.6	35.1	33.2	31.8	30.0	29.2	28.0	26.8	25.3	23.9	23.6	22.0	14.1	5.8	3.6	2.7	1.7	0.8	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
19 — Old Colwyn to Upper Bangor

km	km on route	km to stop if >200m	Old Colwyn	Glan y Don	Colwyn Bay	Llandudno	Pen Morfa	Traeth Melyn	Deganwy	Tywyn	Llandudno Junction	Conwy	Conwy Morfa	Pendyffryn	Dwygyfylchi	Tyddyn-du	Penmaenmawr	Penmaen Park	Llanfairfechan	Abergwyngregan	Wîg	Eglwys St Cross	Llandygai	Maesgeirchen	Porth Penrhyn	Bangor	Upper Bangor
Old Colwyn				1.2	1.9	9.8	18.1	20.3	21.2	22.2	23.1	23.9	27.7	30.4	32.1	32.8	33.9	37.6	38.9	44.5	46.4	48.8	50.0	52.9	54.0	55.5	56.9
Glan y Don	0.74	0.43	1.2		1.5	9.5	17.8	20.0	20.9	21.9	22.8	23.6	27.4	30.1	31.7	32.5	33.6	37.3	38.6	44.2	46.1	48.5	49.7	52.6	53.7	55.2	56.6
Colwyn Bay	1.11		1.9	1.5		8.0	16.2	18.4	19.4	20.4	21.3	22.0	25.8	28.5	30.2	31.0	32.1	35.8	37.0	42.6	44.6	46.9	48.2	51.0	52.1	53.7	55.1
Llandudno	7.96		9.8	9.5	8.0		8.3	10.5	11.4	12.4	13.3	14.1	17.9	20.6	22.2	23.0	24.1	27.8	29.1	34.7	36.6	39.0	40.2	43.1	44.2	45.7	47.1
Pen Morfa	8.28		18.1	17.8	16.2	8.3		2.2	3.2	4.1	5.0	5.8	9.6	12.3	14.0	14.8	15.8	19.5	20.8	26.4	28.3	30.7	31.9	34.8	35.9	37.4	38.8
Traeth Melyn	2.20		20.3	20.0	18.4	10.5	2.2		0.9	1.9	2.8	3.6	7.4	10.1	11.8	12.6	13.6	17.3	18.6	24.2	26.1	28.5	29.7	32.6	33.7	35.2	36.6
Deganwy	0.95		21.2	20.9	19.4	11.4	3.2	0.9		1.0	1.9	2.7	6.4	9.1	10.8	11.6	12.7	16.4	17.6	23.3	25.2	27.6	28.8	31.7	32.7	34.3	35.7
Tywyn	0.99		22.2	21.9	20.4	12.4	4.1	1.9	1.0		0.9	1.7	5.4	8.1	9.8	10.6	11.7	15.4	16.6	22.3	24.2	26.6	27.8	30.7	31.7	33.3	34.7
Llandudno Junction	0.88		23.1	22.8	21.3	13.3	5.0	2.8	1.9	0.9		0.8	4.6	7.3	8.9	9.7	10.8	14.5	15.8	21.4	23.3	25.7	26.9	29.8	30.9	32.4	33.8
Conwy	0.78		23.9	23.6	22.0	14.1	5.8	3.6	2.7	1.7	0.8		3.8	6.5	8.2	9.0	10.0	13.7	15.0	20.6	22.5	24.9	26.1	29.0	30.1	31.6	33.0
Conwy Morfa	3.78		27.7	27.4	25.8	17.9	9.6	7.4	6.4	5.4	4.6	3.8		2.7	4.4	5.2	6.2	9.9	11.2	16.8	18.7	21.1	22.3	25.2	26.3	27.9	29.2
Pendyffryn	2.70		30.4	30.1	28.5	20.6	12.3	10.1	9.1	8.1	7.3	6.5	2.7		1.7	2.5	3.5	7.2	8.5	14.1	16.0	18.4	19.6	22.5	23.6	25.2	26.5
Dwygyfylchi	1.68		32.1	31.7	30.2	22.2	14.0	11.8	10.8	9.8	8.9	8.2	4.4	1.7		0.8	1.9	5.6	6.8	12.4	14.4	16.7	18.0	20.8	21.9	23.5	24.9
Tyddyn-du	0.79		32.8	32.5	31.0	23.0	14.8	12.6	11.6	10.6	9.7	9.0	5.2	2.5	0.8		1.1	4.8	6.0	11.7	13.6	16.0	17.2	20.1	21.1	22.7	24.1
Penmaenmawr	1.07		33.9	33.6	32.1	24.1	15.8	13.6	12.7	11.7	10.8	10.0	6.2	3.5	1.9	1.1		3.7	5.0	10.6	12.5	14.9	16.1	19.0	20.1	21.6	23.0
Penmaen Park	3.70		37.6	37.3	35.8	27.8	19.5	17.3	16.4	15.4	14.5	13.7	9.9	7.2	5.6	4.8	3.7		1.3	6.9	8.8	11.2	12.4	15.3	16.4	17.9	19.3
Llanfairfechan	1.25		38.9	38.6	37.0	29.1	20.8	18.6	17.6	16.6	15.8	15.0	11.2	8.5	6.8	6.0	5.0	1.3		5.6	7.5	9.9	11.1	14.0	15.1	16.7	18.0
Abergwyngregan	4.72	0.91	44.5	44.2	42.6	34.7	26.4	24.2	23.3	22.3	21.4	20.6	16.8	14.1	12.4	11.7	10.6	6.9	5.6		3.7	6.1	7.3	10.2	11.3	12.9	14.2
Wîg	1.75	1.07	46.4	46.1	44.6	36.6	28.3	26.1	25.2	24.2	23.3	22.5	18.7	16.0	14.4	13.6	12.5	8.8	7.5	3.7		4.5	5.7	8.6	9.7	11.3	12.6
Eglwys St Cross	3.46		48.8	48.5	46.9	39.0	30.7	28.5	27.6	26.6	25.7	24.9	21.1	18.4	16.7	16.0	14.9	11.2	9.9	6.1	4.5		1.2	4.1	5.2	6.7	8.1
Llandygai	1.21		50.0	49.7	48.2	40.2	31.9	29.7	28.8	27.8	26.9	26.1	22.3	19.6	18.0	17.2	16.1	12.4	11.1	7.3	5.7	1.2		2.9	4.0	5.5	6.9
Maesgeirchen	2.89		52.9	52.6	51.0	43.1	34.8	32.6	31.7	30.7	29.8	29.0	25.2	22.5	20.8	20.1	19.0	15.3	14.0	10.2	8.6	4.1	2.9		1.1	2.6	4.0
Porth Penrhyn	1.07		54.0	53.7	52.1	44.2	35.9	33.7	32.7	31.7	30.9	30.1	26.3	23.6	21.9	21.1	20.1	16.4	15.1	11.3	9.7	5.2	4.0	1.1		1.6	2.9
Bangor	1.57		55.5	55.2	53.7	45.7	37.4	35.2	34.3	33.3	32.4	31.6	27.9	25.2	23.5	22.7	21.6	17.9	16.7	12.9	11.3	6.7	5.5	2.6	1.6		1.4
Upper Bangor	1.37		56.9	56.6	55.1	47.1	38.8	36.6	35.7	34.7	33.8	33.0	29.2	26.5	24.9	24.1	23.0	19.3	18.0	14.2	12.6	8.1	6.9	4.0	2.9	1.4	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
20 — Llandudno Junction to Beaumaris

km

	km on route	km to stop if >200m	**Llandudno Junction**	**Conwy**	Conwy Morfa	Pendyffryn	Dwygyfylchi	Tyddyn-du	**Penmaenmawr**	Penmaen Park	**Llanfairfechan**	Abergwyngregan	Wig	Eglwys St Cross	Llandygai	Maesgeirchen	Porth Penrhyn	**Bangor**	Upper Bangor	Coleg Normal	Antelope Roundabout	Menai Bridge	Ynys Gaint	Cichle Hill	Beaumaris
Llandudno Junction				0.8	4.6	7.3	8.9	9.7	10.8	14.5	15.8	21.4	23.3	25.7	26.9	29.8	30.9	32.4	33.8	35.7	36.5	37.1	38.5	38.9	44.6
Conwy	0.78		0.8		3.8	6.5	8.2	9.0	10.0	13.7	15.0	20.6	22.5	24.9	26.1	29.0	30.1	31.6	33.0	34.9	35.7	36.3	37.7	38.1	43.8
Conwy Morfa	3.78		4.6	3.8		2.7	4.4	5.2	6.2	9.9	11.2	16.8	18.7	21.1	22.3	25.2	26.3	27.9	29.2	31.1	32.0	32.5	33.9	34.4	40.0
Pendyffryn	2.70		7.3	6.5	2.7		1.7	2.5	3.5	7.2	8.5	14.1	16.0	18.4	19.6	22.5	23.6	25.2	26.5	28.4	29.3	29.8	31.2	31.7	37.3
Dwygyfylchi	1.68		8.9	8.2	4.4	1.7		0.8	1.9	5.6	6.8	12.4	14.4	16.7	18.0	20.8	21.9	23.5	24.9	26.7	27.6	28.2	29.5	30.0	35.6
Tyddyn-du	0.79		9.7	9.0	5.2	2.5	0.8		1.1	4.8	6.0	11.7	13.6	16.0	17.2	20.1	21.1	22.7	24.1	25.9	26.8	27.4	28.7	29.2	34.8
Penmaenmawr	1.07		10.8	10.0	6.2	3.5	1.9	1.1		3.7	5.0	10.6	12.5	14.9	16.1	19.0	20.1	21.6	23.0	24.9	25.7	26.3	27.7	28.1	33.8
Penmaen Park	3.70		14.5	13.7	9.9	7.2	5.6	4.8	3.7		1.3	6.9	8.8	11.2	12.4	15.3	16.4	17.9	19.3	21.2	22.0	22.6	24.0	24.4	30.1
Llanfairfechan	1.25		15.8	15.0	11.2	8.5	6.8	6.0	5.0	1.3		5.6	7.5	9.9	11.1	14.0	15.1	16.7	18.0	19.9	20.8	21.3	22.7	23.2	28.8
Abergwyngregan	4.72	0.91	21.4	20.6	16.8	14.1	12.4	11.7	10.6	6.9	5.6		3.7	6.1	7.3	10.2	11.3	12.9	14.2	16.1	17.0	17.5	18.9	19.4	25.0
Wîg	1.75	1.07	23.3	22.5	18.7	16.0	14.4	13.6	12.5	8.8	7.5	3.7		4.5	5.7	8.6	9.7	11.3	12.6	14.5	15.4	15.9	17.3	17.8	23.4
Eglwys St Cross	3.46		25.7	24.9	21.1	18.4	16.7	16.0	14.9	11.2	9.9	6.1	4.5		1.2	4.1	5.2	6.7	8.1	10.0	10.8	11.4	12.8	13.2	18.9
Llandygai	1.21		26.9	26.1	22.3	19.6	18.0	17.2	16.1	12.4	11.1	7.3	5.7	1.2		2.9	4.0	5.5	6.9	8.8	9.6	10.2	11.6	12.0	17.7
Maesgeirchen	2.89		29.8	29.0	25.2	22.5	20.8	20.1	19.0	15.3	14.0	10.2	8.6	4.1	2.9		1.1	2.6	4.0	5.9	6.7	7.3	8.7	9.1	14.8
Porth Penrhyn	1.07		30.9	30.1	26.3	23.6	21.9	21.1	20.1	16.4	15.1	11.3	9.7	5.2	4.0	1.1		1.6	2.9	4.8	5.7	6.2	7.6	8.1	13.7
Bangor	1.57		32.4	31.6	27.9	25.2	23.5	22.7	21.6	17.9	16.7	12.9	11.3	6.7	5.5	2.6	1.6		1.4	3.3	4.1	4.7	6.1	6.5	12.1
Upper Bangor	1.37		33.8	33.0	29.2	26.5	24.9	24.1	23.0	19.3	18.0	14.2	12.6	8.1	6.9	4.0	2.9	1.4		1.9	2.7	3.3	4.7	5.1	10.8
Coleg Normal	1.88		35.7	34.9	31.1	28.4	26.7	25.9	24.9	21.2	19.9	16.1	14.5	10.0	8.8	5.9	4.8	3.3	1.9		0.9	1.4	2.8	3.2	8.9
Antelope Roundabout	0.85		36.5	35.7	32.0	29.3	27.6	26.8	25.7	22.0	20.8	17.0	15.4	10.8	9.6	6.7	5.7	4.1	2.7	0.9		0.6	2.0	2.4	8.0
Menai Bridge	0.57		37.1	36.3	32.5	29.8	28.2	27.4	26.3	22.6	21.3	17.5	15.9	11.4	10.2	7.3	6.2	4.7	3.3	1.4	0.6		1.4	1.8	7.5
Ynys Gaint	1.38		38.5	37.7	33.9	31.2	29.5	28.7	27.7	24.0	22.7	18.9	17.3	12.8	11.6	8.7	7.6	6.1	4.7	2.8	2.0	1.4		0.4	6.1
Cichle Hill	0.44		38.9	38.1	34.4	31.7	30.0	29.2	28.1	24.4	23.2	19.4	17.8	13.2	12.0	9.1	8.1	6.5	5.1	3.2	2.4	1.8	0.4		5.6
Beaumaris	5.64		44.6	43.8	40.0	37.3	35.6	34.8	33.8	30.1	28.8	25.0	23.4	18.9	17.7	14.8	13.7	12.1	10.8	8.9	8.0	7.5	6.1	5.6	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
21 — Upper Bangor to Holyhead

km	km on route	km to stop if >200m	**Upper Bangor**	Coleg Normal	Antelope Roundabout	Menai Bridge	Ynys Gaint	Cichle Hill	Beaumaris	Croesfryn	Benllech	Traeth Bychan	Moelfre	City Dulas	Amlwch	Bull Bay	Cemaes	Llanfachraeth	Gorad Road	**Valley**	Beddmanarch Bay	**Holyhead**
Upper Bangor				1.9	2.7	3.3	4.7	5.1	10.8	34.5	37.5	41.4	42.2	49.6	63.0	66.3	76.0	104.7	107.4	108.1	109.3	114.6
Coleg Normal	1.88		1.9		0.9	1.4	2.8	3.2	8.9	32.6	35.6	39.5	40.3	47.8	61.1	64.4	74.1	102.8	105.6	106.3	107.4	112.7
Antelope Roundabout	0.85		2.7	0.9		0.6	2.0	2.4	8.0	31.7	34.7	38.7	39.5	46.9	60.3	63.5	73.2	102.0	104.7	105.4	106.6	111.9
Menai Bridge	0.57		3.3	1.4	0.6		1.4	1.8	7.5	31.2	34.2	38.1	38.9	46.3	59.7	63.0	72.7	101.4	104.1	104.8	106.0	111.3
Ynys Gaint	1.38		4.7	2.8	2.0	1.4		0.4	6.1	29.8	32.8	36.7	37.5	45.0	58.3	61.6	71.3	100.0	102.8	103.5	104.6	109.9
Cichle Hill	0.44		5.1	3.2	2.4	1.8	0.4		5.6	29.3	32.3	36.3	37.1	44.5	57.9	61.1	70.8	99.6	102.3	103.0	104.2	109.5
Beaumaris	5.64		10.8	8.9	8.0	7.5	6.1	5.6		23.7	26.7	30.6	31.5	38.9	52.2	55.5	65.2	94.0	96.7	97.4	98.6	103.9
Croesfryn	23.21	0.48	34.5	32.6	31.7	31.2	29.8	29.3	23.7		4.0	7.9	8.7	16.1	29.5	32.8	42.5	71.2	74.0	74.7	75.8	81.1
Benllech	3.11	0.38	37.5	35.6	34.7	34.2	32.8	32.3	26.7	4.0		4.7	5.5	12.9	26.3	29.6	39.3	68.0	70.7	71.4	72.6	77.9
Traeth Bychan	3.72	0.59	41.4	39.5	38.7	38.1	36.7	36.3	30.6	7.9	4.7		2.0	9.4	22.8	26.0	35.8	64.5	67.2	67.9	69.1	74.4
Moelfre	1.42		42.2	40.3	39.5	38.9	37.5	37.1	31.5	8.7	5.5	2.0		7.4	20.8	24.0	33.7	62.5	65.2	65.9	67.1	72.4
City Dulas	7.41		49.6	47.8	46.9	46.3	45.0	44.5	38.9	16.1	12.9	9.4	7.4		13.4	16.6	26.3	55.1	57.8	58.5	59.7	65.0
Amlwch	13.37		63.0	61.1	60.3	59.7	58.3	57.9	52.2	29.5	26.3	22.8	20.8	13.4		3.3	13.0	41.7	44.4	45.1	46.3	51.6
Bull Bay	3.25		66.3	64.4	63.5	63.0	61.6	61.1	55.5	32.8	29.6	26.0	24.0	16.6	3.3		9.7	38.5	41.2	41.9	43.1	48.4
Cemaes	9.71		76.0	74.1	73.2	72.7	71.3	70.8	65.2	42.5	39.3	35.8	33.7	26.3	13.0	9.7		28.8	31.5	32.2	33.4	38.7
Llanfachraeth	28.15	0.60	104.7	102.8	102.0	101.4	100.0	99.6	94.0	71.2	68.0	64.5	62.5	55.1	41.7	38.5	28.8		3.9	4.6	5.8	11.1
Gorad Road	3.01	0.32	107.4	105.6	104.7	104.1	102.8	102.3	96.7	74.0	70.7	67.2	65.2	57.8	44.4	41.2	31.5	3.9		1.3	2.5	7.8
Valley	1.02		108.1	106.3	105.4	104.8	103.5	103.0	97.4	74.7	71.4	67.9	65.9	58.5	45.1	41.9	32.2	4.6	1.3		1.2	6.5
Beddmanarch Bay	1.18		109.3	107.4	106.6	106.0	104.6	104.2	98.6	75.8	72.6	69.1	67.1	59.7	46.3	43.1	33.4	5.8	2.5	1.2		5.3
Holyhead	5.29		114.6	112.7	111.9	111.3	109.9	109.5	103.9	81.1	77.9	74.4	72.4	65.0	51.6	48.4	38.7	11.1	7.8	6.5	5.3	

© 2024 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
22 — Beaumaris To Llanfairpwllgwyngyll

km	km on route	km to stop if >200m	Beaumaris	Croesfryn	Benllech	Traeth Bychan	Moelfre	City Dulas	Amlwch	Bull Bay	Cemaes	Llanfachraeth	Gorad Road	**Valley**	Beddmanarch Bay	**Holyhead**	Trearrdur	**Four Mile Bridge**	**Warren Road**	Rhosneigr	Aberffraw	**Llangadwaladr**	Hermon	Malltraeth	Newborough	Llanidan	**Llanfairpwllgwyngyll**
Beaumaris				23.7	26.7	30.6	31.5	38.9	52.2	55.5	65.2	94.0	96.7	97.4	98.6	103.9	122.8	136.9	147.0	147.7	158.7	162.4	163.0	165.3	178.2	188.5	195.9
Croesfryn	23.21	0.48	23.7		4.0	7.9	8.7	16.1	29.5	32.8	42.5	71.2	74.0	74.7	75.8	81.1	100.1	114.2	124.2	124.9	135.9	139.7	140.2	142.5	155.5	165.8	173.2
Benllech	3.11	0.38	26.7	4.0		4.7	5.5	12.9	26.3	29.6	39.3	68.0	70.7	71.4	72.6	77.9	96.9	111.0	121.0	121.7	132.7	136.5	137.0	139.3	152.3	162.6	170.0
Traeth Bychan	3.72	0.59	30.6	7.9	4.7		2.0	9.4	22.8	26.0	35.8	64.5	67.2	67.9	69.1	74.4	93.4	107.5	117.5	118.2	129.2	133.0	133.5	135.8	148.7	159.1	166.5
Moelfre	1.42		31.5	8.7	5.5	2.0		7.4	20.8	24.0	33.7	62.5	65.2	65.9	67.1	72.4	91.4	105.4	115.5	116.2	127.2	131.0	131.5	133.8	146.7	157.0	164.4
City Dulas	7.41		38.9	16.1	12.9	9.4	7.4		13.4	16.6	26.3	55.1	57.8	58.5	59.7	65.0	84.0	98.0	108.1	108.8	119.8	123.6	124.1	126.4	139.3	149.6	157.0
Amlwch	13.37		52.2	29.5	26.3	22.8	20.8	13.4		3.3	13.0	41.7	44.4	45.1	46.3	51.6	70.6	84.7	94.7	95.4	106.4	110.2	110.7	113.0	126.0	136.3	143.7
Bull Bay	3.25		55.5	32.8	29.6	26.0	24.0	16.6	3.3		9.7	38.5	41.2	41.9	43.1	48.4	67.3	81.4	91.5	92.2	103.2	106.9	107.5	109.8	122.7	133.0	140.4
Cemaes	9.71		65.2	42.5	39.3	35.8	33.7	26.3	13.0	9.7		28.8	31.5	32.2	33.4	38.7	57.6	71.7	81.8	82.5	93.5	97.2	97.8	100.1	113.0	123.3	130.7
Llanfachraeth	28.15	0.60	94.0	71.2	68.0	64.5	62.5	55.1	41.7	38.5	28.8		3.9	4.6	5.8	11.1	30.1	44.2	54.2	54.9	65.9	69.7	70.2	72.5	85.4	95.8	103.2
Gorad Road	3.01	0.32	96.7	74.0	70.7	67.2	65.2	57.8	44.4	41.2	31.5	3.9		1.3	2.5	7.8	26.8	40.9	50.9	51.6	62.6	66.4	66.9	69.2	82.2	92.5	99.9
Valley	1.02		97.4	74.7	71.4	67.9	65.9	58.5	45.1	41.9	32.2	4.6	1.3		1.2	6.5	25.5	39.5	49.6	50.3	61.3	65.1	65.6	67.9	80.8	91.1	98.5
Beddmanarch Bay	1.18		98.6	75.8	72.6	69.1	67.1	59.7	46.3	43.1	33.4	5.8	2.5	1.2		5.3	24.3	38.3	48.4	49.1	60.1	63.9	64.4	66.7	79.6	89.9	97.3
Holyhead	5.29		103.9	81.1	77.9	74.4	72.4	65.0	51.6	48.4	38.7	11.1	7.8	6.5	5.3		19.0	33.1	43.1	43.8	54.8	58.6	59.1	61.4	74.3	84.7	92.1
Trearrdur	18.98		122.8	100.1	96.9	93.4	91.4	84.0	70.6	67.3	57.6	30.1	26.8	25.5	24.3	19.0		14.1	24.1	24.8	35.8	39.6	40.1	42.4	55.4	65.7	73.1
Four Mile Bridge	14.07		136.9	114.2	111.0	107.5	105.4	98.0	84.7	81.4	71.7	44.2	40.9	39.5	38.3	33.1	14.1		10.1	10.8	21.8	25.5	26.1	28.4	41.3	51.6	59.0
Warren Road	10.06		147.0	124.2	121.0	117.5	115.5	108.1	94.7	91.5	81.8	54.2	50.9	49.6	48.4	43.1	24.1	10.1		0.7	11.7	15.5	16.0	18.3	31.2	41.5	48.9
Rhosneigr	0.69		147.7	124.9	121.7	118.2	116.2	108.8	95.4	92.2	82.5	54.9	51.6	50.3	49.1	43.8	24.8	10.8	0.7		11.0	14.8	15.3	17.6	30.5	40.9	48.3
Aberffraw	11.00		158.7	135.9	132.7	129.2	127.2	119.8	106.4	103.2	93.5	65.9	62.6	61.3	60.1	54.8	35.8	21.8	11.7	11.0		3.8	4.3	6.6	19.5	29.9	37.3
Llangadwaladr	3.78		162.4	139.7	136.5	133.0	131.0	123.6	110.2	106.9	97.2	69.7	66.4	65.1	63.9	58.6	39.6	25.5	15.5	14.8	3.8		0.5	2.8	15.8	26.1	33.5
Hermon	0.54		163.0	140.2	137.0	133.5	131.5	124.1	110.7	107.5	97.8	70.2	66.9	65.6	64.4	59.1	40.1	26.1	16.0	15.3	4.3	0.5		2.3	15.2	25.5	32.9
Malltraeth	2.28		165.3	142.5	139.3	135.8	133.8	126.4	113.0	109.8	100.1	72.5	69.2	67.9	66.7	61.4	42.4	28.4	18.3	17.6	6.6	2.8	2.3		12.9	23.3	30.7
Newborough	12.94		178.2	155.5	152.3	148.7	146.7	139.3	126.0	122.7	113.0	85.4	82.2	80.8	79.6	74.3	55.4	41.3	31.2	30.5	19.5	15.8	15.2	12.9		10.3	17.7
Llanidan	9.42	0.89	188.5	165.8	162.6	159.1	157.0	149.6	136.3	133.0	123.3	95.8	92.5	91.1	89.9	84.7	65.7	51.6	41.5	40.9	29.9	26.1	25.5	23.3	10.3		9.2
Llanfairpwllgwyngyll	7.80	0.49	195.9	173.2	170.0	166.5	164.4	157.0	143.7	140.4	130.7	103.2	99.9	98.5	97.3	92.1	73.1	59.0	48.9	48.3	37.3	33.5	32.9	30.7	17.7	9.2	

© 2022 GreenWalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
23 — Holyhead to Caernarfon

km	km on route	km to stop if >200m	**Holyhead**	Trearrdur	**Four Mile Bridge**	**Warren Road**	Rhosneigr	Aberffraw	**Llangadwaladr**	Hermon	Malltraeth	Newborough	Llanidan	**Llanfairpwllgwyngyll**	Gwesty Carreg Bran	Menai Bridge	**Mainland Tower**	Y Felinheli	Dinas Rowen	Plas Menai	Plas Brereton	Ffordd y Gogledd	Caernarfon
Holyhead				19.0	33.1	43.1	43.8	54.8	58.6	59.1	61.4	74.3	84.7	92.1	95.0	96.0	96.5	102.7	103.9	104.8	106.5	107.7	109.2
Trearrdur	18.98		19.0		14.1	24.1	24.8	35.8	39.6	40.1	42.4	55.4	65.7	73.1	76.1	77.0	77.5	83.7	84.9	85.8	87.6	88.8	90.2
Four Mile Bridge	14.07		33.1	14.1		10.1	10.8	21.8	25.5	26.1	28.4	41.3	51.6	59.0	62.0	62.9	63.4	69.7	70.8	71.7	73.5	74.7	76.1
Warren Road	10.06		43.1	24.1	10.1		0.7	11.7	15.5	16.0	18.3	31.2	41.5	48.9	51.9	52.9	53.4	59.6	60.8	61.6	63.4	64.6	66.1
Rhosneigr	0.69		43.8	24.8	10.8	0.7		11.0	14.8	15.3	17.6	30.5	40.9	48.3	51.2	52.2	52.7	58.9	60.1	61.0	62.7	63.9	65.4
Aberffraw	11.00		54.8	35.8	21.8	11.7	11.0		3.8	4.3	6.6	19.5	29.9	37.3	40.2	41.2	41.7	47.9	49.1	50.0	51.7	52.9	54.4
Llangadwaladr	3.78		58.6	39.6	25.5	15.5	14.8	3.8		0.5	2.8	15.8	26.1	33.5	36.5	37.4	37.9	44.1	45.3	46.2	48.0	49.2	50.6
Hermon	0.54		59.1	40.1	26.1	16.0	15.3	4.3	0.5		2.3	15.2	25.5	32.9	35.9	36.9	37.3	43.6	44.8	45.6	47.4	48.6	50.1
Malltraeth	2.28		61.4	42.4	28.4	18.3	17.6	6.6	2.8	2.3		12.9	23.3	30.7	33.6	34.6	35.1	41.3	42.5	43.4	45.1	46.3	47.8
Newborough	12.94		74.3	55.4	41.3	31.2	30.5	19.5	15.8	15.2	12.9		10.3	17.7	20.7	21.7	22.1	28.4	29.5	30.4	32.2	33.4	34.9
Llanidan	9.42	0.89	84.7	65.7	51.6	41.5	40.9	29.9	26.1	25.5	23.3	10.3		9.2	12.2	13.1	13.6	19.8	21.0	21.9	23.7	24.9	26.3
Llanfairpwllgwyngyll	7.80	0.49	92.1	73.1	59.0	48.9	48.3	37.3	33.5	32.9	30.7	17.7	9.2		4.0	4.9	5.4	11.6	12.8	13.7	15.5	16.7	18.1
Gwesty Carreg Bran	3.47		95.0	76.1	62.0	51.9	51.2	40.2	36.5	35.9	33.6	20.7	12.2	4.0		1.0	1.4	7.7	8.8	9.7	11.5	12.7	14.2
Menai Bridge	0.96		96.0	77.0	62.9	52.9	52.2	41.2	37.4	36.9	34.6	21.7	13.1	4.9	1.0		0.5	6.7	7.9	8.8	10.6	11.7	13.2
Mainland Tower	0.47		96.5	77.5	63.4	53.4	52.7	41.7	37.9	37.3	35.1	22.1	13.6	5.4	1.4	0.5		6.3	7.4	8.3	10.1	11.3	12.7
Y Felinheli	6.25		102.7	83.7	69.7	59.6	58.9	47.9	44.1	43.6	41.3	28.4	19.8	11.6	7.7	6.7	6.3		1.2	2.0	3.8	5.0	6.5
Dinas Rowen	1.16		103.9	84.9	70.8	60.8	60.1	49.1	45.3	44.8	42.5	29.5	21.0	12.8	8.8	7.9	7.4	1.2		0.9	2.7	3.9	5.3
Plas Menai	0.88		104.8	85.8	71.7	61.6	61.0	50.0	46.2	45.6	43.4	30.4	21.9	13.7	9.7	8.8	8.3	2.0	0.9		1.8	3.0	4.4
Plas Brereton	1.79		106.5	87.6	73.5	63.4	62.7	51.7	48.0	47.4	45.1	32.2	23.7	15.5	11.5	10.6	10.1	3.8	2.7	1.8		1.2	2.6
Ffordd y Gogledd	1.19		107.7	88.8	74.7	64.6	63.9	52.9	49.2	48.6	46.3	33.4	24.9	16.7	12.7	11.7	11.3	5.0	3.9	3.0	1.2		1.5
Caernarfon	1.46		109.2	90.2	76.1	66.1	65.4	54.4	50.6	50.1	47.8	34.9	26.3	18.1	14.2	13.2	12.7	6.5	5.3	4.4	2.6	1.5	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
24 — Llanfairpwllgwyngyll to Nefyn

km	km on route	km to stop if >200m	**Llanfairpwllgwyngyll**	Gwesty Carreg Bran	Menai Bridge	**Mainland Tower**	Y Felinheli	Dinas Rowen	Plas Menai	Plas Brereton	Ffordd y Gogledd	Caernarfon	Saron	Llandwrog	Coed Pen-y-bythod	Ty Mawr	Pontllyfni	Aberdesach	Clynnog Fawr	Gyrn Goch	Tan-y-graig	Trefor	Sychnant	Mount Pleasant	Pistyll	Tir Bach	Nefyn
Llanfairpwllgwyngyll				3.5	4.4	4.9	11.2	12.3	13.2	15.0	16.2	17.6	24.5	32.1	33.3	34.4	36.2	37.7	39.6	41.4	43.7	45.0	48.1	51.9	56.8	57.8	60.6
Gwesty Carreg Bran	3.47		3.5		1.0	1.4	7.7	8.8	9.7	11.5	12.7	14.2	21.1	28.6	29.8	31.0	32.7	34.2	36.2	37.9	40.2	41.5	44.6	48.5	53.3	54.3	57.1
Menai Bridge	0.96		4.4	1.0		0.5	6.7	7.9	8.8	10.6	11.7	13.2	20.1	27.6	28.9	30.0	31.7	33.3	35.2	37.0	39.3	40.5	43.6	47.5	52.4	53.4	56.2
Mainland Tower	0.47		4.9	1.4	0.5		6.3	7.4	8.3	10.1	11.3	12.7	19.6	27.2	28.4	29.5	31.3	32.8	34.7	36.5	38.8	40.1	43.2	47.0	51.9	52.9	55.7
Y Felinheli	6.25		11.2	7.7	6.7	6.3		1.2	2.0	3.8	5.0	6.5	13.4	20.9	22.1	23.3	25.0	26.6	28.5	30.3	32.6	33.8	36.9	40.8	45.6	46.6	49.4
Dinas Rowen	1.16		12.3	8.8	7.9	7.4	1.2		0.9	2.7	3.9	5.3	12.2	19.7	21.0	22.1	23.8	25.4	27.3	29.1	31.4	32.7	35.8	39.6	44.5	45.5	48.3
Plas Menai	0.88		13.2	9.7	8.8	8.3	2.0	0.9		1.8	3.0	4.4	11.3	18.9	20.1	21.2	23.0	24.5	26.4	28.2	30.5	31.8	34.9	38.7	43.6	44.6	47.4
Plas Brereton	1.79		15.0	11.5	10.6	10.1	3.8	2.7	1.8		1.2	2.7	9.6	17.1	18.3	19.5	21.2	22.7	24.6	26.4	28.7	30.0	33.1	36.9	41.8	42.8	45.6
Ffordd y Gogledd	1.19		16.2	12.7	11.7	11.3	5.0	3.9	3.0	1.2		1.5	8.4	15.9	17.1	18.3	20.0	21.5	23.5	25.2	27.5	28.8	31.9	35.8	40.6	41.6	44.4
Caernarfon	1.46		17.6	14.2	13.2	12.7	6.5	5.3	4.4	2.7	1.5		6.9	14.4	15.7	16.8	18.5	20.1	22.0	23.8	26.1	27.3	30.4	34.3	39.2	40.2	43.0
Saron	6.90		24.5	21.1	20.1	19.6	13.4	12.2	11.3	9.6	8.4	6.9		7.5	8.7	9.9	11.6	13.2	15.1	16.9	19.2	20.4	23.5	27.4	32.3	33.3	36.1
Llandwrog	7.52		32.1	28.6	27.6	27.2	20.9	19.7	18.9	17.1	15.9	14.4	7.5		1.2	2.4	4.1	5.6	7.6	9.3	11.7	12.9	16.0	19.9	24.7	25.7	28.5
Coed Pen-y-bythod	1.23		33.3	29.8	28.9	28.4	22.1	21.0	20.1	18.3	17.1	15.7	8.7	1.2		1.2	2.9	4.4	6.3	8.1	10.4	11.7	14.8	18.6	23.5	24.5	27.3
Ty Mawr	1.15		34.4	31.0	30.0	29.5	23.3	22.1	21.2	19.5	18.3	16.8	9.9	2.4	1.2		1.7	3.3	5.2	7.0	9.3	10.5	13.6	17.5	22.4	23.4	26.2
Pontllyfni	1.72		36.2	32.7	31.7	31.3	25.0	23.8	23.0	21.2	20.0	18.5	11.6	4.1	2.9	1.7		1.6	3.5	5.3	7.6	8.8	11.9	15.8	20.6	21.6	24.4
Aberdesach	1.55		37.7	34.2	33.3	32.8	26.6	25.4	24.5	22.7	21.5	20.1	13.2	5.6	4.4	3.3	1.6		1.9	3.7	6.0	7.3	10.4	14.2	19.1	20.1	22.9
Clynnog Fawr	1.92		39.6	36.2	35.2	34.7	28.5	27.3	26.4	24.6	23.5	22.0	15.1	7.6	6.3	5.2	3.5	1.9		1.8	4.1	5.4	8.5	12.3	17.2	18.2	21.0
Gyrn Goch	1.78		41.4	37.9	37.0	36.5	30.3	29.1	28.2	26.4	25.2	23.8	16.9	9.3	8.1	7.0	5.3	3.7	1.8		2.3	3.6	6.7	10.5	15.4	16.4	19.2
Tan-y-graig	2.30		43.7	40.2	39.3	38.8	32.6	31.4	30.5	28.7	27.5	26.1	19.2	11.7	10.4	9.3	7.6	6.0	4.1	2.3		1.3	4.4	8.2	13.1	14.1	16.9
Trefor	1.27		45.0	41.5	40.5	40.1	33.8	32.7	31.8	30.0	28.8	27.3	20.4	12.9	11.7	10.5	8.8	7.3	5.4	3.6	1.3		3.1	7.0	11.8	12.8	15.6
Sychnant	2.68	0.42	48.1	44.6	43.6	43.2	36.9	35.8	34.9	33.1	31.9	30.4	23.5	16.0	14.8	13.6	11.9	10.4	8.5	6.7	4.4	3.1		4.7	9.6	10.6	13.4
Mount Pleasant	3.36	0.91	51.9	48.5	47.5	47.0	40.8	39.6	38.7	36.9	35.8	34.3	27.4	19.9	18.6	17.5	15.8	14.2	12.3	10.5	8.2	7.0	4.7		6.7	7.7	10.5
Pistyll	5.78		56.8	53.3	52.4	51.9	45.6	44.5	43.6	41.8	40.6	39.2	32.3	24.7	23.5	22.4	20.6	19.1	17.2	15.4	13.1	11.8	9.6	6.7		1.0	3.8
Tir Bach	0.99		57.8	54.3	53.4	52.9	46.6	45.5	44.6	42.8	41.6	40.2	33.3	25.7	24.5	23.4	21.6	20.1	18.2	16.4	14.1	12.8	10.6	7.7	1.0		2.8
Nefyn	2.81		60.6	57.1	56.2	55.7	49.4	48.3	47.4	45.6	44.4	43.0	36.1	28.5	27.3	26.2	24.4	22.9	21.0	19.2	16.9	15.6	13.4	10.5	3.8	2.8	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
25 — Caernarfon to Pwllheli

km	km on route	km to stop if >200m	Caernarfon	Saron	Llandwrog	Coed Pen-y-bythod	Ty Mawr	Pontllyfni	Aberdesach	Clynnog Fawr	Gyrn Goch	Tan-y-graig	Trefor	Sychnant	Mount Pleasant	Pistyll	Tir Bach	Nefyn	Morfa Nefyn	Towyn	Aberdaron	Abersoch	**Pwllheli**
Caernarfon				6.9	14.4	15.7	16.8	18.5	20.1	22.0	23.8	26.1	27.3	30.4	34.3	39.2	40.2	43.0	45.4	56.8	83.9	116.7	130.1
Saron	6.90		6.9		7.5	8.8	9.9	11.6	13.2	15.1	16.9	19.2	20.4	23.5	27.4	32.3	33.3	36.1	38.5	49.9	77.0	109.8	123.2
Llandwrog	7.52		14.4	7.5		1.2	2.4	4.1	5.7	7.6	9.4	11.7	12.9	16.0	19.9	24.7	25.7	28.5	31.0	42.4	69.5	102.3	115.7
Coed Pen-y-bythod	1.23		15.7	8.8	1.2		1.2	2.9	4.4	6.3	8.1	10.4	11.7	14.8	18.6	23.5	24.5	27.3	29.8	41.2	68.2	101.1	114.4
Ty Mawr	1.15		16.8	9.9	2.4	1.2		1.7	3.3	5.2	7.0	9.3	10.5	13.6	17.5	22.4	23.4	26.2	28.6	40.0	67.1	99.9	113.3
Pontllyfni	1.72		18.5	11.6	4.1	2.9	1.7		1.6	3.5	5.3	7.6	8.8	11.9	15.8	20.6	21.6	24.4	26.9	38.3	65.4	98.2	111.6
Aberdesach	1.55		20.1	13.2	5.7	4.4	3.3	1.6		1.9	3.7	6.0	7.3	10.4	14.2	19.1	20.1	22.9	25.4	36.7	63.8	96.7	110.0
Clynnog Fawr	1.92		22.0	15.1	7.6	6.3	5.2	3.5	1.9		1.8	4.1	5.4	8.5	12.3	17.2	18.2	21.0	23.5	34.8	61.9	94.8	108.1
Gyrn Goch	1.78		23.8	16.9	9.4	8.1	7.0	5.3	3.7	1.8		2.3	3.6	6.7	10.5	15.4	16.4	19.2	21.7	33.0	60.1	93.0	106.3
Tan-y-graig	2.30		26.1	19.2	11.7	10.4	9.3	7.6	6.0	4.1	2.3		1.3	4.4	8.2	13.1	14.1	16.9	19.4	30.7	57.8	90.7	104.0
Trefor	1.27		27.3	20.4	12.9	11.7	10.5	8.8	7.3	5.4	3.6	1.3		3.1	7.0	11.8	12.8	15.6	18.1	29.5	56.5	89.4	102.7
Sychnant	2.68	0.42	30.4	23.5	16.0	14.8	13.6	11.9	10.4	8.5	6.7	4.4	3.1		4.7	9.6	10.6	13.4	15.8	27.2	54.3	87.1	100.5
Mount Pleasant	3.36	0.91	34.3	27.4	19.9	18.6	17.5	15.8	14.2	12.3	10.5	8.2	7.0	4.7		6.7	7.7	10.5	13.0	24.3	51.4	84.3	97.6
Pistyll	5.78		39.2	32.3	24.7	23.5	22.4	20.6	19.1	17.2	15.4	13.1	11.8	9.6	6.7		1.0	3.8	6.3	17.7	44.7	77.6	90.9
Tir Bach	0.99		40.2	33.3	25.7	24.5	23.4	21.6	20.1	18.2	16.4	14.1	12.8	10.6	7.7	1.0		2.8	5.3	16.7	43.7	76.6	89.9
Nefyn	2.81		43.0	36.1	28.5	27.3	26.2	24.4	22.9	21.0	19.2	16.9	15.6	13.4	10.5	3.8	2.8		2.5	13.9	40.9	73.8	87.1
Morfa Nefyn	2.48		45.4	38.5	31.0	29.8	28.6	26.9	25.4	23.5	21.7	19.4	18.1	15.8	13.0	6.3	5.3	2.5		11.4	38.4	71.3	84.6
Towyn	10.17	1.20	56.8	49.9	42.4	41.2	40.0	38.3	36.7	34.8	33.0	30.7	29.5	27.2	24.3	17.7	16.7	13.9	11.4		29.5	62.3	75.7
Aberdaron	28.26		83.9	77.0	69.5	68.2	67.1	65.4	63.8	61.9	60.1	57.8	56.5	54.3	51.4	44.7	43.7	40.9	38.4	29.5		32.9	46.2
Abersoch	32.87		116.7	109.8	102.3	101.1	99.9	98.2	96.7	94.8	93.0	90.7	89.4	87.1	84.3	77.6	76.6	73.8	71.3	62.3	32.9		13.3
Pwllheli	13.34		130.1	123.2	115.7	114.4	113.3	111.6	110.0	108.1	106.3	104.0	102.7	100.5	97.6	90.9	89.9	87.1	84.6	75.7	46.2	13.3	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
26 — Nefyn to Llanbedr

km	km on route		km to stop if >200m	Nefyn	Morfa Nefyn	Towyn	Aberdaron	Abersoch	Pwllheli	Abererch (rail only)	Hafan y Môr	Afon Wen	Llanystumdwy	Criccieth	Maes y Mor	Porthmadog	Boston Lodge	Minffordd	Penrhyndeudraeth	Llandecwyn (rail only)	Trem-y-Garth	Talsarnau (rail only)	Ynys (rail only)	Harlech	Llandanwg (rail only)	Pensarn	Llanbedr
Nefyn					2.5	13.9	40.9	73.8	87.1	90.6	96.5	96.7	100.7	104.6	105.3	115.2	117.0	120.4	121.8	123.1	123.5	125.8	128.1	133.6	138.1	139.6	141.1
Morfa Nefyn	2.48	2.48		2.5		11.4	38.4	71.3	84.6	88.1	94.0	94.2	98.2	102.1	102.9	112.7	114.5	117.9	119.3	120.6	121.0	123.4	125.6	131.1	135.6	137.1	138.6
Towyn	10.17	12.65	1.20	13.9	11.4		29.5	62.3	75.7	79.2	85.0	85.2	89.3	93.1	93.9	103.8	105.6	108.9	110.4	111.6	112.0	114.4	116.6	122.2	126.6	128.2	129.7
Aberdaron	28.26	40.91		40.9	38.4	29.5		32.9	46.2	49.7	55.6	55.8	59.8	63.7	64.4	74.3	76.1	79.5	80.9	82.2	82.6	84.9	87.2	92.7	97.2	98.7	100.2
Abersoch	32.87	73.78		73.8	71.3	62.3	32.9		13.3	16.8	22.7	22.9	26.9	30.8	31.6	41.4	43.2	46.6	48.0	49.3	49.7	52.1	54.3	59.8	64.3	65.8	67.3
Pwllheli	13.34	87.12		87.1	84.6	75.7	46.2	13.3		3.5	9.3	9.5	13.6	17.5	18.2	28.1	29.9	33.3	34.7	36.0	36.4	38.7	40.9	46.5	51.0	52.5	54.0
Abererch (rail only)	3.49	90.61		90.6	88.1	79.2	49.7	16.8	3.5		5.8	6.1	10.1	14.0	14.7	24.6	26.4	29.8	31.2	32.5	32.9	35.2	37.5	43.0	47.5	49.0	50.5
Hafan y Môr	4.71	95.32	1.14	96.5	94.0	85.0	55.6	22.7	9.3	5.8		2.5	6.5	10.4	11.2	21.0	22.8	26.2	27.6	28.9	29.3	31.7	33.9	39.4	43.9	45.4	46.9
Afon Wen	1.34	96.66		96.7	94.2	85.2	55.8	22.9	9.5	6.1	2.5		4.0	7.9	8.7	18.6	20.3	23.7	25.1	26.4	26.8	29.2	31.4	36.9	41.4	43.0	44.4
Llanystumdwy	3.70	100.36	0.34	100.7	98.2	89.3	59.8	26.9	13.6	10.1	6.5	4.0		4.5	5.3	15.2	17.0	20.4	21.8	23.1	23.5	25.8	28.0	33.6	38.1	39.6	41.1
Criccieth	4.21	104.57		104.6	102.1	93.1	63.7	30.8	17.5	14.0	10.4	7.9	4.5		0.8	10.6	12.4	15.8	17.2	18.5	18.9	21.3	23.5	29.0	33.5	35.1	36.5
Maes y Mor	0.76	105.33		105.3	102.9	93.9	64.4	31.6	18.2	14.7	11.2	8.7	5.3	0.8		9.9	11.7	15.1	16.5	17.8	18.1	20.5	22.7	28.3	32.7	34.3	35.8
Porthmadog	9.88	115.21		115.2	112.7	103.8	74.3	41.4	28.1	24.6	21.0	18.6	15.2	10.6	9.9		1.8	5.2	6.6	7.9	8.3	10.6	12.9	18.4	22.9	24.4	25.9
Boston Lodge	1.79	117.00		117.0	114.5	105.6	76.1	43.2	29.9	26.4	22.8	20.3	17.0	12.4	11.7	1.8		3.4	4.8	6.1	6.5	8.8	11.1	16.6	21.1	22.6	24.1
Minffordd	3.38	120.38		120.4	117.9	108.9	79.5	46.6	33.3	29.8	26.2	23.7	20.4	15.8	15.1	5.2	3.4		1.4	2.7	3.1	5.5	7.7	13.2	17.7	19.2	20.7
Penrhyndeudraeth	1.42	121.80		121.8	119.3	110.4	80.9	48.0	34.7	31.2	27.6	25.1	21.8	17.2	16.5	6.6	4.8	1.4		1.3	1.7	4.0	6.3	11.8	16.3	17.8	19.3
Llandecwyn (rail only)	1.28	123.08		123.1	120.6	111.6	82.2	49.3	36.0	32.5	28.9	26.4	23.1	18.5	17.8	7.9	6.1	2.7	1.3		0.4	2.8	5.0	10.5	15.0	16.5	18.0
Trem-y-Garth	0.39	123.47		123.5	121.0	112.0	82.6	49.7	36.4	32.9	29.3	26.8	23.5	18.9	18.1	8.3	6.5	3.1	1.7	0.4		2.4	4.6	10.1	14.6	16.2	17.6
Talsarnau (rail only)	2.02	125.49	0.34	125.8	123.4	114.4	84.9	52.1	38.7	35.2	31.7	29.2	25.8	21.3	20.5	10.6	8.8	5.5	4.0	2.8	2.4		2.9	8.5	12.9	14.5	16.0
Ynys (rail only)	1.73	127.22	0.84	128.1	125.6	116.6	87.2	54.3	40.9	37.5	33.9	31.4	28.0	23.5	22.7	12.9	11.1	7.7	6.3	5.0	4.6	2.9		7.2	11.7	13.2	14.7
Harlech	6.38	133.60		133.6	131.1	122.2	92.7	59.8	46.5	43.0	39.4	36.9	33.6	29.0	28.3	18.4	16.6	13.2	11.8	10.5	10.1	8.5	7.2		4.5	6.0	7.5
Llandanwg (rail only)	4.47	138.07		138.1	135.6	126.6	97.2	64.3	51.0	47.5	43.9	41.4	38.1	33.5	32.7	22.9	21.1	17.7	16.3	15.0	14.6	12.9	11.7	4.5		1.6	3.0
Pensarn	1.55	139.62		139.6	137.1	128.2	98.7	65.8	52.5	49.0	45.4	43.0	39.6	35.1	34.3	24.4	22.6	19.2	17.8	16.5	16.2	14.5	13.2	6.0	1.6		1.5
Llanbedr	1.48	141.10		141.1	138.6	129.7	100.2	67.3	54.0	50.5	46.9	44.4	41.1	36.5	35.8	25.9	24.1	20.7	19.3	18.0	17.6	16.0	14.7	7.5	3.0	1.5	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
27 — Pwllheli to Barmouth

km	km on route	km to stop if >200m	Pwllheli	Abererch (rail only)	Hafan y Môr	Afon Wen	Llanystumdwy	Criccieth	Maes y Mor	Porthmadog	Boston Lodge	Minffordd	Penrhyndeudraeth	Trem-y-Garth	Talsarnau (rail only)	Ynys (rail only)	Harlech	Llandanwg (rail only)	Pensarn	Llanbedr	Tyddyn Goronwy (rail only)	Llanaber (rail only)	Barmouth
Pwllheli				3.5	9.3	9.5	13.6	17.5	18.2	28.1	29.9	33.3	34.7	36.4	38.4	40.4	47.3	51.0	52.5	54.0	65.2	69.0	71.9
Abererch (rail only)	3.49		3.5		5.9	6.1	10.1	14.0	14.7	24.6	26.4	29.8	31.2	32.9	34.9	37.0	43.8	47.5	49.0	50.5	61.8	65.5	68.4
Hafan y Môr	4.71	1.14	9.3	5.9		2.5	6.5	10.4	11.2	21.0	22.8	26.2	27.6	29.3	31.3	33.4	40.3	43.9	45.4	46.9	58.2	62.0	64.8
Afon Wen	1.34		9.5	6.1	2.5		4.0	7.9	8.7	18.6	20.3	23.7	25.1	26.8	28.8	30.9	37.8	41.4	43.0	44.4	55.7	59.5	62.3
Llanystumdwy	3.70	0.34	13.6	10.1	6.5	4.0		4.6	5.3	15.2	17.0	20.4	21.8	23.5	25.5	27.5	34.4	38.1	39.6	41.1	52.3	56.1	59.0
Criccieth	4.21		17.5	14.0	10.4	7.9	4.6		0.8	10.6	12.4	15.8	17.2	18.9	20.9	23.0	29.9	33.5	35.1	36.5	47.8	51.6	54.4
Maes y Mor	0.76		18.2	14.7	11.2	8.7	5.3	0.8		9.9	11.7	15.1	16.5	18.1	20.2	22.2	29.1	32.7	34.3	35.8	47.0	50.8	53.7
Porthmadog	9.88		28.1	24.6	21.0	18.6	15.2	10.6	9.9		1.8	5.2	6.6	8.3	10.3	12.4	19.2	22.9	24.4	25.9	37.2	40.9	43.8
Boston Lodge	1.79		29.9	26.4	22.8	20.3	17.0	12.4	11.7	1.8		3.4	4.8	6.5	8.5	10.6	17.4	21.1	22.6	24.1	35.4	39.1	42.0
Minffordd	3.38		33.3	29.8	26.2	23.7	20.4	15.8	15.1	5.2	3.4		1.4	3.1	5.1	7.2	14.1	17.7	19.2	20.7	32.0	35.8	38.6
Penrhyndeudraeth	1.42		34.7	31.2	27.6	25.1	21.8	17.2	16.5	6.6	4.8	1.4		1.7	3.7	5.8	12.6	16.3	17.8	19.3	30.6	34.3	37.2
Trem-y-Garth	1.67		36.4	32.9	29.3	26.8	23.5	18.9	18.1	8.3	6.5	3.1	1.7		2.0	4.1	11.0	14.6	16.2	17.6	28.9	32.7	35.5
Talsarnau (rail only)	2.02		38.4	34.9	31.3	28.8	25.5	20.9	20.2	10.3	8.5	5.1	3.7	2.0		2.1	9.0	12.6	14.1	15.6	26.9	30.7	33.5
Ynys (rail only)	1.73	0.34	40.4	37.0	33.4	30.9	27.5	23.0	22.2	12.4	10.6	7.2	5.8	4.1	2.1		7.6	11.2	12.7	14.2	25.5	29.3	32.1
Harlech	6.38	0.84	47.3	43.8	40.3	37.8	34.4	29.9	29.1	19.2	17.4	14.1	12.6	11.0	9.0	7.6		5.3	6.9	8.3	19.6	23.4	26.2
Llandanwg (rail only)	4.47		51.0	47.5	43.9	41.4	38.1	33.5	32.7	22.9	21.1	17.7	16.3	14.6	12.6	11.2	5.3		1.6	3.0	14.3	18.1	20.9
Pensarn	1.55		52.5	49.0	45.4	43.0	39.6	35.1	34.3	24.4	22.6	19.2	17.8	16.2	14.1	12.7	6.9	1.6		1.5	12.7	16.5	19.4
Llanbedr	1.48		54.0	50.5	46.9	44.4	41.1	36.5	35.8	25.9	24.1	20.7	19.3	17.6	15.6	14.2	8.3	3.0	1.5		11.3	15.0	17.9
Tyddyn Goronwy (rail only)	11.04	0.22	65.2	61.8	58.2	55.7	52.3	47.8	47.0	37.2	35.4	32.0	30.6	28.9	26.9	25.5	19.6	14.3	12.7	11.3		4.2	7.1
Llanaber (rail only)	4.00		69.0	65.5	62.0	59.5	56.1	51.6	50.8	40.9	39.1	35.8	34.3	32.7	30.7	29.3	23.4	18.1	16.5	15.0	4.2		2.8
Barmouth	2.85		71.9	68.4	64.8	62.3	59.0	54.4	53.7	43.8	42.0	38.6	37.2	35.5	33.5	32.1	26.2	20.9	19.4	17.9	7.1	2.8	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
28 — Penrhyndeudraeth to Aberystwyth

km	km on route	km to stop if >200m	Penrhyndeudraeth	Trem-y-Garth	Talsarnau (rail only)	Ynys (rail only)	Harlech	Llandanwg (rail only)	Pensarn	Llanbedr	Tyddyn Goronwy (rail only)	Llanaber (rail only)	Barmouth	Morfa Mawddach (rail only)	Fairbourne (rail only)	Llwyngwril (rail only)	Tonfanau (rail only)	Tywyn (rail only)	Aberdyfi	Pennal	Machynlleth	Tre'r-ddòl	Tre Taliesin	Borth	Lifeboat station	Aberystwyth
Penrhyndeudraeth				1.7	3.7	5.8	12.6	16.3	17.8	19.3	30.6	34.3	37.2	39.8	41.7	50.6	58.8	63.4	69.8	81.3	88.5	105.2	106.1	112.2	113.2	121.8
Trem-y-Garth	1.67		1.7		2.0	4.1	11.0	14.6	16.2	17.6	28.9	32.7	35.5	38.1	40.0	49.0	57.1	61.7	68.1	79.6	86.8	103.5	104.4	110.6	111.5	120.1
Talsarnau (rail only)	2.02		3.7	2.0		2.1	9.0	12.6	14.1	15.6	26.9	30.7	33.5	36.1	38.0	46.9	55.1	59.7	66.1	77.6	84.8	101.5	102.4	108.5	109.5	118.1
Ynys (rail only)	1.73	0.34	5.8	4.1	2.1		7.6	11.2	12.7	14.2	25.5	29.3	32.1	34.7	36.6	45.5	53.7	58.3	64.7	76.2	83.4	100.1	101.0	107.2	108.1	116.7
Harlech	6.38	0.84	12.6	11.0	9.0	7.6		5.3	6.9	8.3	19.6	23.4	26.2	28.8	30.7	39.7	47.8	52.4	58.8	70.3	77.5	94.2	95.1	101.3	102.3	110.8
Llandanwg (rail only)	4.47		16.3	14.6	12.6	11.2	5.3		1.6	3.0	14.3	18.1	20.9	23.5	25.4	34.4	42.5	47.1	53.5	65.0	72.2	88.9	89.8	96.0	96.9	105.5
Pensarn	1.55		17.8	16.2	14.1	12.7	6.9	1.6		1.5	12.7	16.5	19.4	22.0	23.8	32.8	41.0	45.6	52.0	63.4	70.6	87.3	88.3	94.4	95.4	103.9
Llanbedr	1.48		19.3	17.6	15.6	14.2	8.3	3.0	1.5		11.3	15.0	17.9	20.5	22.4	31.3	39.5	44.1	50.5	62.0	69.2	85.9	86.8	92.9	93.9	102.5
Tyddyn Goronwy (rail only)	11.04	0.22	30.6	28.9	26.9	25.5	19.6	14.3	12.7	11.3		4.2	7.1	9.7	11.5	20.5	28.7	33.3	39.7	51.1	58.3	75.0	76.0	82.1	83.1	91.6
Llanaber (rail only)	4.00		34.3	32.7	30.7	29.3	23.4	18.1	16.5	15.0	4.2		2.9	5.4	7.3	16.3	24.5	29.1	35.4	46.9	54.1	70.8	71.8	77.9	78.9	87.4
Barmouth	2.85		37.2	35.5	33.5	32.1	26.2	20.9	19.4	17.9	7.1	2.9		2.6	4.5	13.4	21.6	26.2	32.6	44.1	51.3	68.0	68.9	75.0	76.0	84.6
Morfa Mawddach (rail only)	2.59		39.8	38.1	36.1	34.7	28.8	23.5	22.0	20.5	9.7	5.4	2.6		1.9	10.8	19.0	23.6	30.0	41.5	48.7	65.4	66.3	72.5	73.4	82.0
Fairbourne (rail only)	1.87		41.7	40.0	38.0	36.6	30.7	25.4	23.8	22.4	11.5	7.3	4.5	1.9		9.0	17.1	21.8	28.1	39.6	46.8	63.5	64.5	70.6	71.6	80.1
Llwyngwril (rail only)	8.97		50.6	49.0	46.9	45.5	39.7	34.4	32.8	31.3	20.5	16.3	13.4	10.8	9.0		8.2	12.8	19.2	30.6	37.8	54.5	55.5	61.6	62.6	71.1
Tonfanau (rail only)	8.17		58.8	57.1	55.1	53.7	47.8	42.5	41.0	39.5	28.7	24.5	21.6	19.0	17.1	8.2		4.6	11.0	22.5	29.7	46.4	47.3	53.4	54.4	63.0
Tywyn (rail only)	4.12	0.49	63.4	61.7	59.7	58.3	52.4	47.1	45.6	44.1	33.3	29.1	26.2	23.6	21.8	12.8	4.6		7.4	18.8	26.0	42.7	43.7	49.8	50.8	59.3
Aberdyfi	6.87		69.8	68.1	66.1	64.7	58.8	53.5	52.0	50.5	39.7	35.4	32.6	30.0	28.1	19.2	11.0	7.4		11.5	18.7	35.4	36.3	42.5	43.4	52.0
Pennal	11.47		81.3	79.6	77.6	76.2	70.3	65.0	63.4	62.0	51.1	46.9	44.1	41.5	39.6	30.6	22.5	18.8	11.5		7.2	23.9	24.9	31.0	32.0	40.5
Machynlleth	7.21		88.5	86.8	84.8	83.4	77.5	72.2	70.6	69.2	58.3	54.1	51.3	48.7	46.8	37.8	29.7	26.0	18.7	7.2		16.7	17.6	23.8	24.8	33.3
Tre'r-ddòl	16.70		105.2	103.5	101.5	100.1	94.2	88.9	87.3	85.9	75.0	70.8	68.0	65.4	63.5	54.5	46.4	42.7	35.4	23.9	16.7		0.9	7.1	8.1	16.6
Tre Taliesin	0.94		106.1	104.4	102.4	101.0	95.1	89.8	88.3	86.8	76.0	71.8	68.9	66.3	64.5	55.5	47.3	43.7	36.3	24.9	17.6	0.9		6.1	7.1	15.7
Borth	6.13		112.2	110.6	108.5	107.2	101.3	96.0	94.4	92.9	82.1	77.9	75.0	72.5	70.6	61.6	53.4	49.8	42.5	31.0	23.8	7.1	6.1		1.0	9.5
Lifeboat station	0.98		113.2	111.5	109.5	108.1	102.3	96.9	95.4	93.9	83.1	78.9	76.0	73.4	71.6	62.6	54.4	50.8	43.4	32.0	24.8	8.1	7.1	1.0		8.6
Aberystwyth	8.55		121.8	120.1	118.1	116.7	110.8	105.5	103.9	102.5	91.6	87.4	84.6	82.0	80.1	71.1	63.0	59.3	52.0	40.5	33.3	16.6	15.7	9.5	8.6	

© 2022greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
29 — Llwyngwril to Goodwick

km	km on route	km to stop if >200m	**Llwyngwril (rail only)**	**Tonfanau (rail only)**	**Tywyn (rail only)**	**Aberdyfi**	Pennal	**Machynlleth**	Tre'r-ddol	Tre Taliesin	**Borth**	Lifeboat station	**Aberystwyth**	Llanrhystud	Llansantffraed	Felinmor	Aberarth	Aberaeron	New Quay	Aberporth	Cardigan	Ceibwr Bay	Newport	Lower Town	Fishguard	**Goodwick**
Llwyngwril (rail only)				8.2	12.8	19.2	30.6	37.8	54.5	55.5	61.6	62.6	71.1	87.5	91.3	92.5	96.1	99.1	109.1	130.2	149.3	164.3	175.3	192.6	193.4	195.7
Tonfanau (rail only)	8.17		8.2		4.6	11.0	22.5	29.7	46.4	47.3	53.4	54.4	63.0	79.3	83.2	84.3	87.9	90.9	100.9	122.0	141.1	156.1	167.1	184.4	185.2	187.5
Tywyn (rail only)	4.12	0.49	12.8	4.6		7.4	18.8	26.0	42.7	43.7	49.8	50.8	59.3	75.7	79.5	80.7	84.3	87.3	97.3	118.4	137.5	152.5	163.5	180.8	181.6	183.9
Aberdyfi	6.87		19.2	11.0	7.4		11.5	18.7	35.4	36.3	42.5	43.4	52.0	68.3	72.2	73.3	76.9	80.0	89.9	111.1	130.1	145.1	156.1	173.4	174.2	176.5
Pennal	11.47		30.6	22.5	18.8	11.5		7.2	23.9	24.9	31.0	32.0	40.5	56.9	60.7	61.8	65.5	68.5	78.4	99.6	118.6	133.7	144.6	162.0	162.8	165.0
Machynlleth	7.21		37.8	29.7	26.0	18.7	7.2		16.7	17.6	23.8	24.8	33.3	49.7	53.5	54.6	58.3	61.3	71.2	92.4	111.4	126.4	137.4	154.7	155.6	157.8
Tre'r-ddol	16.70		54.5	46.4	42.7	35.4	23.9	16.7		0.9	7.1	8.1	16.6	33.0	36.8	37.9	41.6	44.6	54.5	75.7	94.7	109.7	120.7	138.0	138.9	141.1
Tre Taliesin	0.94		55.5	47.3	43.7	36.3	24.9	17.6	0.9		6.1	7.1	15.7	32.0	35.9	37.0	40.6	43.6	53.6	74.7	93.8	108.8	119.8	137.1	137.9	140.2
Borth	6.13		61.6	53.4	49.8	42.5	31.0	23.8	7.1	6.1		1.0	9.5	25.9	29.7	30.8	34.5	37.5	47.5	68.6	87.6	102.7	113.7	131.0	131.8	134.0
Lifeboat station	0.98		62.6	54.4	50.8	43.4	32.0	24.8	8.1	7.1	1.0		8.6	24.9	28.7	29.9	33.5	36.5	46.5	67.6	86.7	101.7	112.7	130.0	130.8	133.1
Aberystwyth	8.55		71.1	63.0	59.3	52.0	40.5	33.3	16.6	15.7	9.5	8.6		16.4	20.2	21.3	25.0	28.0	37.9	59.1	78.1	93.1	104.1	121.4	122.3	124.5
Llanrhystud	16.35		87.5	79.3	75.7	68.3	56.9	49.7	33.0	32.0	25.9	24.9	16.4		3.8	5.0	8.6	11.6	21.6	42.7	61.8	76.8	87.8	105.1	105.9	108.2
Llansantffraed	3.22	0.62	91.3	83.2	79.5	72.2	60.7	53.5	36.8	35.9	29.7	28.7	20.2	3.8		2.4	6.0	9.0	19.0	40.1	59.2	74.2	85.2	102.5	103.3	105.6
Felinmor	0.90	0.84	92.5	84.3	80.7	73.3	61.8	54.6	37.9	37.0	30.8	29.9	21.3	5.0	2.4		5.3	8.3	18.3	39.4	58.5	73.5	84.5	101.8	102.6	104.9
Aberarth	4.48		96.1	87.9	84.3	76.9	65.5	58.3	41.6	40.6	34.5	33.5	25.0	8.6	6.0	5.3		3.0	13.0	34.1	53.2	68.2	79.2	96.5	97.3	99.6
Aberaeron	3.02		99.1	90.9	87.3	80.0	68.5	61.3	44.6	43.6	37.5	36.5	28.0	11.6	9.0	8.3	3.0		10.0	31.1	50.1	65.2	76.2	93.5	94.3	96.5
New Quay	9.96		109.1	100.9	97.3	89.9	78.4	71.2	54.5	53.6	47.5	46.5	37.9	21.6	19.0	18.3	13.0	10.0		21.1	40.2	55.2	66.2	83.5	84.3	86.6
Aberporth	21.14		130.2	122.0	118.4	111.1	99.6	92.4	75.7	74.7	68.6	67.6	59.1	42.7	40.1	39.4	34.1	31.1	21.1		19.0	34.1	45.1	62.4	63.2	65.4
Cardigan	19.04		149.3	141.1	137.5	130.1	118.6	111.4	94.7	93.8	87.6	86.7	78.1	61.8	59.2	58.5	53.2	50.1	40.2	19.0		15.0	26.0	43.3	44.1	46.4
Ceibwr Bay	13.74	1.29	164.3	156.1	152.5	145.1	133.7	126.4	109.7	108.8	102.7	101.7	93.1	76.8	74.2	73.5	68.2	65.2	55.2	34.1	15.0		13.6	30.9	31.7	34.0
Newport	12.28		175.3	167.1	163.5	156.1	144.6	137.4	120.7	119.8	113.7	112.7	104.1	87.8	85.2	84.5	79.2	76.2	66.2	45.1	26.0	13.6		17.3	18.1	20.4
Lower Town	17.31		192.6	184.4	180.8	173.4	162.0	154.7	138.0	137.1	131.0	130.0	121.4	105.1	102.5	101.8	96.5	93.5	83.5	62.4	43.3	30.9	17.3		0.8	3.1
Fishguard	0.81		193.4	185.2	181.6	174.2	162.8	155.6	138.9	137.9	131.8	130.8	122.3	105.9	103.3	102.6	97.3	94.3	84.3	63.2	44.1	31.7	18.1	0.8		2.3
Goodwick	2.26		195.7	187.5	183.9	176.5	165.0	157.8	141.1	140.2	134.0	133.1	124.5	108.2	105.6	104.9	99.6	96.5	86.6	65.4	46.4	34.0	20.4	3.1	2.3	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
30 — Aberystwyth to Dale

km	km on route	km to stop if >200m	Aberystwyth	Llanrhystud	Llansantffraed	Felinmor	Aberarth	Aberaeron	New Quay	Aberporth	Cardigan	Ceibwr Bay	Newport	Lower Town	Fishguard	**Goodwick**	Trefin	Porthgain	Abereiddy	Whitesands Bay	St Justinian's	Porth-clais	Solva	Newgale	Broad Haven	Musselwick Sands	Dale
Aberystwyth				16.4	20.2	21.3	25.0	28.0	37.9	59.1	78.1	93.1	104.1	121.4	122.3	124.5	153.4	155.4	158.7	170.4	173.7	182.5	189.9	196.8	207.5	221.6	239.3
Llanrhystud	16.35		16.4		3.8	5.0	8.6	11.6	21.6	42.7	61.8	76.8	87.8	105.1	105.9	108.2	137.0	139.1	142.3	154.0	157.4	166.2	173.6	180.4	191.2	205.2	223.0
Llansantffraed	3.22	0.62	20.2	3.8		2.4	6.0	9.0	19.0	40.1	59.2	74.2	85.2	102.5	103.3	105.6	134.4	136.5	139.7	151.4	154.8	163.6	171.0	177.8	188.6	202.6	220.4
Felinmor	0.90	0.84	21.3	5.0	2.4		5.3	8.3	18.3	39.4	58.5	73.5	84.5	101.8	102.6	104.9	133.7	135.8	139.1	150.7	154.1	162.9	170.3	177.1	187.9	202.0	219.7
Aberarth	4.48		25.0	8.6	6.0	5.3		3.0	13.0	34.1	53.2	68.2	79.2	96.5	97.3	99.6	128.4	130.5	133.7	145.4	148.8	157.6	165.0	171.8	182.6	196.6	214.4
Aberaeron	3.02		28.0	11.6	9.0	8.3	3.0		10.0	31.1	50.1	65.2	76.2	93.5	94.3	96.5	125.4	127.5	130.7	142.4	145.7	154.6	162.0	168.8	179.6	193.6	211.4
New Quay	9.96		37.9	21.6	19.0	18.3	13.0	10.0		21.1	40.2	55.2	66.2	83.5	84.3	86.6	115.4	117.5	120.8	132.4	135.8	144.6	152.0	158.8	169.6	183.7	201.4
Aberporth	21.14		59.1	42.7	40.1	39.4	34.1	31.1	21.1		19.0	34.1	45.1	62.4	63.2	65.4	94.3	96.4	99.6	111.3	114.6	123.5	130.9	137.7	148.5	162.5	180.3
Cardigan	19.04		78.1	61.8	59.2	58.5	53.2	50.1	40.2	19.0		15.0	26.0	43.3	44.1	46.4	75.3	77.3	80.6	92.3	95.6	104.4	111.8	118.6	129.4	143.5	161.2
Ceibwr Bay	13.74	1.29	93.1	76.8	74.2	73.5	68.2	65.2	55.2	34.1	15.0		13.6	30.9	31.7	34.0	62.8	64.9	68.1	79.8	83.1	92.0	99.4	106.2	117.0	131.0	148.8
Newport	12.28		104.1	87.8	85.2	84.5	79.2	76.2	66.2	45.1	26.0	13.6		17.3	18.1	20.4	49.2	51.3	54.6	66.2	69.6	78.4	85.8	92.6	103.4	117.5	135.2
Lower Town	17.31		121.4	105.1	102.5	101.8	96.5	93.5	83.5	62.4	43.3	30.9	17.3		0.8	3.1	31.9	34.0	37.3	48.9	52.3	61.1	68.5	75.3	86.1	100.2	117.9
Fishguard	0.81		122.3	105.9	103.3	102.6	97.3	94.3	84.3	63.2	44.1	31.7	18.1	0.8		2.3	31.1	33.2	36.4	48.1	51.5	60.3	67.7	74.5	85.3	99.3	117.1
Goodwick	2.26		124.5	108.2	105.6	104.9	99.6	96.5	86.6	65.4	46.4	34.0	20.4	3.1	2.3		28.9	30.9	34.2	45.9	49.2	58.0	65.4	72.2	83.0	97.1	114.8
Trefin	28.24	0.62	153.4	137.0	134.4	133.7	128.4	125.4	115.4	94.3	75.3	62.8	49.2	31.9	31.1	28.9		3.3	6.6	18.2	21.6	30.4	37.8	44.6	55.4	69.5	87.2
Porthgain	2.67		155.4	139.1	136.5	135.8	130.5	127.5	117.5	96.4	77.3	64.9	51.3	34.0	33.2	30.9	3.3		3.3	15.0	18.3	27.1	34.5	41.3	52.1	66.2	83.9
Abereiddy	3.27		158.7	142.3	139.7	139.1	133.7	130.7	120.8	99.6	80.6	68.1	54.6	37.3	36.4	34.2	6.6	3.3		11.7	15.0	23.8	31.3	38.1	48.8	62.9	80.7
Whitesands Bay	11.68		170.4	154.0	151.4	150.7	145.4	142.4	132.4	111.3	92.3	79.8	66.2	48.9	48.1	45.9	18.2	15.0	11.7		3.3	12.2	19.6	26.4	37.2	51.2	69.0
St Justinian's	3.33		173.7	157.4	154.8	154.1	148.8	145.7	135.8	114.6	95.6	83.1	69.6	52.3	51.5	49.2	21.6	18.3	15.0	3.3		8.8	16.2	23.1	33.8	47.9	65.6
Porth-clais	6.90	1.92	182.5	166.2	163.6	162.9	157.6	154.6	144.6	123.5	104.4	92.0	78.4	61.1	60.3	58.0	30.4	27.1	23.8	12.2	8.8		11.3	18.1	28.9	42.9	60.7
Solva	9.34		189.9	173.6	171.0	170.3	165.0	162.0	152.0	130.9	111.8	99.4	85.8	68.5	67.7	65.4	37.8	34.5	31.3	19.6	16.2	11.3		6.8	17.6	31.7	49.4
Newgale	6.81		196.8	180.4	177.8	177.1	171.8	168.8	158.8	137.7	118.6	106.2	92.6	75.3	74.5	72.2	44.6	41.3	38.1	26.4	23.1	18.1	6.8		10.8	24.8	42.6
Broad Haven	10.78		207.5	191.2	188.6	187.9	182.6	179.6	169.6	148.5	129.4	117.0	103.4	86.1	85.3	83.0	55.4	52.1	48.8	37.2	33.8	28.9	17.6	10.8		14.1	31.8
Musselwick Sands	12.89	1.17	221.6	205.2	202.6	202.0	196.6	193.6	183.7	162.5	143.5	131.0	117.5	100.2	99.3	97.1	69.5	66.2	62.9	51.2	47.9	42.9	31.7	24.8	14.1		20.1
Dale	18.92		239.3	223.0	220.4	219.7	214.4	211.4	201.4	180.3	161.2	148.8	135.2	117.9	117.1	114.8	87.2	83.9	80.7	69.0	65.6	60.7	49.4	42.6	31.8	20.1	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
31 — Fishguard to Amroth

km	km on route	km to stop if >200m	Fishguard	**Goodwick**	Trefin	Porthgain	Abereiddy	Whitesands Bay	St Justinian's	Porth-clais	Solva	Newgale	Broad Haven	Musselwick Sands	Dale	**Milford Haven**	Neyland	**Pembroke Dock**	Dockyard	**Pembroke**	**Freshwater East**	**Manorbier**	Lydstep	**Penally**	**Tenby**	Saundersfoot	Amroth
Fishguard				2.3	31.1	33.2	36.4	48.1	51.5	60.3	67.7	74.5	85.3	99.3	117.1	133.1	143.1	147.3	148.4	152.5	208.0	213.5	217.9	222.5	224.9	231.3	235.1
Goodwick	2.26		2.3		28.9	30.9	34.2	45.9	49.2	58.0	65.4	72.2	83.0	97.1	114.8	130.8	140.8	145.1	146.1	150.2	205.8	211.2	215.7	220.2	222.7	229.0	232.9
Trefin	28.24	0.62	31.1	28.9		3.3	6.6	18.2	21.6	30.4	37.8	44.6	55.4	69.5	87.2	103.2	113.2	117.5	118.5	122.6	178.1	183.6	188.0	192.6	195.1	201.4	205.2
Porthgain	2.67		33.2	30.9	3.3		3.3	15.0	18.3	27.1	34.5	41.3	52.1	66.2	83.9	99.9	109.9	114.2	115.2	119.3	174.8	180.3	184.7	189.3	191.8	198.1	202.0
Abereiddy	3.27		36.4	34.2	6.6	3.3		11.7	15.0	23.8	31.3	38.1	48.8	62.9	80.7	96.7	106.6	110.9	111.9	116.1	171.6	177.0	181.5	186.1	188.5	194.9	198.7
Whitesands Bay	11.68		48.1	45.9	18.2	15.0	11.7		3.3	12.2	19.6	26.4	37.2	51.2	69.0	85.0	94.9	99.2	100.3	104.4	159.9	165.4	169.8	174.4	176.8	183.2	187.0
St Justinian's	3.33		51.5	49.2	21.6	18.3	15.0	3.3		8.8	16.2	23.1	33.8	47.9	65.6	81.6	91.6	95.9	96.9	101.1	156.6	162.0	166.5	171.0	173.5	179.9	183.7
Porth-clais	6.90	1.92	60.3	58.0	30.4	27.1	23.8	12.2	8.8		11.3	18.1	28.9	42.9	60.7	76.7	86.6	90.9	92.0	96.1	151.6	157.0	161.5	166.1	168.5	174.9	178.7
Solva	9.34		67.7	65.4	37.8	34.5	31.3	19.6	16.2	11.3		6.8	17.6	31.7	49.4	65.4	75.4	79.7	80.7	84.8	140.3	145.8	150.2	154.8	157.2	163.6	167.4
Newgale	6.81		74.5	72.2	44.6	41.3	38.1	26.4	23.1	18.1	6.8		10.8	24.8	42.6	58.6	68.6	72.8	73.9	78.0	133.5	139.0	143.4	148.0	150.4	156.8	160.6
Broad Haven	10.78		85.3	83.0	55.4	52.1	48.8	37.2	33.8	28.9	17.6	10.8		14.1	31.8	47.8	57.8	62.1	63.1	67.2	122.7	128.2	132.6	137.2	139.7	146.0	149.8
Musselwick Sands	12.89	1.17	99.3	97.1	69.5	66.2	62.9	51.2	47.9	42.9	31.7	24.8	14.1		20.1	36.1	46.1	50.3	51.4	55.5	111.0	116.5	120.9	125.5	127.9	134.3	138.1
Dale	18.92		117.1	114.8	87.2	83.9	80.7	69.0	65.6	60.7	49.4	42.6	31.8	20.1		16.0	26.0	30.3	31.3	35.4	90.9	96.4	100.8	105.4	107.8	114.2	118.0
Milford Haven	16.00		133.1	130.8	103.2	99.9	96.7	85.0	81.6	76.7	65.4	58.6	47.8	36.1	16.0		10.0	14.3	15.3	19.4	74.9	80.4	84.8	89.4	91.8	98.2	102.0
Neyland	9.97		143.1	140.8	113.2	109.9	106.6	94.9	91.6	86.6	75.4	68.6	57.8	46.1	26.0	10.0		4.3	5.3	9.4	65.0	70.4	74.9	79.4	81.9	88.2	92.1
Pembroke Dock	4.28		147.3	145.1	117.5	114.2	110.9	99.2	95.9	90.9	79.7	72.8	62.1	50.3	30.3	14.3	4.3		1.0	5.2	60.7	66.1	70.6	75.2	77.6	84.0	87.8
Dockyard	1.04		148.4	146.1	118.5	115.2	111.9	100.3	96.9	92.0	80.7	73.9	63.1	51.4	31.3	15.3	5.3	1.0		4.1	59.6	65.1	69.5	74.1	76.6	82.9	86.7
Pembroke	4.12		152.5	150.2	122.6	119.3	116.1	104.4	101.1	96.1	84.8	78.0	67.2	55.5	35.4	19.4	9.4	5.2	4.1		55.5	61.0	65.4	70.0	72.4	78.8	82.6
Freshwater East	55.51		208.0	205.8	178.1	174.8	171.6	159.9	156.6	151.6	140.3	133.5	122.7	111.0	90.9	74.9	65.0	60.7	59.6	55.5		5.5	9.9	14.5	16.9	23.3	27.1
Manorbier	4.95	0.51	213.5	211.2	183.6	180.3	177.0	165.4	162.0	157.0	145.8	139.0	128.2	116.5	96.4	80.4	70.4	66.1	65.1	61.0	5.5		5.5	10.0	12.5	18.9	22.7
Lydstep	4.42	0.53	217.9	215.7	188.0	184.7	181.5	169.8	166.5	161.5	150.2	143.4	132.6	120.9	100.8	84.8	74.9	70.6	69.5	65.4	9.9	5.5		5.6	8.1	14.5	18.3
Penally	5.11		222.5	220.2	192.6	189.3	186.1	174.4	171.0	166.1	154.8	148.0	137.2	125.5	105.4	89.4	79.4	75.2	74.1	70.0	14.5	10.0	5.6		2.4	8.8	12.6
Tenby	2.44		224.9	222.7	195.1	191.8	188.5	176.8	173.5	168.5	157.2	150.4	139.7	127.9	107.8	91.8	81.9	77.6	76.6	72.4	16.9	12.5	8.1	2.4		6.4	10.2
Saundersfoot	6.37		231.3	229.0	201.4	198.1	194.9	183.2	179.9	174.9	163.6	156.8	146.0	134.3	114.2	98.2	88.2	84.0	82.9	78.8	23.3	18.9	14.5	8.8	6.4		3.8
Amroth	3.82		235.1	232.9	205.2	202.0	198.7	187.0	183.7	178.7	167.4	160.6	149.8	138.1	118.0	102.0	92.1	87.8	86.7	82.6	27.1	22.7	18.3	12.6	10.2	3.8	

© 2022greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
32 — Milford Haven to Llanelli

km	km on route	km to stop if >200m	Milford Haven	Neyland	Pembroke Dock	Dockyard	Pembroke	Freshwater East	Manorbier	Lydstep	Penally	Tenby	Saundersfoot	Amroth	Pendine	Laugharne	St Clears	Llansteffan	Llangain	Carmarthen	Ferryside	Kidwelly	Kidwelly station	Burry Port	Pwll	Sandy Water Park	Llanelli
Milford Haven				10.0	14.3	15.3	19.4	74.9	80.4	84.8	89.4	91.8	98.2	102.0	110.6	119.7	127.6	145.9	152.0	160.0	173.6	181.0	181.7	198.2	201.5	203.1	204.6
Neyland	9.97		10.0		4.3	5.3	9.4	65.0	70.4	74.9	79.4	81.9	88.2	92.1	100.7	109.7	117.6	136.0	142.0	150.1	163.7	171.0	171.7	188.2	191.5	193.2	194.6
Pembroke Dock	4.28		14.3	4.3		1.0	5.2	60.7	66.1	70.6	75.2	77.6	84.0	87.8	96.4	105.5	113.3	131.7	137.7	145.8	159.4	166.7	167.5	183.9	187.3	188.9	190.3
Dockyard	1.04		15.3	5.3	1.0		4.1	59.6	65.1	69.5	74.1	76.6	82.9	86.7	95.4	104.4	112.3	130.6	136.7	144.7	158.3	165.7	166.4	182.9	186.2	187.8	189.3
Pembroke	4.12		19.4	9.4	5.2	4.1		55.5	61.0	65.4	70.0	72.4	78.8	82.6	91.2	100.3	108.2	126.5	132.6	140.6	154.2	161.6	162.3	178.8	182.1	183.7	185.2
Freshwater East	55.51		74.9	65.0	60.7	59.6	55.5		5.5	9.9	14.5	16.9	23.3	27.1	35.7	44.8	52.6	71.0	77.1	85.1	98.7	106.1	106.8	123.3	126.6	128.2	129.7
Manorbier	4.95	0.51	80.4	70.4	66.1	65.1	61.0	5.5		5.5	10.0	12.5	18.9	22.7	31.3	40.4	48.2	66.6	72.6	80.7	94.3	101.6	102.4	118.8	122.1	123.8	125.2
Lydstep	4.42	0.53	84.8	74.9	70.6	69.5	65.4	9.9	5.5		5.6	8.1	14.5	18.3	26.9	36.0	43.8	62.2	68.2	76.3	89.9	97.2	98.0	114.4	117.7	119.4	120.8
Penally	5.11		89.4	79.4	75.2	74.1	70.0	14.5	10.0	5.6		2.4	8.8	12.6	21.2	30.3	38.2	56.5	62.6	70.6	84.2	91.6	92.3	108.8	112.1	113.7	115.2
Tenby	2.44		91.8	81.9	77.6	76.6	72.4	16.9	12.5	8.1	2.4		6.4	10.2	18.8	27.9	35.7	54.1	60.2	68.2	81.8	89.1	89.9	106.3	109.7	111.3	112.7
Saundersfoot	6.37		98.2	88.2	84.0	82.9	78.8	23.3	18.9	14.5	8.8	6.4		3.8	12.4	21.5	29.4	47.7	53.8	61.8	75.4	82.8	83.5	100.0	103.3	104.9	106.4
Amroth	3.82		102.0	92.1	87.8	86.7	82.6	27.1	22.7	18.3	12.6	10.2	3.8		8.6	17.7	25.5	43.9	50.0	58.0	71.6	79.0	79.7	96.1	99.5	101.1	102.6
Pendine	8.61		110.6	100.7	96.4	95.4	91.2	35.7	31.3	26.9	21.2	18.8	12.4	8.6		9.1	16.9	35.3	41.4	49.4	63.0	70.3	71.1	87.5	90.9	92.5	93.9
Laugharne	9.07		119.7	109.7	105.5	104.4	100.3	44.8	40.4	36.0	30.3	27.9	21.5	17.7	9.1		7.8	26.2	32.3	40.3	53.9	61.3	62.0	78.5	81.8	83.4	84.9
St Clears	7.85		127.6	117.6	113.3	112.3	108.2	52.6	48.2	43.8	38.2	35.7	29.4	25.5	16.9	7.8		18.4	24.4	32.5	46.1	53.4	54.2	70.6	73.9	75.6	77.0
Llansteffan	18.37		145.9	136.0	131.7	130.6	126.5	71.0	66.6	62.2	56.5	54.1	47.7	43.9	35.3	26.2	18.4		6.1	14.1	27.7	35.1	35.8	52.2	55.6	57.2	58.7
Llangain	6.06		152.0	142.0	137.7	136.7	132.6	77.1	72.6	68.2	62.6	60.2	53.8	50.0	41.4	32.3	24.4	6.1		8.0	21.6	29.0	29.7	46.2	49.5	51.1	52.6
Carmarthen	8.04		160.0	150.1	145.8	144.7	140.6	85.1	80.7	76.3	70.6	68.2	61.8	58.0	49.4	40.3	32.5	14.1	8.0		13.6	21.0	21.7	38.1	41.5	43.1	44.6
Ferryside	13.59		173.6	163.7	159.4	158.3	154.2	98.7	94.3	89.9	84.2	81.8	75.4	71.6	63.0	53.9	46.1	27.7	21.6	13.6		7.4	8.1	24.6	27.9	29.5	31.0
Kidwelly	7.36		181.0	171.0	166.7	165.7	161.6	106.1	101.6	97.2	91.6	89.1	82.8	79.0	70.3	61.3	53.4	35.1	29.0	21.0	7.4		0.7	17.2	20.5	22.1	23.6
Kidwelly station	0.73		181.7	171.7	167.5	166.4	162.3	106.8	102.4	98.0	92.3	89.9	83.5	79.7	71.1	62.0	54.2	35.8	29.7	21.7	8.1	0.7		16.5	19.8	21.4	22.9
Burry Port	16.46		198.2	188.2	183.9	182.9	178.8	123.3	118.8	114.4	108.8	106.3	100.0	96.1	87.5	78.5	70.6	52.2	46.2	38.1	24.6	17.2	16.5		3.3	5.0	6.4
Pwll	3.33		201.5	191.5	187.3	186.2	182.1	126.6	122.1	117.7	112.1	109.7	103.3	99.5	90.9	81.8	73.9	55.6	49.5	41.5	27.9	20.5	19.8	3.3		1.6	3.1
Sandy Water Park	1.22	0.40	203.1	193.2	188.9	187.8	183.7	128.2	123.8	119.4	113.7	111.3	104.9	101.1	92.5	83.4	75.6	57.2	51.1	43.1	29.5	22.1	21.4	5.0	1.6		2.3
Llanelli	1.86		204.6	194.6	190.3	189.3	185.2	129.7	125.2	120.8	115.2	112.7	106.4	102.6	93.9	84.9	77.0	58.7	52.6	44.6	31.0	23.6	22.9	6.4	3.1	2.3	

© 2022 gowalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
33 — Tenby to Rhossili

km

	km on route	km to stop if >200m	**Tenby**	Saundersfoot	Amroth	Pendine	Laugharne	St Clears	Llansteffan	Llangain	**Carmarthen**	**Ferryside**	Kidwelly	**Kidwelly station**	**Burry Port**	Pwll	Sandy Water Park	**Llanelli**	**Bynea**	Loughor	**Gowerton**	Pen-clawdd	Crofty	Wernffrwd	Llanrhidian	Landimore	Rhossili
Tenby				6.4	10.2	18.8	27.9	35.7	54.1	60.2	68.2	81.8	89.1	89.9	106.3	109.7	111.3	112.7	122.3	123.4	126.3	130.7	134.4	136.0	138.7	142.3	163.0
Saundersfoot	6.37		6.4		3.8	12.4	21.5	29.4	47.7	53.8	61.8	75.4	82.8	83.5	100.0	103.3	104.9	106.4	115.9	117.1	119.9	124.3	128.1	129.6	132.3	135.9	156.6
Amroth	3.82		10.2	3.8		8.6	17.7	25.5	43.9	50.0	58.0	71.6	79.0	79.7	96.1	99.5	101.1	102.6	112.1	113.2	116.1	120.5	124.2	125.8	128.5	132.1	152.8
Pendine	8.61		18.8	12.4	8.6		9.1	16.9	35.3	41.4	49.4	63.0	70.3	71.1	87.5	90.9	92.5	93.9	103.5	104.6	107.5	111.9	115.6	117.2	119.9	123.5	144.2
Laugharne	9.07		27.9	21.5	17.7	9.1		7.9	26.2	32.3	40.3	53.9	61.3	62.0	78.5	81.8	83.4	84.9	94.4	95.6	98.4	102.8	106.6	108.1	110.8	114.4	135.1
St Clears	7.85		35.7	29.4	25.5	16.9	7.9		18.4	24.4	32.5	46.1	53.4	54.2	70.6	73.9	75.6	77.0	86.6	87.7	90.6	94.9	98.7	100.3	103.0	106.5	127.3
Llansteffan	18.37		54.1	47.7	43.9	35.3	26.2	18.4		6.1	14.1	27.7	35.1	35.8	52.2	55.6	57.2	58.7	68.2	69.3	72.2	76.6	80.3	81.9	84.6	88.2	108.9
Llangain	6.06		60.2	53.8	50.0	41.4	32.3	24.4	6.1		8.0	21.6	29.0	29.7	46.2	49.5	51.1	52.6	62.2	63.3	66.1	70.5	74.3	75.8	78.6	82.1	102.8
Carmarthen	8.04		68.2	61.8	58.0	49.4	40.3	32.5	14.1	8.0		13.6	21.0	21.7	38.1	41.5	43.1	44.6	54.1	55.2	58.1	62.5	66.2	67.8	70.5	74.1	94.8
Ferryside	13.59		81.8	75.4	71.6	63.0	53.9	46.1	27.7	21.6	13.6		7.4	8.1	24.6	27.9	29.5	31.0	40.5	41.7	44.5	48.9	52.6	54.2	56.9	60.5	81.2
Kidwelly	7.36		89.1	82.8	79.0	70.3	61.3	53.4	35.1	29.0	21.0	7.4		0.7	17.2	20.5	22.1	23.6	33.2	34.3	37.2	41.5	45.3	46.8	49.6	53.1	73.8
Kidwelly station	0.73		89.9	83.5	79.7	71.1	62.0	54.2	35.8	29.7	21.7	8.1	0.7		16.5	19.8	21.4	22.9	32.4	33.6	36.4	40.8	44.6	46.1	48.8	52.4	73.1
Burry Port	16.46		106.3	100.0	96.1	87.5	78.5	70.6	52.2	46.2	38.1	24.6	17.2	16.5		3.3	5.0	6.4	16.0	17.1	20.0	24.3	28.1	29.6	32.4	35.9	56.6
Pwll	3.33		109.7	103.3	99.5	90.9	81.8	73.9	55.6	49.5	41.5	27.9	20.5	19.8	3.3		1.6	3.1	12.7	13.8	16.6	21.0	24.8	26.3	29.0	32.6	53.3
Sandy Water Park	1.22	0.40	111.3	104.9	101.1	92.5	83.4	75.6	57.2	51.1	43.1	29.5	22.1	21.4	5.0	1.6		2.3	11.8	13.0	15.8	20.2	23.9	25.5	28.2	31.8	52.5
Llanelli	1.86		112.7	106.4	102.6	93.9	84.9	77.0	58.7	52.6	44.6	31.0	23.6	22.9	6.4	3.1	2.3		9.6	10.7	13.6	17.9	21.7	23.2	26.0	29.5	50.2
Bynea	9.57		122.3	115.9	112.1	103.5	94.4	86.6	68.2	62.2	54.1	40.5	33.2	32.4	16.0	12.7	11.8	9.6		1.1	4.0	8.3	12.1	13.7	16.4	20.0	40.7
Loughor	1.12		123.4	117.1	113.2	104.6	95.6	87.7	69.3	63.3	55.2	41.7	34.3	33.6	17.1	13.8	13.0	10.7	1.1		2.9	7.2	11.0	12.5	15.3	18.8	39.6
Gowerton	2.86		126.3	119.9	116.1	107.5	98.4	90.6	72.2	66.1	58.1	44.5	37.2	36.4	20.0	16.6	15.8	13.6	4.0	2.9		4.4	8.1	9.7	12.4	16.0	36.7
Pen-clawdd	4.37		130.7	124.3	120.5	111.9	102.8	94.9	76.6	70.5	62.5	48.9	41.5	40.8	24.3	21.0	20.2	17.9	8.3	7.2	4.4		3.8	5.3	8.0	11.6	32.3
Crofty	3.50	0.26	134.4	128.1	124.2	115.6	106.6	98.7	80.3	74.3	66.2	52.6	45.3	44.6	28.1	24.8	23.9	21.7	12.1	11.0	8.1	3.8		2.1	4.8	8.4	29.1
Wernffrwd	1.35	0.46	136.0	129.6	125.8	117.2	108.1	100.3	81.9	75.8	67.8	54.2	46.8	46.1	29.6	26.3	25.5	23.2	13.7	12.5	9.7	5.3	2.1		3.6	7.2	27.9
Llanrhidian	2.79	0.40	138.7	132.3	128.5	119.9	110.8	103.0	84.6	78.6	70.5	56.9	49.6	48.8	32.4	29.0	28.2	26.0	16.4	15.3	12.4	8.0	4.8	3.6		4.4	25.1
Landimore	3.60	0.36	142.3	135.9	132.1	123.5	114.4	106.5	88.2	82.1	74.1	60.5	53.1	52.4	35.9	32.6	31.8	29.5	20.0	18.8	16.0	11.6	8.4	7.2	4.4		21.4
Rhossili	21.08		163.0	156.6	152.8	144.2	135.1	127.3	108.9	102.8	94.8	81.2	73.8	73.1	56.6	53.3	52.5	50.2	40.7	39.6	36.7	32.3	29.1	27.9	25.1	21.4	

© 2022 geowalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
34 — Llanelli to Briton Ferry

km	km on route	km to stop if >200m	Llanelli	Bynea	Loughor	Gowerton	Pen-clawdd	Crofty	Wernffrwd	Llanrhidian	Landimore	Rhossili	Mew Slade	Port Eynon	Nicholaston	Southgate	Langland	Mumbles Head	Mumbles	West Cross	Black Pill	Sketty	Guildhall	Swansea	Fabian Way	Briton Ferry
Llanelli				9.6	10.7	13.6	17.9	21.7	23.2	26.0	29.5	50.2	54.5	61.7	72.8	77.0	85.6	87.9	89.5	90.8	92.1	93.5	94.7	95.8	103.3	106.5
Bynea	9.57		9.6		1.1	4.0	8.4	12.1	13.7	16.4	20.0	40.7	45.0	52.1	63.2	67.4	76.0	78.3	79.9	81.2	82.5	83.9	85.1	86.2	93.7	96.9
Loughor	1.12		10.7	1.1		2.9	7.2	11.0	12.5	15.3	18.8	39.6	43.8	51.0	62.1	66.3	74.9	77.2	78.8	80.1	81.4	82.8	84.0	85.1	92.6	95.8
Gowerton	2.86		13.6	4.0	2.9		4.4	8.1	9.7	12.4	16.0	36.7	41.0	48.2	59.2	63.4	72.1	74.3	75.9	77.2	78.6	79.9	81.1	82.2	89.7	92.9
Pen-clawdd	4.37		17.9	8.4	7.2	4.4		3.8	5.3	8.0	11.6	32.3	36.6	43.8	54.8	59.1	67.7	70.0	71.6	72.9	74.2	75.5	76.7	77.9	85.3	88.5
Crofty	3.50	0.26	21.7	12.1	11.0	8.1	3.8		2.1	4.8	8.4	29.1	33.4	40.6	51.6	55.8	64.4	66.7	68.3	69.6	71.0	72.3	73.5	74.6	82.1	85.3
Wernffrwd	1.35	0.46	23.2	13.7	12.5	9.7	5.3	2.1		3.7	7.2	27.9	32.2	39.4	50.4	54.7	63.3	65.6	67.2	68.5	69.8	71.2	72.3	73.5	80.9	84.1
Llanrhidian	2.79	0.40	26.0	16.4	15.3	12.4	8.0	4.8	3.7		4.4	25.1	29.4	36.6	47.6	51.8	60.4	62.7	64.3	65.6	67.0	68.3	69.5	70.6	78.1	81.3
Landimore	3.60	0.36	29.5	20.0	18.8	16.0	11.6	8.4	7.2	4.4		21.4	25.7	32.9	44.0	48.2	56.8	59.1	60.7	62.0	63.3	64.7	65.9	67.0	74.5	77.7
Rhossili	21.08		50.2	40.7	39.6	36.7	32.3	29.1	27.9	25.1	21.4		4.3	11.5	22.5	26.8	35.4	37.6	39.2	40.6	41.9	43.2	44.4	45.6	53.0	56.2
Mew Slade	3.77	0.51	54.5	45.0	43.8	41.0	36.6	33.4	32.2	29.4	25.7	4.3		8.2	19.3	23.5	32.1	34.4	36.0	37.3	38.6	40.0	41.2	42.3	49.8	53.0
Port Eynon	7.70		61.7	52.1	51.0	48.2	43.8	40.6	39.4	36.6	32.9	11.5	8.2		11.0	15.3	23.9	26.2	27.8	29.1	30.4	31.8	32.9	34.1	41.5	44.7
Nicholaston	10.74	0.30	72.8	63.2	62.1	59.2	54.8	51.6	50.4	47.6	44.0	22.5	19.3	11.0		4.8	13.5	15.7	17.3	18.6	20.0	21.3	22.5	23.6	31.1	34.3
Southgate	4.54		77.0	67.4	66.3	63.4	59.1	55.8	54.7	51.8	48.2	26.8	23.5	15.3	4.8		8.6	10.9	12.5	13.8	15.1	16.5	17.7	18.8	26.3	29.5
Langland	7.98	0.63	85.6	76.0	74.9	72.1	67.7	64.4	63.3	60.4	56.8	35.4	32.1	23.9	13.5	8.6		3.5	5.1	6.4	7.8	9.1	10.3	11.5	18.9	22.1
Mumbles Head	2.91		87.9	78.3	77.2	74.3	70.0	66.7	65.6	62.7	59.1	37.6	34.4	26.2	15.7	10.9	3.5		1.6	2.9	4.2	5.6	6.8	7.9	15.4	18.6
Mumbles	1.60		89.5	79.9	78.8	75.9	71.6	68.3	67.2	64.3	60.7	39.2	36.0	27.8	17.3	12.5	5.1	1.6		1.3	2.6	4.0	5.2	6.3	13.8	17.0
West Cross	1.31		90.8	81.2	80.1	77.2	72.9	69.6	68.5	65.6	62.0	40.6	37.3	29.1	18.6	13.8	6.4	2.9	1.3		1.3	2.7	3.9	5.0	12.5	15.7
Black Pill	1.32		92.1	82.5	81.4	78.6	74.2	71.0	69.8	67.0	63.3	41.9	38.6	30.4	20.0	15.1	7.8	4.2	2.6	1.3		1.3	2.5	3.7	11.1	14.3
Sketty	1.35		93.5	83.9	82.8	79.9	75.5	72.3	71.2	68.3	64.7	43.2	40.0	31.8	21.3	16.5	9.1	5.6	4.0	2.7	1.3		1.2	2.3	9.8	13.0
Guildhall	1.19		94.7	85.1	84.0	81.1	76.7	73.5	72.3	69.5	65.9	44.4	41.2	32.9	22.5	17.7	10.3	6.8	5.2	3.9	2.5	1.2		1.1	8.6	11.8
Swansea	1.14		95.8	86.2	85.1	82.2	77.9	74.6	73.5	70.6	67.0	45.6	42.3	34.1	23.6	18.8	11.5	7.9	6.3	5.0	3.7	2.3	1.1		7.5	10.7
Fabian Way	7.46		103.3	93.7	92.6	89.7	85.3	82.1	80.9	78.1	74.5	53.0	49.8	41.5	31.1	26.3	18.9	15.4	13.8	12.5	11.1	9.8	8.6	7.5		3.2
Briton Ferry	3.20		106.5	96.9	95.8	92.9	88.5	85.3	84.1	81.3	77.7	56.2	53.0	44.7	34.3	29.5	22.1	18.6	17.0	15.7	14.3	13.0	11.8	10.7	3.2	

© 2022greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
35 — Rhossili to Ogmore-by-Sea

km	km on route	km to stop if >200m	Rhossili	Mew Slade	Port Eynon	Nicholaston	Southgate	Langland	Mumbles Head	Mumbles	West Cross	Black Pill	Sketty	Guildhall	**Swansea**	Fabian Way	**Briton Ferry**	Maple Avenue	Baglan	**Port Talbot**	Margam	**Mawdlam track**	Porthcawl	Ogmore	Trwyn y March	Ogmore-by-Sea
Rhossili				4.3	11.5	22.5	26.8	34.7	37.6	39.2	40.6	41.9	43.2	44.4	45.6	53.0	56.2	57.6	59.0	62.6	71.2	79.2	84.3	94.0	96.4	97.3
Mew Slade	3.77	0.51	4.3		8.2	19.3	23.5	31.5	34.4	36.0	37.3	38.6	40.0	41.2	42.3	49.8	53.0	54.3	55.8	59.4	67.9	75.9	81.0	90.8	93.1	94.1
Port Eynon	7.70		11.5	8.2		11.0	15.3	23.3	26.2	27.8	29.1	30.4	31.8	32.9	34.1	41.5	44.7	46.1	47.5	51.1	59.7	67.7	72.8	82.5	84.9	85.9
Nicholaston	10.74	0.30	22.5	19.3	11.0		4.8	12.8	15.7	17.3	18.6	20.0	21.3	22.5	23.6	31.1	34.3	35.6	37.1	40.7	49.3	57.3	62.3	72.1	74.5	75.4
Southgate	4.54		26.8	23.5	15.3	4.8		8.0	10.9	12.5	13.8	15.1	16.5	17.7	18.8	26.3	29.5	30.8	32.3	35.9	44.5	52.5	57.5	67.3	69.7	70.6
Langland	7.98		34.7	31.5	23.3	12.8	8.0		2.9	4.5	5.8	7.1	8.5	9.7	10.8	18.3	21.5	22.8	24.3	27.9	36.5	44.5	49.5	59.3	61.7	62.6
Mumbles Head	2.91		37.6	34.4	26.2	15.7	10.9	2.9		1.6	2.9	4.2	5.6	6.8	7.9	15.4	18.6	19.9	21.4	25.0	33.6	41.6	46.6	56.4	58.8	59.7
Mumbles	1.60		39.2	36.0	27.8	17.3	12.5	4.5	1.6		1.3	2.6	4.0	5.2	6.3	13.8	17.0	18.3	19.8	23.4	32.0	40.0	45.0	54.8	57.2	58.1
West Cross	1.31		40.6	37.3	29.1	18.6	13.8	5.8	2.9	1.3		1.3	2.7	3.9	5.0	12.5	15.7	17.0	18.5	22.1	30.7	38.7	43.7	53.5	55.9	56.8
Black Pill	1.32		41.9	38.6	30.4	20.0	15.1	7.1	4.2	2.6	1.3		1.4	2.5	3.7	11.1	14.3	15.7	17.1	20.7	29.3	37.3	42.4	52.1	54.5	55.5
Sketty	1.35		43.2	40.0	31.8	21.3	16.5	8.5	5.6	4.0	2.7	1.4		1.2	2.3	9.8	13.0	14.3	15.8	19.4	28.0	36.0	41.0	50.8	53.2	54.1
Guildhall	1.19		44.4	41.2	32.9	22.5	17.7	9.7	6.8	5.2	3.9	2.5	1.2		1.1	8.6	11.8	13.1	14.6	18.2	26.8	34.8	39.8	49.6	52.0	52.9
Swansea	1.14		45.6	42.3	34.1	23.6	18.8	10.8	7.9	6.3	5.0	3.7	2.3	1.1		7.5	10.7	12.0	13.5	17.1	25.7	33.7	38.7	48.5	50.9	51.8
Fabian Way	7.46		53.0	49.8	41.5	31.1	26.3	18.3	15.4	13.8	12.5	11.1	9.8	8.6	7.5		3.2	4.5	6.0	9.6	18.2	26.2	31.2	41.0	43.4	44.3
Briton Ferry	3.20		56.2	53.0	44.7	34.3	29.5	21.5	18.6	17.0	15.7	14.3	13.0	11.8	10.7	3.2		1.3	2.8	6.4	15.0	23.0	28.0	37.8	40.2	41.1
Maple Avenue	1.34		57.6	54.3	46.1	35.6	30.8	22.8	19.9	18.3	17.0	15.7	14.3	13.1	12.0	4.5	1.3		1.5	5.1	13.7	21.7	26.7	36.5	38.9	39.8
Baglan	1.46		59.0	55.8	47.5	37.1	32.3	24.3	21.4	19.8	18.5	17.1	15.8	14.6	13.5	6.0	2.8	1.5		3.6	12.2	20.2	25.2	35.0	37.4	38.3
Port Talbot	3.60		62.6	59.4	51.1	40.7	35.9	27.9	25.0	23.4	22.1	20.7	19.4	18.2	17.1	9.6	6.4	5.1	3.6		8.6	16.6	21.6	31.4	33.8	34.7
Margam	8.59		71.2	67.9	59.7	49.3	44.5	36.5	33.6	32.0	30.7	29.3	28.0	26.8	25.7	18.2	15.0	13.7	12.2	8.6		8.0	13.1	22.8	25.2	26.1
Mawdlam track	5.92	2.08	79.2	75.9	67.7	57.3	52.5	44.5	41.6	40.0	38.7	37.3	36.0	34.8	33.7	26.2	23.0	21.7	20.2	16.6	8.0		9.2	19.0	21.4	22.3
Porthcawl	7.13		84.3	81.0	72.8	62.3	57.5	49.5	46.6	45.0	43.7	42.4	41.0	39.8	38.7	31.2	28.0	26.7	25.2	21.6	13.1	9.2		9.8	12.2	13.1
Ogmore	9.76		94.0	90.8	82.5	72.1	67.3	59.3	56.4	54.8	53.5	52.1	50.8	49.6	48.5	41.0	37.8	36.5	35.0	31.4	22.8	19.0	9.8		2.4	3.3
Trwyn y March	2.39		96.4	93.1	84.9	74.5	69.7	61.7	58.8	57.2	55.9	54.5	53.2	52.0	50.9	43.4	40.2	38.9	37.4	33.8	25.2	21.4	12.2	2.4		0.9
Ogmore-by-Sea	0.92		97.3	94.1	85.9	75.4	70.6	62.6	59.7	58.1	56.8	55.5	54.1	52.9	51.8	44.3	41.1	39.8	38.3	34.7	26.1	22.3	13.1	3.3	0.9	

© 2022greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
36 — Swansea to Barry

km

	km on route	km to stop if >200m	**Swansea**	Fabian Way	**Briton Ferry**	Maple Avenue	Baglan	**Port Talbot**	Margam	**Mawdlam track**	Porthcawl	Ogmore	Trwyn y March	Ogmore-by-Sea	Pant y Slade	St Donat's	**Col-huw Point**	East Aberthaw	**Rhoose**	Marine Lake	**St Nicholas Road, Barry**	**Whitmore Bay**	Lifeboat station	**Barry Island station**	**Barry**
Swansea				7.5	10.7	12.0	13.5	17.1	25.7	33.7	38.7	48.5	50.9	51.8	54.2	66.0	69.2	78.4	80.0	84.8	85.7	87.5	88.9	90.4	91.5
Fabian Way	7.46		7.5		3.2	4.5	6.0	9.6	18.2	26.2	31.2	41.0	43.4	44.3	46.7	58.5	61.7	71.0	72.6	77.4	78.2	80.1	81.4	82.9	84.0
Briton Ferry	3.20		10.7	3.2		1.3	2.8	6.4	15.0	23.0	28.0	37.8	40.2	41.1	43.5	55.3	58.5	67.8	69.4	74.2	75.0	76.9	78.2	79.7	80.8
Maple Avenue	1.34		12.0	4.5	1.3		1.5	5.1	13.7	21.7	26.7	36.5	38.9	39.8	42.2	54.0	57.2	66.4	68.0	72.8	73.7	75.5	76.9	78.4	79.5
Baglan	1.46		13.5	6.0	2.8	1.5		3.6	12.2	20.2	25.2	35.0	37.4	38.3	40.7	52.5	55.7	65.0	66.6	71.4	72.2	74.1	75.4	76.9	78.0
Port Talbot	3.60		17.1	9.6	6.4	5.1	3.6		8.6	16.6	21.6	31.4	33.8	34.7	37.1	48.9	52.1	61.4	63.0	67.8	68.6	70.5	71.8	73.3	74.4
Margam	8.59		25.7	18.2	15.0	13.7	12.2	8.6		8.0	13.1	22.8	25.2	26.1	28.5	40.3	43.5	52.8	54.4	59.2	60.0	61.9	63.2	64.7	65.8
Mawdlam track	5.92	2.08	33.7	26.2	23.0	21.7	20.2	16.6	8.0		9.2	19.0	21.4	22.3	24.7	36.5	39.7	48.9	50.5	55.3	56.2	58.0	59.4	60.9	62.0
Porthcawl	7.13		38.7	31.2	28.0	26.7	25.2	21.6	13.1	9.2		9.8	12.2	13.1	15.5	27.3	30.5	39.7	41.3	46.1	47.0	48.8	50.2	51.7	52.8
Ogmore	9.76		48.5	41.0	37.8	36.5	35.0	31.4	22.8	19.0	9.8		2.4	3.3	5.7	17.5	20.7	30.0	31.6	36.4	37.2	39.1	40.4	41.9	43.0
Trwyn y March	2.39		50.9	43.4	40.2	38.9	37.4	33.8	25.2	21.4	12.2	2.4		0.9	3.3	15.1	18.3	27.6	29.2	34.0	34.8	36.7	38.0	39.5	40.6
Ogmore-by-Sea	0.92		51.8	44.3	41.1	39.8	38.3	34.7	26.1	22.3	13.1	3.3	0.9		2.4	14.2	17.4	26.7	28.3	33.1	33.9	35.8	37.1	38.6	39.7
Pant y Slade	1.96	0.42	54.2	46.7	43.5	42.2	40.7	37.1	28.5	24.7	15.5	5.7	3.3	2.4		12.7	15.9	25.1	26.7	31.5	32.4	34.2	35.6	37.1	38.2
St Donat's	11.63	0.60	66.0	58.5	55.3	54.0	52.5	48.9	40.3	36.5	27.3	17.5	15.1	14.2	12.7		4.4	13.7	15.3	20.1	20.9	22.8	24.1	25.6	26.7
Col-huw Point	1.75	2.08	69.2	61.7	58.5	57.2	55.7	52.1	43.5	39.7	30.5	20.7	18.3	17.4	15.9	4.4		13.4	15.0	19.8	20.6	22.5	23.9	25.3	26.4
East Aberthaw	10.21	1.10	78.4	71.0	67.8	66.4	65.0	61.4	52.8	48.9	39.7	30.0	27.6	26.7	25.1	13.7	13.4		3.8	8.6	9.4	11.3	12.7	14.1	15.2
Rhoose	2.15	0.56	80.0	72.6	69.4	68.0	66.6	63.0	54.4	50.5	41.3	31.6	29.2	28.3	26.7	15.3	15.0	3.8		5.9	6.8	8.6	10.0	11.5	12.6
Marine Lake	5.04	0.32	84.8	77.4	74.2	72.8	71.4	67.8	59.2	55.3	46.1	36.4	34.0	33.1	31.5	20.1	19.8	8.6	5.9		1.5	3.3	4.7	6.2	7.3
St Nicholas Road, Barry	1.15		85.7	78.2	75.0	73.7	72.2	68.6	60.0	56.2	47.0	37.2	34.8	33.9	32.4	20.9	20.6	9.4	6.8	1.5		1.9	3.2	4.7	5.8
Whitmore Bay	1.87		87.5	80.1	76.9	75.5	74.1	70.5	61.9	58.0	48.8	39.1	36.7	35.8	34.2	22.8	22.5	11.3	8.6	3.3	1.9		1.3	2.8	3.9
Lifeboat station	1.35		88.9	81.4	78.2	76.9	75.4	71.8	63.2	59.4	50.2	40.4	38.0	37.1	35.6	24.1	23.9	12.7	10.0	4.7	3.2	1.3		1.5	2.6
Barry Island station	1.48		90.4	82.9	79.7	78.4	76.9	73.3	64.7	60.9	51.7	41.9	39.5	38.6	37.1	25.6	25.3	14.1	11.5	6.2	4.7	2.8	1.5		1.1
Barry	1.10		91.5	84.0	80.8	79.5	78.0	74.4	65.8	62.0	52.8	43.0	40.6	39.7	38.2	26.7	26.4	15.2	12.6	7.3	5.8	3.9	2.6	1.1	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
37 — Ogmore-by-Sea to Newport

km	km on route	km to stop if >200m	Ogmore-by-Sea	Pant y Slade	St Donat's	**Col-huw Point**	East Aberthaw	**Rhoose**	Marine Lake	**St Nicholas Road, Barry**	**Whitmore Bay**	Lifeboat station	**Barry Island station**	**Barry**	Ffordd y Mileniwm	**Barry Docks**	**Cadoxton**	Ty Verlon	Sully	Sully Bay	**Penarth**	Cardiff Bay Barrage	Cardiff Bay	**Cardiff Bay station**	**Cardiff**	Ffordd Pengam	**Newport**
Ogmore-by-Sea				2.4	14.2	17.4	26.7	28.3	33.1	33.9	35.8	37.1	38.6	39.7	40.5	41.8	43.3	44.4	45.5	48.1	55.1	56.8	59.2	59.7	61.3	66.4	85.7
Pant y Slade	1.96	0.42	2.4		12.7	15.9	25.1	26.7	31.5	32.4	34.2	35.6	37.1	38.2	38.9	40.3	41.7	42.9	44.0	46.5	53.5	55.2	57.6	58.1	59.7	64.9	84.2
St Donat's	11.63	0.60	14.2	12.7		4.4	13.7	15.3	20.1	20.9	22.8	24.1	25.6	26.7	27.5	28.8	30.3	31.4	32.5	35.1	42.1	43.8	46.2	46.7	48.3	53.4	72.7
Col-huw Point	1.75	2.08	17.4	15.9	4.4		13.4	15.0	19.8	20.6	22.5	23.9	25.3	26.4	27.2	28.5	30.0	31.1	32.3	34.8	41.8	43.5	45.9	46.4	48.0	53.2	72.4
East Aberthaw	10.21	1.10	26.7	25.1	13.7	13.4		3.8	8.6	9.4	11.3	12.7	14.1	15.2	16.0	17.3	18.8	20.0	21.1	23.6	30.6	32.3	34.7	35.2	36.8	42.0	61.3
Rhoose	2.15	0.56	28.3	26.7	15.3	15.0	3.8		5.9	6.8	8.6	10.0	11.5	12.6	13.3	14.7	16.1	17.3	18.4	20.9	27.9	29.6	32.0	32.5	34.1	39.3	58.6
Marine Lake	5.04	0.32	33.1	31.5	20.1	19.8	8.6	5.9		1.5	3.3	4.7	6.2	7.3	8.1	9.4	10.9	12.0	13.1	15.7	22.7	24.3	26.8	27.3	28.8	34.0	53.3
St Nicholas Road, Barry	1.15		33.9	32.4	20.9	20.6	9.4	6.8	1.5		1.9	3.2	4.7	5.8	6.6	7.9	9.4	10.5	11.6	14.2	21.2	22.9	25.3	25.8	27.4	32.5	51.8
Whitmore Bay	1.87		35.8	34.2	22.8	22.5	11.3	8.6	3.3	1.9		1.4	2.8	3.9	4.7	6.0	7.5	8.6	9.8	12.3	19.3	21.0	23.4	23.9	25.5	30.7	49.9
Lifeboat station	1.35		37.1	35.6	24.1	23.9	12.7	10.0	4.7	3.2	1.4		1.5	2.6	3.4	4.7	6.2	7.3	8.4	11.0	18.0	19.7	22.1	22.6	24.1	29.3	48.6
Barry Island station	1.48		38.6	37.1	25.6	25.3	14.1	11.5	6.2	4.7	2.8	1.5		1.1	1.9	3.2	4.7	5.8	6.9	9.5	16.5	18.2	20.6	21.1	22.7	27.8	47.1
Barry	1.10		39.7	38.2	26.7	26.4	15.2	12.6	7.3	5.8	3.9	2.6	1.1		0.8	2.1	3.6	4.7	5.8	8.4	15.4	17.1	19.5	20.0	21.6	26.7	46.0
Ffordd y Mileniwm	0.79		40.5	38.9	27.5	27.2	16.0	13.3	8.1	6.6	4.7	3.4	1.9	0.8		1.3	2.8	3.9	5.0	7.6	14.6	16.3	18.7	19.2	20.8	25.9	45.2
Barry Docks	1.31		41.8	40.3	28.8	28.5	17.3	14.7	9.4	7.9	6.0	4.7	3.2	2.1	1.3		1.5	2.6	3.7	6.3	13.3	15.0	17.4	17.9	19.5	24.6	43.9
Cadoxton	1.48		43.3	41.7	30.3	30.0	18.8	16.1	10.9	9.4	7.5	6.2	4.7	3.6	2.8	1.5		1.1	2.2	4.8	11.8	13.5	15.9	16.4	18.0	23.1	42.4
Ty Verlon	1.13		44.4	42.9	31.4	31.1	20.0	17.3	12.0	10.5	8.6	7.3	5.8	4.7	3.9	2.6	1.1		1.1	3.7	10.7	12.4	14.8	15.3	16.9	22.0	41.3
Sully	1.11		45.5	44.0	32.5	32.3	21.1	18.4	13.1	11.6	9.8	8.4	6.9	5.8	5.0	3.7	2.2	1.1		2.6	9.6	11.3	13.7	14.2	15.7	20.9	40.2
Sully Bay	2.20	0.36	48.1	46.5	35.1	34.8	23.6	20.9	15.7	14.2	12.3	11.0	9.5	8.4	7.6	6.3	4.8	3.7	2.6		7.7	9.4	11.8	12.3	13.9	19.1	38.4
Penarth	7.37		55.1	53.5	42.1	41.8	30.6	27.9	22.7	21.2	19.3	18.0	16.5	15.4	14.6	13.3	11.8	10.7	9.6	7.7		1.7	4.1	4.6	6.2	11.3	30.6
Cardiff Bay Barrage	1.68		56.8	55.2	43.8	43.5	32.3	29.6	24.3	22.9	21.0	19.7	18.2	17.1	16.3	15.0	13.5	12.4	11.3	9.4	1.7		2.4	2.9	4.5	9.7	28.9
Cardiff Bay	2.42		59.2	57.6	46.2	45.9	34.7	32.0	26.8	25.3	23.4	22.1	20.6	19.5	18.7	17.4	15.9	14.8	13.7	11.8	4.1	2.4		0.5	2.1	7.2	26.5
Cardiff Bay station	0.50		59.7	58.1	46.7	46.4	35.2	32.5	27.3	25.8	23.9	22.6	21.1	20.0	19.2	17.9	16.4	15.3	14.2	12.3	4.6	2.9	0.5		1.6	6.7	26.0
Cardiff	1.57		61.3	59.7	48.3	48.0	36.8	34.1	28.8	27.4	25.5	24.1	22.7	21.6	20.8	19.5	18.0	16.9	15.7	13.9	6.2	4.5	2.1	1.6		5.2	24.5
Ffordd Pengam	5.16		66.4	64.9	53.4	53.2	42.0	39.3	34.0	32.5	30.7	29.3	27.8	26.7	25.9	24.6	23.1	22.0	20.9	19.1	11.3	9.7	7.2	6.7	5.2		19.3
Newport	19.29		85.7	84.2	72.7	72.4	61.3	58.6	53.3	51.8	49.9	48.6	47.1	46.0	45.2	43.9	42.4	41.3	40.2	38.4	30.6	28.9	26.5	26.0	24.5	19.3	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
38 — St Nicholas Road (Barry) to Chepstow

km	km on route	km to stop if >200m	St Nicholas Road	Whitmore Bay	Lifeboat station	Barry Island station	Barry	Ffordd y Mileniwm	Barry Docks	Cadoxton	Ty Verlon	Sully	Sully Bay	Penarth	Cardiff Bay Barrage	Cardiff Bay Barrage	Cardiff Bay station	Cardiff	Ffordd Pengam	Newport	Corporation Road	Severn Tunnel Jct (rail only)	Caldicot	Black Rock	M48 crossing	Bulwark	Chepstow
St Nicholas Road				1.9	3.2	4.7	5.8	6.6	7.9	9.4	10.5	11.6	14.2	21.2	22.9	25.3	25.8	27.4	32.5	51.8	53.0	80.4	81.9	87.7	92.3	94.3	96.8
Whitmore Bay	1.87		1.9		1.4	2.8	3.9	4.7	6.0	7.5	8.6	9.8	12.3	19.3	21.0	23.4	23.9	25.5	30.7	49.9	51.1	78.5	80.0	85.8	90.5	92.4	94.9
Lifeboat station	1.35		3.2	1.4		1.5	2.6	3.4	4.7	6.2	7.3	8.4	11.0	18.0	19.7	22.1	22.6	24.1	29.3	48.6	49.7	77.2	78.7	84.5	89.1	91.1	93.6
Barry Island station	1.48		4.7	2.8	1.5		1.1	1.9	3.2	4.7	5.8	6.9	9.5	16.5	18.2	20.6	21.1	22.7	27.8	47.1	48.3	75.7	77.2	83.0	87.6	89.6	92.1
Barry	1.10		5.8	3.9	2.6	1.1		0.8	2.1	3.6	4.7	5.8	8.4	15.4	17.1	19.5	20.0	21.6	26.7	46.0	47.2	74.6	76.1	81.9	86.5	88.5	91.0
Ffordd y Mileniwm	0.79		6.6	4.7	3.4	1.9	0.8		1.3	2.8	3.9	5.0	7.6	14.6	16.3	18.7	19.2	20.8	25.9	45.2	46.4	73.8	75.3	81.1	85.8	87.7	90.2
Barry Docks	1.31		7.9	6.0	4.7	3.2	2.1	1.3		1.5	2.6	3.7	6.3	13.3	15.0	17.4	17.9	19.5	24.6	43.9	45.1	72.5	74.0	79.8	84.4	86.4	88.9
Cadoxton	1.48		9.4	7.5	6.2	4.7	3.6	2.8	1.5		1.1	2.2	4.8	11.8	13.5	15.9	16.4	18.0	23.1	42.4	43.6	71.0	72.5	78.3	83.0	84.9	87.4
Ty Verlon	1.13		10.5	8.6	7.3	5.8	4.7	3.9	2.6	1.1		1.1	3.7	10.7	12.4	14.8	15.3	16.9	22.0	41.3	42.4	69.9	71.4	77.2	81.8	83.8	86.3
Sully	1.11		11.6	9.8	8.4	6.9	5.8	5.0	3.7	2.2	1.1		2.6	9.6	11.3	13.7	14.2	15.7	20.9	40.2	41.3	68.8	70.3	76.1	80.7	82.7	85.2
Sully Bay	2.20	0.36	14.2	12.3	11.0	9.5	8.4	7.6	6.3	4.8	3.7	2.6		7.7	9.4	11.8	12.3	13.9	19.1	38.4	39.5	66.9	68.5	74.2	78.9	80.8	83.3
Penarth	7.37		21.2	19.3	18.0	16.5	15.4	14.6	13.3	11.8	10.7	9.6	7.7		1.7	4.1	4.6	6.2	11.3	30.6	31.8	59.2	60.7	66.5	71.2	73.1	75.6
Cardiff Bay Barrage	1.68		22.9	21.0	19.7	18.2	17.1	16.3	15.0	13.5	12.4	11.3	9.4	1.7		2.4	2.9	4.5	9.7	28.9	30.1	57.5	59.0	64.8	69.5	71.4	73.9
Cardiff Bay Barrage	2.42		25.3	23.4	22.1	20.6	19.5	18.7	17.4	15.9	14.8	13.7	11.8	4.1	2.4		0.5	2.1	7.2	26.5	27.7	55.1	56.6	62.4	67.1	69.0	71.5
Cardiff Bay station	0.50		25.8	23.9	22.6	21.1	20.0	19.2	17.9	16.4	15.3	14.2	12.3	4.6	2.9	0.5		1.6	6.7	26.0	27.2	54.6	56.1	61.9	66.6	68.5	71.0
Cardiff	1.57		27.4	25.5	24.1	22.7	21.6	20.8	19.5	18.0	16.9	15.7	13.9	6.2	4.5	2.1	1.6		5.2	24.5	25.6	53.0	54.6	60.3	65.0	66.9	69.4
Ffordd Pengam	5.16		32.5	30.7	29.3	27.8	26.7	25.9	24.6	23.1	22.0	20.9	19.1	11.3	9.7	7.2	6.7	5.2		19.3	20.4	47.9	49.4	55.2	59.8	61.8	64.3
Newport	19.29		51.8	49.9	48.6	47.1	46.0	45.2	43.9	42.4	41.3	40.2	38.4	30.6	28.9	26.5	26.0	24.5	19.3		1.1	28.6	30.1	35.9	40.5	42.5	45.0
Corporation Road	1.14		53.0	51.1	49.7	48.3	47.2	46.4	45.1	43.6	42.4	41.3	39.5	31.8	30.1	27.7	27.2	25.6	20.4	1.1		27.4	29.0	34.7	39.4	41.3	43.8
Severn Tunnel Jct (rail only)	27.42		80.4	78.5	77.2	75.7	74.6	73.8	72.5	71.0	69.9	68.8	66.9	59.2	57.5	55.1	54.6	53.0	47.9	28.6	27.4		1.5	7.3	12.0	13.9	16.4
Caldicot	1.54		81.9	80.0	78.7	77.2	76.1	75.3	74.0	72.5	71.4	70.3	68.5	60.7	59.0	56.6	56.1	54.6	49.4	30.1	29.0	1.5		5.8	10.4	12.4	14.9
Black Rock	4.97	0.79	87.7	85.8	84.5	83.0	81.9	81.1	79.8	78.3	77.2	76.1	74.2	66.5	64.8	62.4	61.9	60.3	55.2	35.9	34.7	7.3	5.8		6.2	8.2	10.7
M48 crossing	5.46		92.3	90.5	89.1	87.6	86.5	85.8	84.4	83.0	81.8	80.7	78.9	71.2	69.5	67.1	66.6	65.0	59.8	40.5	39.4	12.0	10.4	6.2		1.9	4.4
Bulwark	1.94		94.3	92.4	91.1	89.6	88.5	87.7	86.4	84.9	83.8	82.7	80.8	73.1	71.4	69.0	68.5	66.9	61.8	42.5	41.3	13.9	12.4	8.2	1.9		2.5
Chepstow	2.49		96.8	94.9	93.6	92.1	91.0	90.2	88.9	87.4	86.3	85.2	83.3	75.6	73.9	71.5	71.0	69.4	64.3	45.0	43.8	16.4	14.9	10.7	4.4	2.5	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
39 — Cardiff to Clevedon

km	km on route	km to stop if >200m	**Cardiff**	Ffordd Pengam	**Newport**	Corporation Road	**Severn Tunnel Jct (rail only)**	**Caldicot**	Black Rock	M48 crossing	Bulwark	Chepstow	**Chepstow station**	Mathern Road	Aust	**Severn Beach**	**St Andrews Road**	Avonmouth	Shirehampton	Sheepway	Portbury	Beach Road West	Black Nore	Ladye Point	Clevedon
Cardiff				5.2	24.5	25.6	53.0	54.6	60.3	65.0	66.9	69.4	70.9	72.2	78.4	84.8	90.8	92.5	93.7	98.4	101.6	103.5	105.4	110.7	112.1
Ffordd Pengam	5.16		5.2		19.3	20.4	47.9	49.4	55.2	59.8	61.8	64.3	65.8	67.1	73.3	79.6	85.7	87.4	88.5	93.3	96.4	98.4	100.2	105.5	106.9
Newport	19.29		24.5	19.3		1.1	28.6	30.1	35.9	40.5	42.5	45.0	46.5	47.8	54.0	60.3	66.4	68.1	69.2	74.0	77.1	79.1	80.9	86.2	87.6
Corporation Road	1.14		25.6	20.4	1.1		27.4	29.0	34.7	39.4	41.3	43.8	45.3	46.6	52.9	59.2	65.2	66.9	68.1	72.8	76.0	78.0	79.8	85.1	86.5
Severn Tunnel Jct (rail only)	27.42		53.0	47.9	28.6	27.4		1.5	7.3	12.0	13.9	16.4	17.9	19.2	25.4	31.7	37.8	39.5	40.7	45.4	48.6	50.5	52.4	57.7	59.1
Caldicot	1.54		54.6	49.4	30.1	29.0	1.5		5.8	10.4	12.4	14.9	16.4	17.7	23.9	30.2	36.3	38.0	39.1	43.9	47.0	49.0	50.8	56.1	57.5
Black Rock	4.97	0.79	60.3	55.2	35.9	34.7	7.3	5.8		6.3	8.2	10.7	12.2	13.5	19.7	26.0	32.1	33.8	34.9	39.7	42.8	44.8	46.7	51.9	53.3
M48 crossing	5.46		65.0	59.8	40.5	39.4	12.0	10.4	6.3		1.9	4.4	5.9	7.2	13.5	19.8	25.8	27.5	28.7	33.4	36.6	38.6	40.4	45.7	47.1
Bulwark	1.94		66.9	61.8	42.5	41.3	13.9	12.4	8.2	1.9		2.5	4.0	5.3	11.5	17.8	23.9	25.6	26.7	31.5	34.6	36.6	38.5	43.7	45.2
Chepstow	2.49		69.4	64.3	45.0	43.8	16.4	14.9	10.7	4.4	2.5		1.5	2.8	9.0	15.3	21.4	23.1	24.3	29.0	32.2	34.1	36.0	41.3	42.7
Chepstow station	1.52		70.9	65.8	46.5	45.3	17.9	16.4	12.2	5.9	4.0	1.5		1.3	7.5	13.8	19.9	21.6	22.7	27.5	30.6	32.6	34.5	39.7	41.1
Mathern Road	1.28		72.2	67.1	47.8	46.6	19.2	17.7	13.5	7.2	5.3	2.8	1.3		6.2	12.5	18.6	20.3	21.5	26.2	29.4	31.3	33.2	38.5	39.9
Aust	6.23		78.4	73.3	54.0	52.9	25.4	23.9	19.7	13.5	11.5	9.0	7.5	6.2		6.3	12.4	14.1	15.2	20.0	23.1	25.1	27.0	32.2	33.6
Severn Beach	6.31		84.8	79.6	60.3	59.2	31.7	30.2	26.0	19.8	17.8	15.3	13.8	12.5	6.3		6.1	7.8	8.9	13.7	16.8	18.8	20.6	25.9	27.3
St Andrews Road	6.06		90.8	85.7	66.4	65.2	37.8	36.3	32.1	25.8	23.9	21.4	19.9	18.6	12.4	6.1		1.7	2.9	7.6	10.8	12.7	14.6	19.9	21.3
Avonmouth	1.70		92.5	87.4	68.1	66.9	39.5	38.0	33.8	27.5	25.6	23.1	21.6	20.3	14.1	7.8	1.7		1.2	5.9	9.1	11.0	12.9	18.2	19.6
Shirehampton	1.15		93.7	88.5	69.2	68.1	40.7	39.1	34.9	28.7	26.7	24.3	22.7	21.5	15.2	8.9	2.9	1.2		4.8	7.9	9.9	11.7	17.0	18.4
Sheepway	4.75		98.4	93.3	74.0	72.8	45.4	43.9	39.7	33.4	31.5	29.0	27.5	26.2	20.0	13.7	7.6	5.9	4.8		3.2	5.1	7.0	12.3	13.7
Portbury	3.15		101.6	96.4	77.1	76.0	48.6	47.0	42.8	36.6	34.6	32.2	30.6	29.4	23.1	16.8	10.8	9.1	7.9	3.2		2.0	3.8	9.1	10.5
Beach Road West	1.98		103.5	98.4	79.1	78.0	50.5	49.0	44.8	38.6	36.6	34.1	32.6	31.3	25.1	18.8	12.7	11.0	9.9	5.1	2.0		1.8	7.1	8.5
Black Nore	1.85		105.4	100.2	80.9	79.8	52.4	50.8	46.7	40.4	38.5	36.0	34.5	33.2	27.0	20.6	14.6	12.9	11.7	7.0	3.8	1.8		5.3	6.7
Ladye Point	5.27		110.7	105.5	86.2	85.1	57.7	56.1	51.9	45.7	43.7	41.3	39.7	38.5	32.2	25.9	19.9	18.2	17.0	12.3	9.1	7.1	5.3		1.4
Clevedon	1.41		112.1	106.9	87.6	86.5	59.1	57.5	53.3	47.1	45.2	42.7	41.1	39.9	33.6	27.3	21.3	19.6	18.4	13.7	10.5	8.5	6.7	1.4	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix40 — Chepstow to Burnham-on-Sea

km	km on route	km to stop if >200m	**Chepstow**	Chepstow station	Mathern Road	Aust	**St Andrews Road**	**Avonmouth**	Shirehampton	Sheepway	Portbury	Beach Road West	Black Nore	Ladye Point	Clevedon	Ebdon	Sand Road	Kewstoke	**Weston-super-Mare**	Royal Sands	Uphill	Brean	South Road	Berrow Beach	Berrow	Brent Road track	Burnham-on-Sea
Chepstow				1.5	2.8	9.0	21.4	23.1	24.3	29.0	32.2	34.1	36.0	41.3	42.7	57.6	64.1	65.4	69.9	71.1	72.5	86.4	88.0	89.4	90.9	92.0	94.3
Chepstow station	1.52		1.5		1.3	7.5	19.9	21.6	22.7	27.5	30.6	32.6	34.5	39.7	41.1	56.0	62.5	63.9	68.4	69.6	71.0	84.8	86.5	87.9	89.3	90.5	92.7
Mathern Road	1.28		2.8	1.3		6.2	18.6	20.3	21.5	26.2	29.4	31.3	33.2	38.5	39.9	54.8	61.3	62.6	67.1	68.3	69.7	83.6	85.2	86.6	88.1	89.2	91.5
Aust	6.23		9.0	7.5	6.2		12.4	14.1	15.2	20.0	23.1	25.1	27.0	32.2	33.6	48.5	55.0	56.3	60.9	62.1	63.5	77.3	79.0	80.4	81.8	82.9	85.2
St Andrews Road	12.37		21.4	19.9	18.6	12.4		1.7	2.9	7.6	10.8	12.7	14.6	19.9	21.3	36.2	42.7	44.0	48.5	49.7	51.1	65.0	66.6	68.0	69.5	70.6	72.9
Avonmouth	1.70		23.1	21.6	20.3	14.1	1.7		1.2	5.9	9.1	11.0	12.9	18.2	19.6	34.5	41.0	42.3	46.8	48.0	49.4	63.3	64.9	66.3	67.8	68.9	71.2
Shirehampton	1.15		24.3	22.7	21.5	15.2	2.9	1.2		4.8	7.9	9.9	11.7	17.0	18.4	33.3	39.8	41.1	45.7	46.9	48.2	62.1	63.7	65.2	66.6	67.7	70.0
Sheepway	4.75		29.0	27.5	26.2	20.0	7.6	5.9	4.8		3.2	5.1	7.0	12.3	13.7	28.6	35.1	36.4	40.9	42.1	43.5	57.4	59.0	60.4	61.9	63.0	65.3
Portbury	3.15		32.2	30.6	29.4	23.1	10.8	9.1	7.9	3.2		2.0	3.8	9.1	10.5	25.4	31.9	33.2	37.8	39.0	40.3	54.2	55.8	57.3	58.7	59.8	62.1
Beach Road West	1.98		34.1	32.6	31.3	25.1	12.7	11.0	9.9	5.1	2.0		1.9	7.1	8.5	23.4	29.9	31.2	35.8	37.0	38.4	52.2	53.9	55.3	56.7	57.8	60.1
Black Nore	1.85		36.0	34.5	33.2	27.0	14.6	12.9	11.7	7.0	3.8	1.9		5.3	6.7	21.6	28.1	29.4	34.0	35.1	36.5	50.4	52.0	53.5	54.9	56.0	58.3
Ladye Point	5.27		41.3	39.7	38.5	32.2	19.9	18.2	17.0	12.3	9.1	7.1	5.3		1.4	16.3	22.8	24.1	28.7	29.9	31.2	45.1	46.7	48.2	49.6	50.7	53.0
Clevedon	1.41		42.7	41.1	39.9	33.6	21.3	19.6	18.4	13.7	10.5	8.5	6.7	1.4		14.9	21.4	22.7	27.3	28.5	29.8	43.7	45.3	46.8	48.2	49.3	51.6
Ebdon	13.93	0.96	57.6	56.0	54.8	48.5	36.2	34.5	33.3	28.6	25.4	23.4	21.6	16.3	14.9		8.4	9.7	14.3	15.5	16.9	30.7	32.4	33.8	35.2	36.3	38.6
Sand Road	7.46		64.1	62.5	61.3	55.0	42.7	41.0	39.8	35.1	31.9	29.9	28.1	22.8	21.4	8.4		1.3	5.9	7.1	8.4	22.3	23.9	25.4	26.8	27.9	30.2
Kewstoke	1.32		65.4	63.9	62.6	56.3	44.0	42.3	41.1	36.4	33.2	31.2	29.4	24.1	22.7	9.7	1.3		4.6	5.8	7.1	21.0	22.6	24.1	25.5	26.6	28.9
Weston-super-Mare	4.56		69.9	68.4	67.1	60.9	48.5	46.8	45.7	40.9	37.8	35.8	34.0	28.7	27.3	14.3	5.9	4.6		1.2	2.6	16.4	18.1	19.5	20.9	22.0	24.3
Royal Sands	1.19		71.1	69.6	68.3	62.1	49.7	48.0	46.9	42.1	39.0	37.0	35.1	29.9	28.5	15.5	7.1	5.8	1.2		1.4	15.2	16.9	18.3	19.7	20.9	23.1
Uphill	1.36		72.5	71.0	69.7	63.5	51.1	49.4	48.2	43.5	40.3	38.4	36.5	31.2	29.8	16.9	8.4	7.1	2.6	1.4		13.9	15.5	17.0	18.4	19.5	21.8
Brean	13.88		86.4	84.8	83.6	77.3	65.0	63.3	62.1	57.4	54.2	52.2	50.4	45.1	43.7	30.7	22.3	21.0	16.4	15.2	13.9		1.6	3.1	4.5	5.6	7.9
South Road	1.63		88.0	86.5	85.2	79.0	66.6	64.9	63.7	59.0	55.8	53.9	52.0	46.7	45.3	32.4	23.9	22.6	18.1	16.9	15.5	1.6		1.4	2.9	4.0	6.3
Berrow Beach	1.01	0.43	89.4	87.9	86.6	80.4	68.0	66.3	65.2	60.4	57.3	55.3	53.5	48.2	46.8	33.8	25.4	24.1	19.5	18.3	17.0	3.1	1.4		2.3	3.4	5.7
Berrow	1.25	0.60	90.9	89.3	88.1	81.8	69.5	67.8	66.6	61.9	58.7	56.7	54.9	49.6	48.2	35.2	26.8	25.5	20.9	19.7	18.4	4.5	2.9	2.3		2.3	4.6
Brent Road track	1.10	0.62	92.0	90.5	89.2	82.9	70.6	68.9	67.7	63.0	59.8	57.8	56.0	50.7	49.3	36.3	27.9	26.6	22.0	20.9	19.5	5.6	4.0	3.4	2.3		3.5
Burnham-on-Sea	2.90		94.3	92.7	91.5	85.2	72.9	71.2	70.0	65.3	62.1	60.1	58.3	53.0	51.6	38.6	30.2	28.9	24.3	23.1	21.8	7.9	6.3	5.7	4.6	3.5	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
41 — Clevedon to Lynton

km	km on route	km to stop if >200m	Clevedon	Ebdon	Sand Road	Kewstoke	**Weston-super-Mare**	Royal Sands	Uphill	Brean	South Road	Berrow Beach	Berrow	Brent Road track	Burnham-on-Sea	**Highbridge**	Pawlett	Dunball Wharf	Bristol Road	Bridgwater	Watchet	Blue Anchor	Dunster Beach	Minehead	Porlock	Porlock Weir	Lynton
Clevedon				14.9	21.4	22.7	27.3	28.5	29.8	43.7	45.3	46.8	48.2	49.3	51.6	53.9	68.9	70.3	73.2	74.3	118.7	123.8	128.3	130.4	142.7	145.2	163.1
Ebdon	13.93	0.96	14.9		8.4	9.7	14.3	15.5	16.9	30.7	32.4	33.8	35.2	36.3	38.6	41.0	55.9	57.4	60.2	61.3	105.7	110.8	115.3	117.4	129.7	132.2	150.2
Sand Road	7.46		21.4	8.4		1.3	5.9	7.1	8.4	22.3	23.9	25.4	26.8	27.9	30.2	32.6	47.5	48.9	51.8	52.9	97.3	102.4	106.9	109.0	121.3	123.8	141.7
Kewstoke	1.32		22.7	9.7	1.3		4.6	5.8	7.1	21.0	22.6	24.1	25.5	26.6	28.9	31.2	46.2	47.6	50.5	51.6	96.0	101.1	105.6	107.6	120.0	122.5	140.4
Weston-super-Mare	4.56		27.3	14.3	5.9	4.6		1.2	2.6	16.4	18.1	19.5	20.9	22.0	24.3	26.7	41.6	43.1	45.9	47.0	91.4	96.5	101.0	103.1	115.4	117.9	135.9
Royal Sands	1.19		28.5	15.5	7.1	5.8	1.2		1.4	15.2	16.9	18.3	19.7	20.9	23.1	25.5	40.4	41.9	44.7	45.9	90.2	95.4	99.8	101.9	114.2	116.7	134.7
Uphill	1.36		29.8	16.9	8.4	7.1	2.6	1.4		13.9	15.5	17.0	18.4	19.5	21.8	24.1	39.1	40.5	43.4	44.5	88.9	94.0	98.5	100.5	112.9	115.4	133.3
Brean	13.88		43.7	30.7	22.3	21.0	16.4	15.2	13.9		1.6	3.1	4.5	5.6	7.9	10.2	25.2	26.6	29.5	30.6	75.0	80.1	84.6	86.7	99.0	101.5	119.4
South Road	1.63		45.3	32.4	23.9	22.6	18.1	16.9	15.5	1.6		1.4	2.9	4.0	6.3	8.6	23.6	25.0	27.9	29.0	73.4	78.5	83.0	85.0	97.4	99.8	117.8
Berrow Beach	1.01	0.43	46.8	33.8	25.4	24.1	19.5	18.3	17.0	3.1	1.4		2.3	3.4	5.7	8.0	23.0	24.4	27.3	28.4	72.8	77.9	82.4	84.4	96.8	99.3	117.2
Berrow	1.25	0.60	48.2	35.2	26.8	25.5	20.9	19.7	18.4	4.5	2.9	2.3		2.3	4.6	7.0	21.9	23.3	26.2	27.3	71.7	76.8	81.3	83.4	95.7	98.2	116.1
Brent Road track	1.10	0.62	49.3	36.3	27.9	26.6	22.0	20.9	19.5	5.6	4.0	3.4	2.3		3.5	5.9	20.8	22.3	25.1	26.2	70.6	75.7	80.2	82.3	94.6	97.1	115.1
Burnham-on-Sea	2.90		51.6	38.6	30.2	28.9	24.3	23.1	21.8	7.9	6.3	5.7	4.6	3.5		2.4	17.3	18.7	21.6	22.7	67.1	72.2	76.7	78.8	91.1	93.6	111.5
Highbridge	2.35		53.9	41.0	32.6	31.2	26.7	25.5	24.1	10.2	8.6	8.0	7.0	5.9	2.4		15.0	16.4	19.2	20.4	64.7	69.9	74.4	76.4	88.7	91.2	109.2
Pawlett	13.98	0.97	68.9	55.9	47.5	46.2	41.6	40.4	39.1	25.2	23.6	23.0	21.9	20.8	17.3	15.0		3.4	6.2	7.4	51.7	56.9	61.4	63.4	75.7	78.2	96.2
Dunball Wharf	2.40		70.3	57.4	48.9	47.6	43.1	41.9	40.5	26.6	25.0	24.4	23.3	22.3	18.7	16.4	3.4		2.9	4.0	48.4	53.5	58.0	60.0	72.4	74.9	92.8
Bristol Road	2.86		73.2	60.2	51.8	50.5	45.9	44.7	43.4	29.5	27.9	27.3	26.2	25.1	21.6	19.2	6.2	2.9		1.1	45.5	50.6	55.1	57.2	69.5	72.0	90.0
Bridgwater	1.13		74.3	61.3	52.9	51.6	47.0	45.9	44.5	30.6	29.0	28.4	27.3	26.2	22.7	20.4	7.4	4.0	1.1		44.4	49.5	54.0	56.0	68.4	70.9	88.8
Watchet	44.37		118.7	105.7	97.3	96.0	91.4	90.2	88.9	75.0	73.4	72.8	71.7	70.6	67.1	64.7	51.7	48.4	45.5	44.4		5.1	9.6	11.7	24.0	26.5	44.5
Blue Anchor	5.13		123.8	110.8	102.4	101.1	96.5	95.4	94.0	80.1	78.5	77.9	76.8	75.7	72.2	69.9	56.9	53.5	50.6	49.5	5.1		4.5	6.5	18.9	21.4	39.3
Dunster Beach	2.89	1.60	128.3	115.3	106.9	105.6	101.0	99.8	98.5	84.6	83.0	82.4	81.3	80.2	76.7	74.4	61.4	58.0	55.1	54.0	9.6	4.5		5.2	17.6	20.1	38.0
Minehead	3.65		130.4	117.4	109.0	107.6	103.1	101.9	100.5	86.7	85.0	84.4	83.4	82.3	78.8	76.4	63.4	60.0	57.2	56.0	11.7	6.5	5.2		12.3	14.8	32.8
Porlock	12.33		142.7	129.7	121.3	120.0	115.4	114.2	112.9	99.0	97.4	96.8	95.7	94.6	91.1	88.7	75.7	72.4	69.5	68.4	24.0	18.9	17.6	12.3		2.5	20.5
Porlock Weir	2.49		145.2	132.2	123.8	122.5	117.9	116.7	115.4	101.5	99.8	99.3	98.2	97.1	93.6	91.2	78.2	74.9	72.0	70.9	26.5	21.4	20.1	14.8	2.5		18.0
Lynton	17.96		163.1	150.2	141.7	140.4	135.9	134.7	133.3	119.4	117.8	117.2	116.1	115.1	111.5	109.2	96.2	92.8	90.0	88.8	44.5	39.3	38.0	32.8	20.5	18.0	

© 2022greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
42 — Burnham-on-Sea to Chivenor

km	km on route	km to stop if >200m	Burnham-on-Sea	**Highbridge**	Pawlett	Dunball Wharf	Bristol Road	Bridgwater	Watchet	Blue Anchor	Dunster Beach	Minehead	Porlock	Porlock Weir	Lynton	Combe Martin	Berrynarbor	Watermouth	Hele	Ilfracombe	Woolacombe	Croyde Bay	Down End	Saunton	Braunton	Chivenor
Burnham-on-Sea				2.4	17.3	18.7	21.6	22.7	67.1	72.2	76.7	78.8	91.1	93.6	111.5	132.8	134.0	135.4	139.8	142.0	155.1	163.5	165.0	167.2	179.3	181.4
Highbridge	2.35		2.4		15.0	16.4	19.2	20.4	64.7	69.9	74.4	76.4	88.7	91.2	109.2	130.5	131.7	133.0	137.4	139.6	152.8	161.1	162.6	164.9	177.0	179.1
Pawlett	13.98	0.97	17.3	15.0		3.4	6.2	7.4	51.7	56.9	61.4	63.4	75.7	78.2	96.2	117.4	118.7	120.0	124.4	126.6	139.8	148.1	149.6	151.8	164.0	166.1
Dunball Wharf	2.40		18.7	16.4	3.4		2.9	4.0	48.4	53.5	58.0	60.0	72.4	74.9	92.8	114.1	115.3	116.6	121.0	123.2	136.4	144.7	146.2	148.5	160.6	162.7
Bristol Road	2.86		21.6	19.2	6.2	2.9		1.1	45.5	50.6	55.1	57.2	69.5	72.0	90.0	111.2	112.5	113.8	118.2	120.4	133.5	141.9	143.4	145.6	157.7	159.8
Bridgwater	1.13		22.7	20.4	7.4	4.0	1.1		44.4	49.5	54.0	56.0	68.4	70.9	88.8	110.1	111.3	112.6	117.1	119.2	132.4	140.8	142.2	144.5	156.6	158.7
Watchet	44.37		67.1	64.7	51.7	48.4	45.5	44.4		5.1	9.6	11.7	24.0	26.5	44.5	65.7	67.0	68.3	72.7	74.9	88.0	96.4	97.9	100.1	112.2	114.3
Blue Anchor	5.13		72.2	69.9	56.9	53.5	50.6	49.5	5.1		4.5	6.5	18.9	21.4	39.3	60.6	61.8	63.1	67.6	69.7	82.9	91.3	92.7	95.0	107.1	109.2
Dunster Beach	2.89	1.60	76.7	74.4	61.4	58.0	55.1	54.0	9.6	4.5		5.3	17.6	20.1	38.0	59.3	60.5	61.8	66.3	68.4	81.6	90.0	91.5	93.7	105.8	107.9
Minehead	3.65		78.8	76.4	63.4	60.0	57.2	56.0	11.7	6.5	5.3		12.3	14.8	32.8	54.0	55.3	56.6	61.0	63.2	76.4	84.7	86.2	88.4	100.6	102.7
Porlock	12.33		91.1	88.7	75.7	72.4	69.5	68.4	24.0	18.9	17.6	12.3		2.5	20.5	41.7	43.0	44.3	48.7	50.9	64.0	72.4	73.9	76.1	88.2	90.3
Porlock Weir	2.49		93.6	91.2	78.2	74.9	72.0	70.9	26.5	21.4	20.1	14.8	2.5		18.0	39.2	40.5	41.8	46.2	48.4	61.5	69.9	71.4	73.6	85.7	87.8
Lynton	17.96		111.5	109.2	96.2	92.8	90.0	88.8	44.5	39.3	38.0	32.8	20.5	18.0		21.3	22.5	23.8	28.2	30.4	43.6	51.9	53.4	55.7	67.8	69.9
Combe Martin	21.26		132.8	130.5	117.4	114.1	111.2	110.1	65.7	60.6	59.3	54.0	41.7	39.2	21.3		1.2	2.6	7.0	9.2	22.3	30.7	32.2	34.4	46.5	48.6
Berrynarbor	1.24		134.0	131.7	118.7	115.3	112.5	111.3	67.0	61.8	60.5	55.3	43.0	40.5	22.5	1.2		1.3	5.7	7.9	21.1	29.4	30.9	33.2	45.3	47.4
Watermouth	1.31		135.4	133.0	120.0	116.6	113.8	112.6	68.3	63.1	61.8	56.6	44.3	41.8	23.8	2.6	1.3		4.4	6.6	19.8	28.1	29.6	31.9	44.0	46.1
Hele	4.42		139.8	137.4	124.4	121.0	118.2	117.1	72.7	67.6	66.3	61.0	48.7	46.2	28.2	7.0	5.7	4.4		2.2	15.4	23.7	25.2	27.4	39.6	41.6
Ilfracombe	2.18		142.0	139.6	126.6	123.2	120.4	119.2	74.9	69.7	68.4	63.2	50.9	48.4	30.4	9.2	7.9	6.6	2.2		13.2	21.5	23.0	25.3	37.4	39.5
Woolacombe	13.17		155.1	152.8	139.8	136.4	133.5	132.4	88.0	82.9	81.6	76.4	64.0	61.5	43.6	22.3	21.1	19.8	15.4	13.2		8.3	9.8	12.1	24.2	26.3
Croyde Bay	8.35		163.5	161.1	148.1	144.7	141.9	140.8	96.4	91.3	90.0	84.7	72.4	69.9	51.9	30.7	29.4	28.1	23.7	21.5	8.3		1.5	3.7	15.9	17.9
Down End	1.49		165.0	162.6	149.6	146.2	143.4	142.2	97.9	92.7	91.5	86.2	73.9	71.4	53.4	32.2	30.9	29.6	25.2	23.0	9.8	1.5		2.2	14.4	16.5
Saunton	2.24		167.2	164.9	151.8	148.5	145.6	144.5	100.1	95.0	93.7	88.4	76.1	73.6	55.7	34.4	33.2	31.9	27.4	25.3	12.1	3.7	2.2		12.1	14.2
Braunton	12.12		179.3	177.0	164.0	160.6	157.7	156.6	112.2	107.1	105.8	100.6	88.2	85.7	67.8	46.5	45.3	44.0	39.6	37.4	24.2	15.9	14.4	12.1		2.1
Chivenor	2.09		181.4	179.1	166.1	162.7	159.8	158.7	114.3	109.2	107.9	102.7	90.3	87.8	69.9	48.6	47.4	46.1	41.6	39.5	26.3	17.9	16.5	14.2	2.1	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
43 — Porlock to Clovelly

km	km on route	km to stop if >200m	Porlock	Porlock Weir	Lynton	Combe Martin	Berrynarbor	Watermouth	Hele	Ilfracombe	Woolacombe	Croyde Bay	Down End	Saunton	Braunton	Chivenor	Ashford	Pottington Estate	**Barnstaple**	Fremington	Yelland	Instow	Westleigh	Bideford	Appledore	Westward Ho!	Clovelly
Porlock				2.5	20.5	41.7	43.0	44.3	48.7	50.9	64.0	72.4	73.9	76.1	88.2	90.3	92.4	94.9	96.3	102.1	103.9	108.1	109.7	112.8	118.2	125.3	142.1
Porlock Weir	2.49		2.5		18.0	39.2	40.5	41.8	46.2	48.4	61.5	69.9	71.4	73.6	85.7	87.8	89.9	92.4	93.8	99.6	101.4	105.6	107.2	110.4	115.7	122.8	139.6
Lynton	17.96		20.5	18.0		21.3	22.5	23.8	28.2	30.4	43.6	51.9	53.4	55.7	67.8	69.9	72.0	74.4	75.9	81.6	83.4	87.6	89.2	92.4	97.7	104.9	121.6
Combe Martin	21.26		41.7	39.2	21.3		1.2	2.6	7.0	9.2	22.3	30.7	32.2	34.4	46.5	48.6	50.7	53.2	54.6	60.4	62.1	66.4	68.0	71.1	76.4	83.6	100.4
Berrynarbor	1.24		43.0	40.5	22.5	1.2		1.3	5.7	7.9	21.1	29.4	30.9	33.2	45.3	47.4	49.5	51.9	53.4	59.1	60.9	65.1	66.7	69.9	75.2	82.4	99.1
Watermouth	1.31		44.3	41.8	23.8	2.6	1.3		4.4	6.6	19.8	28.1	29.6	31.9	44.0	46.1	48.1	50.6	52.1	57.8	59.6	63.8	65.4	68.6	73.9	81.1	97.8
Hele	4.42		48.7	46.2	28.2	7.0	5.7	4.4		2.2	15.4	23.7	25.2	27.4	39.6	41.6	43.7	46.2	47.6	53.4	55.2	59.4	61.0	64.2	69.5	76.6	93.4
Ilfracombe	2.18		50.9	48.4	30.4	9.2	7.9	6.6	2.2		13.2	21.5	23.0	25.3	37.4	39.5	41.5	44.0	45.5	51.2	53.0	57.2	58.8	62.0	67.3	74.5	91.2
Woolacombe	13.17		64.0	61.5	43.6	22.3	21.1	19.8	15.4	13.2		8.3	9.8	12.1	24.2	26.3	28.4	30.9	32.3	38.0	39.8	44.1	45.7	48.8	54.1	61.3	78.1
Croyde Bay	8.35		72.4	69.9	51.9	30.7	29.4	28.1	23.7	21.5	8.3		1.5	3.7	15.9	17.9	20.0	22.5	23.9	29.7	31.5	35.7	37.3	40.5	45.8	52.9	69.7
Down End	1.49		73.9	71.4	53.4	32.2	30.9	29.6	25.2	23.0	9.8	1.5		2.2	14.4	16.5	18.5	21.0	22.4	28.2	30.0	34.2	35.8	39.0	44.3	51.4	68.2
Saunton	2.24		76.1	73.6	55.7	34.4	33.2	31.9	27.4	25.3	12.1	3.7	2.2		12.1	14.2	16.3	18.8	20.2	26.0	27.7	32.0	33.6	36.7	42.0	49.2	66.0
Braunton	12.12		88.2	85.7	67.8	46.5	45.3	44.0	39.6	37.4	24.2	15.9	14.4	12.1		2.1	4.2	6.7	8.1	13.8	15.6	19.9	21.5	24.6	29.9	37.1	53.9
Chivenor	2.09		90.3	87.8	69.9	48.6	47.4	46.1	41.6	39.5	26.3	17.9	16.5	14.2	2.1		2.1	4.6	6.0	11.7	13.5	17.8	19.4	22.5	27.8	35.0	51.8
Ashford	2.08		92.4	89.9	72.0	50.7	49.5	48.1	43.7	41.5	28.4	20.0	18.5	16.3	4.2	2.1		2.5	3.9	9.7	11.5	15.7	17.3	20.4	25.8	32.9	49.7
Pottington Estate	2.49		94.9	92.4	74.4	53.2	51.9	50.6	46.2	44.0	30.9	22.5	21.0	18.8	6.7	4.6	2.5		1.4	7.2	9.0	13.2	14.8	18.0	23.3	30.4	47.2
Barnstaple	1.42		96.3	93.8	75.9	54.6	53.4	52.1	47.6	45.5	32.3	23.9	22.4	20.2	8.1	6.0	3.9	1.4		5.8	7.5	11.8	13.4	16.5	21.8	29.0	45.8
Fremington	4.93	0.82	102.1	99.6	81.6	60.4	59.1	57.8	53.4	51.2	38.0	29.7	28.2	26.0	13.8	11.7	9.7	7.2	5.8		3.4	7.7	9.3	12.4	17.7	24.9	41.7
Yelland	2.19	0.42	103.9	101.4	83.4	62.1	60.9	59.6	55.2	53.0	39.8	31.5	30.0	27.7	15.6	13.5	11.5	9.0	7.5	3.4		5.1	6.7	9.8	15.1	22.3	39.1
Instow	4.65		108.1	105.6	87.6	66.4	65.1	63.8	59.4	57.2	44.1	35.7	34.2	32.0	19.9	17.8	15.7	13.2	11.8	7.7	5.1		1.6	4.8	10.1	17.2	34.0
Westleigh	1.61		109.7	107.2	89.2	68.0	66.7	65.4	61.0	58.8	45.7	37.3	35.8	33.6	21.5	19.4	17.3	14.8	13.4	9.3	6.7	1.6		3.2	8.5	15.6	32.4
Bideford	3.15		112.8	110.4	92.4	71.1	69.9	68.6	64.2	62.0	48.8	40.5	39.0	36.7	24.6	22.5	20.4	18.0	16.5	12.4	9.8	4.8	3.2		5.3	12.5	29.3
Appledore	5.31		118.2	115.7	97.7	76.4	75.2	73.9	69.5	67.3	54.1	45.8	44.3	42.0	29.9	27.8	25.8	23.3	21.8	17.7	15.1	10.1	8.5	5.3		7.2	23.9
Westward Ho!	7.16		125.3	122.8	104.9	83.6	82.4	81.1	76.6	74.5	61.3	52.9	51.4	49.2	37.1	35.0	32.9	30.4	29.0	24.9	22.3	17.2	15.6	12.5	7.2		16.8
Clovelly	16.78		142.1	139.6	121.6	100.4	99.1	97.8	93.4	91.2	78.1	69.7	68.2	66.0	53.9	51.8	49.7	47.2	45.8	41.7	39.1	34.0	32.4	29.3	23.9	16.8	

© 2022 gr-eenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
44 — Croyde Bay to Boscastle

km

	km on route	km to stop if >200m	Croyde Bay	Down End	Saunton	Braunton	Chivenor	Ashford	Pottington Estate	**Barnstaple**	Fremington	Yelland	Instow	Westleigh	Bideford	Appledore	Westward Ho!	Clovelly	Crooklets	Bude	Upton	Widemouth Bay	Wanson Mouth	Crackington Haven	Boscastle
Croyde Bay				1.5	3.7	15.9	17.9	20.0	22.5	23.9	29.7	31.5	35.7	37.3	40.5	45.8	52.9	69.7	107.8	109.1	111.5	114.0	115.6	124.9	134.8
Down End	1.49		1.5		2.2	14.4	16.5	18.5	21.0	22.4	28.2	30.0	34.2	35.8	39.0	44.3	51.4	68.2	106.3	107.6	110.0	112.5	114.1	123.4	133.3
Saunton	2.24		3.7	2.2		12.1	14.2	16.3	18.8	20.2	26.0	27.7	32.0	33.6	36.7	42.0	49.2	66.0	104.0	105.4	107.8	110.3	111.9	121.1	131.0
Braunton	12.12		15.9	14.4	12.1		2.1	4.2	6.7	8.1	13.8	15.6	19.9	21.5	24.6	29.9	37.1	53.9	91.9	93.3	95.6	98.2	99.8	109.0	118.9
Chivenor	2.09		17.9	16.5	14.2	2.1		2.1	4.6	6.0	11.7	13.5	17.8	19.4	22.5	27.8	35.0	51.8	89.8	91.2	93.5	96.1	97.7	106.9	116.8
Ashford	2.08		20.0	18.5	16.3	4.2	2.1		2.5	3.9	9.7	11.5	15.7	17.3	20.4	25.8	32.9	49.7	87.7	89.1	91.5	94.0	95.6	104.8	114.7
Pottington Estate	2.49		22.5	21.0	18.8	6.7	4.6	2.5		1.4	7.2	9.0	13.2	14.8	18.0	23.3	30.4	47.2	85.2	86.6	89.0	91.5	93.1	102.3	112.3
Barnstaple	1.42		23.9	22.4	20.2	8.1	6.0	3.9	1.4		5.8	7.5	11.8	13.4	16.5	21.8	29.0	45.8	83.8	85.2	87.6	90.1	91.7	100.9	110.8
Fremington	4.93	0.82	29.7	28.2	26.0	13.8	11.7	9.7	7.2	5.8		3.4	7.7	9.3	12.4	17.7	24.9	41.7	79.7	81.1	83.4	86.0	87.6	96.8	106.7
Yelland	2.19	0.42	31.5	30.0	27.7	15.6	13.5	11.5	9.0	7.5	3.4		5.1	6.7	9.8	15.1	22.3	39.1	77.1	78.5	80.9	83.4	85.0	94.2	104.1
Instow	4.65		35.7	34.2	32.0	19.9	17.8	15.7	13.2	11.8	7.7	5.1		1.6	4.8	10.1	17.2	34.0	72.1	73.4	75.8	78.3	79.9	89.2	99.1
Westleigh	1.61		37.3	35.8	33.6	21.5	19.4	17.3	14.8	13.4	9.3	6.7	1.6		3.2	8.5	15.6	32.4	70.4	71.8	74.2	76.7	78.3	87.5	97.5
Bideford	3.15		40.5	39.0	36.7	24.6	22.5	20.4	18.0	16.5	12.4	9.8	4.8	3.2		5.3	12.5	29.3	67.3	68.7	71.0	73.6	75.1	84.4	94.3
Appledore	5.31		45.8	44.3	42.0	29.9	27.8	25.8	23.3	21.8	17.7	15.1	10.1	8.5	5.3		7.2	23.9	62.0	63.4	65.7	68.3	69.8	79.1	89.0
Westward Ho!	7.16		52.9	51.4	49.2	37.1	35.0	32.9	30.4	29.0	24.9	22.3	17.2	15.6	12.5	7.2		16.8	54.8	56.2	58.6	61.1	62.7	71.9	81.8
Clovelly	16.78		69.7	68.2	66.0	53.9	51.8	49.7	47.2	45.8	41.7	39.1	34.0	32.4	29.3	23.9	16.8		38.0	39.4	41.8	44.3	45.9	55.1	65.1
Crooklets	38.04		107.8	106.3	104.0	91.9	89.8	87.7	85.2	83.8	79.7	77.1	72.1	70.4	67.3	62.0	54.8	38.0		1.4	3.7	6.3	7.9	17.1	27.0
Bude	1.37		109.1	107.6	105.4	93.3	91.2	89.1	86.6	85.2	81.1	78.5	73.4	71.8	68.7	63.4	56.2	39.4	1.4		2.4	4.9	6.5	15.7	25.6
Upton	2.36		111.5	110.0	107.8	95.6	93.5	91.5	89.0	87.6	83.4	80.9	75.8	74.2	71.0	65.7	58.6	41.8	3.7	2.4		2.5	4.1	13.4	23.3
Widemouth Bay	2.54		114.0	112.5	110.3	98.2	96.1	94.0	91.5	90.1	86.0	83.4	78.3	76.7	73.6	68.3	61.1	44.3	6.3	4.9	2.5		1.6	10.8	20.7
Wanson Mouth	1.58		115.6	114.1	111.9	99.8	97.7	95.6	93.1	91.7	87.6	85.0	79.9	78.3	75.1	69.8	62.7	45.9	7.9	6.5	4.1	1.6		9.3	19.2
Crackington Haven	9.25		124.9	123.4	121.1	109.0	106.9	104.8	102.3	100.9	96.8	94.2	89.2	87.5	84.4	79.1	71.9	55.1	17.1	15.7	13.4	10.8	9.3		9.9
Boscastle	9.91		134.8	133.3	131.0	118.9	116.8	114.7	112.3	110.8	106.7	104.1	99.1	97.5	94.3	89.0	81.8	65.1	27.0	25.6	23.3	20.7	19.2	9.9	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
45 — Bideford to Newquay

km	km on route	km to stop if >200m	Bideford	Appledore	Westward Ho!	Clovelly	Crooklets	Bude	Upton	Widemouth Bay	Wanson Mouth	Crackington Haven	Boscastle	Bossiney	Tintagel	Port Isaac	Polzeath	Rock	Padstow	Trevone	Treyarnon	Porthcothan	Mawgan Porth	Porth	Lusty Glaze	**Newquay**
Bideford				5.3	12.5	29.3	67.3	68.7	71.0	73.6	75.1	84.4	94.3	100.2	103.1	116.0	130.1	135.9	134.3	142.7	152.4	155.8	162.3	169.6	170.6	171.8
Appledore	5.31		5.3		7.2	23.9	62.0	63.4	65.7	68.3	69.8	79.1	89.0	94.9	97.8	110.6	124.8	130.6	129.0	137.4	147.1	150.5	157.0	164.3	165.2	166.5
Westward Ho!	7.16		12.5	7.2		16.8	54.8	56.2	58.6	61.1	62.7	71.9	81.8	87.7	90.6	103.5	117.6	123.4	121.8	130.2	139.9	143.4	149.8	157.1	158.1	159.3
Clovelly	16.78		29.3	23.9	16.8		38.0	39.4	41.8	44.3	45.9	55.1	65.1	70.9	73.8	86.7	100.8	106.7	105.0	113.4	123.1	126.6	133.0	140.4	141.3	142.6
Crooklets	38.04		67.3	62.0	54.8	38.0		1.4	3.7	6.3	7.9	17.1	27.0	32.9	35.8	48.7	62.8	68.6	67.0	75.4	85.1	88.5	95.0	102.3	103.3	104.5
Bude	1.37		68.7	63.4	56.2	39.4	1.4		2.4	4.9	6.5	15.7	25.6	31.5	34.4	47.3	61.4	67.2	65.6	74.0	83.7	87.2	93.6	101.0	101.9	103.1
Upton	2.36		71.0	65.7	58.6	41.8	3.7	2.4		2.5	4.1	13.4	23.3	29.2	32.0	44.9	59.0	64.9	63.3	71.7	81.4	84.8	91.3	98.6	99.5	100.8
Widemouth Bay	2.54		73.6	68.3	61.1	44.3	6.3	4.9	2.5		1.6	10.8	20.7	26.6	29.5	42.4	56.5	62.3	60.7	69.1	78.8	82.3	88.7	96.1	97.0	98.2
Wanson Mouth	1.58		75.1	69.8	62.7	45.9	7.9	6.5	4.1	1.6		9.3	19.2	25.0	27.9	40.8	54.9	60.8	59.1	67.5	77.2	80.7	87.2	94.5	95.4	96.7
Crackington Haven	9.25		84.4	79.1	71.9	55.1	17.1	15.7	13.4	10.8	9.3		9.9	15.8	18.7	31.6	45.7	51.5	49.9	58.3	68.0	71.4	77.9	85.2	86.2	87.4
Boscastle	9.91		94.3	89.0	81.8	65.1	27.0	25.6	23.3	20.7	19.2	9.9		5.9	8.8	21.7	35.8	41.6	40.0	48.4	58.1	61.5	68.0	75.3	76.3	77.5
Bossiney	5.45	0.42	100.2	94.9	87.7	70.9	32.9	31.5	29.2	26.6	25.0	15.8	5.9		3.7	16.6	30.7	36.6	34.9	43.4	53.0	56.5	63.0	70.3	71.2	72.5
Tintagel	2.36	0.95	103.1	97.8	90.6	73.8	35.8	34.4	32.0	29.5	27.9	18.7	8.8	3.7		14.8	28.9	34.7	33.1	41.5	51.2	54.7	61.1	68.5	69.4	70.6
Port Isaac	13.84		116.0	110.6	103.5	86.7	48.7	47.3	44.9	42.4	40.8	31.6	21.7	16.6	14.8		14.1	20.0	18.3	26.7	36.4	39.9	46.3	53.7	54.6	55.9
Polzeath	14.11		130.1	124.8	117.6	100.8	62.8	61.4	59.0	56.5	54.9	45.7	35.8	30.7	28.9	14.1		5.8	4.2	12.6	22.3	25.8	32.2	39.6	40.5	41.7
Rock	4.21	1.63	135.9	130.6	123.4	106.7	68.6	67.2	64.9	62.3	60.8	51.5	41.6	36.6	34.7	20.0	5.8		1.6	10.0	19.7	23.2	29.7	37.0	37.9	39.2
Padstow			134.3	129.0	121.8	105.0	67.0	65.6	63.3	60.7	59.1	49.9	40.0	34.9	33.1	18.3	4.2	1.6		8.4	18.1	21.6	28.0	35.3	36.3	37.5
Trevone	8.41		142.7	137.4	130.2	113.4	75.4	74.0	71.7	69.1	67.5	58.3	48.4	43.4	41.5	26.7	12.6	10.0	8.4		9.7	13.1	19.6	26.9	27.9	29.1
Treyarnon	9.69		152.4	147.1	139.9	123.1	85.1	83.7	81.4	78.8	77.2	68.0	58.1	53.0	51.2	36.4	22.3	19.7	18.1	9.7		3.4	9.9	17.2	18.2	19.4
Porthcothan	3.45		155.8	150.5	143.4	126.6	88.5	87.2	84.8	82.3	80.7	71.4	61.5	56.5	54.7	39.9	25.8	23.2	21.6	13.1	3.4		6.5	13.8	14.7	16.0
Mawgan Porth	6.47		162.3	157.0	149.8	133.0	95.0	93.6	91.3	88.7	87.2	77.9	68.0	63.0	61.1	46.3	32.2	29.7	28.0	19.6	9.9	6.5		7.3	8.3	9.5
Porth	7.32		169.6	164.3	157.1	140.4	102.3	101.0	98.6	96.1	94.5	85.2	75.3	70.3	68.5	53.7	39.6	37.0	35.3	26.9	17.2	13.8	7.3		0.9	2.2
Lusty Glaze	0.94		170.6	165.2	158.1	141.3	103.3	101.9	99.5	97.0	95.4	86.2	76.3	71.2	69.4	54.6	40.5	37.9	36.3	27.9	18.2	14.7	8.3	0.9		1.3
Newquay	1.25		171.8	166.5	159.3	142.6	104.5	103.1	100.8	98.2	96.7	87.4	77.5	72.5	70.6	55.9	41.7	39.2	37.5	29.1	19.4	16.0	9.5	2.2	1.3	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
46 — Boscastle to St Ives

km

	km on route	km to stop if >200m	Boscastle	Bossiney	Tintagel	Port Isaac	Polzeath	Rock	Padstow	Trevone	Treyarnon	Porthcothan	Mawgan Porth	Porth	Lusty Glaze	**Newquay**	Bus station	Pentire	Pentire Ford	Trenance	Holywell	Perranporth	Portreath	**Hayle**	**Lelant**	**Carbis Bay**	**St Ives**
Boscastle				5.9	8.8	21.7	35.8	41.6	40.0	48.4	58.1	61.5	68.0	75.3	76.3	77.5	78.2	82.0	83.4	84.9	95.4	102.6	120.6	139.0	142.1	145.3	147.7
Bossiney	5.45	0.42	5.9		3.7	16.6	30.7	36.6	34.9	43.4	53.0	56.5	63.0	70.3	71.2	72.5	73.1	77.0	78.4	79.9	90.3	97.6	115.6	134.0	137.1	140.3	142.7
Tintagel	2.36	0.95	8.8	3.7		14.8	28.9	34.7	33.1	41.5	51.2	54.7	61.1	68.5	69.4	70.6	71.3	75.1	76.5	78.0	88.5	95.8	113.7	132.2	135.3	138.4	140.9
Port Isaac	13.84		21.7	16.6	14.8		14.1	20.0	18.3	26.7	36.4	39.9	46.3	53.7	54.6	55.9	56.5	60.3	61.7	63.3	73.7	81.0	99.0	117.4	120.5	123.6	126.1
Polzeath	14.11		35.8	30.7	28.9	14.1		5.8	4.2	12.6	22.3	25.8	32.2	39.6	40.5	41.7	42.4	46.2	47.6	49.1	59.6	66.9	84.8	103.3	106.4	109.5	112.0
Rock	4.21	1.63	41.6	36.6	34.7	20.0	5.8		1.6	10.0	19.7	23.2	29.7	37.0	37.9	39.2	39.8	43.7	45.1	46.6	57.0	64.3	82.3	100.7	103.8	106.9	109.4
Padstow			40.0	34.9	33.1	18.3	4.2	1.6		8.4	18.1	21.6	28.0	35.3	36.3	37.5	38.2	42.0	43.4	44.9	55.4	62.7	80.6	99.0	102.2	105.3	107.8
Trevone	8.41		48.4	43.4	41.5	26.7	12.6	10.0	8.4		9.7	13.1	19.6	26.9	27.9	29.1	29.8	33.6	35.0	36.5	47.0	54.3	72.2	90.6	93.8	96.9	99.4
Treyarnon	9.69		58.1	53.0	51.2	36.4	22.3	19.7	18.1	9.7		3.5	9.9	17.2	18.2	19.4	20.1	23.9	25.3	26.8	37.3	44.6	62.5	80.9	84.1	87.2	89.7
Porthcothan	3.45		61.5	56.5	54.7	39.9	25.8	23.2	21.6	13.1	3.5		6.5	13.8	14.7	16.0	16.6	20.5	21.9	23.4	33.8	41.1	59.1	77.5	80.6	83.8	86.2
Mawgan Porth	6.47		68.0	63.0	61.1	46.3	32.2	29.7	28.0	19.6	9.9	6.5		7.3	8.3	9.5	10.2	14.0	15.4	16.9	27.4	34.7	52.6	71.0	74.1	77.3	79.8
Porth	7.32		75.3	70.3	68.5	53.7	39.6	37.0	35.3	26.9	17.2	13.8	7.3		0.9	2.2	2.8	6.7	8.1	9.6	20.0	27.3	45.3	63.7	66.8	70.0	72.4
Lusty Glaze	0.94		76.3	71.2	69.4	54.6	40.5	37.9	36.3	27.9	18.2	14.7	8.3	0.9		1.3	1.9	5.7	7.1	8.7	19.1	26.4	44.4	62.8	65.9	69.0	71.5
Newquay	1.25		77.5	72.5	70.6	55.9	41.7	39.2	37.5	29.1	19.4	16.0	9.5	2.2	1.3		0.7	4.5	5.9	7.4	17.9	25.1	43.1	61.5	64.6	67.8	70.2
Bus station	0.66		78.2	73.1	71.3	56.5	42.4	39.8	38.2	29.8	20.1	16.6	10.2	2.8	1.9	0.7		3.8	5.2	6.7	17.2	24.5	42.4	60.9	64.0	67.1	69.6
Pentire	3.83		82.0	77.0	75.1	60.3	46.2	43.7	42.0	33.6	23.9	20.5	14.0	6.7	5.7	4.5	3.8		1.4	2.9	13.4	20.7	38.6	57.0	60.1	63.3	65.8
Pentire Ford	1.40		83.4	78.4	76.5	61.7	47.6	45.1	43.4	35.0	25.3	21.9	15.4	8.1	7.1	5.9	5.2	1.4		1.5	12.0	19.3	37.2	55.6	58.7	61.9	64.4
Trenance	1.51		84.9	79.9	78.0	63.3	49.1	46.6	44.9	36.5	26.8	23.4	16.9	9.6	8.7	7.4	6.7	2.9	1.5		10.5	17.7	35.7	54.1	57.2	60.4	62.8
Holywell	10.45		95.4	90.3	88.5	73.7	59.6	57.0	55.4	47.0	37.3	33.8	27.4	20.0	19.1	17.9	17.2	13.4	12.0	10.5		7.3	25.3	43.7	46.8	49.9	52.4
Perranporth	7.29		102.6	97.6	95.8	81.0	66.9	64.3	62.7	54.3	44.6	41.1	34.7	27.3	26.4	25.1	24.5	20.7	19.3	17.7	7.3		18.0	36.4	39.5	42.6	45.1
Portreath	17.96		120.6	115.6	113.7	99.0	84.8	82.3	80.6	72.2	62.5	59.1	52.6	45.3	44.4	43.1	42.4	38.6	37.2	35.7	25.3	18.0		18.4	21.5	24.7	27.1
Hayle	18.41		139.0	134.0	132.2	117.4	103.3	100.7	99.0	90.6	80.9	77.5	71.0	63.7	62.8	61.5	60.9	57.0	55.6	54.1	43.7	36.4	18.4		3.1	6.3	8.7
Lelant	3.12		142.1	137.1	135.3	120.5	106.4	103.8	102.2	93.8	84.1	80.6	74.1	66.8	65.9	64.6	64.0	60.1	58.7	57.2	46.8	39.5	21.5	3.1		3.2	5.6
Carbis Bay	3.15		145.3	140.3	138.4	123.6	109.5	106.9	105.3	96.9	87.2	83.8	77.3	70.0	69.0	67.8	67.1	63.3	61.9	60.4	49.9	42.6	24.7	6.3	3.2		2.5
St Ives	2.46		147.7	142.7	140.9	126.1	112.0	109.4	107.8	99.4	89.7	86.2	79.8	72.4	71.5	70.2	69.6	65.8	64.4	62.8	52.4	45.1	27.1	8.7	5.6	2.5	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
47 — Newquay to Newlyn

km	km on route	km to stop if >200m	**Newquay**	Bus station	Pentire	Pentire Ford	Trenance	Holywell	Perranporth	Portreath	**Hayle**	**Lelant**	**Carbis Bay**	**St Ives**	Zennor	Treen	Long Carn	Morvah	Botallack	Carn Towan	Sennen Cove	Land's End	Porthcurno	Mousehole	Skilly	Newlyn
Newquay				0.7	4.5	5.9	7.4	17.9	25.1	43.1	61.5	64.6	67.8	70.2	82.2	84.3	87.9	89.7	95.8	105.9	106.2	108.2	116.3	128.6	130.0	131.7
Bus station	0.66		0.7		3.8	5.2	6.7	17.2	24.5	42.4	60.9	64.0	67.1	69.6	81.6	83.6	87.3	89.0	95.1	105.3	105.6	107.5	115.6	127.9	129.3	131.0
Pentire	3.83		4.5	3.8		1.4	2.9	13.4	20.7	38.6	57.0	60.1	63.3	65.8	77.8	79.8	83.4	85.2	91.3	101.4	101.8	103.7	111.8	124.1	125.5	127.2
Pentire Ford	1.40		5.9	5.2	1.4		1.5	12.0	19.3	37.2	55.6	58.7	61.9	64.4	76.4	78.4	82.0	83.8	89.9	100.0	100.4	102.3	110.4	122.7	124.1	125.8
Trenance	1.51		7.4	6.7	2.9	1.5		10.5	17.7	35.7	54.1	57.2	60.4	62.8	74.8	76.9	80.5	82.3	88.4	98.5	98.8	100.8	108.9	121.2	122.6	124.3
Holywell	10.45		17.9	17.2	13.4	12.0	10.5		7.3	25.3	43.7	46.8	49.9	52.4	64.4	66.4	70.1	71.8	77.9	88.1	88.4	90.3	98.5	110.7	112.1	113.8
Perranporth	7.29		25.1	24.5	20.7	19.3	17.7	7.3		18.0	36.4	39.5	42.6	45.1	57.1	59.1	62.8	64.5	70.7	80.8	81.1	83.0	91.2	103.5	104.8	106.6
Portreath	17.96		43.1	42.4	38.6	37.2	35.7	25.3	18.0		18.4	21.5	24.7	27.1	39.1	41.2	44.8	46.6	52.7	62.8	63.1	65.1	73.2	85.5	86.9	88.6
Hayle	18.41		61.5	60.9	57.0	55.6	54.1	43.7	36.4	18.4		3.1	6.3	8.7	20.7	22.8	26.4	28.2	34.3	44.4	44.7	46.6	54.8	67.1	68.4	70.2
Lelant	3.12		64.6	64.0	60.1	58.7	57.2	46.8	39.5	21.5	3.1		3.2	5.6	17.6	19.6	23.3	25.0	31.2	41.3	41.6	43.5	51.7	64.0	65.3	67.1
Carbis Bay	3.15		67.8	67.1	63.3	61.9	60.4	49.9	42.6	24.7	6.3	3.2		2.5	14.5	16.5	20.2	21.9	28.0	38.2	38.5	40.4	48.5	60.8	62.2	63.9
St Ives	2.46		70.2	69.6	65.8	64.4	62.8	52.4	45.1	27.1	8.7	5.6	2.5		12.0	14.0	17.7	19.4	25.6	35.7	36.0	37.9	46.1	58.4	59.7	61.5
Zennor	11.07	0.93	82.2	81.6	77.8	76.4	74.8	64.4	57.1	39.1	20.7	17.6	14.5	12.0		3.9	7.6	9.3	15.4	25.6	25.9	27.8	35.9	48.2	49.6	51.3
Treen	2.25	0.70	84.3	83.6	79.8	78.4	76.9	66.4	59.1	41.2	22.8	19.6	16.5	14.0	3.9		5.1	6.8	12.9	23.1	23.4	25.3	33.4	45.7	47.1	48.8
Long Carn	4.37		87.9	87.3	83.4	82.0	80.5	70.1	62.8	44.8	26.4	23.3	20.2	17.7	7.6	5.1		1.7	7.9	18.0	18.3	20.2	28.4	40.7	42.0	43.8
Morvah	1.05	0.68	89.7	89.0	85.2	83.8	82.3	71.8	64.5	46.6	28.2	25.0	21.9	19.4	9.3	6.8	1.7		7.5	17.6	17.9	19.9	28.0	40.3	41.7	43.4
Botallack	6.02	0.79	95.8	95.1	91.3	89.9	88.4	77.9	70.7	52.7	34.3	31.2	28.0	25.6	15.4	12.9	7.9	7.5		11.7	12.0	13.9	22.1	34.4	35.7	37.5
Carn Towan	10.11	0.82	105.9	105.3	101.4	100.0	98.5	88.1	80.8	62.8	44.4	41.3	38.2	35.7	25.6	23.1	18.0	17.6	11.7		2.0	3.9	12.0	24.3	25.7	27.4
Sennen Cove	1.13		106.2	105.6	101.8	100.4	98.8	88.4	81.1	63.1	44.7	41.6	38.5	36.0	25.9	23.4	18.3	17.9	12.0	2.0		1.9	10.1	22.4	23.7	25.5
Land's End	1.91		108.2	107.5	103.7	102.3	100.8	90.3	83.0	65.1	46.6	43.5	40.4	37.9	27.8	25.3	20.2	19.9	13.9	3.9	1.9		8.2	20.4	21.8	23.5
Porthcurno	7.86	0.29	116.3	115.6	111.8	110.4	108.9	98.5	91.2	73.2	54.8	51.7	48.5	46.1	35.9	33.4	28.4	28.0	22.1	12.0	10.1	8.2		12.9	14.2	16.0
Mousehole	12.58		128.6	127.9	124.1	122.7	121.2	110.7	103.5	85.5	67.1	64.0	60.8	58.4	48.2	45.7	40.7	40.3	34.4	24.3	22.4	20.4	12.9		1.4	3.1
Skilly	1.36		130.0	129.3	125.5	124.1	122.6	112.1	104.8	86.9	68.4	65.3	62.2	59.7	49.6	47.1	42.0	41.7	35.7	25.7	23.7	21.8	14.2	1.4		1.7
Newlyn	1.74		131.7	131.0	127.2	125.8	124.3	113.8	106.6	88.6	70.2	67.1	63.9	61.5	51.3	48.8	43.8	43.4	37.5	27.4	25.5	23.5	16.0	3.1	1.7	

© 2022greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
48 — St Ives to Lizard

km	km on route	km to stop if >200m	**St Ives**	Zennor	Treen	Long Carn	Morvah	Botallack	Carn Towan	Sennen Cove	Land's End	Porthcurno	Mousehole	Skilly	Newlyn	Queen Street	**Penzance**	Jelbert Way	Station House	Marazion	Trevenner Road	Praa Sands	Porthleven	Poldu Cove	Mullion	Caerthillian Cove	Lizard
St Ives				12.0	14.0	17.7	19.4	25.6	35.7	36.0	37.9	46.1	58.4	59.7	61.5	62.8	64.1	65.8	67.3	68.7	69.9	78.5	85.6	93.8	95.9	106.6	108.4
Zennor	11.07	0.93	12.0		3.9	7.6	9.3	15.4	25.6	25.9	27.8	35.9	48.2	49.6	51.3	52.7	53.9	55.7	57.1	58.5	59.7	68.4	75.4	83.7	85.8	96.5	98.2
Treen	2.25	0.70	14.0	3.9		5.1	6.8	12.9	23.1	23.4	25.3	33.4	45.7	47.1	48.8	50.2	51.4	53.2	54.7	56.0	57.3	65.9	73.0	81.2	83.3	94.0	95.7
Long Carn	4.37		17.7	7.6	5.1		1.7	7.9	18.0	18.3	20.2	28.4	40.7	42.0	43.8	45.1	46.4	48.1	49.6	51.0	52.2	60.9	67.9	76.2	78.2	88.9	90.7
Morvah	1.05	0.68	19.4	9.3	6.8	1.7		7.5	17.6	17.9	19.9	28.0	40.3	41.7	43.4	44.8	46.0	47.7	49.2	50.6	51.8	60.5	67.5	75.8	77.8	88.6	90.3
Botallack	6.02	0.79	25.6	15.4	12.9	7.9	7.5		11.7	12.0	13.9	22.1	34.4	35.7	37.5	38.9	40.1	41.8	43.3	44.7	45.9	54.6	61.6	69.9	71.9	82.6	84.4
Carn Towan	10.11	0.82	35.7	25.6	23.1	18.0	17.6	11.7		2.0	3.9	12.0	24.3	25.7	27.4	28.8	30.0	31.7	33.2	34.6	35.8	44.5	51.5	59.8	61.8	72.6	74.3
Sennen Cove	1.13		36.0	25.9	23.4	18.3	17.9	12.0	2.0		1.9	10.1	22.4	23.7	25.5	26.8	28.1	29.8	31.3	32.7	33.9	42.5	49.6	57.8	59.9	70.6	72.4
Land's End	1.91		37.9	27.8	25.3	20.2	19.9	13.9	3.9	1.9		8.2	20.4	21.8	23.5	24.9	26.1	27.9	29.4	30.8	32.0	40.6	47.7	55.9	58.0	68.7	70.4
Porthcurno	7.86	0.29	46.1	35.9	33.4	28.4	28.0	22.1	12.0	10.1	8.2		12.9	14.2	16.0	17.4	18.6	20.3	21.8	23.2	24.4	33.1	40.1	48.4	50.4	61.1	62.9
Mousehole	12.58		58.4	48.2	45.7	40.7	40.3	34.4	24.3	22.4	20.4	12.9		1.4	3.1	4.5	5.7	7.4	8.9	10.3	11.5	20.2	27.2	35.5	37.5	48.3	50.0
Skilly	1.36		59.7	49.6	47.1	42.0	41.7	35.7	25.7	23.7	21.8	14.2	1.4		1.7	3.1	4.3	6.1	7.6	9.0	10.2	18.8	25.9	34.1	36.2	46.9	48.6
Newlyn	1.74		61.5	51.3	48.8	43.8	43.4	37.5	27.4	25.5	23.5	16.0	3.1	1.7		1.4	2.6	4.3	5.8	7.2	8.4	17.1	24.1	32.4	34.4	45.2	46.9
Queen Street	1.38		62.8	52.7	50.2	45.1	44.8	38.9	28.8	26.8	24.9	17.4	4.5	3.1	1.4		1.2	3.0	4.4	5.8	7.0	15.7	22.8	31.0	33.1	43.8	45.5
Penzance	1.22		64.1	53.9	51.4	46.4	46.0	40.1	30.0	28.1	26.1	18.6	5.7	4.3	2.6	1.2		1.7	3.2	4.6	5.8	14.5	21.5	29.8	31.8	42.6	44.3
Jelbert Way	1.74		65.8	55.7	53.2	48.1	47.7	41.8	31.7	29.8	27.9	20.3	7.4	6.1	4.3	3.0	1.7		1.5	2.9	4.1	12.8	19.8	28.1	30.1	40.8	42.6
Station House	1.48		67.3	57.1	54.7	49.6	49.2	43.3	33.2	31.3	29.4	21.8	8.9	7.6	5.8	4.4	3.2	1.5		1.4	2.6	11.3	18.3	26.6	28.6	39.3	41.1
Marazion	1.39		68.7	58.5	56.0	51.0	50.6	44.7	34.6	32.7	30.8	23.2	10.3	9.0	7.2	5.8	4.6	2.9	1.4		1.2	9.9	16.9	25.2	27.2	38.0	39.7
Trevenner Road	1.21		69.9	59.7	57.3	52.2	51.8	45.9	35.8	33.9	32.0	24.4	11.5	10.2	8.4	7.0	5.8	4.1	2.6	1.2		8.7	15.7	24.0	26.0	36.7	38.5
Praa Sands	8.67		78.5	68.4	65.9	60.9	60.5	54.6	44.5	42.5	40.6	33.1	20.2	18.8	17.1	15.7	14.5	12.8	11.3	9.9	8.7		7.0	15.3	17.4	28.1	29.8
Porthleven	7.04		85.6	75.4	73.0	67.9	67.5	61.6	51.5	49.6	47.7	40.1	27.2	25.9	24.1	22.8	21.5	19.8	18.3	16.9	15.7	7.0		8.3	10.3	21.0	22.8
Poldu Cove	8.26		93.8	83.7	81.2	76.2	75.8	69.9	59.8	57.8	55.9	48.4	35.5	34.1	32.4	31.0	29.8	28.1	26.6	25.2	24.0	15.3	8.3		2.1	12.8	14.5
Mullion	2.05		95.9	85.8	83.3	78.2	77.8	71.9	61.8	59.9	58.0	50.4	37.5	36.2	34.4	33.1	31.8	30.1	28.6	27.2	26.0	17.4	10.3	2.1		10.7	12.5
Caerthillian Cove	9.77	0.95	106.6	96.5	94.0	88.9	88.6	82.6	72.6	70.6	68.7	61.1	48.3	46.9	45.2	43.8	42.6	40.8	39.3	38.0	36.7	28.1	21.0	12.8	10.7		3.6
Lizard	1.59	1.10	108.4	98.2	95.7	90.7	90.3	84.4	74.3	72.4	70.4	62.9	50.0	48.6	46.9	45.5	44.3	42.6	41.1	39.7	38.5	29.8	22.8	14.5	12.5	3.6	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
49 — Newlyn to Falmouth

km	km on route	km to stop if >200m	Newlyn	Queen Street	**Penzance**	Jelbert Way	Station House	Marazion	Trevenner Road	Praa Sands	Porthleven	Poldu Cove	Mullion	Caerthillian Cove	Lizard	Housel Bay	Church Cove	Cadgwith	Coverack	Rosenithon	Helford	Mawnan	Swanpool	**De Pass Road**	Pendennis Point	**Falmouth Docks station**	**Falmouth**
Newlyn				1.4	2.6	4.3	5.8	7.2	8.4	17.1	24.1	32.4	34.4	45.2	46.9	47.8	49.9	51.6	61.5	67.7	81.9	86.9	92.8	93.7	95.3	96.8	98.2
Queen Street	1.38		1.4		1.2	3.0	4.4	5.8	7.0	15.7	22.8	31.0	33.1	43.8	45.5	46.4	48.5	50.3	60.1	66.3	80.5	85.5	91.4	92.4	93.9	95.4	96.8
Penzance	1.22		2.6	1.2		1.7	3.2	4.6	5.8	14.5	21.5	29.8	31.8	42.6	44.3	45.2	47.3	49.0	58.9	65.1	79.3	84.3	90.2	91.1	92.7	94.2	95.6
Jelbert Way	1.74		4.3	3.0	1.7		1.5	2.9	4.1	12.8	19.8	28.1	30.1	40.8	42.6	43.4	45.6	47.3	57.2	63.4	77.5	82.5	88.5	89.4	90.9	92.4	93.9
Station House	1.48		5.8	4.4	3.2	1.5		1.4	2.6	11.3	18.3	26.6	28.6	39.3	41.1	42.0	44.1	45.8	55.7	61.9	76.1	81.1	87.0	87.9	89.4	90.9	92.4
Marazion	1.39		7.2	5.8	4.6	2.9	1.4		1.2	9.9	16.9	25.2	27.2	38.0	39.7	40.6	42.7	44.4	54.3	60.5	74.7	79.7	85.6	86.5	88.1	89.6	91.0
Trevenner Road	1.21		8.4	7.0	5.8	4.1	2.6	1.2		8.7	15.7	24.0	26.0	36.7	38.5	39.4	41.5	43.2	53.1	59.3	73.5	78.5	84.4	85.3	86.8	88.3	89.8
Praa Sands	8.67		17.1	15.7	14.5	12.8	11.3	9.9	8.7		7.0	15.3	17.4	28.1	29.8	30.7	32.8	34.5	44.4	50.6	64.8	69.8	75.7	76.7	78.2	79.7	81.1
Porthleven	7.04		24.1	22.8	21.5	19.8	18.3	16.9	15.7	7.0		8.3	10.3	21.0	22.8	23.7	25.8	27.5	37.4	43.6	57.8	62.7	68.7	69.6	71.1	72.6	74.1
Poldu Cove	8.26		32.4	31.0	29.8	28.1	26.6	25.2	24.0	15.3	8.3		2.1	12.8	14.5	15.4	17.5	19.2	29.1	35.3	49.5	54.5	60.4	61.4	62.9	64.4	65.8
Mullion	2.05		34.4	33.1	31.8	30.1	28.6	27.2	26.0	17.4	10.3	2.1		10.7	12.5	13.3	15.5	17.2	27.1	33.3	47.4	52.4	58.4	59.3	60.8	62.3	63.8
Caerthillian Cove	9.77	0.95	45.2	43.8	42.6	40.8	39.3	38.0	36.7	28.1	21.0	12.8	10.7		3.6	4.5	6.7	8.4	18.3	24.5	38.6	43.6	49.6	50.5	52.0	53.5	54.9
Lizard	1.59	1.10	46.9	45.5	44.3	42.6	41.1	39.7	38.5	29.8	22.8	14.5	12.5	3.6		3.1	5.2	6.9	16.8	23.0	37.2	42.2	48.1	49.0	50.6	52.1	53.5
Housel Bay	1.16	0.82	47.8	46.4	45.2	43.4	42.0	40.6	39.4	30.7	23.7	15.4	13.3	4.5	3.1		3.8	5.5	15.4	21.6	35.7	40.7	46.7	47.6	49.1	50.6	52.1
Church Cove	1.82	1.14	49.9	48.5	47.3	45.6	44.1	42.7	41.5	32.8	25.8	17.5	15.5	6.7	5.2	3.8		4.0	13.9	20.1	34.2	39.2	45.2	46.1	47.6	49.1	50.6
Cadgwith	2.37	0.48	51.6	50.3	49.0	47.3	45.8	44.4	43.2	34.5	27.5	19.2	17.2	8.4	6.9	5.5	4.0		10.9	17.1	31.2	36.2	42.1	43.1	44.6	46.1	47.5
Coverack	10.37		61.5	60.1	58.9	57.2	55.7	54.3	53.1	44.4	37.4	29.1	27.1	18.3	16.8	15.4	13.9	10.9		6.2	20.4	25.4	31.3	32.2	33.7	35.2	36.7
Rosenithon	5.04	1.16	67.7	66.3	65.1	63.4	61.9	60.5	59.3	50.6	43.6	35.3	33.3	24.5	23.0	21.6	20.1	17.1	6.2		16.5	21.5	27.4	28.3	29.9	31.4	32.8
Helford	15.32		81.9	80.5	79.3	77.5	76.1	74.7	73.5	64.8	57.8	49.5	47.4	38.6	37.2	35.7	34.2	31.2	20.4	16.5		5.0	10.9	11.9	13.4	14.9	16.3
Mawnan	2.99	2.00	86.9	85.5	84.3	82.5	81.1	79.7	78.5	69.8	62.7	54.5	52.4	43.6	42.2	40.7	39.2	36.2	25.4	21.5	5.0		9.9	10.9	12.4	13.9	15.3
Swanpool	7.48	0.46	92.8	91.4	90.2	88.5	87.0	85.6	84.4	75.7	68.7	60.4	58.4	49.6	48.1	46.7	45.2	42.1	31.3	27.4	10.9	9.9		1.9	3.4	4.9	6.3
De Pass Road	1.39		93.7	92.4	91.1	89.4	87.9	86.5	85.3	76.7	69.6	61.4	59.3	50.5	49.0	47.6	46.1	43.1	32.2	28.3	11.9	10.9	1.9		1.5	3.0	4.5
Pendennis Point	1.52		95.3	93.9	92.7	90.9	89.4	88.1	86.8	78.2	71.1	62.9	60.8	52.0	50.6	49.1	47.6	44.6	33.7	29.9	13.4	12.4	3.4	1.5		1.5	2.9
Falmouth Docks station	1.50		96.8	95.4	94.2	92.4	90.9	89.6	88.3	79.7	72.6	64.4	62.3	53.5	52.1	50.6	49.1	46.1	35.2	31.4	14.9	13.9	4.9	3.0	1.5		1.4
Falmouth	1.43		98.2	96.8	95.6	93.9	92.4	91.0	89.8	81.1	74.1	65.8	63.8	54.9	53.5	52.1	50.6	47.5	36.7	32.8	16.3	15.3	6.3	4.5	2.9	1.4	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
50 — Lizard to Looe

km	km on route	km to stop if >200m	Lizard	Housel Bay	Church Cove	Cadgwith	Coverack	Rosenithon	Helford Passage	Mawnan	Swanpool	**De Pass Road**	Pendennis Point	**Falmouth Docks station**	**Falmouth**	Portscatho	Portloe	Gorran Haven	Mevagissey	Pentewan	Charlestown	Carlyon Bay	**Par**	Fowey	Polperro	Hannafore Point	**Looe**
Lizard				2.0	4.1	5.8	15.7	21.9	36.1	41.1	47.0	47.9	49.5	51.0	52.4	61.8	73.2	87.2	92.2	95.4	103.0	105.1	108.9	119.3	130.6	137.1	138.7
Housel Bay	1.16	0.82	2.0		3.8	5.5	15.4	21.6	35.7	40.7	46.7	47.6	49.1	50.6	52.1	61.4	72.8	86.8	91.8	95.0	102.6	104.7	108.5	118.9	130.2	136.8	138.3
Church Cove	1.82	1.14	4.1	3.8		4.0	13.9	20.1	34.2	39.2	45.2	46.1	47.6	49.1	50.6	59.9	71.3	85.3	90.3	93.5	101.1	103.2	107.0	117.4	128.7	135.3	136.8
Cadgwith	2.37	0.48	5.8	5.5	4.0		10.9	17.1	31.2	36.2	42.1	43.1	44.6	46.1	47.5	56.9	68.3	82.3	87.3	90.5	98.1	100.2	104.0	114.4	125.7	132.3	133.8
Coverack	10.37		15.7	15.4	13.9	10.9		6.2	20.4	25.4	31.3	32.2	33.7	35.2	36.7	46.1	57.4	71.4	76.4	79.6	87.2	89.3	93.2	103.6	114.9	121.4	123.0
Rosenithon	5.04	1.16	21.9	21.6	20.1	17.1	6.2		16.5	21.5	27.4	28.3	29.9	31.4	32.8	42.2	53.6	67.6	72.6	75.8	83.4	85.5	89.3	99.7	111.0	117.5	119.1
Helford Passage	15.32		36.1	35.7	34.2	31.2	20.4	16.5		5.0	10.9	11.9	13.4	14.9	16.3	25.7	37.1	51.1	56.1	59.3	66.9	69.0	72.8	83.2	94.5	101.1	102.6
Mawnan	2.99	2.00	41.1	40.7	39.2	36.2	25.4	21.5	5.0		9.9	10.9	12.4	13.9	15.3	24.7	36.1	50.1	55.1	58.3	65.9	68.0	71.8	82.2	93.5	100.1	101.6
Swanpool	7.48	0.46	47.0	46.7	45.2	42.1	31.3	27.4	10.9	9.9		1.9	3.4	4.9	6.3	15.7	27.1	41.1	46.1	49.3	56.9	59.0	62.8	73.2	84.5	91.1	92.6
De Pass Road	1.39		47.9	47.6	46.1	43.1	32.2	28.3	11.9	10.9	1.9		1.5	3.0	4.5	13.8	25.2	39.2	44.2	47.4	55.0	57.1	60.9	71.3	82.6	89.2	90.7
Pendennis Point	1.52		49.5	49.1	47.6	44.6	33.7	29.9	13.4	12.4	3.4	1.5		1.5	2.9	12.3	23.7	37.7	42.7	45.9	53.5	55.6	59.4	69.8	81.1	87.7	89.2
Falmouth Docks station	1.50		51.0	50.6	49.1	46.1	35.2	31.4	14.9	13.9	4.9	3.0	1.5		1.4	10.8	22.2	36.2	41.2	44.4	52.0	54.1	57.9	68.3	79.6	86.2	87.7
Falmouth	1.43		52.4	52.1	50.6	47.5	36.7	32.8	16.3	15.3	6.3	4.5	2.9	1.4		9.4	20.8	34.8	39.8	43.0	50.6	52.7	56.5	66.9	78.2	84.8	86.3
Portscatho	9.39		61.8	61.4	59.9	56.9	46.1	42.2	25.7	24.7	15.7	13.8	12.3	10.8	9.4		11.4	25.4	30.4	33.6	41.2	43.3	47.1	57.5	68.8	75.4	76.9
Portloe	11.37		73.2	72.8	71.3	68.3	57.4	53.6	37.1	36.1	27.1	25.2	23.7	22.2	20.8	11.4		14.0	19.0	22.2	29.8	31.9	35.7	46.1	57.4	64.0	65.5
Gorran Haven	13.78	0.22	87.2	86.8	85.3	82.3	71.4	67.6	51.1	50.1	41.1	39.2	37.7	36.2	34.8	25.4	14.0		5.4	8.6	16.3	18.3	22.2	32.6	43.9	50.4	52.0
Mevagissey	5.22		92.2	91.8	90.3	87.3	76.4	72.6	56.1	55.1	46.1	44.2	42.7	41.2	39.8	30.4	19.0	5.4		3.2	10.8	12.9	16.7	27.1	38.4	45.0	46.5
Pentewan	3.20		95.4	95.0	93.5	90.5	79.6	75.8	59.3	58.3	49.3	47.4	45.9	44.4	43.0	33.6	22.2	8.6	3.2		7.6	9.7	13.5	23.9	35.2	41.8	43.3
Charlestown	7.61		103.0	102.6	101.1	98.1	87.2	83.4	66.9	65.9	56.9	55.0	53.5	52.0	50.6	41.2	29.8	16.3	10.8	7.6		2.1	5.9	16.3	27.6	34.2	35.7
Carlyon Bay	2.09		105.1	104.7	103.2	100.2	89.3	85.5	69.0	68.0	59.0	57.1	55.6	54.1	52.7	43.3	31.9	18.3	12.9	9.7	2.1		3.8	14.2	25.5	32.1	33.6
Par	3.83		108.9	108.5	107.0	104.0	93.2	89.3	72.8	71.8	62.8	60.9	59.4	57.9	56.5	47.1	35.7	22.2	16.7	13.5	5.9	3.8		10.4	21.7	28.3	29.8
Fowey	10.39		119.3	118.9	117.4	114.4	103.6	99.7	83.2	82.2	73.2	71.3	69.8	68.3	66.9	57.5	46.1	32.6	27.1	23.9	16.3	14.2	10.4		11.3	17.9	19.4
Polperro	11.30		130.6	130.2	128.7	125.7	114.9	111.0	94.5	93.5	84.5	82.6	81.1	79.6	78.2	68.8	57.4	43.9	38.4	35.2	27.6	25.5	21.7	11.3		6.6	8.1
Hannafore Point	6.57		137.1	136.8	135.3	132.3	121.4	117.5	101.1	100.1	91.1	89.2	87.7	86.2	84.8	75.4	64.0	50.4	45.0	41.8	34.2	32.1	28.3	17.9	6.6		1.5
Looe	1.53		138.7	138.3	136.8	133.8	123.0	119.1	102.6	101.6	92.6	90.7	89.2	87.7	86.3	76.9	65.5	52.0	46.5	43.3	35.7	33.6	29.8	19.4	8.1	1.5	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
51 — Falmouth to Plymouth Hoe

km	km on route	km to stop if >200m	**Falmouth**	Portscatho	Portloe	Gorran Haven	Mevagissey	Pentewan	Charlestown	Carlyon Bay	**Par**	Fowey	Polperro	Hannafore Point	**Looe**	Seaton	Downderry	Portwrinkle	Tregantle	Freathy	Wiggle Cliff	Polhawn	Kingsand	Cremyll	Admiral's Hard	**Millbay**	**Plymouth Hoe**
Falmouth				9.4	20.8	34.8	39.8	43.0	50.6	52.7	56.5	66.9	78.2	84.8	86.3	92.4	93.9	98.9	101.6	103.5	106.5	108.0	113.4	118.6	118.6	121.7	123.1
Portscatho	9.39		9.4		11.4	25.4	30.4	33.6	41.2	43.3	47.1	57.5	68.8	75.4	76.9	83.0	84.5	89.5	92.2	94.1	97.1	98.6	104.0	109.2	109.2	112.4	113.7
Portloe	11.37		20.8	11.4		14.0	19.0	22.2	29.8	31.9	35.7	46.1	57.4	64.0	65.5	71.7	73.1	78.2	80.8	82.7	85.7	87.3	92.6	97.8	97.8	101.0	102.4
Gorran Haven	13.78	0.22	34.8	25.4	14.0		5.4	8.6	16.3	18.3	22.2	32.6	43.9	50.4	52.0	58.1	59.5	64.6	67.3	69.2	72.2	73.7	79.1	84.3	84.3	87.4	88.8
Mevagissey	5.22		39.8	30.4	19.0	5.4		3.2	10.8	12.9	16.7	27.1	38.4	45.0	46.5	52.7	54.1	59.2	61.8	63.7	66.7	68.3	73.6	78.8	78.8	82.0	83.4
Pentewan	3.20		43.0	33.6	22.2	8.6	3.2		7.6	9.7	13.5	23.9	35.2	41.8	43.3	49.5	50.9	56.0	58.6	60.5	63.5	65.1	70.4	75.6	75.6	78.8	80.2
Charlestown	7.61		50.6	41.2	29.8	16.3	10.8	7.6		2.1	5.9	16.3	27.6	34.2	35.7	41.8	43.3	48.4	51.0	52.9	55.9	57.5	62.8	68.0	68.0	71.2	72.6
Carlyon Bay	2.09		52.7	43.3	31.9	18.3	12.9	9.7	2.1		3.8	14.2	25.5	32.1	33.6	39.8	41.2	46.3	48.9	50.8	53.8	55.4	60.7	65.9	65.9	69.1	70.5
Par	3.83		56.5	47.1	35.7	22.2	16.7	13.5	5.9	3.8		10.4	21.7	28.3	29.8	35.9	37.4	42.4	45.1	47.0	50.0	51.5	56.9	62.1	62.1	65.3	66.6
Fowey	10.39		66.9	57.5	46.1	32.6	27.1	23.9	16.3	14.2	10.4		11.3	17.9	19.4	25.5	27.0	32.1	34.7	36.6	39.6	41.1	46.5	51.7	51.7	54.9	56.3
Polperro	11.30		78.2	68.8	57.4	43.9	38.4	35.2	27.6	25.5	21.7	11.3		6.6	8.1	14.2	15.7	20.8	23.4	25.3	28.3	29.8	35.2	40.4	40.4	43.6	45.0
Hannafore Point	6.57		84.8	75.4	64.0	50.4	45.0	41.8	34.2	32.1	28.3	17.9	6.6		1.5	7.7	9.1	14.2	16.8	18.7	21.8	23.3	28.7	33.8	33.8	37.0	38.4
Looe	1.53		86.3	76.9	65.5	52.0	46.5	43.3	35.7	33.6	29.8	19.4	8.1	1.5		6.1	7.6	12.7	15.3	17.2	20.2	21.7	27.1	32.3	32.3	35.5	36.9
Seaton	6.13		92.4	83.0	71.7	58.1	52.7	49.5	41.8	39.8	35.9	25.5	14.2	7.7	6.1		1.4	6.5	9.2	11.1	14.1	15.6	21.0	26.2	26.2	29.3	30.7
Downderry	1.44		93.9	84.5	73.1	59.5	54.1	50.9	43.3	41.2	37.4	27.0	15.7	9.1	7.6	1.4		5.1	7.7	9.6	12.7	14.2	19.6	24.7	24.7	27.9	29.3
Portwrinkle	5.08		98.9	89.5	78.2	64.6	59.2	56.0	48.4	46.3	42.4	32.1	20.8	14.2	12.7	6.5	5.1		2.7	4.5	7.6	9.1	14.5	19.7	19.7	22.8	24.2
Tregantle	2.66		101.6	92.2	80.8	67.3	61.8	58.6	51.0	48.9	45.1	34.7	23.4	16.8	15.3	9.2	7.7	2.7		1.9	4.9	6.4	11.8	17.0	17.0	20.2	21.5
Freathy	1.88		103.5	94.1	82.7	69.2	63.7	60.5	52.9	50.8	47.0	36.6	25.3	18.7	17.2	11.1	9.6	4.5	1.9		3.0	4.5	9.9	15.1	15.1	18.3	19.7
Wiggle Cliff	3.03		106.5	97.1	85.7	72.2	66.7	63.5	55.9	53.8	50.0	39.6	28.3	21.8	20.2	14.1	12.7	7.6	4.9	3.0		1.5	6.9	12.1	12.1	15.2	16.6
Polhawn	1.21	0.31	108.0	98.6	87.3	73.7	68.3	65.1	57.5	55.4	51.5	41.1	29.8	23.3	21.7	15.6	14.2	9.1	6.4	4.5	1.5		6.0	11.2	11.2	14.3	15.7
Kingsand	5.69		113.4	104.0	92.6	79.1	73.6	70.4	62.8	60.7	56.9	46.5	35.2	28.7	27.1	21.0	19.6	14.5	11.8	9.9	6.9	6.0		5.2	5.2	8.3	9.7
Cremyll	5.19		118.6	109.2	97.8	84.3	78.8	75.6	68.0	65.9	62.1	51.7	40.4	33.8	32.3	26.2	24.7	19.7	17.0	15.1	12.1	11.2	5.2			3.2	4.5
Admiral's Hard			118.6	109.2	97.8	84.3	78.8	75.6	68.0	65.9	62.1	51.7	40.4	33.8	32.3	26.2	24.7	19.7	17.0	15.1	12.1	11.2	5.2			3.2	4.5
Millbay	3.15		121.7	112.4	101.0	87.4	82.0	78.8	71.2	69.1	65.3	54.9	43.6	37.0	35.5	29.3	27.9	22.8	20.2	18.3	15.2	14.3	8.3	3.2	3.2		1.4
Plymouth Hoe	1.39		123.1	113.7	102.4	88.8	83.4	80.2	72.6	70.5	66.6	56.3	45.0	38.4	36.9	30.7	29.3	24.2	21.5	19.7	16.6	15.7	9.7	4.5	4.5	1.4	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
52 — Looe to Dartmouth

km	km on route	km to stop if >200m	**Looe**	Seaton	Downderry	Portwrinkle	Tregantle	Freathy	Wiggle Cliff	Polhawn	Kingsand	Cremyll	Admiral's Hard	**Millbay**	**Plymouth Hoe**	**Plymouth Barbican**	Heybrook Bay	Wembury	Salcombe	Torcross	Slapton Sands	Strete Gate	Strete	Landcombe	Blackpool Sands	Stoke Fleming	Dartmouth
Looe				6.1	7.6	12.7	15.3	17.2	20.2	21.7	27.1	32.3	32.3	35.5	36.9	38.6	53.4	56.2	100.0	119.4	121.6	123.2	124.7	126.0	126.9	127.9	134.8
Seaton	6.13		6.1		1.4	6.5	9.2	11.1	14.1	15.6	21.0	26.2	26.2	29.3	30.7	32.5	47.3	50.1	93.8	113.3	115.5	117.1	118.6	119.8	120.7	121.8	128.6
Downderry	1.44		7.6	1.4		5.1	7.7	9.6	12.7	14.2	19.6	24.7	24.7	27.9	29.3	31.1	45.9	48.6	92.4	111.9	114.1	115.6	117.2	118.4	119.3	120.3	127.2
Portwrinkle	5.08		12.7	6.5	5.1		2.7	4.5	7.6	9.1	14.5	19.7	19.7	22.8	24.2	26.0	40.8	43.6	87.3	106.8	109.0	110.5	112.1	113.3	114.2	115.2	122.1
Tregantle	2.66		15.3	9.2	7.7	2.7		1.9	4.9	6.4	11.8	17.0	17.0	20.2	21.5	23.3	38.1	40.9	84.7	104.1	106.3	107.9	109.4	110.7	111.6	112.6	119.5
Freathy	1.88		17.2	11.1	9.6	4.5	1.9		3.0	4.6	9.9	15.1	15.1	18.3	19.7	21.4	36.3	39.0	82.8	102.3	104.5	106.0	107.5	108.8	109.7	110.7	117.6
Wiggle Cliff	3.03		20.2	14.1	12.7	7.6	4.9	3.0		1.5	6.9	12.1	12.1	15.2	16.6	18.4	33.2	36.0	79.8	99.2	101.4	103.0	104.5	105.8	106.7	107.7	114.6
Polhawn	1.21	0.31	21.7	15.6	14.2	9.1	6.4	4.6	1.5		6.0	11.2	11.2	14.3	15.7	17.5	32.3	35.1	78.9	98.3	100.5	102.1	103.6	104.9	105.8	106.8	113.7
Kingsand	5.69		27.1	21.0	19.6	14.5	11.8	9.9	6.9	6.0		5.2	5.2	8.3	9.7	11.5	26.3	29.1	72.9	92.3	94.5	96.1	97.6	98.9	99.8	100.8	107.7
Cremyll	5.19		32.3	26.2	24.7	19.7	17.0	15.1	12.1	11.2	5.2			3.2	4.5	6.3	21.1	23.9	67.7	87.1	89.3	90.9	92.4	93.7	94.6	95.6	102.5
Admiral's Hard			32.3	26.2	24.7	19.7	17.0	15.1	12.1	11.2	5.2			3.2	4.5	6.3	21.1	23.9	67.7	87.1	89.3	90.9	92.4	93.7	94.6	95.6	102.5
Millbay	3.15		35.5	29.3	27.9	22.8	20.2	18.3	15.2	14.3	8.3	3.2	3.2		1.4	3.2	18.0	20.7	64.5	84.0	86.2	87.7	89.3	90.5	91.4	92.4	99.3
Plymouth Hoe	1.39		36.9	30.7	29.3	24.2	21.5	19.7	16.6	15.7	9.7	4.5	4.5	1.4		1.8	16.6	19.4	63.1	82.6	84.8	86.3	87.9	89.1	90.0	91.0	97.9
Plymouth Barbican	1.78		38.6	32.5	31.1	26.0	23.3	21.4	18.4	17.5	11.5	6.3	6.3	3.2	1.8		14.8	17.6	61.3	80.8	83.0	84.6	86.1	87.3	88.2	89.3	96.1
Heybrook Bay	14.34	0.47	53.4	47.3	45.9	40.8	38.1	36.3	33.2	32.3	26.3	21.1	21.1	18.0	16.6	14.8		3.7	47.5	66.9	69.1	70.7	72.2	73.5	74.4	75.4	82.3
Wembury	2.67	0.56	56.2	50.1	48.6	43.6	40.9	39.0	36.0	35.1	29.1	23.9	23.9	20.7	19.4	17.6	3.7		44.9	64.4	66.6	68.1	69.6	70.9	71.8	72.8	79.7
Salcombe	44.33		100.0	93.8	92.4	87.3	84.7	82.8	79.8	78.9	72.9	67.7	67.7	64.5	63.1	61.3	47.5	44.9		19.5	21.7	23.2	24.8	26.0	26.9	27.9	34.8
Torcross	19.47		119.4	113.3	111.9	106.8	104.1	102.3	99.2	98.3	92.3	87.1	87.1	84.0	82.6	80.8	66.9	64.4	19.5		2.2	3.7	5.3	6.5	7.4	8.4	15.3
Slapton Sands	2.20		121.6	115.5	114.1	109.0	106.3	104.5	101.4	100.5	94.5	89.3	89.3	86.2	84.8	83.0	69.1	66.6	21.7	2.2		1.5	3.1	4.3	5.2	6.2	13.1
Strete Gate	1.54		123.2	117.1	115.6	110.5	107.9	106.0	103.0	102.1	96.1	90.9	90.9	87.7	86.3	84.6	70.7	68.1	23.2	3.7	1.5		1.5	2.8	3.7	4.7	11.6
Strete	1.54		124.7	118.6	117.2	112.1	109.4	107.5	104.5	103.6	97.6	92.4	92.4	89.3	87.9	86.1	72.2	69.6	24.8	5.3	3.1	1.5		1.3	2.2	3.2	10.1
Landcombe	1.25		126.0	119.8	118.4	113.3	110.7	108.8	105.8	104.9	98.9	93.7	93.7	90.5	89.1	87.3	73.5	70.9	26.0	6.5	4.3	2.8	1.3		0.9	1.9	8.8
Blackpool Sands	0.90		126.9	120.7	119.3	114.2	111.6	109.7	106.7	105.8	99.8	94.6	94.6	91.4	90.0	88.2	74.4	71.8	26.9	7.4	5.2	3.7	2.2	0.9		1.0	7.9
Stoke Fleming	1.01		127.9	121.8	120.3	115.2	112.6	110.7	107.7	106.8	100.8	95.6	95.6	92.4	91.0	89.3	75.4	72.8	27.9	8.4	6.2	4.7	3.2	1.9	1.0		6.9
Dartmouth	6.89		134.8	128.6	127.2	122.1	119.5	117.6	114.6	113.7	107.7	102.5	102.5	99.3	97.9	96.1	82.3	79.7	34.8	15.3	13.1	11.6	10.1	8.8	7.9	6.9	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
53 — Plymouth, Admiral's Hard to Torquay

km	km on route	km to stop if >200m	Admiral's Hard	**Millbay**	**The Hoe**	**Plymouth Barbican**	Heybrook Bay	Wembury	Salcombe	Torcross	Slapton Sands	Strete Gate	Strete	Landcombe	Blackpool Sands	Stoke Fleming	Dartmouth	Kingswear	St Mary's Bay	Breakwater	Brixham	Goodrington	Alta Vista Road	**Paignton**	Hollicombe Beach	**Torquay**
Admiral's Hard				3.2	4.5	6.3	21.1	23.9	67.7	87.1	89.3	90.9	92.4	93.7	94.6	95.6	102.5	102.5	115.4	118.4	119.5	125.3	126.6	127.9	129.5	131.3
Millbay	3.15		3.2		1.4	3.2	18.0	20.7	64.5	84.0	86.2	87.7	89.3	90.5	91.4	92.4	99.3	99.3	112.2	115.3	116.3	122.2	123.4	124.8	126.4	128.2
The Hoe	1.39		4.5	1.4		1.8	16.6	19.4	63.1	82.6	84.8	86.3	87.9	89.1	90.0	91.0	97.9	97.9	110.8	113.9	114.9	120.8	122.0	123.4	125.0	126.8
Plymouth Barbican	1.78		6.3	3.2	1.8		14.8	17.6	61.3	80.8	83.0	84.6	86.1	87.3	88.2	89.3	96.1	96.1	109.1	112.1	113.1	119.0	120.3	121.6	123.2	125.0
Heybrook Bay	14.34	0.47	21.1	18.0	16.6	14.8		3.7	47.5	66.9	69.1	70.7	72.2	73.5	74.4	75.4	82.3	82.3	95.2	98.2	99.3	105.1	106.4	107.7	109.4	111.1
Wembury	2.67	0.56	23.9	20.7	19.4	17.6	3.7		44.9	64.4	66.6	68.1	69.6	70.9	71.8	72.8	79.7	79.7	92.6	95.7	96.7	102.5	103.8	105.2	106.8	108.5
Salcombe	44.33		67.7	64.5	63.1	61.3	47.5	44.9		19.5	21.7	23.2	24.8	26.0	26.9	27.9	34.8	34.8	47.7	50.8	51.8	57.7	58.9	60.3	61.9	63.6
Torcross	19.47		87.1	84.0	82.6	80.8	66.9	64.4	19.5		2.2	3.7	5.3	6.5	7.4	8.4	15.3	15.3	28.3	31.3	32.3	38.2	39.4	40.8	42.4	44.2
Slapton Sands	2.20		89.3	86.2	84.8	83.0	69.1	66.6	21.7	2.2		1.5	3.1	4.3	5.2	6.2	13.1	13.1	26.1	29.1	30.1	36.0	37.2	38.6	40.2	42.0
Strete Gate	1.54		90.9	87.7	86.3	84.6	70.7	68.1	23.2	3.7	1.5		1.5	2.8	3.7	4.7	11.6	11.6	24.5	27.6	28.6	34.4	35.7	37.1	38.7	40.4
Strete	1.54		92.4	89.3	87.9	86.1	72.2	69.6	24.8	5.3	3.1	1.5		1.3	2.2	3.2	10.1	10.1	23.0	26.0	27.1	32.9	34.2	35.5	37.1	38.9
Landcombe	1.25		93.7	90.5	89.1	87.3	73.5	70.9	26.0	6.5	4.3	2.8	1.3		0.9	1.9	8.8	8.8	21.7	24.8	25.8	31.7	32.9	34.3	35.9	37.6
Blackpool Sands	0.90		94.6	91.4	90.0	88.2	74.4	71.8	26.9	7.4	5.2	3.7	2.2	0.9		1.0	7.9	7.9	20.8	23.9	24.9	30.8	32.0	33.4	35.0	36.7
Stoke Fleming	1.01		95.6	92.4	91.0	89.3	75.4	72.8	27.9	8.4	6.2	4.7	3.2	1.9	1.0		6.9	6.9	19.8	22.9	23.9	29.7	31.0	32.4	34.0	35.7
Dartmouth	6.89		102.5	99.3	97.9	96.1	82.3	79.7	34.8	15.3	13.1	11.6	10.1	8.8	7.9	6.9			12.9	16.0	17.0	22.9	24.1	25.5	27.1	28.8
Kingswear			102.5	99.3	97.9	96.1	82.3	79.7	34.8	15.3	13.1	11.6	10.1	8.8	7.9	6.9			12.9	16.0	17.0	22.9	24.1	25.5	27.1	28.8
St Mary's Bay	12.92		115.4	112.2	110.8	109.1	95.2	92.6	47.7	28.3	26.1	24.5	23.0	21.7	20.8	19.8	12.9	12.9		3.0	4.1	9.9	11.2	12.6	14.2	15.9
Breakwater	3.04		118.4	115.3	113.9	112.1	98.2	95.7	50.8	31.3	29.1	27.6	26.0	24.8	23.9	22.9	16.0	16.0	3.0		1.0	6.9	8.2	9.5	11.1	12.9
Brixham	1.04		119.5	116.3	114.9	113.1	99.3	96.7	51.8	32.3	30.1	28.6	27.1	25.8	24.9	23.9	17.0	17.0	4.1	1.0		5.8	7.1	8.5	10.1	11.8
Goodrington	5.85		125.3	122.2	120.8	119.0	105.1	102.5	57.7	38.2	36.0	34.4	32.9	31.7	30.8	29.7	22.9	22.9	9.9	6.9	5.8		1.3	2.6	4.2	6.0
Alta Vista Road	1.26		126.6	123.4	122.0	120.3	106.4	103.8	58.9	39.4	37.2	35.7	34.2	32.9	32.0	31.0	24.1	24.1	11.2	8.2	7.1	1.3		1.4	3.0	4.7
Paignton	1.36		127.9	124.8	123.4	121.6	107.7	105.2	60.3	40.8	38.6	37.1	35.5	34.3	33.4	32.4	25.5	25.5	12.6	9.5	8.5	2.6	1.4		1.6	3.4
Hollicombe Beach	1.61		129.5	126.4	125.0	123.2	109.4	106.8	61.9	42.4	40.2	38.7	37.1	35.9	35.0	34.0	27.1	27.1	14.2	11.1	10.1	4.2	3.0	1.6		1.8
Torquay	1.76		131.3	128.2	126.8	125.0	111.1	108.5	63.6	44.2	42.0	40.4	38.9	37.6	36.7	35.7	28.8	28.8	15.9	12.9	11.8	6.0	4.7	3.4	1.8	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
54 — Kingswear to Starcross

km	km on route	km to stop if >200m	Kingswear	St Mary's Bay	Breakwater	Brixham	Goodrington	Alta Vista Road	**Paignton**	Hollicombe Beach	**Torquay**	Imperial Hotel	Meadfoot Road	Bishop's Close	Babbacombe	St Marychurch	Watcombe	The Ness	**Teignmouth**	Holcombe	Bunting Way	**Dawlish**	Exeter Road	**Dawlish Warren**	Cockwood	**Starcross**
Kingswear				12.9	16.0	17.0	22.9	24.1	25.5	27.1	28.8	30.7	31.9	35.6	36.1	38.8	41.1	46.5	49.3	53.2	54.3	55.7	56.6	58.3	60.8	62.0
St Mary's Bay	12.92		12.9		3.0	4.1	9.9	11.2	12.6	14.2	15.9	17.7	19.0	22.7	23.2	25.9	28.2	33.6	36.4	40.2	41.4	42.8	43.7	45.4	47.8	49.1
Breakwater	3.04		16.0	3.0		1.0	6.9	8.2	9.5	11.1	12.9	14.7	15.9	19.7	20.2	22.8	25.1	30.5	33.3	37.2	38.3	39.7	40.7	42.3	44.8	46.0
Brixham	1.04		17.0	4.1	1.0		5.9	7.1	8.5	10.1	11.8	13.7	14.9	18.6	19.1	21.8	24.1	29.5	32.3	36.2	37.3	38.7	39.6	41.3	43.8	45.0
Goodrington	5.85		22.9	9.9	6.9	5.9		1.3	2.6	4.2	6.0	7.8	9.1	12.8	13.3	15.9	18.3	23.6	26.4	30.3	31.4	32.8	33.8	35.4	37.9	39.2
Alta Vista Road	1.26		24.1	11.2	8.2	7.1	1.3		1.4	3.0	4.7	6.6	7.8	11.5	12.0	14.7	17.0	22.4	25.2	29.1	30.2	31.6	32.5	34.2	36.6	37.9
Paignton	1.36		25.5	12.6	9.5	8.5	2.6	1.4		1.6	3.4	5.2	6.4	10.2	10.7	13.3	15.6	21.0	23.8	27.7	28.8	30.2	31.2	32.8	35.3	36.5
Hollicombe Beach	1.61		27.1	14.2	11.1	10.1	4.2	3.0	1.6		1.8	3.6	4.8	8.5	9.1	11.7	14.0	19.4	22.2	26.1	27.2	28.6	29.6	31.2	33.7	34.9
Torquay	1.76		28.8	15.9	12.9	11.8	6.0	4.7	3.4	1.8		1.8	3.1	6.8	7.3	9.9	12.3	17.6	20.5	24.3	25.5	26.9	27.8	29.5	31.9	33.2
Imperial Hotel	1.82		30.7	17.7	14.7	13.7	7.8	6.6	5.2	3.6	1.8		1.2	5.0	5.5	8.1	10.4	15.8	18.6	22.5	23.6	25.0	26.0	27.6	30.1	31.3
Meadfoot Road	1.24		31.9	19.0	15.9	14.9	9.1	7.8	6.4	4.8	3.1	1.2		3.7	4.2	6.9	9.2	14.6	17.4	21.3	22.4	23.8	24.7	26.4	28.9	30.1
Bishop's Close	2.53	1.19	35.6	22.7	19.7	18.6	12.8	11.5	10.2	8.5	6.8	5.0	3.7		2.9	5.5	7.9	13.2	16.1	19.9	21.1	22.5	23.4	25.1	27.5	28.8
Babbacombe	1.35	0.35	36.1	23.2	20.2	19.1	13.3	12.0	10.7	9.1	7.3	5.5	4.2	2.9		3.3	5.7	11.1	13.9	17.7	18.9	20.3	21.2	22.9	25.3	26.6
St Marychurch	2.99		38.8	25.9	22.8	21.8	15.9	14.7	13.3	11.7	9.9	8.1	6.9	5.5	3.3		2.3	7.7	10.5	14.4	15.5	16.9	17.9	19.5	22.0	23.2
Watcombe	1.91	0.42	41.1	28.2	25.1	24.1	18.3	17.0	15.6	14.0	12.3	10.4	9.2	7.9	5.7	2.3		6.2	9.0	12.9	14.0	15.4	16.4	18.0	20.5	21.7
The Ness	5.80		46.5	33.6	30.5	29.5	23.6	22.4	21.0	19.4	17.6	15.8	14.6	13.2	11.1	7.7	6.2		2.8	6.7	7.8	9.2	10.2	11.8	14.3	15.5
Teignmouth	2.81		49.3	36.4	33.3	32.3	26.4	25.2	23.8	22.2	20.5	18.6	17.4	16.1	13.9	10.5	9.0	2.8		3.9	5.0	6.4	7.3	9.0	11.5	12.7
Holcombe	3.87		53.2	40.2	37.2	36.2	30.3	29.1	27.7	26.1	24.3	22.5	21.3	19.9	17.7	14.4	12.9	6.7	3.9		1.1	2.5	3.5	5.1	7.6	8.8
Bunting Way	1.13		54.3	41.4	38.3	37.3	31.4	30.2	28.8	27.2	25.5	23.6	22.4	21.1	18.9	15.5	14.0	7.8	5.0	1.1		1.4	2.3	4.0	6.5	7.7
Dawlish	1.40		55.7	42.8	39.7	38.7	32.8	31.6	30.2	28.6	26.9	25.0	23.8	22.5	20.3	16.9	15.4	9.2	6.4	2.5	1.4		0.9	2.6	5.1	6.3
Exeter Road	0.94		56.6	43.7	40.7	39.6	33.8	32.5	31.2	29.6	27.8	26.0	24.7	23.4	21.2	17.9	16.4	10.2	7.3	3.5	2.3	0.9		1.7	4.1	5.4
Dawlish Warren	1.66		58.3	45.4	42.3	41.3	35.4	34.2	32.8	31.2	29.5	27.6	26.4	25.1	22.9	19.5	18.0	11.8	9.0	5.1	4.0	2.6	1.7		2.5	3.7
Cockwood	2.46		60.8	47.8	44.8	43.8	37.9	36.6	35.3	33.7	31.9	30.1	28.9	27.5	25.3	22.0	20.5	14.3	11.5	7.6	6.5	5.1	4.1	2.5		1.3
Starcross	1.25		62.0	49.1	46.0	45.0	39.2	37.9	36.5	34.9	33.2	31.3	30.1	28.8	26.6	23.2	21.7	15.5	12.7	8.8	7.7	6.3	5.4	3.7	1.3	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
55 — Torquay to Lyme Regis

km	km on route	km to stop if >200m	**Torquay**	Imperial Hotel	Meadfoot Road	Bishop's Close	Babbacombe	St Marychurch	Watcombe	The Ness	**Teignmouth**	Holcombe	Bunting Way	**Dawlish**	Exeter Road	**Dawlish Warren**	Cockwood	**Starcross**	**Exmouth**	Lifeboat station	Devon Cliffs	Budleigh Salterton	Sidmouth	Beer	Seaton	Lyme Regis
Torquay				1.8	3.1	6.8	7.3	9.9	12.3	17.6	20.5	24.3	25.5	26.9	27.8	29.5	31.9	33.2	33.2	35.1	37.3	41.9	53.1	66.0	67.6	79.3
Imperial Hotel	1.82		1.8		1.2	5.0	5.5	8.1	10.4	15.8	18.6	22.5	23.6	25.0	26.0	27.6	30.1	31.3	31.3	33.3	35.5	40.0	51.2	64.2	65.8	77.5
Meadfoot Road	1.24		3.1	1.2		3.7	4.2	6.9	9.2	14.6	17.4	21.3	22.4	23.8	24.7	26.4	28.9	30.1	30.1	32.0	34.3	38.8	50.0	63.0	64.6	76.3
Bishop's Close	2.53	1.19	6.8	5.0	3.7		2.9	5.5	7.9	13.2	16.1	19.9	21.1	22.5	23.4	25.1	27.5	28.8	28.8	30.7	32.9	37.5	48.7	61.6	63.2	74.9
Babbacombe	1.35	0.35	7.3	5.5	4.2	2.9		3.3	5.7	11.1	13.9	17.7	18.9	20.3	21.2	22.9	25.3	26.6	26.6	28.5	30.7	35.3	46.5	59.4	61.0	72.7
St Marychurch	2.99		9.9	8.1	6.9	5.5	3.3		2.3	7.7	10.5	14.4	15.5	16.9	17.9	19.5	22.0	23.2	23.2	25.2	27.4	31.9	43.1	56.1	57.7	69.4
Watcombe	1.91	0.42	12.3	10.4	9.2	7.9	5.7	2.3		6.2	9.0	12.9	14.0	15.4	16.4	18.0	20.5	21.7	21.7	23.7	25.9	30.4	41.6	54.6	56.2	67.9
The Ness	5.80		17.6	15.8	14.6	13.2	11.1	7.7	6.2		2.8	6.7	7.8	9.2	10.2	11.8	14.3	15.5	15.5	17.5	19.7	24.2	35.4	48.4	50.0	61.7
Teignmouth	2.81		20.5	18.6	17.4	16.1	13.9	10.5	9.0	2.8		3.9	5.0	6.4	7.3	9.0	11.5	12.7	12.7	14.6	16.9	21.4	32.6	45.6	47.2	58.9
Holcombe	3.87		24.3	22.5	21.3	19.9	17.7	14.4	12.9	6.7	3.9		1.1	2.5	3.5	5.1	7.6	8.8	8.8	10.8	13.0	17.5	28.7	41.7	43.3	55.0
Bunting Way	1.13		25.5	23.6	22.4	21.1	18.9	15.5	14.0	7.8	5.0	1.1		1.4	2.3	4.0	6.5	7.7	7.7	9.6	11.9	16.4	27.6	40.6	42.2	53.9
Dawlish	1.40		26.9	25.0	23.8	22.5	20.3	16.9	15.4	9.2	6.4	2.5	1.4		0.9	2.6	5.1	6.3	6.3	8.2	10.5	15.0	26.2	39.2	40.8	52.5
Exeter Road	0.94		27.8	26.0	24.7	23.4	21.2	17.9	16.4	10.2	7.3	3.5	2.3	0.9		1.7	4.1	5.4	5.4	7.3	9.5	14.1	25.3	38.2	39.8	51.5
Dawlish Warren	1.66		29.5	27.6	26.4	25.1	22.9	19.5	18.0	11.8	9.0	5.1	4.0	2.6	1.7		2.5	3.7	3.7	5.6	7.9	12.4	23.6	36.6	38.2	49.9
Cockwood	2.46		31.9	30.1	28.9	27.5	25.3	22.0	20.5	14.3	11.5	7.6	6.5	5.1	4.1	2.5		1.3	1.3	3.2	5.4	9.9	21.1	34.1	35.7	47.4
Starcross	1.25		33.2	31.3	30.1	28.8	26.6	23.2	21.7	15.5	12.7	8.8	7.7	6.3	5.4	3.7	1.3			1.9	4.2	8.7	19.9	32.9	34.5	46.2
Exmouth			33.2	31.3	30.1	28.8	26.6	23.2	21.7	15.5	12.7	8.8	7.7	6.3	5.4	3.7	1.3			1.9	4.2	8.7	19.9	32.9	34.5	46.2
Lifeboat station	1.93		35.1	33.3	32.0	30.7	28.5	25.2	23.7	17.5	14.6	10.8	9.6	8.2	7.3	5.6	3.2	1.9	1.9		2.2	6.8	18.0	30.9	32.5	44.2
Devon Cliffs	2.24		37.3	35.5	34.3	32.9	30.7	27.4	25.9	19.7	16.9	13.0	11.9	10.5	9.5	7.9	5.4	4.2	4.2	2.2		4.5	15.7	28.7	30.3	42.0
Budleigh Salterton	4.52		41.9	40.0	38.8	37.5	35.3	31.9	30.4	24.2	21.4	17.5	16.4	15.0	14.1	12.4	9.9	8.7	8.7	6.8	4.5		11.2	24.2	25.8	37.5
Sidmouth	11.20		53.1	51.2	50.0	48.7	46.5	43.1	41.6	35.4	32.6	28.7	27.6	26.2	25.3	23.6	21.1	19.9	19.9	18.0	15.7	11.2		13.0	14.6	26.3
Beer	12.67	0.31	66.0	64.2	63.0	61.6	59.4	56.1	54.6	48.4	45.6	41.7	40.6	39.2	38.2	36.6	34.1	32.9	32.9	30.9	28.7	24.2	13.0		2.2	13.9
Seaton	1.89		67.6	65.8	64.6	63.2	61.0	57.7	56.2	50.0	47.2	43.3	42.2	40.8	39.8	38.2	35.7	34.5	34.5	32.5	30.3	25.8	14.6	2.2		11.7
Lyme Regis	11.71		79.3	77.5	76.3	74.9	72.7	69.4	67.9	61.7	58.9	55.0	53.9	52.5	51.5	49.9	47.4	46.2	46.2	44.2	42.0	37.5	26.3	13.9	11.7	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
56 — Exmouth to Portland Castle

km	km on route	km to stop if >200m	**Exmouth**	Lifeboat station	Devon Cliffs	Budleigh Salterton	Sidmouth	Beer	Seaton	Lyme Regis	Timber Hill	Langmoor Manor	Charmouth	Seatown	West Bay	Burton Freshwater	Burton Bradstock	Burton Mere	Abbotsbury	Chickerell	Ferry Bridge	West Bay	Chiswell	Southwell	Fortuneswell	Portland Castle
Exmouth				1.9	4.2	8.7	19.9	32.9	34.5	46.2	47.6	49.4	51.0	59.9	63.6	66.0	66.8	69.1	77.6	88.1	94.6	96.5	97.6	106.5	112.5	113.2
Lifeboat station	1.93		1.9		2.2	6.8	18.0	30.9	32.5	44.2	45.6	47.5	49.1	57.9	61.7	64.1	64.8	67.1	75.6	86.2	92.7	94.6	95.7	104.6	110.6	111.3
Devon Cliffs	2.24		4.2	2.2		4.5	15.7	28.7	30.3	42.0	43.4	45.2	46.8	55.7	59.5	61.9	62.6	64.9	73.4	84.0	90.4	92.3	93.4	102.3	108.3	109.0
Budleigh Salterton	4.52		8.7	6.8	4.5		11.2	24.2	25.8	37.5	38.9	40.7	42.3	51.2	54.9	57.4	58.1	60.4	68.9	79.5	85.9	87.8	88.9	97.8	103.8	104.5
Sidmouth	11.20		19.9	18.0	15.7	11.2		13.0	14.6	26.3	27.7	29.5	31.1	40.0	43.7	46.2	46.9	49.2	57.7	68.3	74.7	76.6	77.7	86.6	92.6	93.3
Beer	12.67	0.31	32.9	30.9	28.7	24.2	13.0		2.2	13.9	15.3	17.2	18.8	27.6	31.4	33.8	34.5	36.8	45.3	55.9	62.4	64.2	65.3	74.2	80.2	80.9
Seaton	1.89		34.5	32.5	30.3	25.8	14.6	2.2		11.7	13.1	15.0	16.6	25.4	29.2	31.6	32.3	34.6	43.1	53.7	60.2	62.0	63.1	72.0	78.0	78.7
Lyme Regis	11.71		46.2	44.2	42.0	37.5	26.3	13.9	11.7		1.4	3.2	4.8	13.7	17.5	19.9	20.6	22.9	31.4	42.0	48.5	50.3	51.4	60.3	66.3	67.0
Timber Hill	1.41		47.6	45.6	43.4	38.9	27.7	15.3	13.1	1.4		1.8	3.4	12.3	16.1	18.5	19.2	21.5	30.0	40.6	47.0	48.9	50.0	58.9	64.9	65.6
Langmoor Manor	1.83		49.4	47.5	45.2	40.7	29.5	17.2	15.0	3.2	1.8		1.6	10.5	14.2	16.6	17.4	19.7	28.2	38.7	45.2	47.1	48.2	57.1	63.1	63.8
Charmouth	1.60		51.0	49.1	46.8	42.3	31.1	18.8	16.6	4.8	3.4	1.6		8.9	12.6	15.0	15.8	18.1	26.6	37.1	43.6	45.5	46.6	55.5	61.5	62.2
Seatown	7.68	1.17	59.9	57.9	55.7	51.2	40.0	27.6	25.4	13.7	12.3	10.5	8.9		6.1	8.5	9.3	11.6	20.1	30.6	37.1	39.0	40.1	49.0	55.0	55.7
West Bay	4.94		63.6	61.7	59.5	54.9	43.7	31.4	29.2	17.5	16.1	14.2	12.6	6.1		2.4	3.2	5.5	13.9	24.5	31.0	32.9	34.0	42.9	48.9	49.6
Burton Freshwater	1.80	0.62	66.0	64.1	61.9	57.4	46.2	33.8	31.6	19.9	18.5	16.6	15.0	8.5	2.4		2.0	4.3	12.8	23.3	29.8	31.7	32.8	41.7	47.7	48.4
Burton Bradstock	1.04	0.31	66.8	64.8	62.6	58.1	46.9	34.5	32.3	20.6	19.2	17.4	15.8	9.3	3.2	2.0		2.9	11.4	22.0	28.5	30.3	31.4	40.3	46.3	47.0
Burton Mere	2.16	0.45	69.1	67.1	64.9	60.4	49.2	36.8	34.6	22.9	21.5	19.7	18.1	11.6	5.5	4.3	2.9		9.4	20.0	26.4	28.3	29.4	38.3	44.3	45.0
Abbotsbury	8.42	0.52	77.6	75.6	73.4	68.9	57.7	45.3	43.1	31.4	30.0	28.2	26.6	20.1	13.9	12.8	11.4	9.4		11.6	18.1	20.0	21.1	30.0	36.0	36.7
Chickerell	10.22	0.88	88.1	86.2	84.0	79.5	68.3	55.9	53.7	42.0	40.6	38.7	37.1	30.6	24.5	23.3	22.0	20.0	11.6		8.2	10.1	11.2	20.1	26.1	26.8
Ferry Bridge	7.35		94.6	92.7	90.4	85.9	74.7	62.4	60.2	48.5	47.0	45.2	43.6	37.1	31.0	29.8	28.5	26.4	18.1	8.2		1.9	3.0	11.9	17.9	18.6
West Bay	1.88		96.5	94.6	92.3	87.8	76.6	64.2	62.0	50.3	48.9	47.1	45.5	39.0	32.9	31.7	30.3	28.3	20.0	10.1	1.9		1.1	10.0	16.0	16.7
Chiswell	1.10		97.6	95.7	93.4	88.9	77.7	65.3	63.1	51.4	50.0	48.2	46.6	40.1	34.0	32.8	31.4	29.4	21.1	11.2	3.0	1.1		8.9	14.9	15.6
Southwell	8.90		106.5	104.6	102.3	97.8	86.6	74.2	72.0	60.3	58.9	57.1	55.5	49.0	42.9	41.7	40.3	38.3	30.0	20.1	11.9	10.0	8.9		6.0	6.7
Fortuneswell	5.99		112.5	110.6	108.3	103.8	92.6	80.2	78.0	66.3	64.9	63.1	61.5	55.0	48.9	47.7	46.3	44.3	36.0	26.1	17.9	16.0	14.9	6.0		0.7
Portland Castle	0.70		113.2	111.3	109.0	104.5	93.3	80.9	78.7	67.0	65.6	63.8	62.2	55.7	49.6	48.4	47.0	45.0	36.7	26.8	18.6	16.7	15.6	6.7	0.7	

© 2022greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
57 — Lyme Regis to Swanage

km	km on route	km to stop if >200m	Lyme Regis	Timber Hill	Langmoor Manor	Charmouth	Seatown	West Bay	Burton Freshwater	Burton Bradstock	Burton Mere	Abbotsbury	Chickerell	Ferry Bridge	West Bay	Chiswell	Southwell	Fortuneswell	Portland Castle	Rodwell	Town Bridge	Weymouth	Lodmoor	Overcombe	Lulworth Cove	Houns-tout Cliff	Swanage
Lyme Regis				1.4	3.2	4.8	13.7	17.5	19.9	20.6	22.9	31.4	42.0	48.5	50.3	51.4	60.3	66.3	67.0	72.2	74.5	75.8	77.1	78.3	92.8	112.0	125.4
Timber Hill	1.41		1.4		1.8	3.4	12.3	16.1	18.5	19.2	21.5	30.0	40.6	47.0	48.9	50.0	58.9	64.9	65.6	70.7	73.1	74.3	75.7	76.9	91.4	110.6	124.0
Langmoor Manor	1.83		3.2	1.8		1.6	10.5	14.2	16.6	17.4	19.7	28.2	38.7	45.2	47.1	48.2	57.1	63.1	63.8	68.9	71.3	72.5	73.9	75.1	89.5	108.7	122.2
Charmouth	1.60		4.8	3.4	1.6		8.9	12.6	15.0	15.8	18.1	26.6	37.1	43.6	45.5	46.6	55.5	61.5	62.2	67.3	69.7	70.9	72.3	73.5	87.9	107.1	120.6
Seatown	7.68	1.17	13.7	12.3	10.5	8.9		6.1	8.5	9.3	11.6	20.1	30.6	37.1	39.0	40.1	49.0	55.0	55.7	60.8	63.1	64.4	65.7	67.0	81.4	100.6	114.1
West Bay	4.94		17.5	16.1	14.2	12.6	6.1		2.4	3.2	5.5	13.9	24.5	31.0	32.9	34.0	42.9	48.9	49.6	54.7	57.0	58.3	59.6	60.9	75.3	94.5	108.0
Burton Freshwater	1.80	0.62	19.9	18.5	16.6	15.0	8.5	2.4		2.0	4.3	12.8	23.3	29.8	31.7	32.8	41.7	47.7	48.4	53.5	55.9	57.1	58.5	59.7	74.1	93.3	106.8
Burton Bradstock	1.04	0.31	20.6	19.2	17.4	15.8	9.3	3.2	2.0		2.9	11.4	22.0	28.5	30.3	31.4	40.3	46.3	47.0	52.2	54.5	55.8	57.1	58.4	72.8	92.0	105.5
Burton Mere	2.16	0.45	22.9	21.5	19.7	18.1	11.6	5.5	4.3	2.9		9.4	20.0	26.4	28.3	29.4	38.3	44.3	45.0	50.1	52.5	53.7	55.1	56.3	70.8	90.0	103.4
Abbotsbury	8.42	0.52	31.4	30.0	28.2	26.6	20.1	13.9	12.8	11.4	9.4		11.6	18.1	20.0	21.1	30.0	36.0	36.7	41.8	44.1	45.4	46.7	48.0	62.4	81.6	95.1
Chickerell	10.22	0.88	42.0	40.6	38.7	37.1	30.6	24.5	23.3	22.0	20.0	11.6		8.2	10.1	11.2	20.1	26.1	26.8	31.9	34.3	35.5	36.9	38.1	52.5	71.7	85.2
Ferry Bridge	7.35		48.5	47.0	45.2	43.6	37.1	31.0	29.8	28.5	26.4	18.1	8.2		1.9	3.0	11.9	17.9	18.6	23.7	26.0	27.3	28.6	29.9	44.3	63.5	77.0
West Bay	1.88		50.3	48.9	47.1	45.5	39.0	32.9	31.7	30.3	28.3	20.0	10.1	1.9		1.1	10.0	16.0	16.7	21.8	24.2	25.4	26.8	28.0	42.4	61.6	75.1
Chiswell	1.10		51.4	50.0	48.2	46.6	40.1	34.0	32.8	31.4	29.4	21.1	11.2	3.0	1.1		8.9	14.9	15.6	20.7	23.1	24.3	25.7	26.9	41.3	60.5	74.0
Southwell	8.90		60.3	58.9	57.1	55.5	49.0	42.9	41.7	40.3	38.3	30.0	20.1	11.9	10.0	8.9		6.0	6.7	11.8	14.2	15.4	16.8	18.0	32.4	51.6	65.1
Fortuneswell	5.99		66.3	64.9	63.1	61.5	55.0	48.9	47.7	46.3	44.3	36.0	26.1	17.9	16.0	14.9	6.0		0.7	5.8	8.2	9.4	10.8	12.0	26.4	45.6	59.1
Portland Castle	0.70		67.0	65.6	63.8	62.2	55.7	49.6	48.4	47.0	45.0	36.7	26.8	18.6	16.7	15.6	6.7	0.7		5.1	7.5	8.7	10.1	11.3	25.7	44.9	58.4
Rodwell	5.13		72.2	70.7	68.9	67.3	60.8	54.7	53.5	52.2	50.1	41.8	31.9	23.7	21.8	20.7	11.8	5.8	5.1		2.3	3.6	4.9	6.2	20.6	39.8	53.3
Town Bridge	2.34		74.5	73.1	71.3	69.7	63.1	57.0	55.9	54.5	52.5	44.1	34.3	26.0	24.2	23.1	14.2	8.2	7.5	2.3		1.3	2.6	3.9	18.3	37.5	51.0
Weymouth	1.26		75.8	74.3	72.5	70.9	64.4	58.3	57.1	55.8	53.7	45.4	35.5	27.3	25.4	24.3	15.4	9.4	8.7	3.6	1.3		1.3	2.6	17.0	36.2	49.7
Lodmoor	1.34		77.1	75.7	73.9	72.3	65.7	59.6	58.5	57.1	55.1	46.7	36.9	28.6	26.8	25.7	16.8	10.8	10.1	4.9	2.6	1.3		1.3	15.7	34.9	48.4
Overcombe	1.25		78.3	76.9	75.1	73.5	67.0	60.9	59.7	58.4	56.3	48.0	38.1	29.9	28.0	26.9	18.0	12.0	11.3	6.2	3.9	2.6	1.3		14.4	33.6	47.1
Lulworth Cove	14.42		92.8	91.4	89.5	87.9	81.4	75.3	74.1	72.8	70.8	62.4	52.5	44.3	42.4	41.3	32.4	26.4	25.7	20.6	18.3	17.0	15.7	14.4		19.2	32.7
Houns-tout Cliff	16.97	2.23	112.0	110.6	108.7	107.1	100.6	94.5	93.3	92.0	90.0	81.6	71.7	63.5	61.6	60.5	51.6	45.6	44.9	39.8	37.5	36.2	34.9	33.6	19.2		17.9
Swanage	15.71		125.4	124.0	122.2	120.6	114.1	108.0	106.8	105.5	103.4	95.1	85.2	77.0	75.1	74.0	65.1	59.1	58.4	53.3	51.0	49.7	48.4	47.1	32.7	17.9	

© 2022greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
58 — Ferry Bridge to Bournemouth via Portland Bill

km	km on route	km to stop if >200m	Ferry Bridge	West Bay	Chiswell	Southwell	Fortuneswell	Portland Castle	Rodwell	Town Bridge	**Weymouth**	Lodmoor	Overcombe	Lulworth Cove	Houns-tout Cliff	Swanage	Studland	South Haven Point	Sandbanks	Poole Head	Flaghead Road	Western Road	Branksome Chine	Alum Chine	West Cliff	**Bournemouth**
Ferry Bridge				1.9	3.0	11.9	17.9	18.6	23.7	26.0	27.3	28.6	29.9	44.3	63.5	77.0	84.5	89.3	89.3	90.9	92.1	93.3	94.2	95.5	97.3	98.5
West Bay	1.88		1.9		1.1	10.0	16.0	16.7	21.8	24.2	25.4	26.8	28.0	42.4	61.6	75.1	82.6	87.4	87.4	89.1	90.2	91.4	92.3	93.7	95.4	96.6
Chiswell	1.10		3.0	1.1		8.9	14.9	15.6	20.7	23.1	24.3	25.7	26.9	41.3	60.5	74.0	81.5	86.3	86.3	88.0	89.1	90.3	91.2	92.6	94.3	95.5
Southwell	8.90		11.9	10.0	8.9		6.0	6.7	11.8	14.2	15.4	16.8	18.0	32.4	51.6	65.1	72.6	77.4	77.4	79.1	80.2	81.4	82.3	83.7	85.4	86.6
Fortuneswell	5.99		17.9	16.0	14.9	6.0		0.7	5.8	8.2	9.4	10.8	12.0	26.4	45.6	59.1	66.6	71.4	71.4	73.1	74.2	75.4	76.3	77.7	79.4	80.6
Portland Castle	0.70		18.6	16.7	15.6	6.7	0.7		5.1	7.5	8.7	10.1	11.3	25.7	44.9	58.4	65.9	70.7	70.7	72.4	73.5	74.7	75.6	77.0	78.7	79.9
Rodwell	5.13		23.7	21.8	20.7	11.8	5.8	5.1		2.3	3.6	4.9	6.2	20.6	39.8	53.3	60.8	65.6	65.6	67.2	68.4	69.6	70.5	71.8	73.6	74.8
Town Bridge	2.34		26.0	24.2	23.1	14.2	8.2	7.5	2.3		1.3	2.6	3.9	18.3	37.5	51.0	58.4	63.2	63.2	64.9	66.1	67.3	68.2	69.5	71.3	72.4
Weymouth	1.26		27.3	25.4	24.3	15.4	9.4	8.7	3.6	1.3		1.3	2.6	17.0	36.2	49.7	57.2	62.0	62.0	63.6	64.8	66.0	66.9	68.2	70.0	71.2
Lodmoor	1.34		28.6	26.8	25.7	16.8	10.8	10.1	4.9	2.6	1.3		1.3	15.7	34.9	48.4	55.8	60.6	60.6	62.3	63.5	64.7	65.6	66.9	68.7	69.8
Overcombe	1.25		29.9	28.0	26.9	18.0	12.0	11.3	6.2	3.9	2.6	1.3		14.4	33.6	47.1	54.6	59.4	59.4	61.0	62.2	63.4	64.3	65.7	67.4	68.6
Lulworth Cove	14.42		44.3	42.4	41.3	32.4	26.4	25.7	20.6	18.3	17.0	15.7	14.4		19.2	32.7	40.2	45.0	45.0	46.6	47.8	49.0	49.9	51.2	53.0	54.2
Houns-tout Cliff	16.97	2.23	63.5	61.6	60.5	51.6	45.6	44.9	39.8	37.5	36.2	34.9	33.6	19.2		17.9	25.4	30.2	30.2	31.9	33.0	34.3	35.1	36.5	38.2	39.4
Swanage	15.71		77.0	75.1	74.0	65.1	59.1	58.4	53.3	51.0	49.7	48.4	47.1	32.7	17.9		7.5	12.3	12.3	13.9	15.1	16.3	17.2	18.6	20.3	21.5
Studland	7.10	0.37	84.5	82.6	81.5	72.6	66.6	65.9	60.8	58.4	57.2	55.8	54.6	40.2	25.4	7.5		5.5	5.5	7.2	8.4	9.6	10.5	11.8	13.6	14.7
South Haven Point	5.17		89.3	87.4	86.3	77.4	71.4	70.7	65.6	63.2	62.0	60.6	59.4	45.0	30.2	12.3	5.5			1.7	2.8	4.0	4.9	6.3	8.0	9.2
Sandbanks			89.3	87.4	86.3	77.4	71.4	70.7	65.6	63.2	62.0	60.6	59.4	45.0	30.2	12.3	5.5			1.7	2.8	4.0	4.9	6.3	8.0	9.2
Poole Head	1.67		90.9	89.1	88.0	79.1	73.1	72.4	67.2	64.9	63.6	62.3	61.0	46.6	31.9	13.9	7.2	1.7	1.7		1.2	2.4	3.3	4.6	6.4	7.5
Flaghead Road	1.16		92.1	90.2	89.1	80.2	74.2	73.5	68.4	66.1	64.8	63.5	62.2	47.8	33.0	15.1	8.4	2.8	2.8	1.2		1.2	2.1	3.4	5.2	6.4
Western Road	1.21		93.3	91.4	90.3	81.4	75.4	74.7	69.6	67.3	66.0	64.7	63.4	49.0	34.3	16.3	9.6	4.0	4.0	2.4	1.2		0.9	2.2	4.0	5.2
Branksome Chine	0.89		94.2	92.3	91.2	82.3	76.3	75.6	70.5	68.2	66.9	65.6	64.3	49.9	35.1	17.2	10.5	4.9	4.9	3.3	2.1	0.9		1.3	3.1	4.3
Alum Chine	1.35		95.5	93.7	92.6	83.7	77.7	77.0	71.8	69.5	68.2	66.9	65.7	51.2	36.5	18.6	11.8	6.3	6.3	4.6	3.4	2.2	1.3		1.8	2.9
West Cliff	1.75		97.3	95.4	94.3	85.4	79.4	78.7	73.6	71.3	70.0	68.7	67.4	53.0	38.2	20.3	13.6	8.0	8.0	6.4	5.2	4.0	3.1	1.8		1.2
Bournemouth	1.17		98.5	96.6	95.5	86.6	80.6	79.9	74.8	72.4	71.2	69.8	68.6	54.2	39.4	21.5	14.7	9.2	9.2	7.5	6.4	5.2	4.3	2.9	1.2	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
59 — Lulworth Cove to Lymington Pier

km	km on route	km to stop if >200m	Lulworth Cove	Houns-tout Cliff	Swanage	Studland	South Haven Point	Sandbanks	Poole Head	Flaghead Road	Western Road	Branksome Chine	Alum Chine	West Cliff	**Bournemouth**	East Cliff	Boscombe	Pokesdown	Southbourne	Dalmeny Road	Mudeford	Barton on Sea	Whitby Road	Milford-on-Sea	**Lymington**	**Lymington Pier**
Lulworth Cove				19.2	32.7	40.2	45.0	45.0	46.6	47.8	49.0	49.9	51.2	53.0	54.2	55.5	56.9	58.8	60.2	61.3	64.8	72.8	77.8	79.4	96.5	98.0
Houns-tout Cliff	16.97	2.23	19.2		17.9	25.4	30.2	30.2	31.9	33.0	34.3	35.1	36.5	38.2	39.4	40.8	42.2	44.1	45.5	46.5	50.0	58.0	63.1	64.7	81.8	83.2
Swanage	15.71		32.7	17.9		7.5	12.3	12.3	13.9	15.1	16.3	17.2	18.6	20.3	21.5	22.8	24.3	26.1	27.5	28.6	32.1	40.1	45.1	46.8	63.9	65.3
Studland	7.10	0.37	40.2	25.4	7.5		5.5	5.5	7.2	8.4	9.6	10.5	11.8	13.6	14.7	16.1	17.5	19.4	20.8	21.9	25.4	33.4	38.4	40.0	57.1	58.6
South Haven Point	5.17		45.0	30.2	12.3	5.5			1.7	2.8	4.0	4.9	6.3	8.0	9.2	10.5	12.0	13.9	15.3	16.3	19.8	27.8	32.9	34.5	51.6	53.0
Sandbanks			45.0	30.2	12.3	5.5			1.7	2.8	4.0	4.9	6.3	8.0	9.2	10.5	12.0	13.9	15.3	16.3	19.8	27.8	32.9	34.5	51.6	53.0
Poole Head	1.67		46.6	31.9	13.9	7.2	1.7	1.7		1.2	2.4	3.3	4.6	6.4	7.5	8.9	10.3	12.2	13.6	14.7	18.1	26.1	31.2	32.8	49.9	51.4
Flaghead Road	1.16		47.8	33.0	15.1	8.4	2.8	2.8	1.2		1.2	2.1	3.5	5.2	6.4	7.7	9.2	11.0	12.4	13.5	17.0	25.0	30.0	31.7	48.8	50.2
Western Road	1.21		49.0	34.3	16.3	9.6	4.0	4.0	2.4	1.2		0.9	2.2	4.0	5.2	6.5	8.0	9.8	11.2	12.3	15.8	23.8	28.8	30.4	47.6	49.0
Branksome Chine	0.89		49.9	35.1	17.2	10.5	4.9	4.9	3.3	2.1	0.9		1.4	3.1	4.3	5.6	7.1	8.9	10.3	11.4	14.9	22.9	27.9	29.6	46.7	48.1
Alum Chine	1.35		51.2	36.5	18.6	11.8	6.3	6.3	4.6	3.5	2.2	1.4		1.8	2.9	4.3	5.7	7.6	9.0	10.1	13.5	21.5	26.6	28.2	45.3	46.8
West Cliff	1.75		53.0	38.2	20.3	13.6	8.0	8.0	6.4	5.2	4.0	3.1	1.8		1.2	2.5	4.0	5.8	7.2	8.3	11.8	19.8	24.8	26.5	43.6	45.0
Bournemouth	1.17		54.2	39.4	21.5	14.7	9.2	9.2	7.5	6.4	5.2	4.3	2.9	1.2		1.3	2.8	4.7	6.1	7.1	10.6	18.6	23.7	25.3	42.4	43.8
East Cliff	1.34		55.5	40.8	22.8	16.1	10.5	10.5	8.9	7.7	6.5	5.6	4.3	2.5	1.3		1.5	3.3	4.7	5.8	9.3	17.3	22.3	23.9	41.1	42.5
Boscombe	1.45		56.9	42.2	24.3	17.5	12.0	12.0	10.3	9.2	8.0	7.1	5.7	4.0	2.8	1.5		1.9	3.3	4.3	7.8	15.8	20.9	22.5	39.6	41.0
Pokesdown	1.88		58.8	44.1	26.1	19.4	13.9	13.9	12.2	11.0	9.8	8.9	7.6	5.8	4.7	3.3	1.9		1.4	2.5	5.9	13.9	19.0	20.6	37.7	39.2
Southbourne	1.39		60.2	45.5	27.5	20.8	15.3	15.3	13.6	12.4	11.2	10.3	9.0	7.2	6.1	4.7	3.3	1.4		1.1	4.6	12.6	17.6	19.2	36.3	37.8
Dalmeny Road	1.07		61.3	46.5	28.6	21.9	16.3	16.3	14.7	13.5	12.3	11.4	10.1	8.3	7.1	5.8	4.3	2.5	1.1		3.5	11.5	16.5	18.2	35.3	36.7
Mudeford	3.48		64.8	50.0	32.1	25.4	19.8	19.8	18.1	17.0	15.8	14.9	13.5	11.8	10.6	9.3	7.8	5.9	4.6	3.5		8.0	13.1	14.7	31.8	33.2
Barton on Sea	8.00		72.8	58.0	40.1	33.4	27.8	27.8	26.1	25.0	23.8	22.9	21.5	19.8	18.6	17.3	15.8	13.9	12.6	11.5	8.0		5.1	6.7	23.8	25.2
Whitby Road	5.05		77.8	63.1	45.1	38.4	32.9	32.9	31.2	30.0	28.8	27.9	26.6	24.8	23.7	22.3	20.9	19.0	17.6	16.5	13.1	5.1		1.6	18.7	20.2
Milford-on-Sea	1.62		79.4	64.7	46.8	40.0	34.5	34.5	32.8	31.7	30.4	29.6	28.2	26.5	25.3	23.9	22.5	20.6	19.2	18.2	14.7	6.7	1.6		17.1	18.6
Lymington	17.11		96.5	81.8	63.9	57.1	51.6	51.6	49.9	48.8	47.6	46.7	45.3	43.6	42.4	41.1	39.6	37.7	36.3	35.3	31.8	23.8	18.7	17.1		1.4
Lymington Pier	1.44		98.0	83.2	65.3	58.6	53.0	53.0	51.4	50.2	49.0	48.1	46.8	45.0	43.8	42.5	41.0	39.2	37.8	36.7	33.2	25.2	20.2	18.6	1.4	

© 2022 greenwalks.uk

Coast Path public transport distance matrix
60 — Sandbanks to Hythe

km	km on route	km to stop if >200m	Sandbanks	Poole Head	Flaghead Road	Western Road	Branksome Chine	Alum Chine	West Cliff	Bournemouth	East Cliff	Boscombe	Pokesdown	Southbourne	Dalmeny Road	Mudeford	Barton on Sea	Whitby Road	Milford-on-Sea	**Lymington**	**Lymington Pier**	Beaulieu	Calshot	Fawley	Long Copse	Holbury	Hythe
Sandbanks				1.7	2.8	4.0	4.9	6.3	8.0	9.2	10.5	12.0	13.9	15.3	16.3	19.8	27.8	32.9	34.5	51.6	53.0	68.0	83.5	88.9	90.7	92.4	98.7
Poole Head	1.67		1.7		1.2	2.4	3.3	4.6	6.4	7.5	8.9	10.3	12.2	13.6	14.7	18.1	26.1	31.2	32.8	49.9	51.4	66.3	81.8	87.2	89.0	90.7	97.0
Flaghead Road	1.16		2.8	1.2		1.2	2.1	3.5	5.2	6.4	7.7	9.2	11.0	12.4	13.5	17.0	25.0	30.0	31.7	48.8	50.2	65.1	80.6	86.0	87.9	89.6	95.9
Western Road	1.21		4.0	2.4	1.2		0.9	2.2	4.0	5.2	6.5	8.0	9.8	11.2	12.3	15.8	23.8	28.8	30.4	47.6	49.0	63.9	79.4	84.8	86.7	88.3	94.7
Branksome Chine	0.89		4.9	3.3	2.1	0.9		1.4	3.1	4.3	5.6	7.1	8.9	10.3	11.4	14.9	22.9	27.9	29.6	46.7	48.1	63.0	78.5	83.9	85.8	87.5	93.8
Alum Chine	1.35		6.3	4.6	3.5	2.2	1.4		1.8	2.9	4.3	5.7	7.6	9.0	10.1	13.5	21.5	26.6	28.2	45.3	46.8	61.7	77.2	82.6	84.4	86.1	92.4
West Cliff	1.75		8.0	6.4	5.2	4.0	3.1	1.8		1.2	2.5	4.0	5.8	7.2	8.3	11.8	19.8	24.8	26.5	43.6	45.0	59.9	75.4	80.8	82.7	84.4	90.7
Bournemouth	1.17		9.2	7.5	6.4	5.2	4.3	2.9	1.2		1.3	2.8	4.7	6.1	7.1	10.6	18.6	23.7	25.3	42.4	43.8	58.8	74.3	79.7	81.5	83.2	89.5
East Cliff	1.34		10.5	8.9	7.7	6.5	5.6	4.3	2.5	1.3		1.5	3.3	4.7	5.8	9.3	17.3	22.3	23.9	41.1	42.5	57.4	72.9	78.3	80.2	81.8	88.2
Boscombe	1.45		12.0	10.3	9.2	8.0	7.1	5.7	4.0	2.8	1.5		1.9	3.3	4.3	7.8	15.8	20.9	22.5	39.6	41.0	56.0	71.5	76.9	78.7	80.4	86.7
Pokesdown	1.88		13.9	12.2	11.0	9.8	8.9	7.6	5.8	4.7	3.3	1.9		1.4	2.5	5.9	13.9	19.0	20.6	37.7	39.2	54.1	69.6	75.0	76.8	78.5	84.8
Southbourne	1.39		15.3	13.6	12.4	11.2	10.3	9.0	7.2	6.1	4.7	3.3	1.4		1.1	4.6	12.6	17.6	19.2	36.3	37.8	52.7	68.2	73.6	75.4	77.1	83.4
Dalmeny Road	1.07		16.3	14.7	13.5	12.3	11.4	10.1	8.3	7.1	5.8	4.3	2.5	1.1		3.5	11.5	16.5	18.2	35.3	36.7	51.6	67.1	72.5	74.4	76.1	82.4
Mudeford	3.48		19.8	18.1	17.0	15.8	14.9	13.5	11.8	10.6	9.3	7.8	5.9	4.6	3.5		8.0	13.1	14.7	31.8	33.2	48.2	63.6	69.1	70.9	72.6	78.9
Barton on Sea	8.00		27.8	26.1	25.0	23.8	22.9	21.5	19.8	18.6	17.3	15.8	13.9	12.6	11.5	8.0		5.1	6.7	23.8	25.2	40.2	55.6	61.1	62.9	64.6	70.9
Whitby Road	5.05		32.9	31.2	30.0	28.8	27.9	26.6	24.8	23.7	22.3	20.9	19.0	17.6	16.5	13.1	5.1		1.6	18.7	20.2	35.1	50.6	56.0	57.8	59.5	65.8
Milford-on-Sea	1.62		34.5	32.8	31.7	30.4	29.6	28.2	26.5	25.3	23.9	22.5	20.6	19.2	18.2	14.7	6.7	1.6		17.1	18.6	33.5	49.0	54.4	56.2	57.9	64.2
Lymington	17.11		51.6	49.9	48.8	47.6	46.7	45.3	43.6	42.4	41.1	39.6	37.7	36.3	35.3	31.8	23.8	18.7	17.1		1.4	16.4	31.9	37.3	39.1	40.8	47.1
Lymington Pier	1.44		53.0	51.4	50.2	49.0	48.1	46.8	45.0	43.8	42.5	41.0	39.2	37.8	36.7	33.2	25.2	20.2	18.6	1.4		14.9	30.4	35.8	37.7	39.4	45.7
Beaulieu	14.94		68.0	66.3	65.1	63.9	63.0	61.7	59.9	58.8	57.4	56.0	54.1	52.7	51.6	48.2	40.2	35.1	33.5	16.4	14.9		15.5	20.9	22.7	24.4	30.7
Calshot	15.48		83.5	81.8	80.6	79.4	78.5	77.2	75.4	74.3	72.9	71.5	69.6	68.2	67.1	63.6	55.6	50.6	49.0	31.9	30.4	15.5		5.4	7.2	8.9	15.2
Fawley	5.42		88.9	87.2	86.0	84.8	83.9	82.6	80.8	79.7	78.3	76.9	75.0	73.6	72.5	69.1	61.1	56.0	54.4	37.3	35.8	20.9	5.4		1.8	3.5	9.8
Long Copse	1.82		90.7	89.0	87.9	86.7	85.8	84.4	82.7	81.5	80.2	78.7	76.8	75.4	74.4	70.9	62.9	57.8	56.2	39.1	37.7	22.7	7.2	1.8		1.7	8.0
Holbury	1.69		92.4	90.7	89.6	88.3	87.5	86.1	84.4	83.2	81.8	80.4	78.5	77.1	76.1	72.6	64.6	59.5	57.9	40.8	39.4	24.4	8.9	3.5	1.7		6.3
Hythe	6.31		98.7	97.0	95.9	94.7	93.8	92.4	90.7	89.5	88.2	86.7	84.8	83.4	82.4	78.9	70.9	65.8	64.2	47.1	45.7	30.7	15.2	9.8	8.0	6.3	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
61 — Milford-on-Sea to Portsmouth Harbour

km	km on route	km to stop if >200m	Milford-on-Sea	**Lymington**	**Lymington Pier**	Beaulieu	Calshot	Fawley	Long Copse	Holbury	Forest Home	Hythe	**Southampton**	Ocean Village	Woolston	Weston	Netley Abbey	Netley	Hamble	Hill Head	Salterns Road	Lee-on-the-Solent	Queens Road	Cherque Way	Browndown	Gosport	**Portsmouth Harbour**
Milford-on-Sea				17.1	18.6	33.5	49.0	54.4	56.2	57.9	59.6	64.1	64.1	65.1	66.3	68.2	69.7	70.4	74.9	81.8	83.4	84.7	85.8	87.0	88.4	94.3	94.3
Lymington	17.11		17.1		1.4	16.4	31.9	37.3	39.1	40.8	42.5	47.0	47.0	48.0	49.2	51.0	52.6	53.3	57.8	64.7	66.2	67.6	68.6	69.9	71.3	77.2	77.2
Lymington Pier	1.44		18.6	1.4		14.9	30.4	35.8	37.7	39.4	41.0	45.6	45.6	46.6	47.7	49.6	51.1	51.8	56.3	63.3	64.8	66.2	67.2	68.5	69.8	75.7	75.7
Beaulieu	14.94		33.5	16.4	14.9		15.5	20.9	22.7	24.4	26.1	30.6	30.6	31.6	32.8	34.7	36.2	36.9	41.4	48.3	49.9	51.3	52.3	53.5	54.9	60.8	60.8
Calshot	15.48		49.0	31.9	30.4	15.5		5.4	7.2	8.9	10.6	15.1	15.1	16.2	17.3	19.2	20.7	21.4	25.9	32.8	34.4	35.8	36.8	38.1	39.4	45.3	45.3
Fawley	5.42		54.4	37.3	35.8	20.9	5.4		1.8	3.5	5.2	9.7	9.7	10.7	11.9	13.8	15.3	16.0	20.5	27.4	29.0	30.4	31.4	32.6	34.0	39.9	39.9
Long Copse	1.82		56.2	39.1	37.7	22.7	7.2	1.8		1.7	3.4	7.9	7.9	8.9	10.1	11.9	13.5	14.2	18.7	25.6	27.1	28.5	29.5	30.8	32.2	38.1	38.1
Holbury	1.69		57.9	40.8	39.4	24.4	8.9	3.5	1.7		1.7	6.2	6.2	7.2	8.4	10.3	11.8	12.5	17.0	23.9	25.5	26.8	27.9	29.1	30.5	36.4	36.4
Forest Home	1.67		59.6	42.5	41.0	26.1	10.6	5.2	3.4	1.7		4.5	4.5	5.6	6.7	8.6	10.1	10.8	15.3	22.2	23.8	25.2	26.2	27.5	28.8	34.7	34.7
Hythe	4.54		64.1	47.0	45.6	30.6	15.1	9.7	7.9	6.2	4.5			1.0	2.2	4.0	5.6	6.3	10.8	17.7	19.2	20.6	21.6	22.9	24.3	30.2	30.2
Southampton			64.1	47.0	45.6	30.6	15.1	9.7	7.9	6.2	4.5			1.0	2.2	4.0	5.6	6.3	10.8	17.7	19.2	20.6	21.6	22.9	24.3	30.2	30.2
Ocean Village	1.01		65.1	48.0	46.6	31.6	16.2	10.7	8.9	7.2	5.6	1.0	1.0		1.2	3.0	4.6	5.2	9.8	16.7	18.2	19.6	20.6	21.9	23.3	29.2	29.2
Woolston	1.15		66.3	49.2	47.7	32.8	17.3	11.9	10.1	8.4	6.7	2.2	2.2	1.2		1.9	3.4	4.1	8.6	15.5	17.1	18.5	19.5	20.8	22.1	28.0	28.0
Weston	1.88		68.2	51.0	49.6	34.7	19.2	13.8	11.9	10.3	8.6	4.0	4.0	3.0	1.9		1.5	2.2	6.7	13.7	15.2	16.6	17.6	18.9	20.2	26.1	26.1
Netley Abbey	1.54		69.7	52.6	51.1	36.2	20.7	15.3	13.5	11.8	10.1	5.6	5.6	4.6	3.4	1.5		0.7	5.2	12.1	13.7	15.1	16.1	17.3	18.7	24.6	24.6
Netley	0.67		70.4	53.3	51.8	36.9	21.4	16.0	14.2	12.5	10.8	6.3	6.3	5.2	4.1	2.2	0.7		4.5	11.4	13.0	14.4	15.4	16.7	18.0	23.9	23.9
Hamble	4.53		74.9	57.8	56.3	41.4	25.9	20.5	18.7	17.0	15.3	10.8	10.8	9.8	8.6	6.7	5.2	4.5		6.9	8.5	9.8	10.9	12.1	13.5	19.4	19.4
Hill Head	6.91		81.8	64.7	63.3	48.3	32.8	27.4	25.6	23.9	22.2	17.7	17.7	16.7	15.5	13.7	12.1	11.4	6.9		1.6	2.9	4.0	5.2	6.6	12.5	12.5
Salterns Road	1.55		83.4	66.2	64.8	49.9	34.4	29.0	27.1	25.5	23.8	19.2	19.2	18.2	17.1	15.2	13.7	13.0	8.5	1.6		1.4	2.4	3.7	5.0	10.9	10.9
Lee-on-the-Solent	1.39		84.7	67.6	66.2	51.3	35.8	30.4	28.5	26.8	25.2	20.6	20.6	19.6	18.5	16.6	15.1	14.4	9.8	2.9	1.4		1.0	2.3	3.6	9.5	9.5
Queens Road	1.01		85.8	68.6	67.2	52.3	36.8	31.4	29.5	27.9	26.2	21.6	21.6	20.6	19.5	17.6	16.1	15.4	10.9	4.0	2.4	1.0		1.3	2.6	8.5	8.5
Cherque Way	1.28		87.0	69.9	68.5	53.5	38.1	32.6	30.8	29.1	27.5	22.9	22.9	21.9	20.8	18.9	17.3	16.7	12.1	5.2	3.7	2.3	1.3		1.3	7.2	7.2
Browndown	1.34		88.4	71.3	69.8	54.9	39.4	34.0	32.2	30.5	28.8	24.3	24.3	23.3	22.1	20.2	18.7	18.0	13.5	6.6	5.0	3.6	2.6	1.3		5.9	5.9
Gosport	5.90		94.3	77.2	75.7	60.8	45.3	39.9	38.1	36.4	34.7	30.2	30.2	29.2	28.0	26.1	24.6	23.9	19.4	12.5	10.9	9.5	8.5	7.2	5.9		
Portsmouth Harbour			94.3	77.2	75.7	60.8	45.3	39.9	38.1	36.4	34.7	30.2	30.2	29.2	28.0	26.1	24.6	23.9	19.4	12.5	10.9	9.5	8.5	7.2	5.9		

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
62 — Southampton To Cowes Town Quay via Portsmouth/Ryde

km	km on route	km to stop if >200m	**Southampton**	Ocean Village	Woolston	Weston	Netley Abbey	Netley	Hamble	Hill Head	Salterns Road	Lee-on-the-Solent	Queens Road	Cherque Way	Browndown	Gosport	**Portsmouth Harbour**	**Ryde Esplanade**	Binstead	Quarr Abbey	Fishbourne	Wootton Bridge	Whippingham	East Cowes	Cowes Ferry E	Cowes Ferry W	Town Quay
Southampton				1.0	2.2	4.0	5.6	6.3	10.8	17.7	19.2	20.6	21.6	22.9	24.3	30.2	30.2	31.0	32.8	34.9	35.5	36.8	41.3	43.2	43.4	43.4	44.2
Ocean Village	1.01		1.0		1.2	3.0	4.6	5.2	9.8	16.7	18.2	19.6	20.6	21.9	23.3	29.2	29.2	30.0	31.8	33.9	34.5	35.8	40.3	42.2	42.4	42.4	43.1
Woolston	1.15		2.2	1.2		1.9	3.4	4.1	8.6	15.5	17.1	18.5	19.5	20.8	22.1	28.0	28.0	28.8	30.7	32.7	33.4	34.6	39.1	41.1	41.2	41.2	42.0
Weston	1.88		4.0	3.0	1.9		1.5	2.2	6.7	13.7	15.2	16.6	17.6	18.9	20.2	26.1	26.1	26.9	28.8	30.8	31.5	32.7	37.2	39.2	39.4	39.4	40.1
Netley Abbey	1.54		5.6	4.6	3.4	1.5		0.7	5.2	12.1	13.7	15.1	16.1	17.3	18.7	24.6	24.6	25.4	27.2	29.3	29.9	31.2	35.7	37.7	37.8	37.8	38.6
Netley	0.67		6.3	5.2	4.1	2.2	0.7		4.5	11.4	13.0	14.4	15.4	16.7	18.0	23.9	23.9	24.7	26.6	28.6	29.3	30.5	35.0	37.0	37.2	37.2	37.9
Hamble	4.53		10.8	9.8	8.6	6.7	5.2	4.5		6.9	8.5	9.9	10.9	12.1	13.5	19.4	19.4	20.2	22.0	24.1	24.7	26.0	30.5	32.5	32.6	32.6	33.4
Hill Head	6.91		17.7	16.7	15.5	13.7	12.1	11.4	6.9		1.6	2.9	4.0	5.2	6.6	12.5	12.5	13.3	15.1	17.2	17.8	19.1	23.6	25.5	25.7	25.7	26.5
Salterns Road	1.55		19.2	18.2	17.1	15.2	13.7	13.0	8.5	1.6		1.4	2.4	3.7	5.0	10.9	10.9	11.7	13.6	15.6	16.3	17.5	22.0	24.0	24.2	24.2	24.9
Lee-on-the-Solent	1.39		20.6	19.6	18.5	16.6	15.1	14.4	9.9	2.9	1.4		1.0	2.3	3.6	9.5	9.5	10.3	12.2	14.2	14.9	16.2	20.6	22.6	22.8	22.8	23.5
Queens Road	1.01		21.6	20.6	19.5	17.6	16.1	15.4	10.9	4.0	2.4	1.0		1.3	2.6	8.5	8.5	9.3	11.2	13.2	13.9	15.1	19.6	21.6	21.8	21.8	22.5
Cherque Way	1.28		22.9	21.9	20.8	18.9	17.3	16.7	12.1	5.2	3.7	2.3	1.3		1.3	7.2	7.2	8.0	9.9	11.9	12.6	13.9	18.3	20.3	20.5	20.5	21.2
Browndown	1.34		24.3	23.3	22.1	20.2	18.7	18.0	13.5	6.6	5.0	3.6	2.6	1.3		5.9	5.9	6.7	8.6	10.6	11.3	12.5	17.0	19.0	19.1	19.1	19.9
Gosport	5.90		30.2	29.2	28.0	26.1	24.6	23.9	19.4	12.5	10.9	9.5	8.5	7.2	5.9			0.8	2.7	4.7	5.4	6.6	11.1	13.1	13.2	13.2	14.0
Portsmouth Harbour			30.2	29.2	28.0	26.1	24.6	23.9	19.4	12.5	10.9	9.5	8.5	7.2	5.9			0.8	2.7	4.7	5.4	6.6	11.1	13.1	13.2	13.2	14.0
Ryde Esplanade	0.80		31.0	30.0	28.8	26.9	25.4	24.7	20.2	13.3	11.7	10.3	9.3	8.0	6.7	0.8	0.8		1.9	3.9	4.6	5.8	10.3	12.3	12.4	12.4	13.2
Binstead	1.34	0.51	32.8	31.8	30.7	28.8	27.2	26.6	22.0	15.1	13.6	12.2	11.2	9.9	8.6	2.7	2.7	1.9		3.1	3.7	5.0	9.5	11.4	11.6	11.6	12.4
Quarr Abbey	2.22	0.34	34.9	33.9	32.7	30.8	29.3	28.6	24.1	17.2	15.6	14.2	13.2	11.9	10.6	4.7	4.7	3.9	3.1		1.3	2.6	7.1	9.1	9.2	9.2	10.0
Fishbourne	0.99		35.5	34.5	33.4	31.5	29.9	29.3	24.7	17.8	16.3	14.9	13.9	12.6	11.3	5.4	5.4	4.6	3.7	1.3		1.3	5.8	7.7	7.9	7.9	8.6
Wootton Bridge	1.27		36.8	35.8	34.6	32.7	31.2	30.5	26.0	19.1	17.5	16.2	15.1	13.9	12.5	6.6	6.6	5.8	5.0	2.6	1.3		4.5	6.5	6.6	6.6	7.4
Whippingham	4.48		41.3	40.3	39.1	37.2	35.7	35.0	30.5	23.6	22.0	20.6	19.6	18.3	17.0	11.1	11.1	10.3	9.5	7.1	5.8	4.5		2.0	2.1	2.1	2.9
East Cowes	1.97		43.2	42.2	41.1	39.2	37.7	37.0	32.5	25.5	24.0	22.6	21.6	20.3	19.0	13.1	13.1	12.3	11.4	9.1	7.7	6.5	2.0		0.2	0.2	0.9
Cowes Ferry E	0.17		43.4	42.4	41.2	39.4	37.8	37.2	32.6	25.7	24.2	22.8	21.8	20.5	19.1	13.2	13.2	12.4	11.6	9.2	7.9	6.6	2.1	0.2			0.8
Cowes Ferry W			43.4	42.4	41.2	39.4	37.8	37.2	32.6	25.7	24.2	22.8	21.8	20.5	19.1	13.2	13.2	12.4	11.6	9.2	7.9	6.6	2.1	0.2			0.8
Town Quay	0.75		44.2	43.1	42.0	40.1	38.6	37.9	33.4	26.5	24.9	23.5	22.5	21.2	19.9	14.0	14.0	13.2	12.4	10.0	8.6	7.4	2.9	0.9	0.8	0.8	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
63 — Ryde to Blackgang Chine via Yarmouth

km	km on route	km to stop if >200m	**Ryde Esplanade**	Binstead	Quarr Abbey	Fishbourne	Wootton Bridge	Whippingham	East Cowes	Cowes Ferry E	Cowes Ferry W	Town Quay	Gurnard	Shalfleet	Bouldnor	Yarmouth	Norton	Colwell	Totland	Cape House	Alum Bay	Freshwater Bay	Compton Chine	Shippards Chine	Brookgreen	Chale	Blackgang Chine
Ryde Esplanade				1.9	3.9	4.6	5.8	10.3	12.3	12.4	12.4	13.2	16.2	27.7	38.3	39.8	41.1	44.2	45.6	46.5	48.6	55.3	57.4	59.4	60.5	73.9	74.8
Binstead	1.34	0.51	1.9		3.1	3.7	5.0	9.5	11.4	11.6	11.6	12.4	15.4	26.9	37.4	39.0	40.3	43.4	44.8	45.7	47.8	54.5	56.5	58.5	59.7	73.0	73.9
Quarr Abbey	2.22	0.34	3.9	3.1		1.3	2.6	7.1	9.1	9.2	9.2	10.0	13.0	24.5	35.1	36.6	37.9	41.0	42.4	43.3	45.4	52.1	54.1	56.1	57.3	70.6	71.5
Fishbourne	0.99		4.6	3.7	1.3		1.3	5.8	7.7	7.9	7.9	8.6	11.6	23.1	33.7	35.2	36.5	39.7	41.0	41.9	44.0	50.8	52.8	54.8	56.0	69.3	70.2
Wootton Bridge	1.27		5.8	5.0	2.6	1.3		4.5	6.5	6.6	6.6	7.4	10.4	21.9	32.5	34.0	35.3	38.4	39.8	40.7	42.8	49.5	51.5	53.5	54.7	68.0	68.9
Whippingham	4.48		10.3	9.5	7.1	5.8	4.5		2.0	2.1	2.1	2.9	5.9	17.4	28.0	29.5	30.8	33.9	35.3	36.2	38.3	45.0	47.1	49.1	50.2	63.6	64.5
East Cowes	1.97		12.3	11.4	9.1	7.7	6.5	2.0		0.2	0.2	0.9	3.9	15.4	26.0	27.5	28.8	32.0	33.3	34.2	36.3	43.1	45.1	47.1	48.3	61.6	62.5
Cowes Ferry E	0.17		12.4	11.6	9.2	7.9	6.6	2.1	0.2			0.8	3.7	15.2	25.8	27.4	28.7	31.8	33.2	34.0	36.2	42.9	44.9	46.9	48.1	61.4	62.3
Cowes Ferry W			12.4	11.6	9.2	7.9	6.6	2.1	0.2			0.8	3.7	15.2	25.8	27.4	28.7	31.8	33.2	34.0	36.2	42.9	44.9	46.9	48.1	61.4	62.3
Town Quay	0.75		13.2	12.4	10.0	8.6	7.4	2.9	0.9	0.8	0.8		3.0	14.5	25.1	26.6	27.9	31.0	32.4	33.3	35.4	42.1	44.2	46.2	47.4	60.7	61.6
Gurnard	2.99		16.2	15.4	13.0	11.6	10.4	5.9	3.9	3.7	3.7	3.0		11.5	22.1	23.6	24.9	28.0	29.4	30.3	32.4	39.2	41.2	43.2	44.4	57.7	58.6
Shalfleet	11.50		27.7	26.9	24.5	23.1	21.9	17.4	15.4	15.2	15.2	14.5	11.5		10.6	12.1	13.4	16.5	17.9	18.8	20.9	27.7	29.7	31.7	32.9	46.2	47.1
Bouldnor	10.59		38.3	37.4	35.1	33.7	32.5	28.0	26.0	25.8	25.8	25.1	22.1	10.6		1.5	2.8	6.0	7.3	8.2	10.3	17.1	19.1	21.1	22.3	35.6	36.5
Yarmouth	1.52		39.8	39.0	36.6	35.2	34.0	29.5	27.5	27.4	27.4	26.6	23.6	12.1	1.5		1.3	4.4	5.8	6.7	8.8	15.5	17.6	19.6	20.8	34.1	35.0
Norton	1.30		41.1	40.3	37.9	36.5	35.3	30.8	28.8	28.7	28.7	27.9	24.9	13.4	2.8	1.3		3.1	4.5	5.4	7.5	14.2	16.3	18.3	19.5	32.8	33.7
Colwell	3.13		44.2	43.4	41.0	39.7	38.4	33.9	32.0	31.8	31.8	31.0	28.0	16.5	6.0	4.4	3.1		1.4	2.3	4.4	11.1	13.1	15.1	16.3	29.6	30.5
Totland	1.37		45.6	44.8	42.4	41.0	39.8	35.3	33.3	33.2	33.2	32.4	29.4	17.9	7.3	5.8	4.5	1.4		0.9	3.0	9.7	11.8	13.8	15.0	28.3	29.2
Cape House	0.89		46.5	45.7	43.3	41.9	40.7	36.2	34.2	34.0	34.0	33.3	30.3	18.8	8.2	6.7	5.4	2.3	0.9		2.1	8.9	10.9	12.9	14.1	27.4	28.3
Alum Bay	2.11		48.6	47.8	45.4	44.0	42.8	38.3	36.3	36.2	36.2	35.4	32.4	20.9	10.3	8.8	7.5	4.4	3.0	2.1		6.7	8.8	10.8	12.0	25.3	26.2
Freshwater Bay	6.74		55.3	54.5	52.1	50.8	49.5	45.0	43.1	42.9	42.9	42.1	39.2	27.7	17.1	15.5	14.2	11.1	9.7	8.9	6.7		2.0	4.0	5.2	18.5	19.4
Compton Chine	2.02		57.4	56.5	54.1	52.8	51.5	47.1	45.1	44.9	44.9	44.2	41.2	29.7	19.1	17.6	16.3	13.1	11.8	10.9	8.8	2.0		2.0	3.2	16.5	17.4
Shippards Chine	2.01		59.4	58.5	56.1	54.8	53.5	49.1	47.1	46.9	46.9	46.2	43.2	31.7	21.1	19.6	18.3	15.1	13.8	12.9	10.8	4.0	2.0		1.2	14.5	15.4
Brookgreen	1.18		60.5	59.7	57.3	56.0	54.7	50.2	48.3	48.1	48.1	47.4	44.4	32.9	22.3	20.8	19.5	16.3	15.0	14.1	12.0	5.2	3.2	1.2		13.3	14.2
Chale	13.32		73.9	73.0	70.6	69.3	68.0	63.6	61.6	61.4	61.4	60.7	57.7	46.2	35.6	34.1	32.8	29.6	28.3	27.4	25.3	18.5	16.5	14.5	13.3		0.9
Blackgang Chine	0.90		74.8	73.9	71.5	70.2	68.9	64.5	62.5	62.3	62.3	61.6	58.6	47.1	36.5	35.0	33.7	30.5	29.2	28.3	26.2	19.4	17.4	15.4	14.2	0.9	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
64 — Yarmouth to Ryde via Ventnor

km

	km on route	km to stop if >200m	Yarmouth	Norton	Colwell	Totland	Cape House	Alum Bay	Freshwater Bay	Compton Chine	Shippards Chine	Brookgreen	Chale	Blackgang Chine	Niton	Ventnor	**Shanklin**	**Lake (rail only)**	Sandown	Yaverland	Foreland's Fields	Lifeboat station	Bembridge Point	**Ryde Esplanade**	**Ryde Pier Head**
Yarmouth				1.3	4.4	5.8	6.7	8.8	15.5	17.6	19.6	20.8	34.1	35.0	37.6	44.9	51.1	52.6	54.0	55.4	60.8	62.0	63.7	73.3	74.2
Norton	1.30		1.3		3.1	4.5	5.4	7.5	14.2	16.3	18.3	19.5	32.8	33.7	36.3	43.6	49.8	51.3	52.7	54.1	59.5	60.7	62.4	72.0	72.9
Colwell	3.13		4.4	3.1		1.4	2.3	4.4	11.1	13.1	15.1	16.3	29.6	30.5	33.1	40.4	46.7	48.2	49.5	50.9	56.4	57.6	59.3	68.9	69.8
Totland	1.37		5.8	4.5	1.4		0.9	3.0	9.7	11.8	13.8	15.0	28.3	29.2	31.8	39.1	45.3	46.8	48.2	49.6	55.0	56.2	57.9	67.5	68.4
Cape House	0.89		6.7	5.4	2.3	0.9		2.1	8.9	10.9	12.9	14.1	27.4	28.3	30.9	38.2	44.4	45.9	47.3	48.7	54.1	55.3	57.0	66.6	67.5
Alum Bay	2.11		8.8	7.5	4.4	3.0	2.1		6.7	8.8	10.8	12.0	25.3	26.2	28.8	36.1	42.3	43.8	45.2	46.6	52.0	53.2	54.9	64.5	65.4
Freshwater Bay	6.74		15.5	14.2	11.1	9.7	8.9	6.7		2.0	4.0	5.2	18.5	19.4	22.0	29.3	35.6	37.1	38.4	39.8	45.3	46.4	48.2	57.8	58.6
Compton Chine	2.02		17.6	16.3	13.1	11.8	10.9	8.8	2.0		2.0	3.2	16.5	17.4	20.0	27.3	33.6	35.1	36.4	37.8	43.3	44.4	46.1	55.8	56.6
Shippards Chine	2.01		19.6	18.3	15.1	13.8	12.9	10.8	4.0	2.0		1.2	14.5	15.4	18.0	25.3	31.6	33.0	34.4	35.8	41.3	42.4	44.1	53.8	54.6
Brookgreen	1.18		20.8	19.5	16.3	15.0	14.1	12.0	5.2	3.2	1.2		13.3	14.2	16.8	24.1	30.4	31.9	33.2	34.6	40.1	41.2	43.0	52.6	53.4
Chale	13.32		34.1	32.8	29.6	28.3	27.4	25.3	18.5	16.5	14.5	13.3		0.9	3.5	10.8	17.1	18.5	19.9	21.3	26.8	27.9	29.6	39.3	40.1
Blackgang Chine	0.90		35.0	33.7	30.5	29.2	28.3	26.2	19.4	17.4	15.4	14.2	0.9		2.6	9.9	16.2	17.6	19.0	20.4	25.9	27.0	28.7	38.4	39.2
Niton	2.60		37.6	36.3	33.1	31.8	30.9	28.8	22.0	20.0	18.0	16.8	3.5	2.6		7.3	13.6	15.0	16.4	17.8	23.3	24.4	26.1	35.8	36.6
Ventnor	7.30		44.9	43.6	40.4	39.1	38.2	36.1	29.3	27.3	25.3	24.1	10.8	9.9	7.3		6.3	7.7	9.1	10.5	16.0	17.1	18.8	28.5	29.3
Shanklin	6.25		51.1	49.8	46.7	45.3	44.4	42.3	35.6	33.6	31.6	30.4	17.1	16.2	13.6	6.3		1.5	2.8	4.2	9.7	10.9	12.6	22.2	23.1
Lake (rail only)	1.49		52.6	51.3	48.2	46.8	45.9	43.8	37.1	35.1	33.0	31.9	18.5	17.6	15.0	7.7	1.5		1.3	2.7	8.2	9.4	11.1	20.7	21.6
Sandown	1.34		54.0	52.7	49.5	48.2	47.3	45.2	38.4	36.4	34.4	33.2	19.9	19.0	16.4	9.1	2.8	1.3		1.4	6.9	8.0	9.7	19.4	20.2
Yaverland	1.40		55.4	54.1	50.9	49.6	48.7	46.6	39.8	37.8	35.8	34.6	21.3	20.4	17.8	10.5	4.2	2.7	1.4		5.5	6.6	8.3	18.0	18.8
Foreland's Fields	5.48		60.8	59.5	56.4	55.0	54.1	52.0	45.3	43.3	41.3	40.1	26.8	25.9	23.3	16.0	9.7	8.2	6.9	5.5		1.2	2.9	12.5	13.4
Lifeboat station	1.15		62.0	60.7	57.6	56.2	55.3	53.2	46.4	44.4	42.4	41.2	27.9	27.0	24.4	17.1	10.9	9.4	8.0	6.6	1.2		1.7	11.3	12.2
Bembridge Point	1.72		63.7	62.4	59.3	57.9	57.0	54.9	48.2	46.1	44.1	43.0	29.6	28.7	26.1	18.8	12.6	11.1	9.7	8.3	2.9	1.7		9.6	10.5
Ryde Esplanade	9.62		73.3	72.0	68.9	67.5	66.6	64.5	57.8	55.8	53.8	52.6	39.3	38.4	35.8	28.5	22.2	20.7	19.4	18.0	12.5	11.3	9.6		0.9
Ryde Pier Head	0.86		74.2	72.9	69.8	68.4	67.5	65.4	58.6	56.6	54.6	53.4	40.1	39.2	36.6	29.3	23.1	21.6	20.2	18.8	13.4	12.2	10.5	0.9	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
65 — Blackgang Chine to Sinah Beach via Ryde/Portsmouth and Hilsea

km	km on route	km to stop if >200m	Blackgang Chine	Niton	Ventnor	**Shanklin (rail only)**	**Lake (rail only)**	Sandown	Yaverland	Foreland's Fields	Lifeboat station	Bembridge Point	**Ryde Esplanade**	**Ryde Pier Head**	**Portsmouth Harbour**	Square Tower	South Parade Pier	Eastney	Milton	Milton Hards	Hilsea	Ports Creek	**Brockhampton**	Langstone Bridge	Stoke Common	West Town	Sinah Beach
Blackgang Chine				2.6	9.9	16.2	17.6	19.0	20.4	25.9	27.0	28.7	38.4	39.2	39.2	40.9	43.7	46.4	47.5	48.5	51.8	52.9	60.2	62.3	64.3	67.7	70.2
Niton	2.60		2.6		7.3	13.6	15.0	16.4	17.8	23.3	24.4	26.1	35.8	36.6	36.6	38.3	41.1	43.8	44.9	45.9	49.2	50.3	57.6	59.7	61.7	65.1	67.6
Ventnor	7.30		9.9	7.3		6.3	7.7	9.1	10.5	16.0	17.1	18.8	28.5	29.3	29.3	31.0	33.8	36.5	37.6	38.6	41.9	43.0	50.3	52.4	54.4	57.8	60.3
Shanklin (rail only)	6.25		16.2	13.6	6.3		1.5	2.8	4.2	9.7	10.9	12.6	22.2	23.1	23.1	24.8	27.5	30.3	31.4	32.3	35.7	36.7	44.1	46.1	48.2	51.6	54.0
Lake (rail only)	1.49		17.6	15.0	7.7	1.5		1.3	2.7	8.2	9.4	11.1	20.7	21.6	21.6	23.3	26.0	28.8	29.9	30.9	34.2	35.2	42.6	44.7	46.7	50.1	52.6
Sandown	1.34		19.0	16.4	9.1	2.8	1.3		1.4	6.9	8.0	9.8	19.4	20.2	20.2	21.9	24.7	27.5	28.6	29.5	32.8	33.9	41.2	43.3	45.3	48.7	51.2
Yaverland	1.40		20.4	17.8	10.5	4.2	2.7	1.4		5.5	6.6	8.4	18.0	18.8	18.8	20.5	23.3	26.1	27.2	28.1	31.4	32.5	39.8	41.9	43.9	47.3	49.8
Foreland's Fields	5.48		25.9	23.3	16.0	9.7	8.2	6.9	5.5		1.2	2.9	12.5	13.4	13.4	15.1	17.8	20.6	21.7	22.6	26.0	27.0	34.4	36.4	38.5	41.9	44.3
Lifeboat station	1.15		27.0	24.4	17.1	10.9	9.4	8.0	6.6	1.2		1.7	11.3	12.2	12.2	13.9	16.7	19.4	20.5	21.5	24.8	25.9	33.2	35.3	37.3	40.7	43.2
Bembridge Point	1.72		28.7	26.1	18.8	12.6	11.1	9.8	8.4	2.9	1.7		9.6	10.5	10.5	12.2	15.0	17.7	18.8	19.8	23.1	24.1	31.5	33.6	35.6	39.0	41.5
Ryde Esplanade	9.62		38.4	35.8	28.5	22.2	20.7	19.4	18.0	12.5	11.3	9.6		0.9	0.9	2.6	5.3	8.1	9.2	10.1	13.5	14.5	21.9	23.9	26.0	29.4	31.8
Ryde Pier Head	0.86		39.2	36.6	29.3	23.1	21.6	20.2	18.8	13.4	12.2	10.5	0.9			1.7	4.5	7.2	8.3	9.3	12.6	13.7	21.0	23.1	25.1	28.5	31.0
Portsmouth Harbour			39.2	36.6	29.3	23.1	21.6	20.2	18.8	13.4	12.2	10.5	0.9			1.7	4.5	7.2	8.3	9.3	12.6	13.7	21.0	23.1	25.1	28.5	31.0
Square Tower	1.70		40.9	38.3	31.0	24.8	23.3	21.9	20.5	15.1	13.9	12.2	2.6	1.7	1.7		2.8	5.5	6.6	7.6	10.9	12.0	19.3	21.4	23.4	26.8	29.3
South Parade Pier	2.77		43.7	41.1	33.8	27.5	26.0	24.7	23.3	17.8	16.7	15.0	5.3	4.5	4.5	2.8		2.8	3.9	4.8	8.1	9.2	16.5	18.6	20.6	24.0	26.5
Eastney	2.76		46.4	43.8	36.5	30.3	28.8	27.5	26.1	20.6	19.4	17.7	8.1	7.2	7.2	5.5	2.8		1.1	2.1	5.4	6.4	13.8	15.9	17.9	21.3	23.8
Milton	1.10		47.5	44.9	37.6	31.4	29.9	28.6	27.2	21.7	20.5	18.8	9.2	8.3	8.3	6.6	3.9	1.1		1.0	4.3	5.3	12.7	14.8	16.8	20.2	22.7
Milton Hards	0.95		48.5	45.9	38.6	32.3	30.9	29.5	28.1	22.6	21.5	19.8	10.1	9.3	9.3	7.6	4.8	2.1	1.0		3.3	4.4	11.7	13.8	15.8	19.2	21.7
Hilsea	3.33		51.8	49.2	41.9	35.7	34.2	32.8	31.4	26.0	24.8	23.1	13.5	12.6	12.6	10.9	8.1	5.4	4.3	3.3		1.1	8.4	10.5	12.5	15.9	18.4
Ports Creek	1.05		52.9	50.3	43.0	36.7	35.2	33.9	32.5	27.0	25.9	24.1	14.5	13.7	13.7	12.0	9.2	6.4	5.3	4.4	1.1		7.4	9.4	11.5	14.8	17.3
Brockhampton	6.44	0.91	60.2	57.6	50.3	44.1	42.6	41.2	39.8	34.4	33.2	31.5	21.9	21.0	21.0	19.3	16.5	13.8	12.7	11.7	8.4	7.4		3.9	5.9	9.3	11.8
Langstone Bridge	2.98		62.3	59.7	52.4	46.1	44.7	43.3	41.9	36.4	35.3	33.6	23.9	23.1	23.1	21.4	18.6	15.9	14.8	13.8	10.5	9.4	3.9		2.0	5.4	7.9
Stoke Common	2.03		64.3	61.7	54.4	48.2	46.7	45.3	43.9	38.5	37.3	35.6	26.0	25.1	25.1	23.4	20.6	17.9	16.8	15.8	12.5	11.5	5.9	2.0		3.4	5.9
West Town	3.39		67.7	65.1	57.8	51.6	50.1	48.7	47.3	41.9	40.7	39.0	29.4	28.5	28.5	26.8	24.0	21.3	20.2	19.2	15.9	14.8	9.3	5.4	3.4		2.5
Sinah Beach	2.48		70.2	67.6	60.3	54.0	52.6	51.2	49.8	44.3	43.2	41.5	31.8	31.0	31.0	29.3	26.5	23.8	22.7	21.7	18.4	17.3	11.8	7.9	5.9	2.5	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
66 — Portsmouth to Bosham

km	km on route	km to stop if >200m	**Portsmouth Harbour**	Square Tower	South Parade Pier	Eastney	Milton	Milton Hards	Hilsea	Ports Creek	**Brockhampton**	Langstone Bridge	Stoke Common	West Town	Sinah Beach	Westfield	Beachlands	Coastguard station	Eastoke	Mengham	North Hayling	Langstone Bridge	Langstone	**Emsworth**	**Prinsted**	**Cutmill Creek**	Bosham
Portsmouth Harbour				1.7	4.5	7.2	8.3	9.3	12.6	13.7	21.0	23.1	25.1	28.5	31.0	34.4	36.0	37.1	40.8	43.6	49.7	51.5	52.5	56.2	68.0	78.1	79.7
Square Tower	1.70		1.7		2.8	5.5	6.6	7.6	10.9	12.0	19.3	21.4	23.4	26.8	29.3	32.7	34.3	35.4	39.1	41.9	48.0	49.8	50.8	54.5	66.3	76.4	78.0
South Parade Pier	2.77		4.5	2.8		2.8	3.9	4.8	8.1	9.2	16.5	18.6	20.6	24.0	26.5	29.9	31.6	32.6	36.3	39.1	45.2	47.0	48.0	51.7	63.5	73.7	75.3
Eastney	2.76		7.2	5.5	2.8		1.1	2.1	5.4	6.4	13.8	15.9	17.9	21.3	23.8	27.1	28.8	29.9	33.6	36.4	42.5	44.2	45.2	49.0	60.8	70.9	72.5
Milton	1.10		8.3	6.6	3.9	1.1		0.9	4.3	5.3	12.7	14.8	16.8	20.2	22.7	26.0	27.7	28.8	32.5	35.3	41.4	43.1	44.1	47.9	59.7	69.8	71.4
Milton Hards	0.95		9.3	7.6	4.8	2.1	0.9		3.3	4.4	11.7	13.8	15.8	19.2	21.7	25.1	26.8	27.8	31.5	34.3	40.4	42.2	43.2	46.9	58.7	68.8	70.4
Hilsea	3.33		12.6	10.9	8.1	5.4	4.3	3.3		1.1	8.4	10.5	12.5	15.9	18.4	21.8	23.4	24.5	28.2	31.0	37.1	38.9	39.8	43.6	55.4	65.5	67.1
Ports Creek	1.05		13.7	12.0	9.2	6.4	5.3	4.4	1.1		7.4	9.4	11.5	14.8	17.3	20.7	22.4	23.4	27.1	29.9	36.0	37.8	38.8	42.6	54.4	64.5	66.1
Brockhampton	6.44	0.91	21.0	19.3	16.5	13.8	12.7	11.7	8.4	7.4		3.9	5.9	9.3	11.8	15.2	16.9	17.9	21.6	24.4	30.5	32.3	33.3	37.0	48.8	58.9	60.5
Langstone Bridge	2.98		23.1	21.4	18.6	15.9	14.8	13.8	10.5	9.4	3.9		2.0	5.4	7.9	11.3	13.0	14.0	17.7	20.5	26.6	28.4	29.4	33.1	44.9	55.0	56.6
Stoke Common	2.03		25.1	23.4	20.6	17.9	16.8	15.8	12.5	11.5	5.9	2.0		3.4	5.9	9.3	10.9	12.0	15.7	18.5	24.6	26.4	27.3	31.1	42.9	53.0	54.6
West Town	3.39		28.5	26.8	24.0	21.3	20.2	19.2	15.9	14.8	9.3	5.4	3.4		2.5	5.9	7.5	8.6	12.3	15.1	21.2	23.0	24.0	27.7	39.5	49.6	51.2
Sinah Beach	2.48		31.0	29.3	26.5	23.8	22.7	21.7	18.4	17.3	11.8	7.9	5.9	2.5		3.4	5.1	6.1	9.8	12.6	18.7	20.5	21.5	25.2	37.0	47.1	48.7
Westfield	3.38		34.4	32.7	29.9	27.1	26.0	25.1	21.8	20.7	15.2	11.3	9.3	5.9	3.4		1.7	2.7	6.4	9.2	15.3	17.1	18.1	21.9	33.7	43.8	45.4
Beachlands	1.68		36.0	34.3	31.6	28.8	27.7	26.8	23.4	22.4	16.9	13.0	10.9	7.5	5.1	1.7		1.1	4.8	7.6	13.7	15.4	16.4	20.2	32.0	42.1	43.7
Coastguard station	1.05		37.1	35.4	32.6	29.9	28.8	27.8	24.5	23.4	17.9	14.0	12.0	8.6	6.1	2.7	1.1		3.7	6.5	12.6	14.4	15.4	19.1	30.9	41.0	42.6
Eastoke	3.71		40.8	39.1	36.3	33.6	32.5	31.5	28.2	27.1	21.6	17.7	15.7	12.3	9.8	6.4	4.8	3.7		2.8	8.9	10.7	11.7	15.4	27.2	37.3	38.9
Mengham	2.79		43.6	41.9	39.1	36.4	35.3	34.3	31.0	29.9	24.4	20.5	18.5	15.1	12.6	9.2	7.6	6.5	2.8		6.1	7.9	8.9	12.6	24.4	34.5	36.1
North Hayling	6.11		49.7	48.0	45.2	42.5	41.4	40.4	37.1	36.0	30.5	26.6	24.6	21.2	18.7	15.3	13.7	12.6	8.9	6.1		1.8	2.8	6.5	18.3	28.4	30.0
Langstone Bridge	1.77		51.5	49.8	47.0	44.2	43.1	42.2	38.9	37.8	32.3	28.4	26.4	23.0	20.5	17.1	15.4	14.4	10.7	7.9	1.8		1.0	4.7	16.5	26.7	28.3
Langstone	0.98		52.5	50.8	48.0	45.2	44.1	43.2	39.8	38.8	33.3	29.4	27.3	24.0	21.5	18.1	16.4	15.4	11.7	8.9	2.8	1.0		3.8	15.6	25.7	27.3
Emsworth	3.76		56.2	54.5	51.7	49.0	47.9	46.9	43.6	42.6	37.0	33.1	31.1	27.7	25.2	21.9	20.2	19.1	15.4	12.6	6.5	4.7	3.8		11.8	21.9	23.5
Prinsted	11.80		68.0	66.3	63.5	60.8	59.7	58.7	55.4	54.4	48.8	44.9	42.9	39.5	37.0	33.7	32.0	30.9	27.2	24.4	18.3	16.5	15.6	11.8		10.1	11.7
Cutmill Creek	10.11		78.1	76.4	73.7	70.9	69.8	68.8	65.5	64.5	58.9	55.0	53.0	49.6	47.1	43.8	42.1	41.0	37.3	34.5	28.4	26.7	25.7	21.9	10.1		1.6
Bosham	1.60		79.7	78.0	75.3	72.5	71.4	70.4	67.1	66.1	60.5	56.6	54.6	51.2	48.7	45.4	43.7	42.6	38.9	36.1	30.0	28.3	27.3	23.5	11.7	1.6	

© 2022greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
67 — Langstone Bridge to RSPB Pagham harbour vis Hayling Island

km	km on route	km to stop if >200m	Langstone Bridge	Stoke Common	West Town	Sinah Beach	Westfield	Beachlands	Coastguard station	Eastoke	Mengham	North Hayling	Langstone Bridge	Langstone	**Emsworth**	**Prinsted**	**Cutmill Creek**	Bosham	**Fishbourne**	Roman Landing	West Wittering	Selsey	Selsey Bill	Beach Road	East Beach	Ferry House	RSPB Pagham Harbour
Langstone Bridge				2.0	5.4	7.9	11.3	13.0	14.0	17.7	20.5	26.6	28.4	29.4	33.1	44.9	55.0	56.6	65.9	80.1	81.7	96.2	96.9	98.4	99.2	104.1	104.5
Stoke Common	2.03		2.0		3.4	5.9	9.3	10.9	12.0	15.7	18.5	24.6	26.4	27.3	31.1	42.9	53.0	54.6	63.9	78.1	79.7	94.2	94.9	96.4	97.1	102.1	102.5
West Town	3.39		5.4	3.4		2.5	5.9	7.5	8.6	12.3	15.1	21.2	23.0	24.0	27.7	39.5	49.6	51.2	60.5	74.7	76.3	90.8	91.5	93.0	93.8	98.7	99.1
Sinah Beach	2.48		7.9	5.9	2.5		3.4	5.1	6.1	9.8	12.6	18.7	20.5	21.5	25.2	37.0	47.1	48.7	58.0	72.2	73.8	88.3	89.0	90.5	91.3	96.2	96.6
Westfield	3.38		11.3	9.3	5.9	3.4		1.7	2.7	6.4	9.2	15.3	17.1	18.1	21.9	33.7	43.8	45.4	54.6	68.8	70.4	84.9	85.7	87.1	87.9	92.8	93.3
Beachlands	1.68		13.0	10.9	7.5	5.1	1.7		1.1	4.8	7.6	13.7	15.4	16.4	20.2	32.0	42.1	43.7	52.9	67.1	68.8	83.2	84.0	85.5	86.2	91.2	91.6
Coastguard station	1.05		14.0	12.0	8.6	6.1	2.7	1.1		3.7	6.5	12.6	14.4	15.4	19.1	30.9	41.0	42.6	51.9	66.1	67.7	82.2	82.9	84.4	85.2	90.1	90.5
Eastoke	3.71		17.7	15.7	12.3	9.8	6.4	4.8	3.7		2.8	8.9	10.7	11.7	15.4	27.2	37.3	38.9	48.2	62.4	64.0	78.5	79.2	80.7	81.5	86.4	86.8
Mengham	2.79		20.5	18.5	15.1	12.6	9.2	7.6	6.5	2.8		6.1	7.9	8.9	12.6	24.4	34.5	36.1	45.4	59.6	61.2	75.7	76.4	77.9	78.7	83.6	84.0
North Hayling	6.11		26.6	24.6	21.2	18.7	15.3	13.7	12.6	8.9	6.1		1.8	2.8	6.5	18.3	28.4	30.0	39.3	53.5	55.1	69.6	70.3	71.8	72.6	77.5	77.9
Langstone Bridge	1.77		28.4	26.4	23.0	20.5	17.1	15.4	14.4	10.7	7.9	1.8		1.0	4.7	16.5	26.7	28.3	37.5	51.7	53.3	67.8	68.6	70.0	70.8	75.7	76.1
Langstone	0.98		29.4	27.3	24.0	21.5	18.1	16.4	15.4	11.7	8.9	2.8	1.0		3.8	15.6	25.7	27.3	36.5	50.7	52.3	66.8	67.6	69.1	69.8	74.8	75.2
Emsworth	3.76		33.1	31.1	27.7	25.2	21.9	20.2	19.1	15.4	12.6	6.5	4.7	3.8		11.8	21.9	23.5	32.8	47.0	48.6	63.1	63.8	65.3	66.0	71.0	71.4
Prinsted	11.80		44.9	42.9	39.5	37.0	33.7	32.0	30.9	27.2	24.4	18.3	16.5	15.6	11.8		10.1	11.7	21.0	35.2	36.8	51.3	52.0	53.5	54.2	59.2	59.6
Cutmill Creek	10.11		55.0	53.0	49.6	47.1	43.8	42.1	41.0	37.3	34.5	28.4	26.7	25.7	21.9	10.1		1.6	10.9	25.0	26.7	41.2	41.9	43.4	44.1	49.1	49.5
Bosham	1.60		56.6	54.6	51.2	48.7	45.4	43.7	42.6	38.9	36.1	30.0	28.3	27.3	23.5	11.7	1.6		9.3	23.4	25.1	39.6	40.3	41.8	42.5	47.5	47.9
Fishbourne	9.26		65.9	63.9	60.5	58.0	54.6	52.9	51.9	48.2	45.4	39.3	37.5	36.5	32.8	21.0	10.9	9.3		14.2	15.8	30.3	31.0	32.5	33.3	38.2	38.6
Roman Landing	13.39	0.79	80.1	78.1	74.7	72.2	68.8	67.1	66.1	62.4	59.6	53.5	51.7	50.7	47.0	35.2	25.0	23.4	14.2		3.2	17.7	18.4	19.9	20.7	25.6	26.0
West Wittering	1.83	0.59	81.7	79.7	76.3	73.8	70.4	68.8	67.7	64.0	61.2	55.1	53.3	52.3	48.6	36.8	26.7	25.1	15.8	3.2		15.7	16.4	17.9	18.6	23.6	24.0
Selsey	15.07		96.2	94.2	90.8	88.3	84.9	83.2	82.2	78.5	75.7	69.6	67.8	66.8	63.1	51.3	41.2	39.6	30.3	17.7	15.7		0.8	2.2	3.0	7.9	8.3
Selsey Bill	0.75		96.9	94.9	91.5	89.0	85.7	84.0	82.9	79.2	76.4	70.3	68.6	67.6	63.8	52.0	41.9	40.3	31.0	18.4	16.4	0.8		1.5	2.2	7.2	7.6
Beach Road	1.48		98.4	96.4	93.0	90.5	87.1	85.5	84.4	80.7	77.9	71.8	70.0	69.1	65.3	53.5	43.4	41.8	32.5	19.9	17.9	2.2	1.5		0.8	5.7	6.1
East Beach	0.75		99.2	97.1	93.8	91.3	87.9	86.2	85.2	81.5	78.7	72.6	70.8	69.8	66.0	54.2	44.1	42.5	33.3	20.7	18.6	3.0	2.2	0.8		5.0	5.4
Ferry House	4.95		104.1	102.1	98.7	96.2	92.8	91.2	90.1	86.4	83.6	77.5	75.7	74.8	71.0	59.2	49.1	47.5	38.2	25.6	23.6	7.9	7.2	5.7	5.0		0.4
RSPB Pagham Harbour	0.41		104.5	102.5	99.1	96.6	93.3	91.6	90.5	86.8	84.0	77.9	76.1	75.2	71.4	59.6	49.5	47.9	38.6	26.0	24.0	8.3	7.6	6.1	5.4	0.4	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
68 — Emsworth to Littlehampton via Hayling Island

km	km on route	km to stop if >200m	**Emsworth**	**Prinsted**	**Cutmill Creek**	Bosham	**Fishbourne**	Roman Landing	West Wittering	Selsey	Selsey Bill	Beach Road	East Beach	Ferry House	RSPB Pagham Harbour	Pagham	Barrack Lane	Aldwick	**Bognor Regis**	Canning Road	Felpham	Middleton-on-Sea	Elmer	**Littlehampton**
Emsworth				11.8	21.9	23.5	32.8	47.0	48.6	63.1	63.8	65.3	66.0	71.0	71.4	77.1	79.5	80.3	82.0	83.9	85.2	86.4	87.9	93.3
Prinsted	11.80		11.8		10.1	11.7	21.0	35.2	36.8	51.3	52.0	53.5	54.2	59.2	59.6	65.3	67.7	68.5	70.2	72.1	73.4	74.6	76.1	81.5
Cutmill Creek	10.11		21.9	10.1		1.6	10.9	25.0	26.7	41.2	41.9	43.4	44.1	49.1	49.5	55.2	57.6	58.4	60.1	62.0	63.3	64.5	66.0	71.4
Bosham	1.60		23.5	11.7	1.6		9.3	23.4	25.1	39.6	40.3	41.8	42.5	47.5	47.9	53.6	56.0	56.8	58.5	60.4	61.7	62.9	64.4	69.8
Fishbourne	9.26		32.8	21.0	10.9	9.3		14.2	15.8	30.3	31.0	32.5	33.3	38.2	38.6	44.4	46.7	47.5	49.2	51.1	52.4	53.6	55.1	60.5
Roman Landing	13.39	0.79	47.0	35.2	25.0	23.4	14.2		3.2	17.7	18.4	19.9	20.7	25.6	26.0	31.8	34.1	34.9	36.6	38.5	39.8	41.0	42.5	47.9
West Wittering	1.83	0.59	48.6	36.8	26.7	25.1	15.8	3.2		15.7	16.4	17.9	18.6	23.6	24.0	29.7	32.1	32.9	34.6	36.5	37.8	39.0	40.5	45.9
Selsey	15.07		63.1	51.3	41.2	39.6	30.3	17.7	15.7		0.8	2.2	3.0	7.9	8.3	14.1	16.4	17.2	18.9	20.8	22.2	23.3	24.8	30.2
Selsey Bill	0.75		63.8	52.0	41.9	40.3	31.0	18.4	16.4	0.8		1.5	2.2	7.2	7.6	13.3	15.7	16.5	18.2	20.1	21.4	22.6	24.1	29.5
Beach Road	1.48		65.3	53.5	43.4	41.8	32.5	19.9	17.9	2.2	1.5		0.8	5.7	6.1	11.8	14.2	15.0	16.7	18.6	19.9	21.1	22.6	28.0
East Beach	0.75		66.0	54.2	44.1	42.5	33.3	20.7	18.6	3.0	2.2	0.8		5.0	5.4	11.1	13.5	14.2	16.0	17.9	19.2	20.3	21.8	27.3
Ferry House	4.95		71.0	59.2	49.1	47.5	38.2	25.6	23.6	7.9	7.2	5.7	5.0		0.4	6.1	8.5	9.3	11.0	12.9	14.2	15.4	16.9	22.3
RSPB Pagham Harbour	0.41		71.4	59.6	49.5	47.9	38.6	26.0	24.0	8.3	7.6	6.1	5.4	0.4		5.7	8.1	8.9	10.6	12.5	13.8	15.0	16.5	21.9
Pagham	5.72		77.1	65.3	55.2	53.6	44.4	31.8	29.7	14.1	13.3	11.8	11.1	6.1	5.7		2.4	3.2	4.9	6.8	8.1	9.3	10.8	16.2
Barrack Lane	1.64	0.73	79.5	67.7	57.6	56.0	46.7	34.1	32.1	16.4	15.7	14.2	13.5	8.5	8.1	2.4		2.3	4.0	5.9	7.2	8.3	9.8	15.3
Aldwick	1.52		80.3	68.5	58.4	56.8	47.5	34.9	32.9	17.2	16.5	15.0	14.2	9.3	8.9	3.2	2.3		1.7	3.6	4.9	6.1	7.6	13.0
Bognor Regis	1.72		82.0	70.2	60.1	58.5	49.2	36.6	34.6	18.9	18.2	16.7	16.0	11.0	10.6	4.9	4.0	1.7		1.9	3.2	4.4	5.9	11.3
Canning Road	1.89		83.9	72.1	62.0	60.4	51.1	38.5	36.5	20.8	20.1	18.6	17.9	12.9	12.5	6.8	5.9	3.6	1.9		1.3	2.5	4.0	9.4
Felpham	1.32		85.2	73.4	63.3	61.7	52.4	39.8	37.8	22.2	21.4	19.9	19.2	14.2	13.8	8.1	7.2	4.9	3.2	1.3		1.2	2.7	8.1
Middleton-on-Sea	1.17		86.4	74.6	64.5	62.9	53.6	41.0	39.0	23.3	22.6	21.1	20.3	15.4	15.0	9.3	8.3	6.1	4.4	2.5	1.2		1.5	6.9
Elmer	1.49		87.9	76.1	66.0	64.4	55.1	42.5	40.5	24.8	24.1	22.6	21.8	16.9	16.5	10.8	9.8	7.6	5.9	4.0	2.7	1.5		5.4
Littlehampton	5.42		93.3	81.5	71.4	69.8	60.5	47.9	45.9	30.2	29.5	28.0	27.3	22.3	21.9	16.2	15.3	13.0	11.3	9.4	8.1	6.9	5.4	

© 2022greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
69 — RSPB Pagham Harbour to Portslade-by-Sea

km	km on route	km to stop if >200m	RSPB Pagham Harbour	Pagham	Barrack Lane	Aldwick	**Bognor Regis**	Canning Road	Felpham	Middleton-on-Sea	Elmer	**Littlehampton**	East Pier	Rustington	West Preston	**East Preston**	Goring-by-Sea	**West Worthing**	**Worthing**	**East Worthing**	**South Lancing**	**Lancing Beach**	Widewater Lagoon	**Shoreham-by-Sea**	Kingston by Sea	**Southwick**	Portslade-by-Sea
RSPB Pagham Harbour				5.7	8.1	8.9	10.6	12.5	13.8	15.4	16.5	21.9	23.3	25.2	27.4	28.7	32.0	33.1	34.7	36.1	38.4	39.0	40.7	42.4	44.2	45.0	46.8
Pagham	5.72		5.7		2.4	3.2	4.9	6.8	8.1	9.7	10.8	16.2	17.6	19.5	21.7	23.0	26.3	27.4	29.0	30.4	32.7	33.3	35.0	36.6	38.5	39.3	41.1
Barrack Lane	1.64	0.73	8.1	2.4		2.3	4.0	5.9	7.2	8.8	9.8	15.3	16.7	18.6	20.8	22.1	25.3	26.5	28.1	29.5	31.8	32.4	34.1	35.7	37.6	38.4	40.2
Aldwick	1.52		8.9	3.2	2.3		1.7	3.6	4.9	6.5	7.6	13.0	14.5	16.4	18.5	19.8	23.1	24.3	25.9	27.3	29.5	30.1	31.8	33.5	35.3	36.1	37.9
Bognor Regis	1.72		10.6	4.9	4.0	1.7		1.9	3.2	4.8	5.9	11.3	12.7	14.6	16.8	18.1	21.4	22.5	24.1	25.5	27.8	28.4	30.1	31.8	33.6	34.4	36.2
Canning Road	1.89		12.5	6.8	5.9	3.6	1.9		1.3	2.9	4.0	9.4	10.8	12.7	14.9	16.2	19.5	20.6	22.3	23.6	25.9	26.5	28.2	29.9	31.7	32.5	34.3
Felpham	1.32		13.8	8.1	7.2	4.9	3.2	1.3		1.6	2.7	8.1	9.5	11.4	13.6	14.9	18.2	19.3	20.9	22.3	24.6	25.2	26.9	28.6	30.4	31.2	33.0
Middleton-on-Sea	1.17	0.40	15.4	9.7	8.8	6.5	4.8	2.9	1.6		1.9	7.3	8.8	10.7	12.8	14.1	17.4	18.6	20.2	21.6	23.8	24.4	26.1	27.8	29.6	30.4	32.2
Elmer	1.49		16.5	10.8	9.8	7.6	5.9	4.0	2.7	1.9		5.4	6.9	8.8	10.9	12.3	15.5	16.7	18.3	19.7	21.9	22.5	24.2	25.9	27.7	28.5	30.3
Littlehampton	5.42		21.9	16.2	15.3	13.0	11.3	9.4	8.1	7.3	5.4		1.4	3.3	5.5	6.8	10.1	11.2	12.9	14.2	16.5	17.1	18.8	20.5	22.3	23.1	24.9
East Pier	1.44		23.3	17.6	16.7	14.5	12.7	10.8	9.5	8.8	6.9	1.4		1.9	4.1	5.4	8.6	9.8	11.4	12.8	15.1	15.7	17.4	19.0	20.9	21.7	23.5
Rustington	1.90		25.2	19.5	18.6	16.4	14.6	12.7	11.4	10.7	8.8	3.3	1.9		2.2	3.5	6.7	7.9	9.5	10.9	13.2	13.8	15.5	17.1	19.0	19.8	21.6
West Preston	1.00	1.15	27.4	21.7	20.8	18.5	16.8	14.9	13.6	12.8	10.9	5.5	4.1	2.2		3.6	6.9	8.1	9.7	11.1	13.3	13.9	15.6	17.3	19.1	19.9	21.7
East Preston	1.33	1.16	28.7	23.0	22.1	19.8	18.1	16.2	14.9	14.1	12.3	6.8	5.4	3.5	3.6		5.6	6.7	8.3	9.7	12.0	12.6	14.3	16.0	17.8	18.6	20.4
Goring-by-Sea	4.41		32.0	26.3	25.3	23.1	21.4	19.5	18.2	17.4	15.5	10.1	8.6	6.7	6.9	5.6		1.2	2.8	4.2	6.4	7.0	8.7	10.4	12.2	13.0	14.8
West Worthing	1.16		33.1	27.4	26.5	24.3	22.5	20.6	19.3	18.6	16.7	11.2	9.8	7.9	8.1	6.7	1.2		1.6	3.0	5.3	5.9	7.6	9.2	11.1	11.9	13.7
Worthing	1.61		34.7	29.0	28.1	25.9	24.1	22.3	20.9	20.2	18.3	12.9	11.4	9.5	9.7	8.3	2.8	1.6		1.4	3.7	4.2	6.0	7.6	9.5	10.2	12.1
East Worthing	1.39		36.1	30.4	29.5	27.3	25.5	23.6	22.3	21.6	19.7	14.2	12.8	10.9	11.1	9.7	4.2	3.0	1.4		2.3	2.9	4.6	6.2	8.1	8.9	10.7
South Lancing	2.26		38.4	32.7	31.8	29.5	27.8	25.9	24.6	23.8	21.9	16.5	15.1	13.2	13.3	12.0	6.4	5.3	3.7	2.3		0.6	2.3	4.0	5.8	6.6	8.4
Lancing Beach	0.59		39.0	33.3	32.4	30.1	28.4	26.5	25.2	24.4	22.5	17.1	15.7	13.8	13.9	12.6	7.0	5.9	4.2	2.9	0.6		1.7	3.4	5.2	6.0	7.8
Widewater Lagoon	1.71		40.7	35.0	34.1	31.8	30.1	28.2	26.9	26.1	24.2	18.8	17.4	15.5	15.6	14.3	8.7	7.6	6.0	4.6	2.3	1.7		1.7	3.5	4.3	6.1
Shoreham-by-Sea	1.67		42.4	36.6	35.7	33.5	31.8	29.9	28.6	27.8	25.9	20.5	19.0	17.1	17.3	16.0	10.4	9.2	7.6	6.2	4.0	3.4	1.7		1.9	2.6	4.5
Kingston by Sea	1.85		44.2	38.5	37.6	35.3	33.6	31.7	30.4	29.6	27.7	22.3	20.9	19.0	19.1	17.8	12.2	11.1	9.5	8.1	5.8	5.2	3.5	1.9		0.8	2.6
Southwick	0.77		45.0	39.3	38.4	36.1	34.4	32.5	31.2	30.4	28.5	23.1	21.7	19.8	19.9	18.6	13.0	11.9	10.2	8.9	6.6	6.0	4.3	2.6	0.8		1.8
Portslade-by-Sea	1.83		46.8	41.1	40.2	37.9	36.2	34.3	33.0	32.2	30.3	24.9	23.5	21.6	21.7	20.4	14.8	13.7	12.1	10.7	8.4	7.8	6.1	4.5	2.6	1.8	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
70 — Bognor Regis to Brighton

km	km on route	km to stop if >200m	Bognor Regis	Canning Road	Felpham	Middleton-on-Sea	Elmer	Littlehampton	East Pier	Rustington	West Preston	East Preston	Goring-by-Sea	West Worthing	Worthing	East Worthing	South Lancing	Lancing Beach	Widewater Lagoon	Shoreham-by-Sea	Kingston by Sea	Southwick	Portslade-by-Sea	Aldrington	Hove	Angel	Brighton
Bognor Regis				1.9	3.2	4.8	5.9	11.3	12.7	14.6	16.8	18.1	21.4	22.5	24.1	25.5	27.8	28.4	30.1	31.8	33.6	34.4	36.2	37.3	38.7	40.4	41.9
Canning Road	1.89		1.9		1.3	2.9	4.0	9.4	10.8	12.7	14.9	16.2	19.5	20.6	22.3	23.6	25.9	26.5	28.2	29.9	31.7	32.5	34.3	35.4	36.8	38.5	40.0
Felpham	1.32		3.2	1.3		1.6	2.7	8.1	9.5	11.4	13.6	14.9	18.2	19.3	20.9	22.3	24.6	25.2	26.9	28.6	30.4	31.2	33.0	34.1	35.5	37.2	38.7
Middleton-on-Sea	1.17	0.40	4.8	2.9	1.6		1.9	7.3	8.8	10.7	12.8	14.1	17.4	18.6	20.2	21.6	23.8	24.4	26.1	27.8	29.6	30.4	32.2	33.3	34.7	36.4	37.9
Elmer	1.49		5.9	4.0	2.7	1.9		5.4	6.9	8.8	10.9	12.3	15.5	16.7	18.3	19.7	21.9	22.5	24.2	25.9	27.7	28.5	30.3	31.5	32.8	34.5	36.0
Littlehampton	5.42		11.3	9.4	8.1	7.3	5.4		1.4	3.3	5.5	6.8	10.1	11.2	12.9	14.2	16.5	17.1	18.8	20.5	22.3	23.1	24.9	26.0	27.4	29.1	30.6
East Pier	1.44		12.7	10.8	9.5	8.8	6.9	1.4		1.9	4.1	5.4	8.6	9.8	11.4	12.8	15.1	15.7	17.4	19.0	20.9	21.7	23.5	24.6	26.0	27.7	29.2
Rustington	1.90		14.6	12.7	11.4	10.7	8.8	3.3	1.9		2.2	3.5	6.7	7.9	9.5	10.9	13.2	13.8	15.5	17.1	19.0	19.8	21.6	22.7	24.1	25.8	27.3
West Preston	1.00	1.15	16.8	14.9	13.6	12.8	10.9	5.5	4.1	2.2		3.6	6.9	8.1	9.7	11.1	13.3	13.9	15.6	17.3	19.1	19.9	21.7	22.8	24.2	25.9	27.4
East Preston	1.33	1.16	18.1	16.2	14.9	14.1	12.3	6.8	5.4	3.5	3.6		5.6	6.7	8.3	9.7	12.0	12.6	14.3	16.0	17.8	18.6	20.4	21.5	22.9	24.6	26.1
Goring-by-Sea	4.41		21.4	19.5	18.2	17.4	15.5	10.1	8.6	6.7	6.9	5.6		1.2	2.8	4.2	6.4	7.0	8.7	10.4	12.2	13.0	14.8	16.0	17.3	19.0	20.5
West Worthing	1.16		22.5	20.6	19.3	18.6	16.7	11.2	9.8	7.9	8.1	6.7	1.2		1.6	3.0	5.3	5.9	7.6	9.2	11.1	11.9	13.7	14.8	16.2	17.9	19.4
Worthing	1.61		24.1	22.3	20.9	20.2	18.3	12.9	11.4	9.5	9.7	8.3	2.8	1.6		1.4	3.7	4.2	6.0	7.6	9.5	10.2	12.1	13.2	14.6	16.3	17.8
East Worthing	1.39		25.5	23.6	22.3	21.6	19.7	14.2	12.8	10.9	11.1	9.7	4.2	3.0	1.4		2.3	2.9	4.6	6.2	8.1	8.9	10.7	11.8	13.2	14.9	16.4
South Lancing	2.26		27.8	25.9	24.6	23.8	21.9	16.5	15.1	13.2	13.3	12.0	6.4	5.3	3.7	2.3		0.6	2.3	4.0	5.8	6.6	8.4	9.5	10.9	12.6	14.1
Lancing Beach	0.59		28.4	26.5	25.2	24.4	22.5	17.1	15.7	13.8	13.9	12.6	7.0	5.9	4.2	2.9	0.6		1.7	3.4	5.2	6.0	7.8	8.9	10.3	12.0	13.5
Widewater Lagoon	1.71		30.1	28.2	26.9	26.1	24.2	18.8	17.4	15.5	15.6	14.3	8.7	7.6	6.0	4.6	2.3	1.7		1.7	3.5	4.3	6.1	7.2	8.6	10.3	11.8
Shoreham-by-Sea	1.67		31.8	29.9	28.6	27.8	25.9	20.5	19.0	17.1	17.3	16.0	10.4	9.2	7.6	6.2	4.0	3.4	1.7		1.9	2.6	4.5	5.6	6.9	8.6	10.2
Kingston by Sea	1.85		33.6	31.7	30.4	29.6	27.7	22.3	20.9	19.0	19.1	17.8	12.2	11.1	9.5	8.1	5.8	5.2	3.5	1.9		0.8	2.6	3.7	5.1	6.8	8.3
Southwick	0.77		34.4	32.5	31.2	30.4	28.5	23.1	21.7	19.8	19.9	18.6	13.0	11.9	10.2	8.9	6.6	6.0	4.3	2.6	0.8		1.8	2.9	4.3	6.0	7.5
Portslade-by-Sea	1.83		36.2	34.3	33.0	32.2	30.3	24.9	23.5	21.6	21.7	20.4	14.8	13.7	12.1	10.7	8.4	7.8	6.1	4.5	2.6	1.8		1.1	2.5	4.2	5.7
Aldrington	1.11		37.3	35.4	34.1	33.3	31.5	26.0	24.6	22.7	22.8	21.5	16.0	14.8	13.2	11.8	9.5	8.9	7.2	5.6	3.7	2.9	1.1		1.4	3.1	4.6
Hove	1.38		38.7	36.8	35.5	34.7	32.8	27.4	26.0	24.1	24.2	22.9	17.3	16.2	14.6	13.2	10.9	10.3	8.6	6.9	5.1	4.3	2.5	1.4		1.7	3.2
Angel	1.69		40.4	38.5	37.2	36.4	34.5	29.1	27.7	25.8	25.9	24.6	19.0	17.9	16.3	14.9	12.6	12.0	10.3	8.6	6.8	6.0	4.2	3.1	1.7		1.5
Brighton	1.52		41.9	40.0	38.7	37.9	36.0	30.6	29.2	27.3	27.4	26.1	20.5	19.4	17.8	16.4	14.1	13.5	11.8	10.2	8.3	7.5	5.7	4.6	3.2	1.5	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
71 — Shoreham-by-Sea to Eastbourne

km	km on route	km to stop if >200m	Shoreham-by-Sea	Kingston by Sea	Southwick	Portslade-by-Sea	Aldrington	Hove	Angel	Brighton	Kemp Town	Roedean	Rottingdean	Saltdean	Telscombe	Peacehaven	Peacehaven Heights	Newhaven Marina	Newhaven	Newhaven Harbour (rail only)	Bishopstone	Seaford	Walls Brow	Exceat Bridge	St John's Road	Eastbourne
Shoreham-by-Sea				1.9	2.6	4.5	5.6	6.9	8.6	10.2	12.0	13.6	15.1	16.2	17.7	19.1	20.6	23.6	24.7	26.1	28.1	29.4	35.8	36.5	49.9	51.1
Kingston by Sea	1.85		1.9		0.8	2.6	3.7	5.1	6.8	8.3	10.1	11.8	13.2	14.4	15.8	17.3	18.8	21.7	22.9	24.3	26.2	27.5	34.0	34.6	48.0	49.2
Southwick	0.77		2.6	0.8		1.8	2.9	4.3	6.0	7.5	9.4	11.0	12.5	13.6	15.1	16.5	18.0	21.0	22.1	23.5	25.4	26.8	33.2	33.9	47.3	48.4
Portslade-by-Sea	1.83		4.5	2.6	1.8		1.1	2.5	4.2	5.7	7.5	9.2	10.6	11.8	13.2	14.7	16.2	19.1	20.3	21.7	23.6	24.9	31.4	32.0	45.4	46.6
Aldrington	1.11		5.6	3.7	2.9	1.1		1.4	3.1	4.6	6.4	8.1	9.5	10.6	12.1	13.6	15.1	18.0	19.1	20.6	22.5	23.8	30.2	30.9	44.3	45.5
Hove	1.38		6.9	5.1	4.3	2.5	1.4		1.7	3.2	5.0	6.7	8.1	9.3	10.7	12.2	13.7	16.7	17.8	19.2	21.1	22.5	28.9	29.5	42.9	44.1
Angel	1.69		8.6	6.8	6.0	4.2	3.1	1.7		1.5	3.4	5.0	6.5	7.6	9.1	10.5	12.0	15.0	16.1	17.5	19.4	20.8	27.2	27.8	41.2	42.4
Brighton	1.52		10.2	8.3	7.5	5.7	4.6	3.2	1.5		1.8	3.5	4.9	6.1	7.5	9.0	10.5	13.4	14.6	16.0	17.9	19.2	25.7	26.3	39.7	40.9
Kemp Town	1.83		12.0	10.1	9.4	7.5	6.4	5.0	3.4	1.8		1.6	3.1	4.2	5.7	7.1	8.6	11.6	12.7	14.1	16.1	17.4	23.8	24.5	37.9	39.1
Roedean	1.64		13.6	11.8	11.0	9.2	8.1	6.7	5.0	3.5	1.6		1.5	2.6	4.1	5.5	7.0	10.0	11.1	12.5	14.4	15.8	22.2	22.9	36.3	37.4
Rottingdean	1.46		15.1	13.2	12.5	10.6	9.5	8.1	6.5	4.9	3.1	1.5		1.1	2.6	4.0	5.5	8.5	9.6	11.0	13.0	14.3	20.7	21.4	34.8	36.0
Saltdean	1.12		16.2	14.4	13.6	11.8	10.6	9.3	7.6	6.1	4.2	2.6	1.1		1.5	2.9	4.4	7.4	8.5	9.9	11.9	13.2	19.6	20.3	33.7	34.9
Telscombe	1.48		17.7	15.8	15.1	13.2	12.1	10.7	9.1	7.5	5.7	4.1	2.6	1.5		1.4	2.9	5.9	7.0	8.4	10.4	11.7	18.1	18.8	32.2	33.4
Peacehaven	1.44		19.1	17.3	16.5	14.7	13.6	12.2	10.5	9.0	7.1	5.5	4.0	2.9	1.4		1.5	4.5	5.6	7.0	8.9	10.3	16.7	17.4	30.8	31.9
Peacehaven Heights	1.49		20.6	18.8	18.0	16.2	15.1	13.7	12.0	10.5	8.6	7.0	5.5	4.4	2.9	1.5		3.0	4.1	5.5	7.5	8.8	15.2	15.9	29.3	30.5
Newhaven Marina	2.98		23.6	21.7	21.0	19.1	18.0	16.7	15.0	13.4	11.6	10.0	8.5	7.4	5.9	4.5	3.0		1.1	2.5	4.5	5.8	12.2	12.9	26.3	27.5
Newhaven	1.11		24.7	22.9	22.1	20.3	19.1	17.8	16.1	14.6	12.7	11.1	9.6	8.5	7.0	5.6	4.1	1.1		1.4	3.4	4.7	11.1	11.8	25.2	26.4
Newhaven Harbour (rail only)	1.42		26.1	24.3	23.5	21.7	20.6	19.2	17.5	16.0	14.1	12.5	11.0	9.9	8.4	7.0	5.5	2.5	1.4		1.9	3.3	9.7	10.4	23.8	24.9
Bishopstone	1.94		28.1	26.2	25.4	23.6	22.5	21.1	19.4	17.9	16.1	14.4	13.0	11.9	10.4	8.9	7.5	4.5	3.4	1.9		1.3	7.7	8.4	21.8	23.0
Seaford	1.33		29.4	27.5	26.8	24.9	23.8	22.5	20.8	19.2	17.4	15.8	14.3	13.2	11.7	10.3	8.8	5.8	4.7	3.3	1.3		6.4	7.1	20.5	21.7
Walls Brow	5.22	1.19	35.8	34.0	33.2	31.4	30.2	28.9	27.2	25.7	23.8	22.2	20.7	19.6	18.1	16.7	15.2	12.2	11.1	9.7	7.7	6.4		3.1	16.5	17.6
Exceat Bridge	1.86		36.5	34.6	33.9	32.0	30.9	29.5	27.8	26.3	24.5	22.9	21.4	20.3	18.8	17.4	15.9	12.9	11.8	10.4	8.4	7.1	3.1		13.4	14.6
St John's Road	13.40		49.9	48.0	47.3	45.4	44.3	42.9	41.2	39.7	37.9	36.3	34.8	33.7	32.2	30.8	29.3	26.3	25.2	23.8	21.8	20.5	16.5	13.4		1.2
Eastbourne	1.19		51.1	49.2	48.4	46.6	45.5	44.1	42.4	40.9	39.1	37.4	36.0	34.9	33.4	31.9	30.5	27.5	26.4	24.9	23.0	21.7	17.6	14.6	1.2	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
72 — Brighton to Normans Bay

km	km on route	km to stop if >200m	**Brighton**	Kemp Town	Roedean	Rottingdean	Saltdean	Telscombe	Peacehaven	Peacehaven Heights	Newhaven Marina	**Newhaven**	**Newhaven Port (rail only)**	**Bishopstone**	**Seaford**	Walls Brow	Exceat Bridge	St John's Road	**Eastbourne**	Princes Park	Langley Point	Sovereign Harbour	Bay View	Grey Tower	**Pevensey Bay**	Beachlands	**Normans Bay (rail only)**
Brighton				1.8	3.5	4.9	6.1	7.5	9.0	10.5	13.4	14.6	16.0	17.9	19.2	25.7	26.3	39.7	40.9	42.2	43.6	45.3	46.4	47.9	48.6	49.9	51.8
Kemp Town	1.83		1.8		1.6	3.1	4.2	5.7	7.1	8.6	11.6	12.7	14.1	16.1	17.4	23.8	24.5	37.9	39.1	40.4	41.8	43.5	44.6	46.0	46.8	48.1	49.9
Roedean	1.64		3.5	1.6		1.5	2.6	4.1	5.5	7.0	10.0	11.1	12.5	14.4	15.8	22.2	22.9	36.3	37.4	38.7	40.1	41.8	42.9	44.4	45.2	46.5	48.3
Rottingdean	1.46		4.9	3.1	1.5		1.1	2.6	4.0	5.5	8.5	9.6	11.0	13.0	14.3	20.7	21.4	34.8	36.0	37.3	38.7	40.4	41.5	42.9	43.7	45.0	46.8
Saltdean	1.12		6.1	4.2	2.6	1.1		1.5	2.9	4.4	7.4	8.5	9.9	11.9	13.2	19.6	20.3	33.7	34.9	36.1	37.6	39.2	40.3	41.8	42.6	43.9	45.7
Telscombe	1.48		7.5	5.7	4.1	2.6	1.5		1.4	2.9	5.9	7.0	8.4	10.4	11.7	18.1	18.8	32.2	33.4	34.7	36.1	37.8	38.9	40.3	41.1	42.4	44.2
Peacehaven	1.44		9.0	7.1	5.5	4.0	2.9	1.4		1.5	4.5	5.6	7.0	8.9	10.3	16.7	17.4	30.8	31.9	33.2	34.6	36.3	37.4	38.9	39.7	41.0	42.8
Peacehaven Heights	1.49		10.5	8.6	7.0	5.5	4.4	2.9	1.5		3.0	4.1	5.5	7.5	8.8	15.2	15.9	29.3	30.5	31.7	33.1	34.8	35.9	37.4	38.2	39.5	41.3
Newhaven Marina	2.98		13.4	11.6	10.0	8.5	7.4	5.9	4.5	3.0		1.1	2.5	4.5	5.8	12.2	12.9	26.3	27.5	28.7	30.2	31.8	33.0	34.4	35.2	36.5	38.3
Newhaven	1.11		14.6	12.7	11.1	9.6	8.5	7.0	5.6	4.1	1.1		1.4	3.4	4.7	11.1	11.8	25.2	26.4	27.6	29.1	30.7	31.8	33.3	34.1	35.4	37.2
Newhaven Port (rail only)	1.42		16.0	14.1	12.5	11.0	9.9	8.4	7.0	5.5	2.5	1.4		1.9	3.3	9.7	10.4	23.8	24.9	26.2	27.6	29.3	30.4	31.9	32.7	34.0	35.8
Bishopstone	1.94		17.9	16.1	14.4	13.0	11.9	10.4	8.9	7.5	4.5	3.4	1.9		1.3	7.7	8.4	21.8	23.0	24.3	25.7	27.4	28.5	29.9	30.7	32.0	33.8
Seaford	1.33		19.2	17.4	15.8	14.3	13.2	11.7	10.3	8.8	5.8	4.7	3.3	1.3		6.4	7.1	20.5	21.7	22.9	24.4	26.0	27.2	28.6	29.4	30.7	32.5
Walls Brow	5.22	1.19	25.7	23.8	22.2	20.7	19.6	18.1	16.7	15.2	12.2	11.1	9.7	7.7	6.4		3.1	16.5	17.6	18.9	20.3	22.0	23.1	24.6	25.4	26.7	28.5
Exceat Bridge	1.86		26.3	24.5	22.9	21.4	20.3	18.8	17.4	15.9	12.9	11.8	10.4	8.4	7.1	3.1		13.4	14.6	15.9	17.3	19.0	20.1	21.5	22.3	23.6	25.4
St John's Road	13.40		39.7	37.9	36.3	34.8	33.7	32.2	30.8	29.3	26.3	25.2	23.8	21.8	20.5	16.5	13.4		1.2	2.5	3.9	5.6	6.7	8.1	8.9	10.2	12.0
Eastbourne	1.19		40.9	39.1	37.4	36.0	34.9	33.4	31.9	30.5	27.5	26.4	24.9	23.0	21.7	17.6	14.6	1.2		1.3	2.7	4.4	5.5	6.9	7.7	9.0	10.8
Princes Park	1.27		42.2	40.4	38.7	37.3	36.1	34.7	33.2	31.7	28.7	27.6	26.2	24.3	22.9	18.9	15.9	2.5	1.3		1.4	3.1	4.2	5.7	6.5	7.8	9.6
Langley Point	1.42		43.6	41.8	40.1	38.7	37.6	36.1	34.6	33.1	30.2	29.1	27.6	25.7	24.4	20.3	17.3	3.9	2.7	1.4		1.7	2.8	4.3	5.0	6.3	8.2
Sovereign Harbour	1.68		45.3	43.5	41.8	40.4	39.2	37.8	36.3	34.8	31.8	30.7	29.3	27.4	26.0	22.0	19.0	5.6	4.4	3.1	1.7		1.1	2.6	3.4	4.7	6.5
Bay View	1.11		46.4	44.6	42.9	41.5	40.3	38.9	37.4	35.9	33.0	31.8	30.4	28.5	27.2	23.1	20.1	6.7	5.5	4.2	2.8	1.1		1.5	2.3	3.5	5.4
Grey Tower	1.05	0.41	47.9	46.0	44.4	42.9	41.8	40.3	38.9	37.4	34.4	33.3	31.9	29.9	28.6	24.6	21.5	8.1	6.9	5.7	4.3	2.6	1.5		1.6	2.9	4.7
Pevensey Bay	1.20		48.6	46.8	45.2	43.7	42.6	41.1	39.7	38.2	35.2	34.1	32.7	30.7	29.4	25.4	22.3	8.9	7.7	6.5	5.0	3.4	2.3	1.6		1.3	3.1
Beachlands	1.29		49.9	48.1	46.5	45.0	43.9	42.4	41.0	39.5	36.5	35.4	34.0	32.0	30.7	26.7	23.6	10.2	9.0	7.8	6.3	4.7	3.5	2.9	1.3		1.8
Normans Bay (rail only)	1.82		51.8	49.9	48.3	46.8	45.7	44.2	42.8	41.3	38.3	37.2	35.8	33.8	32.5	28.5	25.4	12.0	10.8	9.6	8.2	6.5	5.4	4.7	3.1	1.8	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
73 — Exceat Bridge to Rye

km	km on route	km to stop if >200m	Exceat Bridge	St John's Road	**Eastbourne**	Princes Park	Langley Point	Sovereign Harbour	Bay View	Grey Tower	**Pevensey Bay**	Beachlands	**Normans Bay (rail only)**	**Cooden Beach (rail only)**	**Collington**	**Bexhill**	Galley Hill	Bulverhythe	West Marina	**St Leonards**	**Hastings**	High Wickham	Fairlight	Pett Level	Rye
Exceat Bridge				13.4	14.6	15.9	17.3	19.0	20.1	21.5	22.3	23.6	25.4	27.3	30.0	30.9	32.8	34.5	35.6	36.4	37.9	40.5	43.3	45.6	57.6
St John's Road	13.40		13.4		1.2	2.5	3.9	5.6	6.7	8.1	8.9	10.2	12.0	13.9	16.6	17.5	19.4	21.1	22.2	23.0	24.5	27.1	29.9	32.2	44.2
Eastbourne	1.19		14.6	1.2		1.3	2.7	4.4	5.5	6.9	7.7	9.0	10.8	12.7	15.4	16.3	18.2	19.9	21.0	21.8	23.3	25.9	28.7	31.0	43.0
Princes Park	1.27		15.9	2.5	1.3		1.4	3.1	4.2	5.7	6.5	7.8	9.6	11.5	14.1	15.1	16.9	18.6	19.7	20.6	22.0	24.6	27.5	29.7	41.7
Langley Point	1.42		17.3	3.9	2.7	1.4		1.7	2.8	4.3	5.0	6.3	8.2	10.0	12.7	13.6	15.5	17.2	18.3	19.1	20.6	23.2	26.0	28.3	40.3
Sovereign Harbour	1.68		19.0	5.6	4.4	3.1	1.7		1.1	2.6	3.4	4.7	6.5	8.4	11.0	12.0	13.8	15.5	16.6	17.5	18.9	21.5	24.4	26.6	38.6
Bay View	1.11		20.1	6.7	5.5	4.2	2.8	1.1		1.5	2.3	3.5	5.4	7.3	9.9	10.9	12.7	14.4	15.5	16.4	17.8	20.4	23.2	25.5	37.5
Grey Tower	1.05	0.41	21.5	8.1	6.9	5.7	4.3	2.6	1.5		1.6	2.9	4.7	6.6	9.3	10.2	12.1	13.8	14.9	15.7	17.1	19.8	22.6	24.9	36.9
Pevensey Bay	1.20		22.3	8.9	7.7	6.5	5.0	3.4	2.3	1.6		1.3	3.1	5.0	7.7	8.6	10.5	12.2	13.3	14.1	15.5	18.2	21.0	23.2	35.3
Beachlands	1.29		23.6	10.2	9.0	7.8	6.3	4.7	3.5	2.9	1.3		1.8	3.7	6.4	7.3	9.2	10.9	12.0	12.8	14.2	16.9	19.7	22.0	34.0
Normans Bay (rail only)	1.82		25.4	12.0	10.8	9.6	8.2	6.5	5.4	4.7	3.1	1.8		1.9	4.6	5.5	7.3	9.1	10.2	11.0	12.4	15.1	17.9	20.1	32.2
Cooden Beach (rail only)	1.89		27.3	13.9	12.7	11.5	10.0	8.4	7.3	6.6	5.0	3.7	1.9		2.7	3.6	5.5	7.2	8.3	9.1	10.5	13.2	16.0	18.2	30.3
Collington	2.26	0.40	30.0	16.6	15.4	14.1	12.7	11.0	9.9	9.3	7.7	6.4	4.6	2.7		1.7	3.6	5.3	6.4	7.2	8.7	11.3	14.1	16.4	28.4
Bexhill	1.34		30.9	17.5	16.3	15.1	13.6	12.0	10.9	10.2	8.6	7.3	5.5	3.6	1.7		1.9	3.6	4.7	5.5	6.9	9.6	12.4	14.6	26.7
Galley Hill	1.85		32.8	19.4	18.2	16.9	15.5	13.8	12.7	12.1	10.5	9.2	7.3	5.5	3.6	1.9		1.7	2.8	3.7	5.1	7.7	10.5	12.8	24.8
Bulverhythe	1.73		34.5	21.1	19.9	18.6	17.2	15.5	14.4	13.8	12.2	10.9	9.1	7.2	5.3	3.6	1.7		1.1	1.9	3.4	6.0	8.8	11.1	23.1
West Marina	1.08		35.6	22.2	21.0	19.7	18.3	16.6	15.5	14.9	13.3	12.0	10.2	8.3	6.4	4.7	2.8	1.1		0.8	2.3	4.9	7.7	10.0	22.0
St Leonards	0.84		36.4	23.0	21.8	20.6	19.1	17.5	16.4	15.7	14.1	12.8	11.0	9.1	7.2	5.5	3.7	1.9	0.8		1.4	4.1	6.9	9.1	21.2
Hastings	1.43		37.9	24.5	23.3	22.0	20.6	18.9	17.8	17.1	15.5	14.2	12.4	10.5	8.7	6.9	5.1	3.4	2.3	1.4		2.6	5.5	7.7	19.8
High Wickham	1.97	0.67	40.5	27.1	25.9	24.6	23.2	21.5	20.4	19.8	18.2	16.9	15.1	13.2	11.3	9.6	7.7	6.0	4.9	4.1	2.6		4.2	6.4	18.5
Fairlight	3.49		43.3	29.9	28.7	27.5	26.0	24.4	23.2	22.6	21.0	19.7	17.9	16.0	14.1	12.4	10.5	8.8	7.7	6.9	5.5	4.2		2.3	14.3
Pett Level	2.25		45.6	32.2	31.0	29.7	28.3	26.6	25.5	24.9	23.2	22.0	20.1	18.2	16.4	14.6	12.8	11.1	10.0	9.1	7.7	6.4	2.3		12.0
Rye	12.04		57.6	44.2	43.0	41.7	40.3	38.6	37.5	36.9	35.3	34.0	32.2	30.3	28.4	26.7	24.8	23.1	22.0	21.2	19.8	18.5	14.3	12.0	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
74 — Pevensey Bay to Greatstone-on-Sea

km	km on route	km to stop if >200m	**Pevensey Bay**	Beachlands	**Normans Bay (rail only)**	**Cooden Beach (rail only)**	**Collington**	**Bexhill**	Galley Hill	Bulverhythe	West Marina	**St Leonards**	**Hastings**	High Wickham	Fairlight	Fairlight Cove	Pett Level	**Rye**	Camber	Broomhill Sands	Lydd	Dungeness	Lifeboat station	Lydd-on-Sea	Lade	Romney Sands	Greatstone-on-Sea
Pevensey Bay				1.3	3.1	5.0	7.7	8.6	10.5	12.2	13.3	14.1	15.5	18.2	21.0	23.0	25.2	37.2	43.8	45.4	52.2	61.0	62.8	63.8	65.5	66.6	67.7
Beachlands	1.29		1.3		1.8	3.7	6.4	7.3	9.2	10.9	12.0	12.8	14.2	16.9	19.7	21.7	23.9	36.0	42.6	44.1	50.9	59.7	61.5	62.5	64.2	65.3	66.4
Normans Bay (rail only)	1.82		3.1	1.8		1.9	4.6	5.5	7.3	9.1	10.2	11.0	12.4	15.1	17.9	19.8	22.1	34.1	40.7	42.3	49.1	57.9	59.7	60.7	62.3	63.5	64.6
Cooden Beach (rail only)	1.89		5.0	3.7	1.9		2.7	3.6	5.5	7.2	8.3	9.1	10.5	13.2	16.0	18.0	20.2	32.2	38.8	40.4	47.2	56.0	57.8	58.8	60.5	61.6	62.7
Collington	2.26	0.40	7.7	6.4	4.6	2.7		1.7	3.6	5.3	6.4	7.2	8.7	11.3	14.1	16.1	18.3	30.4	37.0	38.6	45.3	54.2	55.9	56.9	58.6	59.8	60.8
Bexhill	1.34		8.6	7.3	5.5	3.6	1.7		1.9	3.6	4.7	5.5	6.9	9.6	12.4	14.4	16.6	28.6	35.2	36.8	43.6	52.4	54.2	55.2	56.9	58.0	59.1
Galley Hill	1.85		10.5	9.2	7.3	5.5	3.6	1.9		1.7	2.8	3.7	5.1	7.7	10.5	12.5	14.8	26.8	33.4	35.0	41.7	50.6	52.4	53.3	55.0	56.2	57.2
Bulverhythe	1.73		12.2	10.9	9.1	7.2	5.3	3.6	1.7		1.1	1.9	3.4	6.0	8.8	10.8	13.0	25.1	31.7	33.3	40.0	48.8	50.6	51.6	53.3	54.5	55.5
West Marina	1.08		13.3	12.0	10.2	8.3	6.4	4.7	2.8	1.1		0.8	2.3	4.9	7.7	9.7	11.9	24.0	30.6	32.2	38.9	47.8	49.5	50.5	52.2	53.4	54.4
St Leonards	0.84		14.1	12.8	11.0	9.1	7.2	5.5	3.7	1.9	0.8		1.4	4.1	6.9	8.9	11.1	23.1	29.7	31.3	38.1	46.9	48.7	49.7	51.4	52.5	53.6
Hastings	1.43		15.5	14.2	12.4	10.5	8.7	6.9	5.1	3.4	2.3	1.4		2.6	5.5	7.4	9.7	21.7	28.3	29.9	36.6	45.5	47.3	48.2	49.9	51.1	52.2
High Wickham	1.97	0.67	18.2	16.9	15.1	13.2	11.3	9.6	7.7	6.0	4.9	4.1	2.6		4.2	6.1	8.4	20.4	27.0	28.6	35.3	44.2	46.0	46.9	48.6	49.8	50.9
Fairlight	3.49		21.0	19.7	17.9	16.0	14.1	12.4	10.5	8.8	7.7	6.9	5.5	4.2		2.0	4.2	16.3	22.9	24.4	31.2	40.0	41.8	42.8	44.5	45.6	46.7
Fairlight Cove	1.96		23.0	21.7	19.8	18.0	16.1	14.4	12.5	10.8	9.7	8.9	7.4	6.1	2.0		2.3	14.3	20.9	22.5	29.2	38.1	39.9	40.8	42.5	43.7	44.7
Pett Level	2.25		25.2	23.9	22.1	20.2	18.3	16.6	14.8	13.0	11.9	11.1	9.7	8.4	4.2	2.3		12.0	18.6	20.2	27.0	35.8	37.6	38.6	40.3	41.4	42.5
Rye	12.04		37.2	36.0	34.1	32.2	30.4	28.6	26.8	25.1	24.0	23.1	21.7	20.4	16.3	14.3	12.0		6.6	8.2	14.9	23.8	25.6	26.5	28.2	29.4	30.4
Camber	6.60		43.8	42.6	40.7	38.8	37.0	35.2	33.4	31.7	30.6	29.7	28.3	27.0	22.9	20.9	18.6	6.6		1.6	8.3	17.2	19.0	19.9	21.6	22.8	23.8
Broomhill Sands	1.59		45.4	44.1	42.3	40.4	38.6	36.8	35.0	33.3	32.2	31.3	29.9	28.6	24.4	22.5	20.2	8.2	1.6		6.7	15.6	17.4	18.3	20.0	21.2	22.3
Lydd	6.73		52.2	50.9	49.1	47.2	45.3	43.6	41.7	40.0	38.9	38.1	36.6	35.3	31.2	29.2	27.0	14.9	8.3	6.7		8.9	10.6	11.6	13.3	14.5	15.5
Dungeness	8.85		61.0	59.7	57.9	56.0	54.2	52.4	50.6	48.8	47.8	46.9	45.5	44.2	40.0	38.1	35.8	23.8	17.2	15.6	8.9		1.8	2.8	4.4	5.6	6.7
Lifeboat station	1.79		62.8	61.5	59.7	57.8	55.9	54.2	52.4	50.6	49.5	48.7	47.3	46.0	41.8	39.9	37.6	25.6	19.0	17.4	10.6	1.8		1.0	2.7	3.8	4.9
Lydd-on-Sea	0.97		63.8	62.5	60.7	58.8	56.9	55.2	53.3	51.6	50.5	49.7	48.2	46.9	42.8	40.8	38.6	26.5	19.9	18.3	11.6	2.8	1.0		1.7	2.9	3.9
Lade	1.68		65.5	64.2	62.3	60.5	58.6	56.9	55.0	53.3	52.2	51.4	49.9	48.6	44.5	42.5	40.3	28.2	21.6	20.0	13.3	4.4	2.7	1.7		1.2	2.2
Romney Sands	1.18		66.6	65.3	63.5	61.6	59.8	58.0	56.2	54.5	53.4	52.5	51.1	49.8	45.6	43.7	41.4	29.4	22.8	21.2	14.5	5.6	3.8	2.9	1.2		1.1
Greatstone-on-Sea	1.05		67.7	66.4	64.6	62.7	60.8	59.1	57.2	55.5	54.4	53.6	52.2	50.9	46.7	44.7	42.5	30.4	23.8	22.3	15.5	6.7	4.9	3.9	2.2	1.1	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
75 — Rye to Folkestone

km	km on route	km to stop if >200m	**Rye**	Camber	Broomhill Sands	Lydd	Dungeness	Lifeboat station	Lydd-on-Sea	Lade	Romney Sands	Greatstone-on-Sea	Littlestone-on-Sea	Romney Warren	St Mary's Bay	Dymchurch	Martello Tower	New Beach	Dymchurch Redoubt	Palmarsh	Burmarsh	Hythe station	Martello Tower	Hythe Pool	Seabrook	Sandgate	**Folkestone**
Rye				6.6	8.2	14.9	23.8	25.6	26.5	28.2	29.4	30.4	31.9	34.1	35.5	37.0	38.7	40.3	41.3	42.6	43.8	45.5	46.6	47.7	49.6	51.5	53.3
Camber	6.60		6.6		1.6	8.3	17.2	19.0	19.9	21.6	22.8	23.8	25.3	27.5	28.9	30.4	32.1	33.7	34.7	36.0	37.2	38.9	40.0	41.1	43.0	44.9	46.7
Broomhill Sands	1.59		8.2	1.6		6.7	15.6	17.4	18.3	20.0	21.2	22.3	23.7	25.9	27.3	28.8	30.5	32.1	33.1	34.4	35.6	37.3	38.4	39.5	41.4	43.3	45.1
Lydd	6.73		14.9	8.3	6.7		8.9	10.6	11.6	13.3	14.5	15.5	16.9	19.1	20.6	22.1	23.8	25.4	26.4	27.6	28.9	30.6	31.7	32.7	34.7	36.6	38.4
Dungeness	8.85		23.8	17.2	15.6	8.9		1.8	2.8	4.4	5.6	6.7	8.1	10.3	11.7	13.2	15.0	16.5	17.5	18.8	20.0	21.7	22.9	23.9	25.9	27.7	29.6
Lifeboat station	1.79		25.6	19.0	17.4	10.6	1.8		1.0	2.7	3.8	4.9	6.3	8.5	9.9	11.4	13.2	14.7	15.8	17.0	18.2	19.9	21.1	22.1	24.1	25.9	27.8
Lydd-on-Sea	0.97		26.5	19.9	18.3	11.6	2.8	1.0		1.7	2.9	3.9	5.3	7.5	9.0	10.4	12.2	13.7	14.8	16.0	17.3	19.0	20.1	21.1	23.1	25.0	26.8
Lade	1.68		28.2	21.6	20.0	13.3	4.4	2.7	1.7		1.2	2.2	3.7	5.9	7.3	8.8	10.5	12.1	13.1	14.3	15.6	17.3	18.4	19.5	21.4	23.3	25.1
Romney Sands	1.18		29.4	22.8	21.2	14.5	5.6	3.8	2.9	1.2		1.1	2.5	4.7	6.1	7.6	9.3	10.9	11.9	13.2	14.4	16.1	17.2	18.3	20.2	22.1	23.9
Greatstone-on-Sea	1.05		30.4	23.8	22.3	15.5	6.7	4.9	3.9	2.2	1.1		1.4	3.6	5.1	6.5	8.3	9.8	10.9	12.1	13.4	15.1	16.2	17.2	19.2	21.0	22.9
Littlestone-on-Sea	1.42		31.9	25.3	23.7	16.9	8.1	6.3	5.3	3.7	2.5	1.4		2.2	3.6	5.1	6.9	8.4	9.5	10.7	11.9	13.6	14.8	15.8	17.8	19.6	21.5
Romney Warren	2.20		34.1	27.5	25.9	19.1	10.3	8.5	7.5	5.9	4.7	3.6	2.2		1.4	2.9	4.7	6.2	7.2	8.5	9.7	11.4	12.6	13.6	15.6	17.4	19.3
St Mary's Bay	1.44		35.5	28.9	27.3	20.6	11.7	9.9	9.0	7.3	6.1	5.1	3.6	1.4		1.5	3.2	4.8	5.8	7.1	8.3	10.0	11.1	12.2	14.1	16.0	17.8
Dymchurch	1.47		37.0	30.4	28.8	22.1	13.2	11.4	10.4	8.8	7.6	6.5	5.1	2.9	1.5		1.8	3.3	4.3	5.6	6.8	8.5	9.7	10.7	12.7	14.5	16.4
Martello Tower	1.76		38.7	32.1	30.5	23.8	15.0	13.2	12.2	10.5	9.3	8.3	6.9	4.7	3.2	1.8		1.5	2.6	3.8	5.1	6.8	7.9	8.9	10.9	12.8	14.6
New Beach	1.54		40.3	33.7	32.1	25.4	16.5	14.7	13.7	12.1	10.9	9.8	8.4	6.2	4.8	3.3	1.5		1.0	2.3	3.5	5.2	6.4	7.4	9.4	11.2	13.1
Dymchurch Redoubt	1.04		41.3	34.7	33.1	26.4	17.5	15.8	14.8	13.1	11.9	10.9	9.5	7.2	5.8	4.3	2.6	1.0		1.2	2.5	4.2	5.3	6.4	8.3	10.2	12.0
Palmarsh	1.24		42.6	36.0	34.4	27.6	18.8	17.0	16.0	14.3	13.2	12.1	10.7	8.5	7.1	5.6	3.8	2.3	1.2		1.2	2.9	4.1	5.1	7.1	8.9	10.8
Burmarsh	1.24		43.8	37.2	35.6	28.9	20.0	18.2	17.3	15.6	14.4	13.4	11.9	9.7	8.3	6.8	5.1	3.5	2.5	1.2		1.7	2.8	3.9	5.8	7.7	9.5
Hythe station	1.70		45.5	38.9	37.3	30.6	21.7	19.9	19.0	17.3	16.1	15.1	13.6	11.4	10.0	8.5	6.8	5.2	4.2	2.9	1.7		1.1	2.2	4.1	6.0	7.8
Martello Tower	1.14		46.6	40.0	38.4	31.7	22.9	21.1	20.1	18.4	17.2	16.2	14.8	12.6	11.1	9.7	7.9	6.4	5.3	4.1	2.8	1.1		1.0	3.0	4.9	6.7
Hythe Pool	1.03		47.7	41.1	39.5	32.7	23.9	22.1	21.1	19.5	18.3	17.2	15.8	13.6	12.2	10.7	8.9	7.4	6.4	5.1	3.9	2.2	1.0		2.0	3.8	5.7
Seabrook	1.97		49.6	43.0	41.4	34.7	25.9	24.1	23.1	21.4	20.2	19.2	17.8	15.6	14.1	12.7	10.9	9.4	8.3	7.1	5.8	4.1	3.0	2.0		1.9	3.7
Sandgate	1.85		51.5	44.9	43.3	36.6	27.7	25.9	25.0	23.3	22.1	21.0	19.6	17.4	16.0	14.5	12.8	11.2	10.2	8.9	7.7	6.0	4.9	3.8	1.9		1.8
Folkestone	1.84		53.3	46.7	45.1	38.4	29.6	27.8	26.8	25.1	23.9	22.9	21.5	19.3	17.8	16.4	14.6	13.1	12.0	10.8	9.5	7.8	6.7	5.7	3.7	1.8	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
76 — Greatstone-on-Sea to Deal

km	km on route	km to stop if >200m	Greatstone-on-Sea	Littlestone-on-Sea	Romney Warren	St Mary's Bay	Dymchurch	Martello Tower	New Beach	Dymchurch Redoubt	Palmarsh	Burmarsh	Hythe station	Martello Tower	Hythe Pool	Seabrook	Sandgate	**Folkestone**	Folkestone Harbour	Crete Road East	Aycliff	**Dover**	Dover Eastern Docks	St Margaret's at Cliffe	Kingsdown	Walmer	**Deal**
Greatstone-on-Sea				1.4	3.6	5.1	6.5	8.3	9.8	10.9	12.1	13.4	15.1	16.2	17.2	19.2	21.0	22.9	24.1	26.6	34.0	36.3	37.6	44.3	48.1	50.7	52.4
Littlestone-on-Sea	1.42		1.4		2.2	3.6	5.1	6.9	8.4	9.5	10.7	11.9	13.6	14.8	15.8	17.8	19.6	21.5	22.7	25.2	32.6	34.9	36.2	42.9	46.7	49.3	50.9
Romney Warren	2.20		3.6	2.2		1.4	2.9	4.7	6.2	7.3	8.5	9.7	11.4	12.6	13.6	15.6	17.4	19.3	20.5	23.0	30.4	32.7	34.0	40.7	44.5	47.1	48.7
St Mary's Bay	1.44		5.1	3.6	1.4		1.5	3.2	4.8	5.8	7.1	8.3	10.0	11.1	12.2	14.1	16.0	17.8	19.1	21.6	29.0	31.3	32.6	39.3	43.0	45.6	47.3
Dymchurch	1.47		6.5	5.1	2.9	1.5		1.8	3.3	4.3	5.6	6.8	8.5	9.7	10.7	12.7	14.5	16.4	17.6	20.1	27.5	29.8	31.1	37.8	41.6	44.1	45.8
Martello Tower	1.76		8.3	6.9	4.7	3.2	1.8		1.5	2.6	3.8	5.1	6.8	7.9	8.9	10.9	12.8	14.6	15.8	18.3	25.7	28.0	29.3	36.0	39.8	42.4	44.1
New Beach	1.54		9.8	8.4	6.2	4.8	3.3	1.5		1.0	2.3	3.5	5.2	6.4	7.4	9.4	11.2	13.1	14.3	16.8	24.2	26.5	27.8	34.5	38.3	40.8	42.5
Dymchurch Redoubt	1.04		10.9	9.5	7.3	5.8	4.3	2.6	1.0		1.2	2.5	4.2	5.3	6.4	8.3	10.2	12.0	13.3	15.8	23.2	25.5	26.8	33.5	37.2	39.8	41.5
Palmarsh	1.24		12.1	10.7	8.5	7.1	5.6	3.8	2.3	1.2		1.2	2.9	4.1	5.1	7.1	8.9	10.8	12.0	14.5	21.9	24.2	25.5	32.2	36.0	38.6	40.3
Burmarsh	1.24		13.4	11.9	9.7	8.3	6.8	5.1	3.5	2.5	1.2		1.7	2.8	3.9	5.8	7.7	9.5	10.8	13.3	20.7	23.0	24.3	31.0	34.7	37.3	39.0
Hythe station	1.70		15.1	13.6	11.4	10.0	8.5	6.8	5.2	4.2	2.9	1.7		1.1	2.2	4.1	6.0	7.8	9.1	11.6	19.0	21.3	22.6	29.3	33.0	35.6	37.3
Martello Tower	1.14		16.2	14.8	12.6	11.1	9.7	7.9	6.4	5.3	4.1	2.8	1.1		1.0	3.0	4.9	6.7	7.9	10.4	17.8	20.1	21.4	28.1	31.9	34.5	36.2
Hythe Pool	1.03		17.2	15.8	13.6	12.2	10.7	8.9	7.4	6.4	5.1	3.9	2.2	1.0		2.0	3.8	5.7	6.9	9.4	16.8	19.1	20.4	27.1	30.9	33.5	35.1
Seabrook	1.97		19.2	17.8	15.6	14.1	12.7	10.9	9.4	8.3	7.1	5.8	4.1	3.0	2.0		1.9	3.7	4.9	7.4	14.8	17.1	18.4	25.1	28.9	31.5	33.2
Sandgate	1.85		21.0	19.6	17.4	16.0	14.5	12.8	11.2	10.2	8.9	7.7	6.0	4.9	3.8	1.9		1.8	3.1	5.6	13.0	15.3	16.6	23.3	27.1	29.6	31.3
Folkestone	1.84		22.9	21.5	19.3	17.8	16.4	14.6	13.1	12.0	10.8	9.5	7.8	6.7	5.7	3.7	1.8		1.2	3.7	11.1	13.5	14.8	21.5	25.2	27.8	29.5
Folkestone Harbour	1.24		24.1	22.7	20.5	19.1	17.6	15.8	14.3	13.3	12.0	10.8	9.1	7.9	6.9	4.9	3.1	1.2		2.5	9.9	12.2	13.5	20.2	24.0	26.6	28.2
Crete Road East	2.50		26.6	25.2	23.0	21.6	20.1	18.3	16.8	15.8	14.5	13.3	11.6	10.4	9.4	7.4	5.6	3.7	2.5		7.4	9.7	11.0	17.7	21.5	24.1	25.7
Aycliff	7.40		34.0	32.6	30.4	29.0	27.5	25.7	24.2	23.2	21.9	20.7	19.0	17.8	16.8	14.8	13.0	11.1	9.9	7.4		2.3	3.6	10.3	14.1	16.7	18.3
Dover	2.31		36.3	34.9	32.7	31.3	29.8	28.0	26.5	25.5	24.2	23.0	21.3	20.1	19.1	17.1	15.3	13.5	12.2	9.7	2.3		1.3	8.0	11.8	14.3	16.0
Dover Eastern Docks	1.30		37.6	36.2	34.0	32.6	31.1	29.3	27.8	26.8	25.5	24.3	22.6	21.4	20.4	18.4	16.6	14.8	13.5	11.0	3.6	1.3		6.7	10.5	13.0	14.7
St Margaret's at Cliffe	5.84	0.86	44.3	42.9	40.7	39.3	37.8	36.0	34.5	33.5	32.2	31.0	29.3	28.1	27.1	25.1	23.3	21.5	20.2	17.7	10.3	8.0	6.7		5.5	8.1	9.7
Kingsdown	4.62		48.1	46.7	44.5	43.0	41.6	39.8	38.3	37.2	36.0	34.7	33.0	31.9	30.9	28.9	27.1	25.2	24.0	21.5	14.1	11.8	10.5	5.5		2.6	4.3
Walmer	2.58		50.7	49.3	47.1	45.6	44.1	42.4	40.8	39.8	38.6	37.3	35.6	34.5	33.5	31.5	29.6	27.8	26.6	24.1	16.7	14.3	13.0	8.1	2.6		1.7
Deal	1.69		52.4	50.9	48.7	47.3	45.8	44.1	42.5	41.5	40.3	39.0	37.3	36.2	35.1	33.2	31.3	29.5	28.2	25.7	18.3	16.0	14.7	9.7	4.3	1.7	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
77 — Folkestone to Margate

km	km on route	km to stop if >200m	**Folkestone**	Folkestone Harbour	Crete Road East	Aycliff	**Dover**	Dover Eastern Docks	St Margaret's at Cliffe	Kingsdown	Walmer	**Deal**	**Sandwich**	Richborough Port	Pegwell Bay	**Ramsgate Abbey**	Ramsgate	**Dumpton Park**	Dumpton Gap	**Broadstairs**	Stone House	Botany Bay	Friend's Gap	Cliftonville	Winter Gardens	**Margate**
Folkestone				1.2	3.7	11.1	13.5	14.8	21.5	25.2	27.8	29.5	47.3	49.6	51.8	55.6	56.8	57.9	59.4	60.4	62.0	65.1	66.4	67.5	68.8	70.1
Folkestone Harbour	1.24		1.2		2.5	9.9	12.2	13.5	20.2	24.0	26.6	28.2	46.0	48.4	50.5	54.4	55.6	56.7	58.2	59.2	60.8	63.8	65.1	66.2	67.5	68.9
Crete Road East	2.50		3.7	2.5		7.4	9.7	11.0	17.7	21.5	24.1	25.7	43.5	45.9	48.0	51.9	53.1	54.2	55.7	56.7	58.3	61.3	62.6	63.7	65.0	66.4
Aycliff	7.40		11.1	9.9	7.4		2.3	3.6	10.3	14.1	16.7	18.3	36.1	38.5	40.6	44.5	45.7	46.8	48.3	49.3	50.9	53.9	55.2	56.3	57.6	59.0
Dover	2.31		13.5	12.2	9.7	2.3		1.3	8.0	11.8	14.3	16.0	33.8	36.2	38.3	42.1	43.3	44.5	46.0	47.0	48.6	51.6	52.9	54.0	55.3	56.7
Dover Eastern Docks	1.30		14.8	13.5	11.0	3.6	1.3		6.7	10.5	13.0	14.7	32.5	34.9	37.0	40.8	42.0	43.2	44.7	45.7	47.3	50.3	51.6	52.7	54.0	55.4
St Margaret's at Cliffe	5.84	0.86	21.5	20.2	17.7	10.3	8.0	6.7		5.5	8.1	9.8	27.5	29.9	32.0	35.9	37.1	38.2	39.7	40.7	42.3	45.3	46.6	47.7	49.1	50.4
Kingsdown	4.62		25.2	24.0	21.5	14.1	11.8	10.5	5.5		2.6	4.3	22.1	24.4	26.6	30.4	31.6	32.7	34.2	35.2	36.8	39.8	41.2	42.3	43.6	44.9
Walmer	2.58		27.8	26.6	24.1	16.7	14.3	13.0	8.1	2.6		1.7	19.5	21.8	24.0	27.8	29.0	30.2	31.6	32.7	34.2	37.3	38.6	39.7	41.0	42.3
Deal	1.69		29.5	28.2	25.7	18.3	16.0	14.7	9.8	4.3	1.7		17.8	20.2	22.3	26.1	27.3	28.5	29.9	31.0	32.6	35.6	36.9	38.0	39.3	40.6
Sandwich	16.34	1.44	47.3	46.0	43.5	36.1	33.8	32.5	27.5	22.1	19.5	17.8		5.3	7.4	11.2	12.4	13.6	15.0	16.1	17.7	20.7	22.0	23.1	24.4	25.7
Richborough Port	3.81		49.6	48.4	45.9	38.5	36.2	34.9	29.9	24.4	21.8	20.2	5.3		2.1	6.0	7.2	8.3	9.8	10.8	12.4	15.4	16.7	17.8	19.2	20.5
Pegwell Bay	2.14		51.8	50.5	48.0	40.6	38.3	37.0	32.0	26.6	24.0	22.3	7.4	2.1		3.8	5.0	6.2	7.6	8.7	10.3	13.3	14.6	15.7	17.0	18.3
Ramsgate Abbey	3.82		55.6	54.4	51.9	44.5	42.1	40.8	35.9	30.4	27.8	26.1	11.2	6.0	3.8		1.2	2.4	3.8	4.9	6.4	9.5	10.8	11.9	13.2	14.5
Ramsgate	1.20		56.8	55.6	53.1	45.7	43.3	42.0	37.1	31.6	29.0	27.3	12.4	7.2	5.0	1.2		1.2	2.6	3.7	5.2	8.3	9.6	10.7	12.0	13.3
Dumpton Park	1.15		57.9	56.7	54.2	46.8	44.5	43.2	38.2	32.7	30.2	28.5	13.6	8.3	6.2	2.4	1.2		1.5	2.5	4.1	7.1	8.4	9.5	10.8	12.2
Dumpton Gap	1.15	0.31	59.4	58.2	55.7	48.3	46.0	44.7	39.7	34.2	31.6	29.9	15.0	9.8	7.6	3.8	2.6	1.5		1.7	3.3	6.3	7.6	8.7	10.0	11.3
Broadstairs	1.35		60.4	59.2	56.7	49.3	47.0	45.7	40.7	35.2	32.7	31.0	16.1	10.8	8.7	4.9	3.7	2.5	1.7		1.6	4.6	5.9	7.0	8.3	9.7
Stone House	1.59		62.0	60.8	58.3	50.9	48.6	47.3	42.3	36.8	34.2	32.6	17.7	12.4	10.3	6.4	5.2	4.1	3.3	1.6		3.0	4.3	5.4	6.7	8.1
Botany Bay	3.02		65.1	63.8	61.3	53.9	51.6	50.3	45.3	39.8	37.3	35.6	20.7	15.4	13.3	9.5	8.3	7.1	6.3	4.6	3.0		1.3	2.4	3.7	5.0
Friend's Gap	1.31		66.4	65.1	62.6	55.2	52.9	51.6	46.6	41.2	38.6	36.9	22.0	16.7	14.6	10.8	9.6	8.4	7.6	5.9	4.3	1.3		1.1	2.4	3.7
Cliftonville	1.10		67.5	66.2	63.7	56.3	54.0	52.7	47.7	42.3	39.7	38.0	23.1	17.8	15.7	11.9	10.7	9.5	8.7	7.0	5.4	2.4	1.1		1.3	2.6
Winter Gardens	1.32		68.8	67.5	65.0	57.6	55.3	54.0	49.1	43.6	41.0	39.3	24.4	19.2	17.0	13.2	12.0	10.8	10.0	8.3	6.7	3.7	2.4	1.3		1.3
Margate	1.32		70.1	68.9	66.4	59.0	56.7	55.4	50.4	44.9	42.3	40.6	25.7	20.5	18.3	14.5	13.3	12.2	11.3	9.7	8.1	5.0	3.7	2.6	1.3	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
78 — Walmer to Herne Bay

km	km on route	km to stop if >200m	Walmer	**Deal**	**Sandwich**	Richborough Port	Pegwell Bay	**Ramsgate Abbey**	Ramsgate	**Dumpton Park**	Dumpton Gap	**Broadstairs**	Stone House	Botany Bay	Friend's Gap	Cliftonville	Winter Gardens	**Margate**	Sunken Gardens	**Westgate-on-Sea**	Epple Bay	**Birchington-on-Sea**	Minnis Bay	Reculver	Bishopstone	**Herne Bay**
Walmer				1.7	19.5	21.8	24.0	27.8	29.0	30.2	31.6	32.7	34.2	37.3	38.6	39.7	41.0	42.3	43.7	46.1	47.4	48.4	50.0	55.9	57.5	61.1
Deal	1.69		1.7		17.8	20.2	22.3	26.1	27.3	28.5	29.9	31.0	32.6	35.6	36.9	38.0	39.3	40.6	42.0	44.5	45.7	46.7	48.3	54.2	55.8	59.4
Sandwich	16.34	1.44	19.5	17.8		5.3	7.4	11.2	12.4	13.6	15.0	16.1	17.7	20.7	22.0	23.1	24.4	25.7	27.1	29.6	30.8	31.8	33.4	39.3	40.9	44.5
Richborough Port	3.81		21.8	20.2	5.3		2.1	6.0	7.2	8.3	9.8	10.8	12.4	15.4	16.7	17.8	19.2	20.5	21.9	24.3	25.6	26.6	28.2	34.1	35.7	39.3
Pegwell Bay	2.14		24.0	22.3	7.4	2.1		3.8	5.0	6.2	7.6	8.7	10.3	13.3	14.6	15.7	17.0	18.3	19.7	22.2	23.5	24.4	26.0	31.9	33.5	37.1
Ramsgate Abbey	3.82		27.8	26.1	11.2	6.0	3.8		1.2	2.4	3.8	4.9	6.4	9.5	10.8	11.9	13.2	14.5	15.9	18.3	19.6	20.6	22.2	28.1	29.7	33.3
Ramsgate	1.20		29.0	27.3	12.4	7.2	5.0	1.2		1.2	2.6	3.7	5.2	8.3	9.6	10.7	12.0	13.3	14.7	17.1	18.4	19.4	21.0	26.9	28.5	32.1
Dumpton Park	1.15		30.2	28.5	13.6	8.3	6.2	2.4	1.2		1.5	2.5	4.1	7.1	8.4	9.5	10.8	12.2	13.6	16.0	17.3	18.3	19.8	25.8	27.3	31.0
Dumpton Gap	1.15	0.31	31.6	29.9	15.0	9.8	7.6	3.8	2.6	1.5		1.7	3.3	6.3	7.6	8.7	10.0	11.3	12.7	15.2	16.4	17.4	19.0	24.9	26.5	30.1
Broadstairs	1.35		32.7	31.0	16.1	10.8	8.7	4.9	3.7	2.5	1.7		1.6	4.6	5.9	7.0	8.3	9.7	11.1	13.5	14.8	15.8	17.3	23.3	24.8	28.5
Stone House	1.59		34.2	32.6	17.7	12.4	10.3	6.4	5.2	4.1	3.3	1.6		3.0	4.3	5.4	6.8	8.1	9.5	11.9	13.2	14.2	15.8	21.7	23.3	26.9
Botany Bay	3.02		37.3	35.6	20.7	15.4	13.3	9.5	8.3	7.1	6.3	4.6	3.0		1.3	2.4	3.7	5.1	6.5	8.9	10.2	11.2	12.7	18.7	20.2	23.8
Friend's Gap	1.31		38.6	36.9	22.0	16.7	14.6	10.8	9.6	8.4	7.6	5.9	4.3	1.3		1.1	2.4	3.7	5.2	7.6	8.9	9.9	11.4	17.3	18.9	22.5
Cliftonville	1.10		39.7	38.0	23.1	17.8	15.7	11.9	10.7	9.5	8.7	7.0	5.4	2.4	1.1		1.3	2.6	4.1	6.5	7.8	8.8	10.3	16.2	17.8	21.4
Winter Gardens	1.32		41.0	39.3	24.4	19.2	17.0	13.2	12.0	10.8	10.0	8.3	6.8	3.7	2.4	1.3		1.3	2.7	5.2	6.4	7.4	9.0	14.9	16.5	20.1
Margate	1.32		42.3	40.6	25.7	20.5	18.3	14.5	13.3	12.2	11.3	9.7	8.1	5.1	3.7	2.6	1.3		1.4	3.8	5.1	6.1	7.7	13.6	15.2	18.8
Sunken Gardens	1.41		43.7	42.0	27.1	21.9	19.7	15.9	14.7	13.6	12.7	11.1	9.5	6.5	5.2	4.1	2.7	1.4		2.4	3.7	4.7	6.3	12.2	13.8	17.4
Westgate-on-Sea	1.99	0.43	46.1	44.5	29.6	24.3	22.2	18.3	17.1	16.0	15.2	13.5	11.9	8.9	7.6	6.5	5.2	3.8	2.4		2.2	3.1	4.7	10.6	12.2	15.8
Epple Bay	1.42	0.30	47.4	45.7	30.8	25.6	23.5	19.6	18.4	17.3	16.4	14.8	13.2	10.2	8.9	7.8	6.4	5.1	3.7	2.2		1.6	3.2	9.1	10.7	14.3
Birchington-on-Sea	0.94	0.35	48.4	46.7	31.8	26.6	24.4	20.6	19.4	18.3	17.4	15.8	14.2	11.2	9.9	8.8	7.4	6.1	4.7	3.1	1.6		2.3	8.2	9.8	13.4
Minnis Bay	1.92		50.0	48.3	33.4	28.2	26.0	22.2	21.0	19.8	19.0	17.3	15.8	12.7	11.4	10.3	9.0	7.7	6.3	4.7	3.2	2.3		5.9	7.5	11.1
Reculver	5.92		55.9	54.2	39.3	34.1	31.9	28.1	26.9	25.8	24.9	23.3	21.7	18.7	17.3	16.2	14.9	13.6	12.2	10.6	9.1	8.2	5.9		1.6	5.2
Bishopstone	1.58		57.5	55.8	40.9	35.7	33.5	29.7	28.5	27.3	26.5	24.8	23.3	20.2	18.9	17.8	16.5	15.2	13.8	12.2	10.7	9.8	7.5	1.6		3.6
Herne Bay	3.61		61.1	59.4	44.5	39.3	37.1	33.3	32.1	31.0	30.1	28.5	26.9	23.8	22.5	21.4	20.1	18.8	17.4	15.8	14.3	13.4	11.1	5.2	3.6	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
79 — Cliftonville to Kings Ferry Bridge

km	km on route	km to stop if >200m	Cliftonville	Winter Gardens	**Margate**	Sunken Gardens	**Westgate-on-Sea**	Epple Bay	**Birchington-on-Sea**	Minnis Bay	Reculver	Bishopstone	**Herne Bay**	Hampton	Studd Hill	Long Rock	Tankerton	**Whitstable**	Seasalter	Faversham Road	Graveney Marshes	**Faversham**	Oare	**Conyer**	**Sittingbourne**	**King's Ferry Bridge**
Cliftonville				1.3	2.6	4.1	6.5	7.8	8.8	10.3	16.2	17.8	21.4	23.4	24.6	26.2	26.9	28.8	31.3	33.1	34.6	44.2	50.0	59.5	69.4	77.7
Winter Gardens	1.32		1.3		1.3	2.7	5.2	6.4	7.4	9.0	14.9	16.5	20.1	22.1	23.3	24.9	25.6	27.5	30.0	31.8	33.3	42.9	48.7	58.1	68.0	76.4
Margate	1.32		2.6	1.3		1.4	3.8	5.1	6.1	7.7	13.6	15.2	18.8	20.8	22.0	23.6	24.3	26.2	28.7	30.5	31.9	41.6	47.4	56.8	66.7	75.1
Sunken Gardens	1.41		4.1	2.7	1.4		2.4	3.7	4.7	6.3	12.2	13.8	17.4	19.4	20.5	22.1	22.9	24.8	27.3	29.1	30.5	40.2	46.0	55.4	65.3	73.7
Westgate-on-Sea	1.99	0.43	6.5	5.2	3.8	2.4		2.2	3.1	4.7	10.6	12.2	15.8	17.8	19.0	20.6	21.3	23.2	25.7	27.5	29.0	38.6	44.4	53.8	63.8	72.1
Epple Bay	1.42	0.30	7.8	6.4	5.1	3.7	2.2		1.6	3.2	9.1	10.7	14.3	16.3	17.4	19.0	19.8	21.7	24.2	25.9	27.4	37.0	42.9	52.3	62.2	70.5
Birchington-on-Sea	0.94	0.35	8.8	7.4	6.1	4.7	3.1	1.6		2.3	8.2	9.8	13.4	15.4	16.5	18.1	18.9	20.8	23.3	25.1	26.5	36.2	42.0	51.4	61.3	69.7
Minnis Bay	1.92		10.3	9.0	7.7	6.3	4.7	3.2	2.3		5.9	7.5	11.1	13.1	14.3	15.9	16.6	18.5	21.0	22.8	24.3	33.9	39.7	49.1	59.0	67.4
Reculver	5.92		16.2	14.9	13.6	12.2	10.6	9.1	8.2	5.9		1.6	5.2	7.2	8.3	10.0	10.7	12.6	15.1	16.9	18.3	28.0	33.8	43.2	53.1	61.5
Bishopstone	1.58		17.8	16.5	15.2	13.8	12.2	10.7	9.8	7.5	1.6		3.6	5.6	6.8	8.4	9.1	11.0	13.5	15.3	16.8	26.4	32.2	41.6	51.5	59.9
Herne Bay	3.61		21.4	20.1	18.8	17.4	15.8	14.3	13.4	11.1	5.2	3.6		2.0	3.2	4.8	5.5	7.4	9.9	11.7	13.2	22.8	28.6	38.0	47.9	56.3
Hampton	2.01		23.4	22.1	20.8	19.4	17.8	16.3	15.4	13.1	7.2	5.6	2.0		1.2	2.8	3.5	5.4	7.9	9.7	11.1	20.8	26.6	36.0	45.9	54.3
Studd Hill	1.15		24.6	23.3	22.0	20.5	19.0	17.4	16.5	14.3	8.3	6.8	3.2	1.2		1.6	2.3	4.2	6.7	8.5	10.0	19.6	25.4	34.9	44.8	53.1
Long Rock	1.05	0.55	26.2	24.9	23.6	22.1	20.6	19.0	18.1	15.9	10.0	8.4	4.8	2.8	1.6		1.8	3.7	6.2	8.0	9.5	19.1	24.9	34.4	44.3	52.6
Tankerton	1.29		26.9	25.6	24.3	22.9	21.3	19.8	18.9	16.6	10.7	9.1	5.5	3.5	2.3	1.8		1.9	4.4	6.2	7.7	17.3	23.1	32.5	42.4	50.8
Whitstable	1.90		28.8	27.5	26.2	24.8	23.2	21.7	20.8	18.5	12.6	11.0	7.4	5.4	4.2	3.7	1.9		2.5	4.3	5.8	15.4	21.2	30.6	40.5	48.9
Seasalter	2.50		31.3	30.0	28.7	27.3	25.7	24.2	23.3	21.0	15.1	13.5	9.9	7.9	6.7	6.2	4.4	2.5		1.8	3.3	12.9	18.7	28.1	38.0	46.4
Faversham Road	1.28	0.49	33.1	31.8	30.5	29.1	27.5	25.9	25.1	22.8	16.9	15.3	11.7	9.7	8.5	8.0	6.2	4.3	1.8		2.5	12.1	17.9	27.3	37.2	45.6
Graveney Marshes	1.97		34.6	33.3	31.9	30.5	29.0	27.4	26.5	24.3	18.3	16.8	13.2	11.1	10.0	9.5	7.7	5.8	3.3	2.5		9.6	15.4	24.9	34.8	43.1
Faversham	9.62		44.2	42.9	41.6	40.2	38.6	37.0	36.2	33.9	28.0	26.4	22.8	20.8	19.6	19.1	17.3	15.4	12.9	12.1	9.6		5.8	15.3	25.2	33.5
Oare	5.82		50.0	48.7	47.4	46.0	44.4	42.9	42.0	39.7	33.8	32.2	28.6	26.6	25.4	24.9	23.1	21.2	18.7	17.9	15.4	5.8		9.4	19.3	27.7
Conyer	9.43		59.5	58.1	56.8	55.4	53.8	52.3	51.4	49.1	43.2	41.6	38.0	36.0	34.9	34.4	32.5	30.6	28.1	27.3	24.9	15.3	9.4		9.9	18.3
Sittingbourne	9.91		69.4	68.0	66.7	65.3	63.8	62.2	61.3	59.0	53.1	51.5	47.9	45.9	44.8	44.3	42.4	40.5	38.0	37.2	34.8	25.2	19.3	9.9		8.3
King's Ferry Bridge	8.34		77.7	76.4	75.1	73.7	72.1	70.5	69.7	67.4	61.5	59.9	56.3	54.3	53.1	52.6	50.8	48.9	46.4	45.6	43.1	33.5	27.7	18.3	8.3	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
80 — Birchington-on-Sea to King's Ferry Bridge via Isle of Sheppey circuit

km	km on route	km to stop if >200m	**Birchington-on-Sea**	Minnis Bay	Reculver	Bishopstone	**Herne Bay**	Hampton	Studd Hill	Long Rock	Tankerton	**Whitstable**	Seasalter	Faversham Road	Graveney Marshes	**Faversham**	Oare	**Conyer**	**Sittingbourne**	**King's Ferry Bridge**	Eastchurch	Leysdown-on-Sea	Walnut Tree	Minster	**Sheerness**	**Queenborough**	**King's Ferry Bridge**
Birchington-on-Sea				1.9	7.8	9.4	13.0	15.0	16.2	17.8	18.5	20.4	22.9	24.7	26.2	35.8	41.6	51.1	61.0	69.3	84.4	99.0	102.9	108.3	113.4	118.4	121.8
Minnis Bay	1.92		1.9		5.9	7.5	11.1	13.1	14.3	15.9	16.6	18.5	21.0	22.8	24.3	33.9	39.7	49.1	59.0	67.4	82.5	97.1	101.0	106.3	111.5	116.5	119.9
Reculver	5.92		7.8	5.9		1.6	5.2	7.2	8.4	10.0	10.7	12.6	15.1	16.9	18.3	28.0	33.8	43.2	53.1	61.5	76.6	91.2	95.1	100.4	105.6	110.6	114.0
Bishopstone	1.58		9.4	7.5	1.6		3.6	5.6	6.8	8.4	9.1	11.0	13.5	15.3	16.8	26.4	32.2	41.6	51.5	59.9	75.0	89.6	93.5	98.8	104.0	109.0	112.4
Herne Bay	3.61		13.0	11.1	5.2	3.6		2.0	3.2	4.8	5.5	7.4	9.9	11.7	13.2	22.8	28.6	38.0	47.9	56.3	71.4	86.0	89.9	95.2	100.4	105.4	108.8
Hampton	2.01		15.0	13.1	7.2	5.6	2.0		1.2	2.8	3.5	5.4	7.9	9.7	11.1	20.8	26.6	36.0	45.9	54.3	69.4	84.0	87.9	93.2	98.4	103.4	106.8
Studd Hill	1.15		16.2	14.3	8.4	6.8	3.2	1.2		1.6	2.3	4.2	6.7	8.5	10.0	19.6	25.4	34.9	44.8	53.1	68.2	82.8	86.7	92.1	97.2	102.3	105.7
Long Rock	1.05	0.55	17.8	15.9	10.0	8.4	4.8	2.8	1.6		1.8	3.7	6.2	8.0	9.5	19.1	24.9	34.4	44.3	52.6	67.7	82.3	86.2	91.6	96.7	101.8	105.2
Tankerton	1.29		18.5	16.6	10.7	9.1	5.5	3.5	2.3	1.8		1.9	4.4	6.2	7.7	17.3	23.1	32.5	42.4	50.8	65.9	80.5	84.4	89.7	94.9	99.9	103.3
Whitstable	1.90		20.4	18.5	12.6	11.0	7.4	5.4	4.2	3.7	1.9		2.5	4.3	5.8	15.4	21.2	30.6	40.5	48.9	64.0	78.6	82.5	87.8	93.0	98.0	101.4
Seasalter	2.50		22.9	21.0	15.1	13.5	9.9	7.9	6.7	6.2	4.4	2.5		1.8	3.3	12.9	18.7	28.1	38.0	46.4	61.5	76.1	80.0	85.3	90.5	95.5	98.9
Faversham Road	1.28	0.49	24.7	22.8	16.9	15.3	11.7	9.7	8.5	8.0	6.2	4.3	1.8		2.5	12.1	17.9	27.3	37.2	45.6	60.7	75.3	79.2	84.5	89.7	94.7	98.1
Graveney Marshes	1.97		26.2	24.3	18.3	16.8	13.2	11.1	10.0	9.5	7.7	5.8	3.3	2.5		9.6	15.4	24.9	34.8	43.1	58.2	72.8	76.7	82.1	87.2	92.3	95.7
Faversham	9.62		35.8	33.9	28.0	26.4	22.8	20.8	19.6	19.1	17.3	15.4	12.9	12.1	9.6		5.8	15.3	25.2	33.5	48.6	63.2	67.1	72.5	77.6	82.6	86.0
Oare	5.82		41.6	39.7	33.8	32.2	28.6	26.6	25.4	24.9	23.1	21.2	18.7	17.9	15.4	5.8		9.4	19.3	27.7	42.8	57.4	61.3	66.6	71.8	76.8	80.2
Conyer	9.43		51.1	49.1	43.2	41.6	38.0	36.0	34.9	34.4	32.5	30.6	28.1	27.3	24.9	15.3	9.4		9.9	18.3	33.4	48.0	51.9	57.2	62.4	67.4	70.8
Sittingbourne	9.91		61.0	59.0	53.1	51.5	47.9	45.9	44.8	44.3	42.4	40.5	38.0	37.2	34.8	25.2	19.3	9.9		8.3	23.5	38.1	42.0	47.3	52.5	57.5	60.9
King's Ferry Bridge	8.34		69.3	67.4	61.5	59.9	56.3	54.3	53.1	52.6	50.8	48.9	46.4	45.6	43.1	33.5	27.7	18.3	8.3		15.1	29.7	33.6	39.0	44.1	49.1	52.5
Eastchurch	15.11		84.4	82.5	76.6	75.0	71.4	69.4	68.2	67.7	65.9	64.0	61.5	60.7	58.2	48.6	42.8	33.4	23.5	15.1		14.6	18.5	23.9	29.0	34.0	37.4
Leysdown-on-Sea	14.61		99.0	97.1	91.2	89.6	86.0	84.0	82.8	82.3	80.5	78.6	76.1	75.3	72.8	63.2	57.4	48.0	38.1	29.7	14.6		3.9	9.2	14.4	19.4	22.8
Walnut Tree	3.89		102.9	101.0	95.1	93.5	89.9	87.9	86.7	86.2	84.4	82.5	80.0	79.2	76.7	67.1	61.3	51.9	42.0	33.6	18.5	3.9		5.3	10.5	15.5	18.9
Minster	5.35		108.3	106.3	100.4	98.8	95.2	93.2	92.1	91.6	89.7	87.8	85.3	84.5	82.1	72.5	66.6	57.2	47.3	39.0	23.9	9.2	5.3		5.2	10.2	13.6
Sheerness	5.15		113.4	111.5	105.6	104.0	100.4	98.4	97.2	96.7	94.9	93.0	90.5	89.7	87.2	77.6	71.8	62.4	52.5	44.1	29.0	14.4	10.5	5.2		5.0	8.4
Queenborough	5.03		118.4	116.5	110.6	109.0	105.4	103.4	102.3	101.8	99.9	98.0	95.5	94.7	92.3	82.6	76.8	67.4	57.5	49.1	34.0	19.4	15.5	10.2	5.0		3.4
King's Ferry Bridge	3.40		121.8	119.9	114.0	112.4	108.8	106.8	105.7	105.2	103.3	101.4	98.9	98.1	95.7	86.0	80.2	70.8	60.9	52.5	37.4	22.8	18.9	13.6	8.4	3.4	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
81 — Sittingbourne to Gravesend via Isle of Sheppey circuit

km	km on route	km to stop if >200m	**Sittingbourne**	**King's Ferry Bridge**	Eastchurch	Leysdown-on-Sea	Walnut Tree	Minster	**Sheerness**	**Queenborough**	**Swale**	Lower Halstow	Upchurch	Otterham Quay	Gads Hill	Gillingham Marina	Medway Campus	Middle Street	**Chatham**	**Rochester**	**Strood**	Upnor Castle	Lower Upnor	Hoo St Werburgh	Allhallows	Allhallows-on-Sea	Gravesend Ferry
Sittingbourne				8.3	23.5	38.1	42.0	47.3	52.5	57.5	60.9	71.2	75.6	76.8	83.3	84.8	86.3	87.6	89.2	91.4	92.1	94.7	95.5	98.1	107.5	112.9	140.2
King's Ferry Bridge	8.34		8.3		15.1	29.7	33.6	39.0	44.1	49.1	52.5	62.9	67.2	68.4	74.9	76.4	78.0	79.2	80.8	83.0	83.8	86.4	87.1	89.7	99.2	104.6	131.9
Eastchurch	15.11		23.5	15.1		14.6	18.5	23.9	29.0	34.0	37.4	47.8	52.1	53.3	59.8	61.3	62.9	64.1	65.7	67.9	68.7	71.3	72.0	74.6	84.1	89.5	116.8
Leysdown-on-Sea	14.61		38.1	29.7	14.6		3.9	9.2	14.4	19.4	22.8	33.1	37.5	38.7	45.2	46.7	48.3	49.5	51.1	53.3	54.0	56.7	57.4	60.0	69.5	74.9	102.1
Walnut Tree	3.89		42.0	33.6	18.5	3.9		5.4	10.5	15.5	18.9	29.3	33.6	34.8	41.3	42.8	44.4	45.6	47.2	49.4	50.2	52.8	53.5	56.1	65.6	71.0	98.3
Minster	5.35		47.3	39.0	23.9	9.2	5.4		5.2	10.2	13.6	23.9	28.3	29.5	36.0	37.5	39.0	40.3	41.9	44.1	44.8	47.4	48.2	50.8	60.2	65.6	92.9
Sheerness	5.15		52.5	44.1	29.0	14.4	10.5	5.2		5.0	8.4	18.8	23.1	24.3	30.8	32.3	33.9	35.1	36.7	38.9	39.7	42.3	43.0	45.6	55.1	60.5	87.8
Queenborough	5.03		57.5	49.1	34.0	19.4	15.5	10.2	5.0		3.4	13.7	18.1	19.3	25.8	27.3	28.8	30.1	31.7	33.9	34.6	37.2	38.0	40.6	50.1	55.4	82.7
Swale	3.40		60.9	52.5	37.4	22.8	18.9	13.6	8.4	3.4		10.3	14.7	15.9	22.4	23.9	25.4	26.7	28.3	30.5	31.2	33.8	34.6	37.2	46.7	52.0	79.3
Lower Halstow	10.32		71.2	62.9	47.8	33.1	29.3	23.9	18.8	13.7	10.3		4.4	5.6	12.1	13.6	15.1	16.4	18.0	20.2	20.9	23.5	24.3	26.9	36.3	41.7	69.0
Upchurch	4.38		75.6	67.2	52.1	37.5	33.6	28.3	23.1	18.1	14.7	4.4		1.2	7.7	9.2	10.7	12.0	13.6	15.8	16.5	19.1	19.9	22.5	32.0	37.3	64.6
Otterham Quay	1.18		76.8	68.4	53.3	38.7	34.8	29.5	24.3	19.3	15.9	5.6	1.2		6.5	8.0	9.6	10.8	12.4	14.6	15.3	18.0	18.7	21.3	30.8	36.2	63.4
Gads Hill	6.51		83.3	74.9	59.8	45.2	41.3	36.0	30.8	25.8	22.4	12.1	7.7	6.5		1.5	3.1	4.3	5.9	8.1	8.8	11.5	12.2	14.8	24.3	29.6	56.9
Gillingham Marina	1.49		84.8	76.4	61.3	46.7	42.8	37.5	32.3	27.3	23.9	13.6	9.2	8.0	1.5		1.6	2.8	4.4	6.6	7.3	10.0	10.7	13.3	22.8	28.2	55.4
Medway Campus	1.56		86.3	78.0	62.9	48.3	44.4	39.0	33.9	28.8	25.4	15.1	10.7	9.6	3.1	1.6		1.3	2.8	5.1	5.8	8.4	9.1	11.8	21.2	26.6	53.9
Middle Street	1.26		87.6	79.2	64.1	49.5	45.6	40.3	35.1	30.1	26.7	16.4	12.0	10.8	4.3	2.8	1.3		1.6	3.8	4.5	7.1	7.9	10.5	20.0	25.3	52.6
Chatham	1.57		89.2	80.8	65.7	51.1	47.2	41.9	36.7	31.7	28.3	18.0	13.6	12.4	5.9	4.4	2.8	1.6		2.2	3.0	5.6	6.3	8.9	18.4	23.8	51.1
Rochester	2.23		91.4	83.0	67.9	53.3	49.4	44.1	38.9	33.9	30.5	20.2	15.8	14.6	8.1	6.6	5.1	3.8	2.2		0.7	3.3	4.1	6.7	16.2	21.5	48.8
Strood	0.72		92.1	83.8	68.7	54.0	50.2	44.8	39.7	34.6	31.2	20.9	16.5	15.3	8.8	7.3	5.8	4.5	3.0	0.7		2.6	3.4	6.0	15.4	20.8	48.1
Upnor Castle	2.62		94.7	86.4	71.3	56.7	52.8	47.4	42.3	37.2	33.8	23.5	19.1	18.0	11.5	10.0	8.4	7.1	5.6	3.3	2.6		0.7	3.4	12.8	18.2	45.5
Lower Upnor	0.73		95.5	87.1	72.0	57.4	53.5	48.2	43.0	38.0	34.6	24.3	19.9	18.7	12.2	10.7	9.1	7.9	6.3	4.1	3.4	0.7		2.6	12.1	17.5	44.8
Hoo St Werburgh	2.62		98.1	89.7	74.6	60.0	56.1	50.8	45.6	40.6	37.2	26.9	22.5	21.3	14.8	13.3	11.8	10.5	8.9	6.7	6.0	3.4	2.6		9.5	14.8	42.1
Allhallows	9.46		107.5	99.2	84.1	69.5	65.6	60.2	55.1	50.1	46.7	36.3	32.0	30.8	24.3	22.8	21.2	20.0	18.4	16.2	15.4	12.8	12.1	9.5		5.4	32.7
Allhallows-on-Sea	5.38		112.9	104.6	89.5	74.9	71.0	65.6	60.5	55.4	52.0	41.7	37.3	36.2	29.6	28.2	26.6	25.3	23.8	21.5	20.8	18.2	17.5	14.8	5.4		27.3
Gravesend Ferry	27.29		140.2	131.9	116.8	102.1	98.3	92.9	87.8	82.7	79.3	69.0	64.6	63.4	56.9	55.4	53.9	52.6	51.1	48.8	48.1	45.5	44.8	42.1	32.7	27.3	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix82 — King's Ferry Bridge to Benfleet station

km	km on route	km to stop if >200m	**King's Ferry Bridge**	Lower Halstow	Upchurch	Otterham Quay	Gads Hill	Gillingham Marina	Medway Campus	Middle Street	**Chatham**	**Rochester**	**Strood**	Upnor Castle	Lower Upnor	Hoo St Werburgh	Allhallows	Allhallows-on-Sea	**Gravesend Ferry**	**Tilbury Ferry**	**East Tilbury**	Corringham	Fobbing	**Pitsea station**	**Benfleet station**
King's Ferry Bridge				10.3	14.7	15.9	22.4	23.9	25.4	26.7	28.3	30.5	31.2	33.8	34.6	37.2	46.7	52.0	79.3	79.3	89.2	98.3	99.7	107.5	113.6
Lower Halstow	10.32		10.3		4.4	5.6	12.1	13.6	15.1	16.4	18.0	20.2	20.9	23.5	24.3	26.9	36.3	41.7	69.0	69.0	78.9	88.0	89.4	97.2	103.3
Upchurch	4.38		14.7	4.4		1.2	7.7	9.2	10.7	12.0	13.6	15.8	16.5	19.1	19.9	22.5	32.0	37.3	64.6	64.6	74.5	83.6	85.0	92.8	98.9
Otterham Quay	1.18		15.9	5.6	1.2		6.5	8.0	9.6	10.8	12.4	14.6	15.3	18.0	18.7	21.3	30.8	36.2	63.4	63.4	73.3	82.4	83.8	91.6	97.7
Gads Hill	6.51		22.4	12.1	7.7	6.5		1.5	3.1	4.3	5.9	8.1	8.8	11.5	12.2	14.8	24.3	29.6	56.9	56.9	66.8	75.9	77.3	85.1	91.2
Gillingham Marina	1.49		23.9	13.6	9.2	8.0	1.5		1.6	2.8	4.4	6.6	7.3	10.0	10.7	13.3	22.8	28.2	55.4	55.4	65.3	74.4	75.8	83.6	89.7
Medway Campus	1.56		25.4	15.1	10.7	9.6	3.1	1.6		1.3	2.8	5.1	5.8	8.4	9.1	11.8	21.2	26.6	53.9	53.9	63.7	72.9	74.2	82.1	88.1
Middle Street	1.26		26.7	16.4	12.0	10.8	4.3	2.8	1.3		1.6	3.8	4.5	7.1	7.9	10.5	20.0	25.3	52.6	52.6	62.5	71.6	73.0	80.8	86.9
Chatham	1.57		28.3	18.0	13.6	12.4	5.9	4.4	2.8	1.6		2.2	3.0	5.6	6.3	8.9	18.4	23.8	51.1	51.1	60.9	70.0	71.4	79.3	85.3
Rochester	2.23		30.5	20.2	15.8	14.6	8.1	6.6	5.1	3.8	2.2		0.7	3.3	4.1	6.7	16.2	21.5	48.8	48.8	58.7	67.8	69.2	77.0	83.1
Strood	0.72		31.2	20.9	16.5	15.3	8.8	7.3	5.8	4.5	3.0	0.7		2.6	3.3	6.0	15.4	20.8	48.1	48.1	58.0	67.1	68.5	76.3	82.4
Upnor Castle	2.62		33.8	23.5	19.1	18.0	11.5	10.0	8.4	7.1	5.6	3.3	2.6		0.7	3.3	12.8	18.2	45.5	45.5	55.3	64.5	65.8	73.7	79.7
Lower Upnor	0.73		34.6	24.3	19.9	18.7	12.2	10.7	9.1	7.9	6.3	4.1	3.3	0.7		2.6	12.1	17.5	44.8	44.8	54.6	63.7	65.1	73.0	79.0
Hoo St Werburgh	2.62		37.2	26.9	22.5	21.3	14.8	13.3	11.8	10.5	8.9	6.7	6.0	3.3	2.6		9.5	14.8	42.1	42.1	52.0	61.1	62.5	70.3	76.4
Allhallows	9.46		46.7	36.3	32.0	30.8	24.3	22.8	21.2	20.0	18.4	16.2	15.4	12.8	12.1	9.5		5.4	32.7	32.7	42.5	51.7	53.0	60.9	66.9
Allhallows-on-Sea	5.38		52.0	41.7	37.3	36.2	29.6	28.2	26.6	25.3	23.8	21.5	20.8	18.2	17.5	14.8	5.4		27.3	27.3	37.2	46.3	47.6	55.5	61.6
Gravesend Ferry	27.29		79.3	69.0	64.6	63.4	56.9	55.4	53.9	52.6	51.1	48.8	48.1	45.5	44.8	42.1	32.7	27.3			9.9	19.0	20.4	28.2	34.3
Tilbury Ferry			79.3	69.0	64.6	63.4	56.9	55.4	53.9	52.6	51.1	48.8	48.1	45.5	44.8	42.1	32.7	27.3			9.9	19.0	20.4	28.2	34.3
East Tilbury	9.86		89.2	78.9	74.5	73.3	66.8	65.3	63.7	62.5	60.9	58.7	58.0	55.3	54.6	52.0	42.5	37.2	9.9	9.9		9.1	10.5	18.3	24.4
Corringham	9.12		98.3	88.0	83.6	82.4	75.9	74.4	72.9	71.6	70.0	67.8	67.1	64.5	63.7	61.1	51.7	46.3	19.0	19.0	9.1		1.4	9.2	15.3
Fobbing	1.37		99.7	89.4	85.0	83.8	77.3	75.8	74.2	73.0	71.4	69.2	68.5	65.8	65.1	62.5	53.0	47.6	20.4	20.4	10.5	1.4		7.8	13.9
Pitsea station	7.85		107.5	97.2	92.8	91.6	85.1	83.6	82.1	80.8	79.3	77.0	76.3	73.7	73.0	70.3	60.9	55.5	28.2	28.2	18.3	9.2	7.8		6.1
Benfleet station	6.06		113.6	103.3	98.9	97.7	91.2	89.7	88.1	86.9	85.3	83.1	82.4	79.7	79.0	76.4	66.9	61.6	34.3	34.3	24.4	15.3	13.9	6.1	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
83 — Tilbury to Battlesbridge

km	km on route	km to stop if >200m	Tilbury Ferry	East Tilbury	Corringham	Fobbing	Pitsea station	Benfleet station	Thorney Bay	Tewkes Creek	Canvey Road bridge	Leigh-on-Sea	Chalkwell	Westcliff-on-Sea	Southend-on-Sea	Victoria Road	Thorpe Bay	Shoeburyness station	Little Wakering	Barling Hall	Rochford	Paglesham Churchend	Wallasea	Upper Raypitts Farm	Pevensey Gardens	Hullbridge	Battlesbridge
Tilbury Ferry				9.9	19.0	20.4	28.2	34.3	47.0	53.9	57.0	62.8	64.9	66.4	68.1	69.2	70.9	74.8	87.6	89.6	101.2	117.6	118.6	125.6	135.4	137.8	141.9
East Tilbury	9.86		9.9		9.1	10.5	18.3	24.4	37.1	44.1	47.1	52.9	55.1	56.6	58.3	59.4	61.1	64.9	77.8	79.7	91.3	107.7	108.8	115.8	125.6	127.9	132.0
Corringham	9.12		19.0	9.1		1.4	9.2	15.3	28.0	34.9	38.0	43.8	46.0	47.4	49.1	50.3	52.0	55.8	68.7	70.6	82.2	98.6	99.7	106.7	116.5	118.8	122.9
Fobbing	1.37		20.4	10.5	1.4		7.9	13.9	26.6	33.6	36.6	42.4	44.6	46.1	47.8	48.9	50.6	54.4	67.3	69.3	80.8	97.3	98.3	105.3	115.1	117.4	121.6
Pitsea station	7.85		28.2	18.3	9.2	7.9		6.1	18.8	25.7	28.8	34.6	36.7	38.2	39.9	41.0	42.7	46.6	59.4	61.4	73.0	89.4	90.4	97.4	107.2	109.6	113.7
Benfleet station	6.06		34.3	24.4	15.3	13.9	6.1		12.7	19.7	22.7	28.5	30.7	32.2	33.9	35.0	36.7	40.5	53.4	55.3	66.9	83.3	84.4	91.4	101.2	103.5	107.6
Thorney Bay	12.69		47.0	37.1	28.0	26.6	18.8	12.7		7.0	10.0	15.8	18.0	19.5	21.2	22.3	24.0	27.8	40.7	42.7	54.2	70.7	71.7	78.7	88.5	90.8	95.0
Tewkes Creek	6.97		53.9	44.1	34.9	33.6	25.7	19.7	7.0		3.1	8.9	11.0	12.5	14.2	15.3	17.0	20.9	33.7	35.7	47.2	63.7	64.7	71.7	81.5	83.8	88.0
Canvey Road bridge	3.06		57.0	47.1	38.0	36.6	28.8	22.7	10.0	3.1		5.8	8.0	9.4	11.1	12.3	14.0	17.8	30.7	32.6	44.2	60.6	61.7	68.7	78.5	80.8	84.9
Leigh-on-Sea	5.79		62.8	52.9	43.8	42.4	34.6	28.5	15.8	8.9	5.8		2.2	3.7	5.4	6.5	8.2	12.0	24.9	26.8	38.4	54.8	55.9	62.9	72.7	75.0	79.1
Chalkwell	2.17		64.9	55.1	46.0	44.6	36.7	30.7	18.0	11.0	8.0	2.2		1.5	3.2	4.3	6.0	9.9	22.7	24.7	36.2	52.7	53.7	60.7	70.5	72.8	77.0
Westcliff-on-Sea	1.48		66.4	56.6	47.4	46.1	38.2	32.2	19.5	12.5	9.4	3.7	1.5		1.7	2.8	4.5	8.4	21.2	23.2	34.7	51.2	52.2	59.2	69.0	71.3	75.5
Southend-on-Sea	1.70		68.1	58.3	49.1	47.8	39.9	33.9	21.2	14.2	11.1	5.4	3.2	1.7		1.1	2.8	6.7	19.5	21.5	33.0	49.5	50.5	57.5	67.3	69.6	73.8
Victoria Road	1.12		69.2	59.4	50.3	48.9	41.0	35.0	22.3	15.3	12.3	6.5	4.3	2.8	1.1		1.7	5.6	18.4	20.4	31.9	48.4	49.4	56.4	66.2	68.5	72.7
Thorpe Bay	1.70		70.9	61.1	52.0	50.6	42.7	36.7	24.0	17.0	14.0	8.2	6.0	4.5	2.8	1.7		3.8	16.7	18.7	30.2	46.7	47.7	54.7	64.5	66.8	71.0
Shoeburyness station	3.85		74.8	64.9	55.8	54.4	46.6	40.5	27.8	20.9	17.8	12.0	9.9	8.4	6.7	5.6	3.8		12.8	14.8	26.4	42.8	43.9	50.8	60.6	63.0	67.1
Little Wakering	12.84		87.6	77.8	68.7	67.3	59.4	53.4	40.7	33.7	30.7	24.9	22.7	21.2	19.5	18.4	16.7	12.8		2.0	13.5	30.0	31.0	38.0	47.8	50.1	54.3
Barling Hall	1.97		89.6	79.7	70.6	69.3	61.4	55.3	42.7	35.7	32.6	26.8	24.7	23.2	21.5	20.4	18.7	14.8	2.0		11.6	28.0	29.0	36.0	45.8	48.2	52.3
Rochford	11.55		101.2	91.3	82.2	80.8	73.0	66.9	54.2	47.2	44.2	38.4	36.2	34.7	33.0	31.9	30.2	26.4	13.5	11.6		16.5	17.5	24.5	34.3	36.6	40.8
Paglesham Churchend	16.45		117.6	107.7	98.6	97.3	89.4	83.3	70.7	63.7	60.6	54.8	52.7	51.2	49.5	48.4	46.7	42.8	30.0	28.0	16.5		1.0	8.0	17.8	20.2	24.3
Wallasea	1.04		118.6	108.8	99.7	98.3	90.4	84.4	71.7	64.7	61.7	55.9	53.7	52.2	50.5	49.4	47.7	43.9	31.0	29.0	17.5	1.0		7.0	16.8	19.1	23.3
Upper Raypitts Farm	5.37	1.62	125.6	115.8	106.7	105.3	97.4	91.4	78.7	71.7	68.7	62.9	60.7	59.2	57.5	56.4	54.7	50.8	38.0	36.0	24.5	8.0	7.0		13.0	15.4	19.5
Pevensey Gardens	11.42		135.4	125.6	116.5	115.1	107.2	101.2	88.5	81.5	78.5	72.7	70.5	69.0	67.3	66.2	64.5	60.6	47.8	45.8	34.3	17.8	16.8	13.0		2.3	6.5
Hullbridge	2.33		137.8	127.9	118.8	117.4	109.6	103.5	90.8	83.8	80.8	75.0	72.8	71.3	69.6	68.5	66.8	63.0	50.1	48.2	36.6	20.2	19.1	15.4	2.3		4.1
Battlesbridge	4.14		141.9	132.0	122.9	121.6	113.7	107.6	95.0	88.0	84.9	79.1	77.0	75.5	73.8	72.7	71.0	67.1	54.3	52.3	40.8	24.3	23.3	19.5	6.5	4.1	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
84 — Benfleet station to Burnham-on-Crouch via Canvey Island circuit

km	km on route	km to stop if >200m	**Benfleet station**	Thorney Bay	Tewkes Creek	**Canvey Road bridge**	**Leigh-on-Sea**	**Chalkwell**	**Westcliff-on-Sea**	**Southend-on-Sea**	Victoria Road	Thorpe Bay	**Shoeburyness station**	Little Wakering	Barling Hall	**Rochford**	Paglesham Churchend	Wallasea	Upper Raypitts Farm	Pevensey Gardens	Hullbridge	**Battlesbridge**	**Woodham Fen**	Broughton Road	**North Fambridge (rail only)**	**Althorne (rail only)**	**Burnham-on-Crouch**
Benfleet station				12.7	19.7	22.7	28.5	30.7	32.2	33.9	35.0	36.7	40.5	53.4	55.3	66.9	83.3	84.4	91.4	101.2	103.5	107.6	112.5	119.5	127.5	136.1	142.8
Thorney Bay	12.69		12.7		7.0	10.0	15.8	18.0	19.5	21.2	22.3	24.0	27.8	40.7	42.7	54.2	70.7	71.7	78.7	88.5	90.8	95.0	99.8	106.8	114.8	123.4	130.1
Tewkes Creek	6.97		19.7	7.0		3.1	8.9	11.0	12.5	14.2	15.3	17.0	20.9	33.7	35.7	47.2	63.7	64.7	71.7	81.5	83.8	88.0	92.9	99.8	107.8	116.4	123.1
Canvey Road bridge	3.06		22.7	10.0	3.1		5.8	8.0	9.4	11.1	12.3	14.0	17.8	30.7	32.6	44.2	60.6	61.7	68.7	78.5	80.8	84.9	89.8	96.7	104.8	113.3	120.1
Leigh-on-Sea	5.79		28.5	15.8	8.9	5.8		2.2	3.7	5.4	6.5	8.2	12.0	24.9	26.8	38.4	54.8	55.9	62.9	72.7	75.0	79.1	84.0	91.0	99.0	107.5	114.3
Chalkwell	2.17		30.7	18.0	11.0	8.0	2.2		1.5	3.2	4.3	6.0	9.9	22.7	24.7	36.2	52.7	53.7	60.7	70.5	72.8	77.0	81.9	88.8	96.8	105.4	112.1
Westcliff-on-Sea	1.48		32.2	19.5	12.5	9.4	3.7	1.5		1.7	2.8	4.5	8.4	21.2	23.2	34.7	51.2	52.2	59.2	69.0	71.3	75.5	80.4	87.3	95.3	103.9	110.6
Southend-on-Sea	1.70		33.9	21.2	14.2	11.1	5.4	3.2	1.7		1.1	2.8	6.7	19.5	21.5	33.0	49.5	50.5	57.5	67.3	69.6	73.8	78.7	85.6	93.6	102.2	108.9
Victoria Road	1.12		35.0	22.3	15.3	12.3	6.5	4.3	2.8	1.1		1.7	5.6	18.4	20.4	31.9	48.4	49.4	56.4	66.2	68.5	72.7	77.6	84.5	92.5	101.1	107.8
Thorpe Bay	1.70		36.7	24.0	17.0	14.0	8.2	6.0	4.5	2.8	1.7		3.9	16.7	18.7	30.2	46.7	47.7	54.7	64.5	66.8	71.0	75.9	82.8	90.8	99.4	106.1
Shoeburyness station	3.85		40.5	27.8	20.9	17.8	12.0	9.9	8.4	6.7	5.6	3.9		12.8	14.8	26.4	42.8	43.9	50.8	60.6	63.0	67.1	72.0	78.9	87.0	95.5	102.3
Little Wakering	12.84		53.4	40.7	33.7	30.7	24.9	22.7	21.2	19.5	18.4	16.7	12.8		2.0	13.5	30.0	31.0	38.0	47.8	50.1	54.3	59.2	66.1	74.1	82.7	89.4
Barling Hall	1.97		55.3	42.7	35.7	32.6	26.8	24.7	23.2	21.5	20.4	18.7	14.8	2.0		11.6	28.0	29.0	36.0	45.8	48.2	52.3	57.2	64.1	72.2	80.7	87.5
Rochford	11.55		66.9	54.2	47.2	44.2	38.4	36.2	34.7	33.0	31.9	30.2	26.4	13.5	11.6		16.5	17.5	24.5	34.3	36.6	40.8	45.6	52.6	60.6	69.2	75.9
Paglesham Churchend	16.45		83.3	70.7	63.7	60.6	54.8	52.7	51.2	49.5	48.4	46.7	42.8	30.0	28.0	16.5		1.0	8.0	17.8	20.2	24.3	29.2	36.1	44.2	52.7	59.5
Wallasea	1.04		84.4	71.7	64.7	61.7	55.9	53.7	52.2	50.5	49.4	47.7	43.9	31.0	29.0	17.5	1.0		7.0	16.8	19.1	23.3	28.2	35.1	43.1	51.7	58.4
Upper Raypitts Farm	5.37	1.62	91.4	78.7	71.7	68.7	62.9	60.7	59.2	57.5	56.4	54.7	50.8	38.0	36.0	24.5	8.0	7.0		13.0	15.4	19.5	24.4	31.3	39.4	47.9	54.7
Pevensey Gardens	11.42		101.2	88.5	81.5	78.5	72.7	70.5	69.0	67.3	66.2	64.5	60.6	47.8	45.8	34.3	17.8	16.8	13.0		2.3	6.5	11.4	18.3	26.3	34.9	41.6
Hullbridge	2.33		103.5	90.8	83.8	80.8	75.0	72.8	71.3	69.6	68.5	66.8	63.0	50.1	48.2	36.6	20.2	19.1	15.4	2.3		4.1	9.0	16.0	24.0	32.6	39.3
Battlesbridge	4.14		107.6	95.0	88.0	84.9	79.1	77.0	75.5	73.8	72.7	71.0	67.1	54.3	52.3	40.8	24.3	23.3	19.5	6.5	4.1		4.9	11.8	19.9	28.4	35.2
Woodham Fen	4.21	0.68	112.5	99.8	92.9	89.8	84.0	81.9	80.4	78.7	77.6	75.9	72.0	59.2	57.2	45.6	29.2	28.2	24.4	11.4	9.0	4.9		8.3	16.3	24.9	31.6
Broughton Road	7.61		119.5	106.8	99.8	96.7	91.0	88.8	87.3	85.6	84.5	82.8	78.9	66.1	64.1	52.6	36.1	35.1	31.3	18.3	16.0	11.8	8.3		8.0	16.6	23.3
North Fambridge (rail only)	8.03		127.5	114.8	107.8	104.8	99.0	96.8	95.3	93.6	92.5	90.8	87.0	74.1	72.2	60.6	44.2	43.1	39.4	26.3	24.0	19.9	16.3	8.0		8.6	15.3
Althorne (rail only)	8.56		136.1	123.4	116.4	113.3	107.5	105.4	103.9	102.2	101.1	99.4	95.5	82.7	80.7	69.2	52.7	51.7	47.9	34.9	32.6	28.4	24.9	16.6	8.6		6.8
Burnham-on-Crouch	6.75		142.8	130.1	123.1	120.1	114.3	112.1	110.6	108.9	107.8	106.1	102.3	89.4	87.5	75.9	59.5	58.4	54.7	41.6	39.3	35.2	31.6	23.3	15.3	6.8	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
85 — Hullbridge to Hythe

km	km on route	km to stop if >200m	Hullbridge	**Battlesbridge**	**Woodham Fen**	Broughton Road	**North Fambridge (rail only)**	**Althorne (rail only)**	**Burnham-on-Crouch**	Bradwell Waterside	Steeple	Bramble Farm	Maylandsea	Promenade Park	Maldon	Heybridge	Millbeach	Goldhanger	Tollesbury	Salcott	Peldon	Rose Inn	West Mersea	The Strood	Fingringhoe	**Hythe**
Hullbridge				4.1	9.0	16.0	24.0	32.6	39.3	66.1	80.8	81.1	84.2	96.4	97.7	98.8	103.8	109.5	125.8	139.1	144.7	146.5	151.9	168.3	179.3	185.3
Battlesbridge	4.14		4.1		4.9	11.8	19.9	28.4	35.2	61.9	76.7	76.9	80.0	92.3	93.6	94.6	99.7	105.3	121.6	135.0	140.5	142.4	147.8	164.1	175.2	181.1
Woodham Fen	4.21	0.68	9.0	4.9		8.3	16.3	24.9	31.6	58.4	73.2	73.4	76.5	88.8	90.1	91.1	96.1	101.8	118.1	131.5	137.0	138.9	144.2	160.6	171.6	177.6
Broughton Road	7.61		16.0	11.8	8.3		8.0	16.6	23.3	50.1	64.9	65.1	68.2	80.5	81.8	82.8	87.8	93.5	109.8	123.2	128.7	130.6	135.9	152.3	163.3	169.3
North Fambridge (rail only)	8.03		24.0	19.9	16.3	8.0		8.6	15.3	42.1	56.8	57.1	60.2	72.5	73.7	74.8	79.8	85.5	101.8	115.1	120.7	122.6	127.9	144.3	155.3	161.3
Althorne (rail only)	8.56		32.6	28.4	24.9	16.6	8.6		6.8	33.5	48.3	48.5	51.6	63.9	65.2	66.2	71.2	76.9	93.2	106.6	112.1	114.0	119.3	135.7	146.8	152.7
Burnham-on-Crouch	6.75		39.3	35.2	31.6	23.3	15.3	6.8		26.8	41.5	41.8	44.9	57.1	58.4	59.5	64.5	70.2	86.5	99.8	105.4	107.2	112.6	129.0	140.0	146.0
Bradwell Waterside	26.78		66.1	61.9	58.4	50.1	42.1	33.5	26.8		14.7	15.0	18.1	30.4	31.6	32.7	37.7	43.4	59.7	73.0	78.6	80.5	85.8	102.2	113.2	119.2
Steeple	13.28	1.46	80.8	76.7	73.2	64.9	56.8	48.3	41.5	14.7		3.2	6.3	18.5	19.8	20.9	25.9	31.6	47.9	61.2	66.8	68.6	74.0	90.4	101.4	107.4
Bramble Farm	1.15	0.54	81.1	76.9	73.4	65.1	57.1	48.5	41.8	15.0	3.2		4.2	16.5	17.8	18.8	23.8	29.5	45.8	59.2	64.7	66.6	71.9	88.3	99.3	105.3
Maylandsea	3.64		84.2	80.0	76.5	68.2	60.2	51.6	44.9	18.1	6.3	4.2		12.3	13.6	14.6	19.6	25.3	41.6	55.0	60.5	62.4	67.7	84.1	95.2	101.1
Promenade Park	12.29		96.4	92.3	88.8	80.5	72.5	63.9	57.1	30.4	18.5	16.5	12.3		1.3	2.3	7.3	13.0	29.3	42.7	48.2	50.1	55.5	71.8	82.9	88.8
Maldon	1.28		97.7	93.6	90.1	81.8	73.7	65.2	58.4	31.6	19.8	17.8	13.6	1.3		1.1	6.1	11.7	28.1	41.4	47.0	48.8	54.2	70.6	81.6	87.5
Heybridge	1.05		98.8	94.6	91.1	82.8	74.8	66.2	59.5	32.7	20.9	18.8	14.6	2.3	1.1		5.0	10.7	27.0	40.4	45.9	47.8	53.1	69.5	80.5	86.5
Millbeach	5.02		103.8	99.7	96.1	87.8	79.8	71.2	64.5	37.7	25.9	23.8	19.6	7.3	6.1	5.0		5.7	22.0	35.3	40.9	42.8	48.1	64.5	75.5	81.5
Goldhanger	5.08	0.58	109.5	105.3	101.8	93.5	85.5	76.9	70.2	43.4	31.6	29.5	25.3	13.0	11.7	10.7	5.7		17.5	30.8	36.4	38.3	43.6	60.0	71.0	77.0
Tollesbury	15.99	0.92	125.8	121.6	118.1	109.8	101.8	93.2	86.5	59.7	47.9	45.8	41.6	29.3	28.1	27.0	22.0	17.5		15.2	20.7	22.6	28.0	44.3	55.4	61.3
Salcott	13.71	0.55	139.1	135.0	131.5	123.2	115.1	106.6	99.8	73.0	61.2	59.2	55.0	42.7	41.4	40.4	35.3	30.8	15.2		6.7	8.5	13.9	30.3	41.3	47.2
Peldon	6.11		144.7	140.5	137.0	128.7	120.7	112.1	105.4	78.6	66.8	64.7	60.5	48.2	47.0	45.9	40.9	36.4	20.7	6.7		1.9	7.2	23.6	34.6	40.6
Rose Inn	1.86		146.5	142.4	138.9	130.6	122.6	114.0	107.2	80.5	68.6	66.6	62.4	50.1	48.8	47.8	42.8	38.3	22.6	8.5	1.9		5.3	21.7	32.8	38.7
West Mersea	5.35		151.9	147.8	144.2	135.9	127.9	119.3	112.6	85.8	74.0	71.9	67.7	55.5	54.2	53.1	48.1	43.6	28.0	13.9	7.2	5.3		16.4	27.4	33.4
The Strood	16.39		168.3	164.1	160.6	152.3	144.3	135.7	129.0	102.2	90.4	88.3	84.1	71.8	70.6	69.5	64.5	60.0	44.3	30.3	23.6	21.7	16.4		11.0	17.0
Fingringhoe	11.02		179.3	175.2	171.6	163.3	155.3	146.8	140.0	113.2	101.4	99.3	95.2	82.9	81.6	80.5	75.5	71.0	55.4	41.3	34.6	32.8	27.4	11.0		5.9
Hythe	5.95		185.3	181.1	177.6	169.3	161.3	152.7	146.0	119.2	107.4	105.3	101.1	88.8	87.5	86.5	81.5	77.0	61.3	47.2	40.6	38.7	33.4	17.0	5.9	

© 2022greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
86 — Burnham-on-Crouch to Jaywick via Mersea Island circuit

km	km on route	km to stop if >200m	**Burnham-on-Crouch**	Bradwell Waterside	Steeple	Bramble Farm	Maylandsea	Promenade Park	Maldon	Heybridge	Millbeach	Goldhanger	Tollesbury	Salcott	Peldon	Rose Inn	West Mersea	The Strood	Fingringhoe	**Hythe**	Thorrington Mill	Brightlingsea Hall	Brightlingsea	Point Clear	Point Clear Bay	Dumont Avenue	Jaywick
Burnham-on-Crouch				26.8	40.1	41.2	44.9	57.1	58.4	59.5	64.5	70.2	86.5	99.8	105.4	107.2	112.6	129.0	140.0	146.0	156.9	157.9	165.8	181.8	183.3	184.3	193.5
Bradwell Waterside	26.78		26.8		13.3	14.4	18.1	30.4	31.6	32.7	37.7	43.4	59.7	73.0	78.6	80.5	85.8	102.2	113.2	119.2	130.1	131.1	139.1	155.0	156.5	157.6	166.7
Steeple	13.28		40.1	13.3		1.2	4.8	17.1	18.4	19.4	24.4	30.1	46.4	59.8	65.3	67.2	72.5	88.9	99.9	105.9	116.8	117.8	125.8	141.7	143.2	144.3	153.4
Bramble Farm	1.15		41.2	14.4	1.2		3.6	15.9	17.2	18.3	23.3	28.9	45.3	58.6	64.2	66.0	71.4	87.8	98.8	104.7	115.7	116.7	124.6	140.6	142.1	143.1	152.3
Maylandsea	3.64		44.9	18.1	4.8	3.6		12.3	13.6	14.6	19.6	25.3	41.6	55.0	60.5	62.4	67.7	84.1	95.2	101.1	112.0	113.0	121.0	136.9	138.4	139.5	148.7
Promenade Park	12.29		57.1	30.4	17.1	15.9	12.3		1.3	2.3	7.3	13.0	29.3	42.7	48.2	50.1	55.5	71.8	82.9	88.8	99.7	100.7	108.7	124.6	126.1	127.2	136.4
Maldon	1.28		58.4	31.6	18.4	17.2	13.6	1.3		1.1	6.1	11.7	28.1	41.4	47.0	48.8	54.2	70.6	81.6	87.5	98.5	99.5	107.4	123.3	124.9	125.9	135.1
Heybridge	1.05		59.5	32.7	19.4	18.3	14.6	2.3	1.1		5.0	10.7	27.0	40.4	45.9	47.8	53.1	69.5	80.5	86.5	97.4	98.4	106.4	122.3	123.8	124.9	134.0
Millbeach	5.02		64.5	37.7	24.4	23.3	19.6	7.3	6.1	5.0		5.7	22.0	35.3	40.9	42.8	48.1	64.5	75.5	81.5	92.4	93.4	101.3	117.3	118.8	119.9	129.0
Goldhanger	5.08	0.58	70.2	43.4	30.1	28.9	25.3	13.0	11.7	10.7	5.7		17.5	30.8	36.4	38.3	43.6	60.0	71.0	77.0	87.9	88.9	96.8	112.8	114.3	115.4	124.5
Tollesbury	15.99	0.92	86.5	59.7	46.4	45.3	41.6	29.3	28.1	27.0	22.0	17.5		15.2	20.7	22.6	28.0	44.3	55.4	61.3	72.2	73.2	81.2	97.1	98.6	99.7	108.9
Salcott	13.71	0.55	99.8	73.0	59.8	58.6	55.0	42.7	41.4	40.4	35.3	30.8	15.2		6.7	8.5	13.9	30.3	41.3	47.2	58.2	59.2	67.1	83.0	84.6	85.6	94.8
Peldon	6.11		105.4	78.6	65.3	64.2	60.5	48.2	47.0	45.9	40.9	36.4	20.7	6.7		1.9	7.2	23.6	34.6	40.6	51.5	52.5	60.5	76.4	77.9	79.0	88.1
Rose Inn	1.86		107.2	80.5	67.2	66.0	62.4	50.1	48.8	47.8	42.8	38.3	22.6	8.5	1.9		5.3	21.7	32.8	38.7	49.6	50.6	58.6	74.5	76.0	77.1	86.3
West Mersea	5.35		112.6	85.8	72.5	71.4	67.7	55.5	54.2	53.1	48.1	43.6	28.0	13.9	7.2	5.3		16.4	27.4	33.4	44.3	45.3	53.2	69.2	70.7	71.8	80.9
The Strood	16.39		129.0	102.2	88.9	87.8	84.1	71.8	70.6	69.5	64.5	60.0	44.3	30.3	23.6	21.7	16.4		11.0	17.0	27.9	28.9	36.9	52.8	54.3	55.4	64.5
Fingringhoe	11.02		140.0	113.2	99.9	98.8	95.2	82.9	81.6	80.5	75.5	71.0	55.4	41.3	34.6	32.8	27.4	11.0		5.9	16.9	17.9	25.8	41.8	43.3	44.3	53.5
Hythe	5.95		146.0	119.2	105.9	104.7	101.1	88.8	87.5	86.5	81.5	77.0	61.3	47.2	40.6	38.7	33.4	17.0	5.9		10.9	11.9	19.9	35.8	37.3	38.4	47.6
Thorrington Mill	10.93		156.9	130.1	116.8	115.7	112.0	99.7	98.5	97.4	92.4	87.9	72.2	58.2	51.5	49.6	44.3	27.9	16.9	10.9		1.0	9.0	24.9	26.4	27.5	36.6
Brightlingsea Hall	0.99		157.9	131.1	117.8	116.7	113.0	100.7	99.5	98.4	93.4	88.9	73.2	59.2	52.5	50.6	45.3	28.9	17.9	11.9	1.0		8.0	23.9	25.4	26.5	35.6
Brightlingsea	7.96		165.8	139.1	125.8	124.6	121.0	108.7	107.4	106.4	101.3	96.8	81.2	67.1	60.5	58.6	53.2	36.9	25.8	19.9	9.0	8.0		15.9	17.4	18.5	27.7
Point Clear	15.93		181.8	155.0	141.7	140.6	136.9	124.6	123.3	122.3	117.3	112.8	97.1	83.0	76.4	74.5	69.2	52.8	41.8	35.8	24.9	23.9	15.9		1.5	2.6	11.7
Point Clear Bay	1.51		183.3	156.5	143.2	142.1	138.4	126.1	124.9	123.8	118.8	114.3	98.6	84.6	77.9	76.0	70.7	54.3	43.3	37.3	26.4	25.4	17.4	1.5		1.1	10.2
Dumont Avenue	1.07		184.3	157.6	144.3	143.1	139.5	127.2	125.9	124.9	119.9	115.4	99.7	85.6	79.0	77.1	71.8	55.4	44.3	38.4	27.5	26.5	18.5	2.6	1.1		9.2
Jaywick	9.16		193.5	166.7	153.4	152.3	148.7	136.4	135.1	134.0	129.0	124.5	108.9	94.8	88.1	86.3	80.9	64.5	53.5	47.6	36.6	35.6	27.7	11.7	10.2	9.2	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
87 — Rose Inn to Walton-on-the-Naze via Mersea Island circuit

km	km on route	km to stop if >200m	Rose Inn	West Mersea	The Strood	Fingringhoe	**Hythe**	Thorrington Mill	Brightlingsea Hall	Brightlingsea	Point Clear	Point Clear Bay	Dumont Avenue	Jaywick	Martello Tower	**Clacton-on-Sea**	Lyndhurst Road	Holland-on-Sea	Holland Haven	The Greensward	**Frinton-on-Sea**	**New Walton Pier**	The Naze	**Walton-on-the-Naze**
Rose Inn				5.4	21.7	32.8	38.7	49.6	50.6	58.6	74.5	76.0	77.1	86.3	87.7	89.6	91.6	93.5	94.8	97.7	98.8	100.4	102.6	105.9
West Mersea	5.35		5.4		16.4	27.4	33.4	44.3	45.3	53.2	69.2	70.7	71.8	80.9	82.3	84.2	86.2	88.2	89.4	92.3	93.5	95.0	97.2	100.5
The Strood	16.39		21.7	16.4		11.0	17.0	27.9	28.9	36.9	52.8	54.3	55.4	64.5	65.9	67.8	69.8	71.8	73.0	75.9	77.1	78.6	80.8	84.2
Fingringhoe	11.02		32.8	27.4	11.0		6.0	16.9	17.9	25.8	41.8	43.3	44.3	53.5	54.9	56.8	58.8	60.8	62.0	64.9	66.1	67.6	69.8	73.1
Hythe	5.95		38.7	33.4	17.0	6.0		10.9	11.9	19.9	35.8	37.3	38.4	47.6	48.9	50.8	52.8	54.8	56.1	58.9	60.1	61.7	63.8	67.2
Thorrington Mill	10.93		49.6	44.3	27.9	16.9	10.9		1.0	9.0	24.9	26.4	27.5	36.6	38.0	39.9	41.9	43.9	45.1	48.0	49.2	50.7	52.9	56.3
Brightlingsea Hall	0.99		50.6	45.3	28.9	17.9	11.9	1.0		8.0	23.9	25.4	26.5	35.6	37.0	38.9	40.9	42.9	44.1	47.0	48.2	49.7	51.9	55.3
Brightlingsea	7.96		58.6	53.2	36.9	25.8	19.9	9.0	8.0		15.9	17.4	18.5	27.7	29.1	31.0	33.0	34.9	36.2	39.1	40.2	41.8	44.0	47.3
Point Clear	15.93		74.5	69.2	52.8	41.8	35.8	24.9	23.9	15.9		1.5	2.6	11.7	13.1	15.0	17.0	19.0	20.2	23.1	24.3	25.8	28.0	31.4
Point Clear Bay	1.51		76.0	70.7	54.3	43.3	37.3	26.4	25.4	17.4	1.5		1.1	10.2	11.6	13.5	15.5	17.5	18.7	21.6	22.8	24.3	26.5	29.9
Dumont Avenue	1.07		77.1	71.8	55.4	44.3	38.4	27.5	26.5	18.5	2.6	1.1		9.2	10.6	12.5	14.5	16.4	17.7	20.6	21.7	23.3	25.5	28.8
Jaywick	9.16		86.3	80.9	64.5	53.5	47.6	36.6	35.6	27.7	11.7	10.2	9.2		1.4	3.3	5.3	7.3	8.5	11.4	12.6	14.1	16.3	19.6
Martello Tower	1.39		87.7	82.3	65.9	54.9	48.9	38.0	37.0	29.1	13.1	11.6	10.6	1.4		1.9	3.9	5.9	7.1	10.0	11.2	12.7	14.9	18.2
Clacton-on-Sea	1.90		89.6	84.2	67.8	56.8	50.8	39.9	38.9	31.0	15.0	13.5	12.5	3.3	1.9		2.0	4.0	5.2	8.1	9.3	10.8	13.0	16.3
Lyndhurst Road	2.00		91.6	86.2	69.8	58.8	52.8	41.9	40.9	33.0	17.0	15.5	14.5	5.3	3.9	2.0		2.0	3.2	6.1	7.3	8.8	11.0	14.3
Holland-on-Sea	1.96		93.5	88.2	71.8	60.8	54.8	43.9	42.9	34.9	19.0	17.5	16.4	7.3	5.9	4.0	2.0		1.3	4.1	5.3	6.8	9.0	12.4
Holland Haven	1.25		94.8	89.4	73.0	62.0	56.1	45.1	44.1	36.2	20.2	18.7	17.7	8.5	7.1	5.2	3.2	1.3		2.9	4.1	5.6	7.8	11.1
The Greensward	2.89		97.7	92.3	75.9	64.9	58.9	48.0	47.0	39.1	23.1	21.6	20.6	11.4	10.0	8.1	6.1	4.1	2.9		1.2	2.7	4.9	8.2
Frinton-on-Sea	1.16		98.8	93.5	77.1	66.1	60.1	49.2	48.2	40.2	24.3	22.8	21.7	12.6	11.2	9.3	7.3	5.3	4.1	1.2		1.6	3.7	7.1
New Walton Pier	1.55		100.4	95.0	78.6	67.6	61.7	50.7	49.7	41.8	25.8	24.3	23.3	14.1	12.7	10.8	8.8	6.8	5.6	2.7	1.6		2.2	5.5
The Naze	2.19		102.6	97.2	80.8	69.8	63.8	52.9	51.9	44.0	28.0	26.5	25.5	16.3	14.9	13.0	11.0	9.0	7.8	4.9	3.7	2.2		3.3
Walton-on-the-Naze	3.34		105.9	100.5	84.2	73.1	67.2	56.3	55.3	47.3	31.4	29.9	28.8	19.6	18.2	16.3	14.3	12.4	11.1	8.2	7.1	5.5	3.3	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
88 — Jaywick to Manningtree

km	km on route	km to stop if >200m	Jaywick	Martello Tower	**Clacton-on-Sea**	Lyndhurst Road	Holland-on-Sea	Holland Haven	The Greensward	**Frinton-on-Sea**	**New Walton Pier**	The Naze	**Walton-on-the-Naze**	Elm Tree Avenue	Kirby Quay	Great Oakley	Mosses Farm	Little Oakley Hall	Dovercourt Bay	**Harwich**	**Dovercourt station**	**Parkeston**	Ramsey	**Wrabness**	Bradfield	**Mistley**	**Manningtree**
Jaywick				1.4	3.3	5.3	7.3	8.5	11.4	12.6	14.1	16.3	19.6	21.1	24.7	34.5	35.2	37.7	45.0	48.2	49.5	52.0	55.2	59.1	64.0	67.7	69.4
Martello Tower	1.39		1.4		1.9	3.9	5.9	7.1	10.0	11.2	12.7	14.9	18.2	19.7	23.3	33.1	33.8	36.3	43.6	46.8	48.1	50.6	53.8	57.7	62.6	66.3	68.0
Clacton-on-Sea	1.90		3.3	1.9		2.0	4.0	5.2	8.1	9.3	10.8	13.0	16.3	17.8	21.4	31.2	31.9	34.4	41.7	44.9	46.2	48.7	51.9	55.8	60.7	64.4	66.1
Lyndhurst Road	2.00		5.3	3.9	2.0		2.0	3.2	6.1	7.3	8.8	11.0	14.3	15.8	19.4	29.2	29.9	32.4	39.7	42.9	44.2	46.7	49.9	53.8	58.7	62.4	64.1
Holland-on-Sea	1.96		7.3	5.9	4.0	2.0		1.3	4.1	5.3	6.9	9.0	12.4	13.8	17.4	27.3	28.0	30.4	37.8	41.0	42.3	44.7	47.9	51.8	56.7	60.4	62.2
Holland Haven	1.25		8.5	7.1	5.2	3.2	1.3		2.9	4.1	5.6	7.8	11.1	12.6	16.2	26.0	26.7	29.2	36.5	39.7	41.0	43.5	46.7	50.6	55.5	59.2	60.9
The Greensward	2.89		11.4	10.0	8.1	6.1	4.1	2.9		1.2	2.7	4.9	8.2	9.7	13.3	23.1	23.8	26.3	33.6	36.8	38.1	40.6	43.8	47.7	52.6	56.3	58.0
Frinton-on-Sea	1.16		12.6	11.2	9.3	7.3	5.3	4.1	1.2		1.6	3.7	7.1	8.5	12.1	22.0	22.7	25.1	32.5	35.7	37.0	39.4	42.6	46.5	51.4	55.1	56.9
New Walton Pier	1.55		14.1	12.7	10.8	8.8	6.9	5.6	2.7	1.6		2.2	5.5	7.0	10.6	20.4	21.1	23.6	30.9	34.1	35.4	37.9	41.1	45.0	49.9	53.6	55.3
The Naze	2.19		16.3	14.9	13.0	11.0	9.0	7.8	4.9	3.7	2.2		3.3	4.8	8.4	18.2	18.9	21.4	28.7	31.9	33.2	35.7	38.9	42.8	47.7	51.4	53.1
Walton-on-the-Naze	3.34		19.6	18.2	16.3	14.3	12.4	11.1	8.2	7.1	5.5	3.3		1.4	5.0	14.9	15.6	18.1	25.4	28.6	29.9	32.4	35.5	39.4	44.4	48.0	49.8
Elm Tree Avenue	1.42		21.1	19.7	17.8	15.8	13.8	12.6	9.7	8.5	7.0	4.8	1.4		3.6	13.5	14.2	16.6	24.0	27.2	28.5	30.9	34.1	38.0	42.9	46.6	48.4
Kirby Quay	3.06	0.56	24.7	23.3	21.4	19.4	17.4	16.2	13.3	12.1	10.6	8.4	5.0	3.6		11.0	11.7	14.1	21.5	24.7	26.0	28.4	31.6	35.5	40.4	44.1	45.9
Great Oakley	10.42		34.5	33.1	31.2	29.2	27.3	26.0	23.1	22.0	20.4	18.2	14.9	13.5	11.0		0.7	3.2	10.5	13.7	15.0	17.5	20.6	24.5	29.5	33.1	34.9
Mosses Farm	0.68		35.2	33.8	31.9	29.9	28.0	26.7	23.8	22.7	21.1	18.9	15.6	14.2	11.7	0.7		2.5	9.8	13.0	14.3	16.8	20.0	23.9	28.8	32.5	34.2
Little Oakley Hall	2.48		37.7	36.3	34.4	32.4	30.4	29.2	26.3	25.1	23.6	21.4	18.1	16.6	14.1	3.2	2.5		7.3	10.5	11.8	14.3	17.5	21.4	26.3	30.0	31.7
Dovercourt Bay	7.31		45.0	43.6	41.7	39.7	37.8	36.5	33.6	32.5	30.9	28.7	25.4	24.0	21.5	10.5	9.8	7.3		3.2	4.5	7.0	10.2	14.1	19.0	22.7	24.4
Harwich	3.21		48.2	46.8	44.9	42.9	41.0	39.7	36.8	35.7	34.1	31.9	28.6	27.2	24.7	13.7	13.0	10.5	3.2		1.3	3.8	7.0	10.9	15.8	19.5	21.2
Dovercourt station	1.29		49.5	48.1	46.2	44.2	42.3	41.0	38.1	37.0	35.4	33.2	29.9	28.5	26.0	15.0	14.3	11.8	4.5	1.3		2.5	5.7	9.6	14.5	18.2	19.9
Parkeston	2.48		52.0	50.6	48.7	46.7	44.7	43.5	40.6	39.4	37.9	35.7	32.4	30.9	28.4	17.5	16.8	14.3	7.0	3.8	2.5		3.2	7.1	12.0	15.7	17.4
Ramsey	3.19		55.2	53.8	51.9	49.9	47.9	46.7	43.8	42.6	41.1	38.9	35.5	34.1	31.6	20.6	20.0	17.5	10.2	7.0	5.7	3.2		3.9	8.8	12.5	14.2
Wrabness	3.90		59.1	57.7	55.8	53.8	51.8	50.6	47.7	46.5	45.0	42.8	39.4	38.0	35.5	24.5	23.9	21.4	14.1	10.9	9.6	7.1	3.9		4.9	8.6	10.3
Bradfield	4.92		64.0	62.6	60.7	58.7	56.7	55.5	52.6	51.4	49.9	47.7	44.4	42.9	40.4	29.5	28.8	26.3	19.0	15.8	14.5	12.0	8.8	4.9		3.7	5.4
Mistley	3.67		67.7	66.3	64.4	62.4	60.4	59.2	56.3	55.1	53.6	51.4	48.0	46.6	44.1	33.1	32.5	30.0	22.7	19.5	18.2	15.7	12.5	8.6	3.7		1.7
Manningtree	1.74		69.4	68.0	66.1	64.1	62.2	60.9	58.0	56.9	55.3	53.1	49.8	48.4	45.9	34.9	34.2	31.7	24.4	21.2	19.9	17.4	14.2	10.3	5.4	1.7	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
89 — Walton-on-the-Naze to Felixstowe via Stour and Orwell estuaries

km	km on route	km to stop if >200m	**Walton-on-the-Naze**	Elm Tree Avenue	Kirby Quay	Great Oakley	Mosses Farm	Little Oakley Hall	Dovercourt Bay	**Harwich**	**Dovercourt station**	Parkeston	Ramsey	**Wrabness**	Bradfield	**Mistley**	**Manningtree**	Stutton	Lower Holbrook	Shotley Gate	Chelmondiston	Redgate Farm	Ransomes	Langer Road	Landguard	Martello Tower	**Felixstowe**
Walton-on-the-Naze				1.4	5.0	14.9	15.6	18.1	25.4	28.6	29.9	32.4	35.5	39.4	44.4	48.0	49.8	59.1	62.2	71.7	80.7	85.9	90.6	107.5	109.6	111.5	113.3
Elm Tree Avenue	1.42		1.4		3.6	13.5	14.2	16.6	24.0	27.2	28.5	30.9	34.1	38.0	42.9	46.6	48.4	57.7	60.8	70.3	79.3	84.4	89.2	106.1	108.1	110.1	111.9
Kirby Quay	3.06	0.56	5.0	3.6		11.0	11.7	14.1	21.5	24.7	26.0	28.4	31.6	35.5	40.4	44.1	45.9	55.2	58.3	67.8	76.8	81.9	86.7	103.6	105.6	107.6	109.4
Great Oakley	10.42		14.9	13.5	11.0		0.7	3.2	10.5	13.7	15.0	17.5	20.6	24.5	29.5	33.1	34.9	44.2	47.3	56.8	65.8	71.0	75.7	92.6	94.7	96.6	98.4
Mosses Farm	0.68		15.6	14.2	11.7	0.7		2.5	9.8	13.0	14.3	16.8	20.0	23.9	28.8	32.5	34.2	43.5	46.6	56.2	65.1	70.3	75.0	91.9	94.0	96.0	97.7
Little Oakley Hall	2.48		18.1	16.6	14.1	3.2	2.5		7.3	10.5	11.8	14.3	17.5	21.4	26.3	30.0	31.7	41.1	44.1	53.7	62.6	67.8	72.5	89.5	91.5	93.5	95.3
Dovercourt Bay	7.31		25.4	24.0	21.5	10.5	9.8	7.3		3.2	4.5	7.0	10.2	14.1	19.0	22.7	24.4	33.7	36.8	46.4	55.3	60.5	65.2	82.2	84.2	86.2	87.9
Harwich	3.21		28.6	27.2	24.7	13.7	13.0	10.5	3.2		1.3	3.8	7.0	10.9	15.8	19.5	21.2	30.5	33.6	43.2	52.1	57.3	62.0	78.9	81.0	83.0	84.7
Dovercourt station	1.29		29.9	28.5	26.0	15.0	14.3	11.8	4.5	1.3		2.5	5.7	9.6	14.5	18.2	19.9	29.2	32.3	41.9	50.8	56.0	60.7	77.7	79.7	81.7	83.4
Parkeston	2.48		32.4	30.9	28.4	17.5	16.8	14.3	7.0	3.8	2.5		3.2	7.1	12.0	15.7	17.4	26.8	29.9	39.4	48.3	53.5	58.2	75.2	77.2	79.2	81.0
Ramsey	3.19		35.5	34.1	31.6	20.6	20.0	17.5	10.2	7.0	5.7	3.2		3.9	8.8	12.5	14.2	23.6	26.7	36.2	45.1	50.3	55.0	72.0	74.0	76.0	77.8
Wrabness	3.90		39.4	38.0	35.5	24.5	23.9	21.4	14.1	10.9	9.6	7.1	3.9		4.9	8.6	10.3	19.7	22.8	32.3	41.2	46.4	51.1	68.1	70.1	72.1	73.9
Bradfield	4.92		44.4	42.9	40.4	29.5	28.8	26.3	19.0	15.8	14.5	12.0	8.8	4.9		3.7	5.4	14.8	17.8	27.4	36.3	41.5	46.2	63.2	65.2	67.2	69.0
Mistley	3.67		48.0	46.6	44.1	33.1	32.5	30.0	22.7	19.5	18.2	15.7	12.5	8.6	3.7		1.7	11.1	14.2	23.7	32.6	37.8	42.6	59.5	61.5	63.5	65.3
Manningtree	1.74		49.8	48.4	45.9	34.9	34.2	31.7	24.4	21.2	19.9	17.4	14.2	10.3	5.4	1.7		9.3	12.4	22.0	30.9	36.1	40.8	57.8	59.8	61.8	63.5
Stutton	9.34		59.1	57.7	55.2	44.2	43.5	41.1	33.7	30.5	29.2	26.8	23.6	19.7	14.8	11.1	9.3		3.1	12.6	21.6	26.8	31.5	48.4	50.5	52.4	54.2
Lower Holbrook	3.09		62.2	60.8	58.3	47.3	46.6	44.1	36.8	33.6	32.3	29.9	26.7	22.8	17.8	14.2	12.4	3.1		9.5	18.5	23.7	28.4	45.3	47.4	49.3	51.1
Shotley Gate	9.53		71.7	70.3	67.8	56.8	56.2	53.7	46.4	43.2	41.9	39.4	36.2	32.3	27.4	23.7	22.0	12.6	9.5		8.9	14.1	18.9	35.8	37.8	39.8	41.6
Chelmondiston	8.12	0.82	80.7	79.3	76.8	65.8	65.1	62.6	55.3	52.1	50.8	48.3	45.1	41.2	36.3	32.6	30.9	21.6	18.5	8.9		6.8	11.6	28.5	30.5	32.5	34.3
Redgate Farm	6.01		85.9	84.4	81.9	71.0	70.3	67.8	60.5	57.3	56.0	53.5	50.3	46.4	41.5	37.8	36.1	26.8	23.7	14.1	6.8		4.7	21.7	23.7	25.7	27.5
Ransomes	4.72		90.6	89.2	86.7	75.7	75.0	72.5	65.2	62.0	60.7	58.2	55.0	51.1	46.2	42.6	40.8	31.5	28.4	18.9	11.6	4.7		16.9	19.0	21.0	22.7
Langer Road	16.94		107.5	106.1	103.6	92.6	91.9	89.5	82.2	78.9	77.7	75.2	72.0	68.1	63.2	59.5	57.8	48.4	45.3	35.8	28.5	21.7	16.9		2.0	4.0	5.8
Landguard	2.04		109.6	108.1	105.6	94.7	94.0	91.5	84.2	81.0	79.7	77.2	74.0	70.1	65.2	61.5	59.8	50.5	47.4	37.8	30.5	23.7	19.0	2.0		2.0	3.8
Martello Tower	1.98		111.5	110.1	107.6	96.6	96.0	93.5	86.2	83.0	81.7	79.2	76.0	72.1	67.2	63.5	61.8	52.4	49.3	39.8	32.5	25.7	21.0	4.0	2.0		1.8
Felixstowe	1.77		113.3	111.9	109.4	98.4	97.7	95.3	87.9	84.7	83.4	81.0	77.8	73.9	69.0	65.3	63.5	54.2	51.1	41.6	34.3	27.5	22.7	5.8	3.8	1.8	

© 2022greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
90 — Wrabness to Lowestoft via Stour and Orwell estuaries

km	km on route	km to stop if >200m	**Wrabness**	Bradfield	**Mistley**	**Manningtree**	Stutton	Lower Holbrook	Shotley Gate	Chelmondiston	Redgate Farm	Ransomes	Langer Road	Landguard	Martello Tower	**Felixstowe**	Felixstowe Ferry	**Woodbridge**	**Melton station**	Aldeburgh	Walberswick	Southwold	Kessingland	Cliff Farm Lane	Pakefield	Claremont Pier	**Lowestoft**
Wrabness				4.9	8.6	10.3	19.7	22.8	32.3	41.2	46.4	51.1	68.1	70.1	72.1	73.9	78.6	97.7	100.0	173.2	194.9	198.5	214.6	217.3	219.4	221.0	222.1
Bradfield	4.92		4.9		3.7	5.4	14.8	17.8	27.4	36.3	41.5	46.2	63.2	65.2	67.2	69.0	73.7	92.7	95.1	168.3	190.0	193.5	209.6	212.4	214.4	216.1	217.2
Mistley	3.67		8.6	3.7		1.7	11.1	14.2	23.7	32.6	37.8	42.6	59.5	61.5	63.5	65.3	70.1	89.1	91.5	164.7	186.3	189.9	206.0	208.7	210.8	212.4	213.5
Manningtree	1.74		10.3	5.4	1.7		9.3	12.4	22.0	30.9	36.1	40.8	57.8	59.8	61.8	63.5	68.3	87.3	89.7	162.9	184.6	188.1	204.2	207.0	209.0	210.7	211.8
Stutton	9.34		19.7	14.8	11.1	9.3		3.1	12.6	21.6	26.8	31.5	48.4	50.5	52.4	54.2	59.0	78.0	80.4	153.6	175.3	178.8	194.9	197.6	199.7	201.4	202.4
Lower Holbrook	3.09		22.8	17.8	14.2	12.4	3.1		9.5	18.5	23.7	28.4	45.3	47.4	49.3	51.1	55.9	74.9	77.3	150.5	172.2	175.7	191.8	194.5	196.6	198.3	199.3
Shotley Gate	9.53		32.3	27.4	23.7	22.0	12.6	9.5		8.9	14.1	18.9	35.8	37.8	39.8	41.6	46.4	65.4	67.8	141.0	162.6	166.2	182.3	185.0	187.1	188.7	189.8
Chelmondiston	8.12	0.82	41.2	36.3	32.6	30.9	21.6	18.5	8.9		6.8	11.6	28.5	30.5	32.5	34.3	39.1	58.1	60.5	133.7	155.3	158.9	175.0	177.7	179.8	181.4	182.5
Redgate Farm	6.01		46.4	41.5	37.8	36.1	26.8	23.7	14.1	6.8		4.7	21.7	23.7	25.7	27.5	32.2	51.2	53.6	126.8	148.5	152.0	168.1	170.9	172.9	174.6	175.7
Ransomes	4.72		51.1	46.2	42.6	40.8	31.5	28.4	18.9	11.6	4.7		16.9	19.0	21.0	22.7	27.5	46.5	48.9	122.1	143.8	147.3	163.4	166.2	168.2	169.9	170.9
Langer Road	16.94		68.1	63.2	59.5	57.8	48.4	45.3	35.8	28.5	21.7	16.9		2.0	4.0	5.8	10.6	29.6	32.0	105.2	126.9	130.4	146.5	149.2	151.3	152.9	154.0
Landguard	2.04		70.1	65.2	61.5	59.8	50.5	47.4	37.8	30.5	23.7	19.0	2.0		2.0	3.8	8.5	27.5	29.9	103.1	124.8	128.3	144.4	147.2	149.2	150.9	152.0
Martello Tower	1.98		72.1	67.2	63.5	61.8	52.4	49.3	39.8	32.5	25.7	21.0	4.0	2.0		1.8	6.5	25.6	27.9	101.1	122.8	126.4	142.5	145.2	147.3	148.9	150.0
Felixstowe	1.77		73.9	69.0	65.3	63.5	54.2	51.1	41.6	34.3	27.5	22.7	5.8	3.8	1.8		4.8	23.8	26.2	99.4	121.1	124.6	140.7	143.4	145.5	147.2	148.2
Felixstowe Ferry	4.77		78.6	73.7	70.1	68.3	59.0	55.9	46.4	39.1	32.2	27.5	10.6	8.5	6.5	4.8		19.0	21.4	94.6	116.3	119.8	135.9	138.7	140.7	142.4	143.4
Woodbridge	19.01		97.7	92.7	89.1	87.3	78.0	74.9	65.4	58.1	51.2	46.5	29.6	27.5	25.6	23.8	19.0		2.4	75.6	97.3	100.8	116.9	119.7	121.7	123.4	124.4
Melton station	2.39		100.0	95.1	91.5	89.7	80.4	77.3	67.8	60.5	53.6	48.9	32.0	29.9	27.9	26.2	21.4	2.4		73.2	94.9	98.4	114.5	117.3	119.3	121.0	122.0
Aldeburgh	73.20		173.2	168.3	164.7	162.9	153.6	150.5	141.0	133.7	126.8	122.1	105.2	103.1	101.1	99.4	94.6	75.6	73.2		21.7	25.2	41.3	44.1	46.1	47.8	48.8
Walberswick	21.69		194.9	190.0	186.3	184.6	175.3	172.2	162.6	155.3	148.5	143.8	126.9	124.8	122.8	121.1	116.3	97.3	94.9	21.7		3.5	19.6	22.4	24.4	26.1	27.2
Southwold	3.52		198.5	193.5	189.9	188.1	178.8	175.7	166.2	158.9	152.0	147.3	130.4	128.3	126.4	124.6	119.8	100.8	98.4	25.2	3.5		16.1	18.9	20.9	22.6	23.6
Kessingland	16.11		214.6	209.6	206.0	204.2	194.9	191.8	182.3	175.0	168.1	163.4	146.5	144.4	142.5	140.7	135.9	116.9	114.5	41.3	19.6	16.1		2.7	4.8	6.5	7.5
Cliff Farm Lane	2.00	0.74	217.3	212.4	208.7	207.0	197.6	194.5	185.0	177.7	170.9	166.2	149.2	147.2	145.2	143.4	138.7	119.7	117.3	44.1	22.4	18.9	2.7		3.5	5.2	6.3
Pakefield	2.80		219.4	214.4	210.8	209.0	199.7	196.6	187.1	179.8	172.9	168.2	151.3	149.2	147.3	145.5	140.7	121.7	119.3	46.1	24.4	20.9	4.8	3.5		1.7	2.7
Claremont Pier	1.66		221.0	216.1	212.4	210.7	201.4	198.3	188.7	181.4	174.6	169.9	152.9	150.9	148.9	147.2	142.4	123.4	121.0	47.8	26.1	22.6	6.5	5.2	1.7		1.1
Lowestoft	1.06		222.1	217.2	213.5	211.8	202.4	199.3	189.8	182.5	175.7	170.9	154.0	152.0	150.0	148.2	143.4	124.4	122.0	48.8	27.2	23.6	7.5	6.3	2.7	1.1	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
91 — Felixstowe Landguard to Caister-on-Sea

km	km on route	km to stop if >200m	Landguard	Martello Tower	**Felixstowe**	Felixstowe Ferry	**Woodbridge**	**Melton station**	Aldeburgh	Walberswick	Southwold	Kessingland	Cliff Farm Lane	Pakefield	Claremont Pier	**Lowestoft**	Corton	League Hole	Gorleston Cliffs	Gorleston-on-Sea	Slicehouse Hill	Boundary Road	**Great Yarmouth**	Caister-on-Sea
Landguard					2.0	3.8	8.5	27.5	29.9	103.1	124.8	128.3	145.2	146.4	149.2	150.9	152.0	158.0	160.3	162.6	164.5	165.9	167.4	169.4
Martello Tower	1.98				2.0	3.8	8.5	27.5	29.9	103.1	124.8	128.3	145.2	146.4	149.2	150.9	152.0	158.0	160.3	162.6	164.5	165.9	167.4	169.4
Felixstowe	1.77		2.0	2.0		1.8	6.5	25.6	27.9	101.1	122.8	126.4	143.2	144.5	147.3	148.9	150.0	156.0	158.3	160.6	162.5	163.9	165.4	167.4
Felixstowe Ferry	4.77		3.8	3.8	1.8		4.8	23.8	26.2	99.4	121.1	124.6	141.4	142.7	145.5	147.2	148.2	154.2	156.5	158.9	160.7	162.2	163.7	165.6
Woodbridge	19.01		8.5	8.5	6.5	4.8		19.0	21.4	94.6	116.3	119.8	136.7	137.9	140.7	142.4	143.4	149.4	151.8	154.1	155.9	157.4	158.9	160.8
Melton station	2.39		27.5	27.5	25.6	23.8	19.0		2.4	75.6	97.3	100.8	117.7	118.9	121.7	123.4	124.4	130.4	132.8	135.1	136.9	138.4	139.9	141.8
Aldeburgh	73.20		29.9	29.9	27.9	26.2	21.4	2.4		73.2	94.9	98.4	115.3	116.5	119.3	121.0	122.0	128.0	130.4	132.7	134.5	136.0	137.5	139.4
Walberswick	21.69		103.1	103.1	101.1	99.4	94.6	75.6	73.2		21.7	25.2	42.1	43.3	46.1	47.8	48.8	54.8	57.2	59.5	61.3	62.8	64.3	66.2
Southwold	3.52		124.8	124.8	122.8	121.1	116.3	97.3	94.9	21.7		3.5	20.4	21.6	24.4	26.1	27.2	33.2	35.5	37.8	39.6	41.1	42.6	44.5
Kessingland	16.11		128.3	128.3	126.4	124.6	119.8	100.8	98.4	25.2	3.5		16.9	18.1	20.9	22.6	23.6	29.6	32.0	34.3	36.1	37.6	39.1	41.0
Cliff Farm Lane	2.00	0.74	145.2	145.2	143.2	141.4	136.7	117.7	115.3	42.1	20.4	16.9		2.7	5.5	7.2	8.3	14.3	16.6	18.9	20.8	22.2	23.7	25.7
Pakefield	2.80		146.4	146.4	144.5	142.7	137.9	118.9	116.5	43.3	21.6	18.1	2.7		2.8	4.5	5.5	11.5	13.9	16.2	18.0	19.5	21.0	22.9
Claremont Pier	1.66		149.2	149.2	147.3	145.5	140.7	121.7	119.3	46.1	24.4	20.9	5.5	2.8		1.7	2.7	8.7	11.1	13.4	15.2	16.7	18.2	20.1
Lowestoft	1.06		150.9	150.9	148.9	147.2	142.4	123.4	121.0	47.8	26.1	22.6	7.2	4.5	1.7		1.1	7.1	9.4	11.7	13.6	15.0	16.5	18.5
Corton	5.30		152.0	152.0	150.0	148.2	143.4	124.4	122.0	48.8	27.2	23.6	8.3	5.5	2.7	1.1		6.0	8.3	10.7	12.5	13.9	15.5	17.4
League Hole	3.03	0.70	158.0	158.0	156.0	154.2	149.4	130.4	128.0	54.8	33.2	29.6	14.3	11.5	8.7	7.1	6.0		3.7	6.1	7.9	9.3	10.9	12.8
Gorleston Cliffs	2.33		160.3	160.3	158.3	156.5	151.8	132.8	130.4	57.2	35.5	32.0	16.6	13.9	11.1	9.4	8.3	3.7		2.3	4.2	5.6	7.1	9.1
Gorleston-on-Sea	1.83		162.6	162.6	160.6	158.9	154.1	135.1	132.7	59.5	37.8	34.3	18.9	16.2	13.4	11.7	10.7	6.1	2.3		1.8	3.3	4.8	6.7
Slicehouse Hill	1.45		164.5	164.5	162.5	160.7	155.9	136.9	134.5	61.3	39.6	36.1	20.8	18.0	15.2	13.6	12.5	7.9	4.2	1.8		1.4	3.0	4.9
Boundary Road	1.52		165.9	165.9	163.9	162.2	157.4	138.4	136.0	62.8	41.1	37.6	22.2	19.5	16.7	15.0	13.9	9.3	5.6	3.3	1.4		1.5	3.5
Great Yarmouth	1.46		167.4	167.4	165.4	163.7	158.9	139.9	137.5	64.3	42.6	39.1	23.7	21.0	18.2	16.5	15.5	10.9	7.1	4.8	3.0	1.5		1.9
Caister-on-Sea	5.76	0.47	169.4	169.4	167.4	165.6	160.8	141.8	139.4	66.2	44.5	41.0	25.7	22.9	20.1	18.5	17.4	12.8	9.1	6.7	4.9	3.5	1.9	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
92 — Lowestoft to Sheringham

km	km on route	km to stop if >200m	**Lowestoft**	Corton	League Hole	Gorleston Cliffs	Gorleston-on-Sea	Slicehouse Hill	Boundary Road	**Great Yarmouth**	Caister-on-Sea	Second Avenue	Scratby	Newport	Winterton-on-Sea	Sea Palling	Happisburgh	Keswick	Bacton Green	Mundesley	Trimingham	Sidestrand	Overstrand	**Cromer**	East Runton	**West Runton**	**Sheringham**
Lowestoft				5.3	9.0	10.7	12.5	13.9	15.5	16.9	23.2	24.4	26.3	28.3	30.9	42.0	47.9	52.1	53.4	57.4	62.1	66.0	67.6	70.6	72.5	75.2	77.6
Corton	5.30		5.3		3.7	5.4	7.2	8.6	10.2	11.6	17.9	19.1	21.0	23.0	25.6	36.7	42.6	46.8	48.1	52.1	56.8	60.7	62.3	65.3	67.2	69.9	72.3
League Hole	3.03	0.70	9.0	3.7		3.0	4.9	6.3	7.8	9.3	15.5	16.7	18.7	20.7	23.3	34.4	40.3	44.5	45.8	49.7	54.4	58.4	60.0	62.9	64.9	67.6	70.0
Gorleston Cliffs	2.33		10.7	5.4	3.0		1.8	3.3	4.8	6.3	12.5	13.7	15.7	17.7	20.3	31.4	37.3	41.5	42.8	46.7	51.4	55.3	57.0	59.9	61.8	64.5	66.9
Gorleston-on-Sea	1.83		12.5	7.2	4.9	1.8		1.5	3.0	4.4	10.7	11.9	13.8	15.8	18.4	29.6	35.5	39.6	40.9	44.9	49.6	53.5	55.1	58.1	60.0	62.7	65.1
Slicehouse Hill	1.45		13.9	8.6	6.3	3.3	1.5		1.5	3.0	9.2	10.4	12.4	14.4	17.0	28.1	34.0	38.2	39.5	43.4	48.1	52.1	53.7	56.6	58.6	61.3	63.7
Boundary Road	1.52		15.5	10.2	7.8	4.8	3.0	1.5		1.5	7.7	8.9	10.9	12.9	15.5	26.6	32.5	36.7	38.0	41.9	46.6	50.5	52.2	55.1	57.0	59.7	62.1
Great Yarmouth	1.46		16.9	11.6	9.3	6.3	4.4	3.0	1.5		6.2	7.4	9.4	11.4	14.0	25.1	31.0	35.2	36.5	40.4	45.2	49.1	50.7	53.6	55.6	58.3	60.7
Caister-on-Sea	5.76	0.47	23.2	17.9	15.5	12.5	10.7	9.2	7.7	6.2		2.2	4.1	6.1	8.7	19.8	25.7	29.9	31.2	35.1	39.9	43.8	45.4	48.4	50.3	53.0	55.4
Second Avenue	1.68		24.4	19.1	16.7	13.7	11.9	10.4	8.9	7.4	2.2		2.0	4.0	6.6	17.7	23.6	27.8	29.1	33.0	37.7	41.6	43.3	46.2	48.1	50.8	53.2
Scratby	1.95		26.3	21.0	18.7	15.7	13.8	12.4	10.9	9.4	4.1	2.0		2.0	4.6	15.7	21.6	25.8	27.1	31.0	35.8	39.7	41.3	44.3	46.2	48.9	51.3
Newport	2.00		28.3	23.0	20.7	17.7	15.8	14.4	12.9	11.4	6.1	4.0	2.0		2.6	13.7	19.6	23.8	25.1	29.0	33.8	37.7	39.3	42.3	44.2	46.9	49.3
Winterton-on-Sea	2.60		30.9	25.6	23.3	20.3	18.4	17.0	15.5	14.0	8.7	6.6	4.6	2.6		11.1	17.0	21.2	22.5	26.4	31.2	35.1	36.7	39.7	41.6	44.3	46.7
Sea Palling	11.13		42.0	36.7	34.4	31.4	29.6	28.1	26.6	25.1	19.8	17.7	15.7	13.7	11.1		5.9	10.1	11.4	15.3	20.0	24.0	25.6	28.5	30.5	33.2	35.6
Happisburgh	5.90		47.9	42.6	40.3	37.3	35.5	34.0	32.5	31.0	25.7	23.6	21.6	19.6	17.0	5.9		4.2	5.5	9.4	14.1	18.1	19.7	22.6	24.6	27.3	29.7
Keswick	4.19		52.1	46.8	44.5	41.5	39.6	38.2	36.7	35.2	29.9	27.8	25.8	23.8	21.2	10.1	4.2		1.3	5.2	9.9	13.9	15.5	18.4	20.4	23.1	25.5
Bacton Green	1.30		53.4	48.1	45.8	42.8	40.9	39.5	38.0	36.5	31.2	29.1	27.1	25.1	22.5	11.4	5.5	1.3		3.9	8.6	12.6	14.2	17.1	19.1	21.8	24.2
Mundesley	3.92		57.4	52.1	49.7	46.7	44.9	43.4	41.9	40.4	35.1	33.0	31.0	29.0	26.4	15.3	9.4	5.2	3.9		4.7	8.6	10.3	13.2	15.2	17.9	20.3
Trimingham	4.72		62.1	56.8	54.4	51.4	49.6	48.1	46.6	45.2	39.9	37.7	35.8	33.8	31.2	20.0	14.1	9.9	8.6	4.7		3.9	5.6	8.5	10.4	13.1	15.5
Sidestrand	3.92		66.0	60.7	58.4	55.3	53.5	52.1	50.5	49.1	43.8	41.6	39.7	37.7	35.1	24.0	18.1	13.9	12.6	8.6	3.9		1.6	4.6	6.5	9.2	11.6
Overstrand	1.38	0.26	67.6	62.3	60.0	57.0	55.1	53.7	52.2	50.7	45.4	43.3	41.3	39.3	36.7	25.6	19.7	15.5	14.2	10.3	5.6	1.6		3.5	5.4	8.1	10.5
Cromer	3.19		70.6	65.3	62.9	59.9	58.1	56.6	55.1	53.6	48.4	46.2	44.3	42.3	39.7	28.5	22.6	18.4	17.1	13.2	8.5	4.6	3.5		1.9	4.6	7.0
East Runton	1.94		72.5	67.2	64.9	61.8	60.0	58.6	57.0	55.6	50.3	48.1	46.2	44.2	41.6	30.5	24.6	20.4	19.1	15.2	10.4	6.5	5.4	1.9		2.7	5.1
West Runton	2.05	0.65	75.2	69.9	67.6	64.5	62.7	61.3	59.7	58.3	53.0	50.8	48.9	46.9	44.3	33.2	27.3	23.1	21.8	17.9	13.1	9.2	8.1	4.6	2.7		3.7
Sheringham	2.55	0.50	77.6	72.3	70.0	66.9	65.1	63.7	62.1	60.7	55.4	53.2	51.3	49.3	46.7	35.6	29.7	25.5	24.2	20.3	15.5	11.6	10.5	7.0	5.1	3.7	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
93 — Great Yarmouth to Wells-next-the-Sea

km	km on route	km to stop if >200m	**Great Yarmouth**	Caister-on-Sea	Second Avenue	Scratby	Newport	Winterton-on-Sea	Sea Palling	Happisburgh	Keswick	Bacton Green	Mundesley	Trimingham	Sidestrand	Overstrand	**Cromer**	East Runton	**West Runton**	**Sheringham**	Weybourne	Salthouse	Cley next the Sea	Blakeney	Morston	Stiffkey Greens	Wells-next-the-Sea
Great Yarmouth				5.8	7.4	9.4	11.4	14.0	25.1	31.0	35.2	36.5	40.4	45.2	49.1	50.7	53.6	55.6	58.3	60.7	66.1	69.0	72.9	77.6	79.7	84.0	89.5
Caister-on-Sea	5.76		5.8		1.7	3.6	5.6	8.2	19.4	25.3	29.5	30.8	34.7	39.4	43.3	45.0	47.9	49.8	52.5	54.9	60.3	63.2	67.2	71.8	74.0	78.2	83.7
Second Avenue	1.68		7.4	1.7		2.0	4.0	6.6	17.7	23.6	27.8	29.1	33.0	37.7	41.6	43.3	46.2	48.1	50.8	53.2	58.6	61.5	65.5	70.2	72.3	76.6	82.0
Scratby	1.95		9.4	3.6	2.0		2.0	4.6	15.7	21.6	25.8	27.1	31.0	35.8	39.7	41.3	44.3	46.2	48.9	51.3	56.7	59.6	63.5	68.2	70.3	74.6	80.1
Newport	2.00		11.4	5.6	4.0	2.0		2.6	13.7	19.6	23.8	25.1	29.0	33.8	37.7	39.3	42.3	44.2	46.9	49.3	54.7	57.6	61.5	66.2	68.3	72.6	78.1
Winterton-on-Sea	2.60		14.0	8.2	6.6	4.6	2.6		11.1	17.0	21.2	22.5	26.4	31.2	35.1	36.7	39.7	41.6	44.3	46.7	52.1	55.0	58.9	63.6	65.7	70.0	75.5
Sea Palling	11.13		25.1	19.4	17.7	15.7	13.7	11.1		5.9	10.1	11.4	15.3	20.0	24.0	25.6	28.5	30.5	33.2	35.6	41.0	43.9	47.8	52.5	54.6	58.9	64.3
Happisburgh	5.90		31.0	25.3	23.6	21.6	19.6	17.0	5.9		4.2	5.5	9.4	14.1	18.1	19.7	22.6	24.6	27.3	29.7	35.1	38.0	41.9	46.6	48.7	53.0	58.4
Keswick	4.19		35.2	29.5	27.8	25.8	23.8	21.2	10.1	4.2		1.3	5.2	9.9	13.9	15.5	18.4	20.4	23.1	25.5	30.9	33.8	37.7	42.4	44.5	48.8	54.3
Bacton Green	1.30		36.5	30.8	29.1	27.1	25.1	22.5	11.4	5.5	1.3		3.9	8.6	12.6	14.2	17.1	19.1	21.8	24.2	29.6	32.5	36.4	41.1	43.2	47.5	53.0
Mundesley	3.92		40.4	34.7	33.0	31.0	29.0	26.4	15.3	9.4	5.2	3.9		4.7	8.6	10.3	13.2	15.2	17.9	20.3	25.7	28.5	32.5	37.2	39.3	43.6	49.0
Trimingham	4.72		45.2	39.4	37.7	35.8	33.8	31.2	20.0	14.1	9.9	8.6	4.7		3.9	5.6	8.5	10.4	13.1	15.5	20.9	23.8	27.8	32.4	34.6	38.8	44.3
Sidestrand	3.92		49.1	43.3	41.6	39.7	37.7	35.1	24.0	18.1	13.9	12.6	8.6	3.9		1.6	4.6	6.5	9.2	11.6	17.0	19.9	23.8	28.5	30.7	34.9	40.4
Overstrand	1.38	0.26	50.7	45.0	43.3	41.3	39.3	36.7	25.6	19.7	15.5	14.2	10.3	5.6	1.6		3.5	5.4	8.1	10.5	15.9	18.8	22.7	27.4	29.5	33.8	39.3
Cromer	3.19		53.6	47.9	46.2	44.3	42.3	39.7	28.5	22.6	18.4	17.1	13.2	8.5	4.6	3.5		1.9	4.6	7.0	12.4	15.3	19.3	24.0	26.1	30.4	35.8
East Runton	1.94		55.6	49.8	48.1	46.2	44.2	41.6	30.5	24.6	20.4	19.1	15.2	10.4	6.5	5.4	1.9		2.7	5.1	10.5	13.4	17.3	22.0	24.1	28.4	33.9
West Runton	2.05	0.65	58.3	52.5	50.8	48.9	46.9	44.3	33.2	27.3	23.1	21.8	17.9	13.1	9.2	8.1	4.6	2.7		3.7	9.1	12.0	15.9	20.6	22.7	27.0	32.5
Sheringham	2.55	0.50	60.7	54.9	53.2	51.3	49.3	46.7	35.6	29.7	25.5	24.2	20.3	15.5	11.6	10.5	7.0	5.1	3.7		6.4	9.3	13.2	17.9	20.0	24.3	29.8
Weybourne	5.18	0.72	66.1	60.3	58.6	56.7	54.7	52.1	41.0	35.1	30.9	29.6	25.7	20.9	17.0	15.9	12.4	10.5	9.1	6.4		4.3	8.3	13.0	15.1	19.4	24.8
Salthouse	2.94	0.67	69.0	63.2	61.5	59.6	57.6	55.0	43.9	38.0	33.8	32.5	28.5	23.8	19.9	18.8	15.3	13.4	12.0	9.3	4.3		5.3	10.0	12.1	16.4	21.8
Cley next the Sea	4.61		72.9	67.2	65.5	63.5	61.5	58.9	47.8	41.9	37.7	36.4	32.5	27.8	23.8	22.7	19.3	17.3	15.9	13.2	8.3	5.3		4.7	6.8	11.1	16.6
Blakeney	4.43	0.25	77.6	71.8	70.2	68.2	66.2	63.6	52.5	46.6	42.4	41.1	37.2	32.4	28.5	27.4	24.0	22.0	20.6	17.9	13.0	10.0	4.7		2.6	6.9	12.4
Morston	2.38		79.7	74.0	72.3	70.3	68.3	65.7	54.6	48.7	44.5	43.2	39.3	34.6	30.7	29.5	26.1	24.1	22.7	20.0	15.1	12.1	6.8	2.6		4.3	9.7
Stiffkey Greens	3.76	0.51	84.0	78.2	76.6	74.6	72.6	70.0	58.9	53.0	48.8	47.5	43.6	38.8	34.9	33.8	30.4	28.4	27.0	24.3	19.4	16.4	11.1	6.9	4.3		6.5
Wells-next-the-Sea	5.98		89.5	83.7	82.0	80.1	78.1	75.5	64.3	58.4	54.3	53.0	49.0	44.3	40.4	39.3	35.8	33.9	32.5	29.8	24.8	21.8	16.6	12.4	9.7	6.5	

© 2022 greenmaps.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
94 — Mundesley to Hunstanton

km

	km on route	km to stop if >200m	Mundesley	Trimingham	Sidestrand	Overstrand	**Cromer**	East Runton	**West Runton**	**Sheringham**	Weybourne	Salthouse	Cley next the Sea	Blakeney	Morston	Stiffey Greens	Wells-next-the-Sea	Burnham Overy Staithe	Burnham Deepdale	Brancaster Staithe	Brancaster	Titchwell Marsh	Thornham	Old Hunstanton	Hunstanton
Mundesley				4.7	8.6	10.0	13.2	15.2	17.9	20.3	25.7	28.5	32.5	37.2	39.3	43.6	49.0	60.1	66.0	67.1	69.4	74.4	76.1	82.9	84.7
Trimingham	4.72		4.7		3.9	5.3	8.5	10.4	13.1	15.5	20.9	23.8	27.8	32.4	34.6	38.8	44.3	55.4	61.3	62.4	64.7	69.7	71.3	78.2	80.0
Sidestrand	3.92		8.6	3.9		1.4	4.6	6.5	9.2	11.6	17.0	19.9	23.8	28.5	30.7	34.9	40.4	51.4	57.3	58.5	60.8	65.8	67.4	74.3	76.1
Overstrand	1.38		10.0	5.3	1.4		3.2	5.1	7.8	10.2	15.6	18.5	22.5	27.1	29.3	33.5	39.0	50.1	56.0	57.1	59.4	64.4	66.0	72.9	74.7
Cromer	3.19		13.2	8.5	4.6	3.2		1.9	4.6	7.0	12.4	15.3	19.3	24.0	26.1	30.4	35.8	46.9	52.8	53.9	56.2	61.2	62.9	69.7	71.5
East Runton	1.94		15.2	10.4	6.5	5.1	1.9		2.7	5.1	10.5	13.4	17.3	22.0	24.1	28.4	33.9	44.9	50.8	52.0	54.3	59.3	60.9	67.8	69.5
West Runton	2.05	0.65	17.9	13.1	9.2	7.8	4.6	2.7		3.7	9.1	12.0	15.9	20.6	22.7	27.0	32.5	43.5	49.4	50.6	52.9	57.9	59.5	66.4	68.1
Sheringham	2.55	0.50	20.3	15.5	11.6	10.2	7.0	5.1	3.7		6.4	9.3	13.2	17.9	20.0	24.3	29.8	40.8	46.7	47.9	50.2	55.2	56.8	63.7	65.4
Weybourne	5.18	0.72	25.7	20.9	17.0	15.6	12.4	10.5	9.1	6.4		4.3	8.3	13.0	15.1	19.4	24.8	35.9	41.8	42.9	45.2	50.2	51.9	58.7	60.5
Salthouse	2.94	0.67	28.5	23.8	19.9	18.5	15.3	13.4	12.0	9.3	4.3		5.3	10.0	12.1	16.4	21.8	32.9	38.8	39.9	42.2	47.2	48.9	55.7	57.5
Cley next the Sea	4.61		32.5	27.8	23.8	22.5	19.3	17.3	15.9	13.2	8.3	5.3		4.7	6.8	11.1	16.6	27.6	33.5	34.7	36.9	42.0	43.6	50.5	52.2
Blakeney	4.43	0.25	37.2	32.4	28.5	27.1	24.0	22.0	20.6	17.9	13.0	10.0	4.7		2.6	6.9	12.4	23.4	29.3	30.5	32.8	37.8	39.4	46.3	48.0
Morston	2.38		39.3	34.6	30.7	29.3	26.1	24.1	22.7	20.0	15.1	12.1	6.8	2.6		4.3	9.7	20.8	26.7	27.9	30.1	35.2	36.8	43.7	45.4
Stiffey Greens	3.76	0.51	43.6	38.8	34.9	33.5	30.4	28.4	27.0	24.3	19.4	16.4	11.1	6.9	4.3		6.5	17.5	23.4	24.6	26.9	31.9	33.5	40.4	42.2
Wells-next-the-Sea	5.98		49.0	44.3	40.4	39.0	35.8	33.9	32.5	29.8	24.8	21.8	16.6	12.4	9.7	6.5		11.0	17.0	18.1	20.4	25.4	27.0	33.9	35.7
Burnham Overy Staithe	11.04		60.1	55.4	51.4	50.1	46.9	44.9	43.5	40.8	35.9	32.9	27.6	23.4	20.8	17.5	11.0		5.9	7.1	9.3	14.4	16.0	22.9	24.6
Burnham Deepdale	5.91		66.0	61.3	57.3	56.0	52.8	50.8	49.4	46.7	41.8	38.8	33.5	29.3	26.7	23.4	17.0	5.9		1.2	3.4	8.5	10.1	17.0	18.7
Brancaster Staithe	1.16		67.1	62.4	58.5	57.1	53.9	52.0	50.6	47.9	42.9	39.9	34.7	30.5	27.9	24.6	18.1	7.1	1.2		2.3	7.3	8.9	15.8	17.6
Brancaster	2.27		69.4	64.7	60.8	59.4	56.2	54.3	52.9	50.2	45.2	42.2	36.9	32.8	30.1	26.9	20.4	9.3	3.4	2.3		5.0	6.7	13.5	15.3
Titchwell Marsh	5.03		74.4	69.7	65.8	64.4	61.2	59.3	57.9	55.2	50.2	47.2	42.0	37.8	35.2	31.9	25.4	14.4	8.5	7.3	5.0		1.6	8.5	10.3
Thornham	1.62		76.1	71.3	67.4	66.0	62.9	60.9	59.5	56.8	51.9	48.9	43.6	39.4	36.8	33.5	27.0	16.0	10.1	8.9	6.7	1.6		6.9	8.6
Old Hunstanton	6.46	0.42	82.9	78.2	74.3	72.9	69.7	67.8	66.4	63.7	58.7	55.7	50.5	46.3	43.7	40.4	33.9	22.9	17.0	15.8	13.5	8.5	6.9		2.6
Hunstanton	2.17		84.7	80.0	76.1	74.7	71.5	69.5	68.1	65.4	60.5	57.5	52.2	48.0	45.4	42.2	35.7	24.6	18.7	17.6	15.3	10.3	8.6	2.6	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
95 — Wells-next-the-Sea to Boston

km	km on route	km to stop if >200m	Wells-next-the-Sea	Burnham Overy Staithe	Burnham Deepdale	Brancaster Staithe	Brancaster	Titchwell Marsh	Thornham	Old Hunstanton	Hunstanton	Heacham	Station Road	Dersingham	Babingley	North Wootton	South Wootton	Edward Benefer Way	Lynnsport	Long Pond	**Kings Lynn**	Free Bridge	West Lynn Ferry	Sutton Bridge	Boston Barrier	**Boston**
Wells-next-the-Sea				11.0	17.0	18.1	20.4	25.4	27.0	33.9	35.7	40.1	49.3	50.3	55.4	60.3	61.3	62.7	64.0	65.1	66.2	68.8	70.8	92.6	140.1	141.6
Burnham Overy Staithe	11.04		11.0		5.9	7.1	9.3	14.4	16.0	22.9	24.6	29.1	38.2	39.2	44.4	49.2	50.3	51.6	53.0	54.0	55.1	57.8	59.8	81.6	129.1	130.5
Burnham Deepdale	5.91		17.0	5.9		1.2	3.4	8.5	10.1	17.0	18.7	23.2	32.3	33.3	38.5	43.3	44.3	45.7	47.0	48.1	49.2	51.9	53.9	75.7	123.2	124.6
Brancaster Staithe	1.16		18.1	7.1	1.2		2.3	7.3	8.9	15.8	17.6	22.0	31.2	32.2	37.3	42.2	43.2	44.6	45.9	47.0	48.1	50.7	52.7	74.5	122.0	123.5
Brancaster	2.27		20.4	9.3	3.4	2.3		5.0	6.7	13.5	15.3	19.8	28.9	29.9	35.0	39.9	40.9	42.3	43.6	44.7	45.8	48.4	50.4	72.3	119.7	121.2
Titchwell Marsh	5.03		25.4	14.4	8.5	7.3	5.0		1.6	8.5	10.3	14.7	23.9	24.9	30.0	34.9	35.9	37.3	38.6	39.7	40.8	43.4	45.4	67.2	114.7	116.2
Thornham	1.62		27.0	16.0	10.1	8.9	6.7	1.6		6.9	8.6	13.1	22.2	23.2	28.4	33.3	34.3	35.6	37.0	38.0	39.2	41.8	43.8	65.6	113.1	114.5
Old Hunstanton	6.46	0.42	33.9	22.9	17.0	15.8	13.5	8.5	6.9		2.6	7.1	16.2	17.2	22.4	27.2	28.2	29.6	30.9	32.0	33.1	35.8	37.8	59.6	107.0	108.5
Hunstanton	2.17		35.7	24.6	18.7	17.6	15.3	10.3	8.6	2.6		4.5	13.6	14.6	19.8	24.6	25.6	27.0	28.3	29.4	30.5	33.2	35.2	57.0	104.4	105.9
Heacham	3.56	0.92	40.1	29.1	23.2	22.0	19.8	14.7	13.1	7.1	4.5		11.0	12.0	17.1	22.0	23.0	24.4	25.7	26.8	27.9	30.5	32.5	54.3	101.8	103.3
Station Road	10.05		49.3	38.2	32.3	31.2	28.9	23.9	22.2	16.2	13.6	11.0		1.0	6.2	11.0	12.0	13.4	14.7	15.8	16.9	19.6	21.6	43.4	90.8	92.3
Dersingham	0.99		50.3	39.2	33.3	32.2	29.9	24.9	23.2	17.2	14.6	12.0	1.0		5.2	10.0	11.0	12.4	13.7	14.8	15.9	18.6	20.6	42.4	89.8	91.3
Babingley	5.16		55.4	44.4	38.5	37.3	35.0	30.0	28.4	22.4	19.8	17.1	6.2	5.2		4.9	5.9	7.2	8.6	9.6	10.8	13.4	15.4	37.2	84.7	86.1
North Wootton	4.86		60.3	49.2	43.3	42.2	39.9	34.9	33.3	27.2	24.6	22.0	11.0	10.0	4.9		1.0	2.4	3.7	4.8	5.9	8.5	10.5	32.4	79.8	81.3
South Wootton	1.01		61.3	50.3	44.3	43.2	40.9	35.9	34.3	28.2	25.6	23.0	12.0	11.0	5.9	1.0		1.4	2.7	3.8	4.9	7.5	9.5	31.4	78.8	80.3
Edward Benefer Way	1.37		62.7	51.6	45.7	44.6	42.3	37.3	35.6	29.6	27.0	24.4	13.4	12.4	7.2	2.4	1.4		1.3	2.4	3.5	6.2	8.2	30.0	77.4	78.9
Lynnsport	1.33		64.0	53.0	47.0	45.9	43.6	38.6	37.0	30.9	28.3	25.7	14.7	13.7	8.6	3.7	2.7	1.3		1.1	2.2	4.8	6.8	28.7	76.1	77.6
Long Pond	1.07		65.1	54.0	48.1	47.0	44.7	39.7	38.0	32.0	29.4	26.8	15.8	14.8	9.6	4.8	3.8	2.4	1.1		1.1	3.8	5.8	27.6	75.0	76.5
Kings Lynn	1.12		66.2	55.1	49.2	48.1	45.8	40.8	39.2	33.1	30.5	27.9	16.9	15.9	10.8	5.9	4.9	3.5	2.2	1.1		2.6	4.6	26.5	73.9	75.4
Free Bridge	2.64		68.8	57.8	51.9	50.7	48.4	43.4	41.8	35.8	33.2	30.5	19.6	18.6	13.4	8.5	7.5	6.2	4.8	3.8	2.6		2.0	23.8	71.3	72.7
West Lynn Ferry	2.00		70.8	59.8	53.9	52.7	50.4	45.4	43.8	37.8	35.2	32.5	21.6	20.6	15.4	10.5	9.5	8.2	6.8	5.8	4.6	2.0		21.8	69.3	70.7
Sutton Bridge	21.82		92.6	81.6	75.7	74.5	72.3	67.2	65.6	59.6	57.0	54.3	43.4	42.4	37.2	32.4	31.4	30.0	28.7	27.6	26.5	23.8	21.8		47.5	48.9
Boston Barrier	47.46		140.1	129.1	123.2	122.0	119.7	114.7	113.1	107.0	104.4	101.8	90.8	89.8	84.7	79.8	78.8	77.4	76.1	75.0	73.9	71.3	69.3	47.5		1.5
Boston	1.46		141.6	130.5	124.6	123.5	121.2	116.2	114.5	108.5	105.9	103.3	92.3	91.3	86.1	81.3	80.3	78.9	77.6	76.5	75.4	72.7	70.7	48.9	1.5	

© 2022greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
96 — Hunstanton to Ingoldmells

km	km on route	km to stop if >200m	Hunstanton	Heacham	Station Road	Dersingham	Babingley	North Wootton	South Wootton	Edward Benefer Way	Lynnsport	Long Pond	**Kings Lynn**	Free Bridge	West Lynn Ferry	Sutton Bridge	Boston Barrier	**Boston**	**Wainfleet**	**Havenhouse (rail only)**	**Skegness**	North Shore Road	Seathorne	Roman Bank	Sealands	Ingoldmells
Hunstanton				4.5	13.6	14.6	19.8	24.6	25.6	27.0	28.3	29.4	30.5	33.2	35.2	57.0	104.4	105.9	141.5	146.0	159.2	160.7	162.0	162.8	164.4	165.0
Heacham	3.56	0.92	4.5		11.0	12.0	17.1	22.0	23.0	24.4	25.7	26.8	27.9	30.5	32.5	54.3	101.8	103.3	138.9	143.4	156.6	158.1	159.4	160.2	161.8	162.4
Station Road	10.05		13.6	11.0		1.0	6.2	11.0	12.0	13.4	14.7	15.8	16.9	19.6	21.6	43.4	90.8	92.3	127.9	132.4	145.6	147.1	148.4	149.2	150.8	151.4
Dersingham	0.99		14.6	12.0	1.0		5.2	10.0	11.0	12.4	13.7	14.8	15.9	18.6	20.6	42.4	89.8	91.3	126.9	131.4	144.6	146.1	147.4	148.2	149.8	150.4
Babingley	5.16		19.8	17.1	6.2	5.2		4.9	5.9	7.2	8.6	9.6	10.8	13.4	15.4	37.2	84.7	86.1	121.7	126.2	139.4	141.0	142.2	143.1	144.7	145.3
North Wootton	4.86		24.6	22.0	11.0	10.0	4.9		1.0	2.4	3.7	4.8	5.9	8.5	10.5	32.4	79.8	81.3	116.9	121.4	134.6	136.1	137.4	138.2	139.8	140.4
South Wootton	1.01		25.6	23.0	12.0	11.0	5.9	1.0		1.4	2.7	3.8	4.9	7.5	9.5	31.4	78.8	80.3	115.9	120.4	133.6	135.1	136.4	137.2	138.8	139.4
Edward Benefer Way	1.37		27.0	24.4	13.4	12.4	7.2	2.4	1.4		1.3	2.4	3.5	6.2	8.2	30.0	77.4	78.9	114.5	119.0	132.2	133.7	135.0	135.8	137.4	138.0
Lynnsport	1.33		28.3	25.7	14.7	13.7	8.6	3.7	2.7	1.3		1.1	2.2	4.8	6.8	28.7	76.1	77.6	113.2	117.7	130.9	132.4	133.7	134.5	136.1	136.7
Long Pond	1.07		29.4	26.8	15.8	14.8	9.6	4.8	3.8	2.4	1.1		1.1	3.8	5.8	27.6	75.0	76.5	112.1	116.6	129.8	131.3	132.6	133.4	135.0	135.6
Kings Lynn	1.12		30.5	27.9	16.9	15.9	10.8	5.9	4.9	3.5	2.2	1.1		2.6	4.6	26.5	73.9	75.4	111.0	115.5	128.7	130.2	131.5	132.3	133.9	134.5
Free Bridge	2.64		33.2	30.5	19.6	18.6	13.4	8.5	7.5	6.2	4.8	3.8	2.6		2.0	23.8	71.3	72.7	108.3	112.8	126.0	127.6	128.8	129.7	131.3	131.9
West Lynn Ferry	2.00		35.2	32.5	21.6	20.6	15.4	10.5	9.5	8.2	6.8	5.8	4.6	2.0		21.8	69.3	70.7	106.3	110.8	124.0	125.6	126.8	127.7	129.3	129.9
Sutton Bridge	21.82		57.0	54.3	43.4	42.4	37.2	32.4	31.4	30.0	28.7	27.6	26.5	23.8	21.8		47.5	48.9	84.5	89.0	102.2	103.8	105.0	105.9	107.4	108.1
Boston Barrier	47.46		104.4	101.8	90.8	89.8	84.7	79.8	78.8	77.4	76.1	75.0	73.9	71.3	69.3	47.5		1.5	37.1	41.6	54.8	56.3	57.6	58.4	60.0	60.6
Boston	1.46		105.9	103.3	92.3	91.3	86.1	81.3	80.3	78.9	77.6	76.5	75.4	72.7	70.7	48.9	1.5		35.6	40.1	53.3	54.8	56.1	56.9	58.5	59.1
Wainfleet	35.60		141.5	138.9	127.9	126.9	121.7	116.9	115.9	114.5	113.2	112.1	111.0	108.3	106.3	84.5	37.1	35.6		4.5	17.7	19.2	20.5	21.3	22.9	23.5
Havenhouse (rail only)	4.49		146.0	143.4	132.4	131.4	126.2	121.4	120.4	119.0	117.7	116.6	115.5	112.8	110.8	89.0	41.6	40.1	4.5		13.2	14.8	16.0	16.9	18.4	19.0
Skegness	13.20		159.2	156.6	145.6	144.6	139.4	134.6	133.6	132.2	130.9	129.8	128.7	126.0	124.0	102.2	54.8	53.3	17.7	13.2		1.6	2.8	3.7	5.2	5.8
North Shore Road	1.55		160.7	158.1	147.1	146.1	141.0	136.1	135.1	133.7	132.4	131.3	130.2	127.6	125.6	103.8	56.3	54.8	19.2	14.8	1.6		1.3	2.1	3.7	4.3
Seathorne	1.25		162.0	159.4	148.4	147.4	142.2	137.4	136.4	135.0	133.7	132.6	131.5	128.8	126.8	105.0	57.6	56.1	20.5	16.0	2.8	1.3		0.8	2.4	3.0
Roman Bank	0.85		162.8	160.2	149.2	148.2	143.1	138.2	137.2	135.8	134.5	133.4	132.3	129.7	127.7	105.9	58.4	56.9	21.3	16.9	3.7	2.1	0.8		1.6	2.2
Sealands	1.58		164.4	161.8	150.8	149.8	144.7	139.8	138.8	137.4	136.1	135.0	133.9	131.3	129.3	107.4	60.0	58.5	22.9	18.4	5.2	3.7	2.4	1.6		0.6
Ingoldmells	0.61		165.0	162.4	151.4	150.4	145.3	140.4	139.4	138.0	136.7	135.6	134.5	131.9	129.9	108.1	60.6	59.1	23.5	19.0	5.8	4.3	3.0	2.2	0.6	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
97 — Boston to Cleethorpes

km	km on route	km to stop if >200m	Boston	Wainfleet	Havenhouse (rail only)	Skegness	North Shore Road	Seathorne	Roman Bank	Sealands	Ingoldmells	Vickers Point	Trunch Lane	Chapel St Leonards	Chapel Point	Anderby Creek	Huttoft Bank	Sandilands	Sutton on Sea	Trusthorpe	Mablethorpe	Links Avenue	Saltfleet	North Somercotes	Cleethorpes Leisure Centre	**Cleethorpes**
Boston				35.6	40.1	53.3	54.8	56.1	56.9	58.5	59.1	60.1	61.9	62.9	64.0	67.7	68.9	72.3	73.9	75.4	77.4	78.6	88.5	94.2	113.3	114.5
Wainfleet	35.60		35.6		4.5	17.7	19.2	20.5	21.3	22.9	23.5	24.5	26.3	27.3	28.4	32.1	33.3	36.7	38.3	39.8	41.8	43.0	52.9	58.6	77.7	78.9
Havenhouse (rail only)	4.49		40.1	4.5		13.2	14.8	16.0	16.9	18.4	19.0	20.0	21.8	22.8	23.9	27.6	28.8	32.2	33.8	35.3	37.3	38.5	48.4	54.1	73.2	74.5
Skegness	13.20		53.3	17.7	13.2		1.6	2.8	3.7	5.2	5.8	6.8	8.6	9.6	10.7	14.4	15.6	19.0	20.6	22.1	24.1	25.3	35.2	40.9	60.0	61.3
North Shore Road	1.55		54.8	19.2	14.8	1.6		1.3	2.1	3.7	4.3	5.3	7.1	8.0	9.2	12.9	14.0	17.4	19.1	20.6	22.6	23.8	33.6	39.4	58.5	59.7
Seathorne	1.25		56.1	20.5	16.0	2.8	1.3		0.9	2.4	3.0	4.0	5.8	6.8	7.9	11.6	12.8	16.2	17.8	19.3	21.3	22.5	32.4	38.1	57.2	58.5
Roman Bank	0.85		56.9	21.3	16.9	3.7	2.1	0.9		1.6	2.2	3.2	4.9	5.9	7.1	10.8	11.9	15.3	17.0	18.5	20.5	21.7	31.5	37.3	56.4	57.6
Sealands	1.58		58.5	22.9	18.4	5.2	3.7	2.4	1.6		0.6	1.6	3.4	4.3	5.5	9.2	10.4	13.8	15.4	16.9	18.9	20.1	29.9	35.7	54.8	56.0
Ingoldmells	0.61		59.1	23.5	19.0	5.8	4.3	3.0	2.2	0.6		1.0	2.8	3.7	4.9	8.6	9.7	13.2	14.8	16.3	18.3	19.5	29.3	35.1	54.2	55.4
Vickers Point	1.00		60.1	24.5	20.0	6.8	5.3	4.0	3.2	1.6	1.0		1.8	2.7	3.9	7.6	8.7	12.2	13.8	15.3	17.3	18.5	28.3	34.1	53.2	54.4
Trunch Lane	1.37	0.39	61.9	26.3	21.8	8.6	7.1	5.8	4.9	3.4	2.8	1.8		1.8	2.9	6.6	7.8	11.2	12.8	14.3	16.3	17.5	27.3	33.1	52.2	53.4
Chapel St Leonards	1.36		62.9	27.3	22.8	9.6	8.0	6.8	5.9	4.3	3.7	2.7	1.8		1.1	4.9	6.0	9.4	11.0	12.6	14.5	15.8	25.6	31.3	50.4	51.7
Chapel Point	1.14		64.0	28.4	23.9	10.7	9.2	7.9	7.1	5.5	4.9	3.9	2.9	1.1		3.7	4.9	8.3	9.9	11.4	13.4	14.6	24.5	30.2	49.3	50.5
Anderby Creek	3.10	0.63	67.7	32.1	27.6	14.4	12.9	11.6	10.8	9.2	8.6	7.6	6.6	4.9	3.7		2.4	5.8	7.4	8.9	10.9	12.1	22.0	27.7	46.8	48.1
Huttoft Bank	1.78		68.9	33.3	28.8	15.6	14.0	12.8	11.9	10.4	9.7	8.7	7.8	6.0	4.9	2.4		3.4	5.0	6.5	8.5	9.7	19.6	25.3	44.4	45.7
Sandilands	3.40		72.3	36.7	32.2	19.0	17.4	16.2	15.3	13.8	13.2	12.2	11.2	9.4	8.3	5.8	3.4		1.6	3.1	5.1	6.3	16.2	21.9	41.0	42.3
Sutton on Sea	1.62		73.9	38.3	33.8	20.6	19.1	17.8	17.0	15.4	14.8	13.8	12.8	11.0	9.9	7.4	5.0	1.6		1.5	3.5	4.7	14.6	20.3	39.4	40.6
Trusthorpe	1.51		75.4	39.8	35.3	22.1	20.6	19.3	18.5	16.9	16.3	15.3	14.3	12.6	11.4	8.9	6.5	3.1	1.5		2.0	3.2	13.0	18.8	37.9	39.1
Mablethorpe	1.99		77.4	41.8	37.3	24.1	22.6	21.3	20.5	18.9	18.3	17.3	16.3	14.5	13.4	10.9	8.5	5.1	3.5	2.0		1.2	11.1	16.8	35.9	37.1
Links Avenue	1.21		78.6	43.0	38.5	25.3	23.8	22.5	21.7	20.1	19.5	18.5	17.5	15.8	14.6	12.1	9.7	6.3	4.7	3.2	1.2		9.8	15.6	34.7	35.9
Saltfleet	9.84		88.5	52.9	48.4	35.2	33.6	32.4	31.5	29.9	29.3	28.3	27.3	25.6	24.5	22.0	19.6	16.2	14.6	13.0	11.1	9.8		5.8	24.9	26.1
North Somercotes	5.75		94.2	58.6	54.1	40.9	39.4	38.1	37.3	35.7	35.1	34.1	33.1	31.3	30.2	27.7	25.3	21.9	20.3	18.8	16.8	15.6	5.8		19.1	20.3
Cleethorpes Leisure Centre	19.10		113.3	77.7	73.2	60.0	58.5	57.2	56.4	54.8	54.2	53.2	52.2	50.4	49.3	46.8	44.4	41.0	39.4	37.9	35.9	34.7	24.9	19.1		1.2
Cleethorpes	1.24		114.5	78.9	74.5	61.3	59.7	58.5	57.6	56.0	55.4	54.4	53.4	51.7	50.5	48.1	45.7	42.3	40.6	39.1	37.1	35.9	26.1	20.3	1.2	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
98 — Sutton-on-Sea to Kingston-upon-Hull

km	km on route	km to stop if >200m	Sutton on Sea	Trusthorpe	Mablethorpe	Links Avenue	Saltfleet	North Somercotes	Cleethorpes Leisure Centre	**Cleethorpes**	Suggitts Lane	**New Clee**	Hainton Avenue	**Grimsby**	West Marsh	Great Coates	Meadow Farm	Healing Manor	**Stallingborough (rail only)**	Immingham	**New Holland (rail only)**	**Barrow Haven (rail only)**	Barton Haven	**Hessle (rail only)**	**Kingston-upon-Hull**
Sutton on Sea					1.5	3.5	4.7	14.6	20.3	39.4	40.6	41.8	44.1	45.5	46.7	48.5	51.1	52.4	53.4	55.4	60.3	82.9	85.5	88.5	94.7
Trusthorpe	1.51				1.5	3.5	4.7	14.6	20.3	39.4	40.6	41.8	44.1	45.5	46.7	48.5	51.1	52.4	53.4	55.4	60.3	82.9	85.5	88.5	94.7
Mablethorpe	1.99		1.5	1.5		2.0	3.2	13.0	18.8	37.9	39.1	40.2	42.6	44.0	45.2	47.0	49.6	50.9	51.9	53.9	58.8	81.4	84.0	86.9	93.2
Links Avenue	1.21		3.5	3.5	2.0		1.2	11.1	16.8	35.9	37.1	38.3	40.6	42.0	43.2	45.0	47.6	48.9	49.9	51.9	56.8	79.4	82.0	85.0	91.2
Saltfleet	9.84		4.7	4.7	3.2	1.2		9.8	15.6	34.7	35.9	37.0	39.4	40.8	42.0	43.8	46.4	47.7	48.7	50.7	55.6	78.2	80.8	83.7	90.0
North Somercotes	5.75		14.6	14.6	13.0	11.1	9.8		5.8	24.9	26.1	27.2	29.6	30.9	32.1	34.0	36.6	37.9	38.9	40.9	45.7	68.3	70.9	73.9	80.2
Cleethorpes Leisure Centre	19.10		20.3	20.3	18.8	16.8	15.6	5.8		19.1	20.3	21.5	23.8	25.2	26.4	28.2	30.8	32.1	33.1	35.1	40.0	62.6	65.2	68.2	74.4
Cleethorpes	1.24		39.4	39.4	37.9	35.9	34.7	24.9	19.1		1.2	2.4	4.7	6.1	7.3	9.1	11.7	13.0	14.0	16.0	20.9	43.5	46.1	49.1	55.3
Suggitts Lane	1.11		40.6	40.6	39.1	37.1	35.9	26.1	20.3	1.2		1.1	3.5	4.8	6.0	7.9	10.5	11.8	12.8	14.8	19.7	42.3	44.9	47.8	54.1
New Clee	2.37		41.8	41.8	40.2	38.3	37.0	27.2	21.5	2.4	1.1		2.4	3.7	4.9	6.8	9.4	10.7	11.7	13.7	18.5	41.1	43.7	46.7	53.0
Hainton Avenue	1.37		44.1	44.1	42.6	40.6	39.4	29.6	23.8	4.7	3.5	2.4		1.4	2.6	4.4	7.0	8.3	9.3	11.3	16.2	38.8	41.4	44.3	50.6
Grimsby	1.18		45.5	45.5	44.0	42.0	40.8	30.9	25.2	6.1	4.8	3.7	1.4		1.2	3.1	5.6	6.9	8.0	9.9	14.8	37.4	40.0	43.0	49.3
West Marsh	1.87		46.7	46.7	45.2	43.2	42.0	32.1	26.4	7.3	6.0	4.9	2.6	1.2		1.9	4.4	5.7	6.8	8.7	13.6	36.2	38.8	41.8	48.1
Great Coates	2.57		48.5	48.5	47.0	45.0	43.8	34.0	28.2	9.1	7.9	6.8	4.4	3.1	1.9		2.6	3.9	4.9	6.9	11.8	34.4	37.0	39.9	46.2
Meadow Farm	1.29		51.1	51.1	49.6	47.6	46.4	36.6	30.8	11.7	10.5	9.4	7.0	5.6	4.4	2.6		1.3	2.3	4.3	9.2	31.8	34.4	37.3	43.6
Healing Manor	1.04		52.4	52.4	50.9	48.9	47.7	37.9	32.1	13.0	11.8	10.7	8.3	6.9	5.7	3.9	1.3		1.0	3.0	7.9	30.5	33.1	36.1	42.3
Stallingborough (rail only)	1.97		53.4	53.4	51.9	49.9	48.7	38.9	33.1	14.0	12.8	11.7	9.3	8.0	6.8	4.9	2.3	1.0		2.0	6.9	29.5	32.1	35.0	41.3
Immingham	4.88		55.4	55.4	53.9	51.9	50.7	40.9	35.1	16.0	14.8	13.7	11.3	9.9	8.7	6.9	4.3	3.0	2.0		4.9	27.5	30.1	33.0	39.3
New Holland (rail only)	22.60		60.3	60.3	58.8	56.8	55.6	45.7	40.0	20.9	19.7	18.5	16.2	14.8	13.6	11.8	9.2	7.9	6.9	4.9		22.6	25.2	28.2	34.5
Barrow Haven (rail only)	2.60		82.9	82.9	81.4	79.4	78.2	68.3	62.6	43.5	42.3	41.1	38.8	37.4	36.2	34.4	31.8	30.5	29.5	27.5	22.6		2.6	5.6	11.9
Barton Haven	2.96		85.5	85.5	84.0	82.0	80.8	70.9	65.2	46.1	44.9	43.7	41.4	40.0	38.8	37.0	34.4	33.1	32.1	30.1	25.2	2.6		3.0	9.3
Hessle (rail only)	6.29		88.5	88.5	86.9	85.0	83.7	73.9	68.2	49.1	47.8	46.7	44.3	43.0	41.8	39.9	37.3	36.1	35.0	33.0	28.2	5.6	3.0		6.3
Kingston-upon-Hull	7.40		94.7	94.7	93.2	91.2	90.0	80.2	74.4	55.3	54.1	53.0	50.6	49.3	48.1	46.2	43.6	42.3	41.3	39.3	34.5	11.9	9.3	6.3	

© 2022 coastwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
99 — Cleethorpes to Paull

km	km on route	km to stop if >200m	Cleethorpes	Suggitts Lane	New Clee	Hainton Avenue	Grimsby	West Marsh	Great Coates	Meadow Farm	Healing Manor	Stallingborough (rail only)	Immingham	New Holland (rail only)	Barrow Haven (rail only)	Barton Haven	Hessle (rail only)	Kingston-upon-Hull	Victoria Dock	Alexandra Dock West	Alexandra Dock East	Queen Elizabeth Dock	Somerden Road	Salt End Lane	Heddon Haven	Paull
Cleethorpes				1.1	3.5	4.9	6.0	7.9	10.5	11.8	12.8	14.8	19.7	42.3	44.9	47.8	54.1	61.5	62.7	64.3	65.9	68.7	69.8	70.9	73.5	74.1
Suggitts Lane	1.11		1.1		2.4	3.7	4.9	6.8	9.4	10.7	11.7	13.7	18.5	41.1	43.7	46.7	53.0	60.4	61.6	63.2	64.7	67.6	68.7	69.8	72.4	73.0
New Clee	2.37		3.5	2.4		1.4	2.6	4.4	7.0	8.3	9.3	11.3	16.2	38.8	41.4	44.3	50.6	58.0	59.3	60.8	62.4	65.2	66.3	67.4	70.1	70.6
Hainton Avenue	1.37		4.9	3.7	1.4		1.2	3.1	5.6	6.9	8.0	9.9	14.8	37.4	40.0	43.0	49.3	56.7	57.9	59.5	61.0	63.8	64.9	66.0	68.7	69.3
Grimsby	1.18		6.0	4.9	2.6	1.2		1.9	4.4	5.7	6.8	8.7	13.6	36.2	38.8	41.8	48.1	55.5	56.7	58.3	59.8	62.7	63.7	64.8	67.5	68.1
West Marsh	1.87		7.9	6.8	4.4	3.1	1.9		2.6	3.9	4.9	6.9	11.8	34.4	37.0	39.9	46.2	53.6	54.8	56.4	58.0	60.8	61.9	63.0	65.6	66.2
Great Coates	2.57		10.5	9.4	7.0	5.6	4.4	2.6		1.3	2.3	4.3	9.2	31.8	34.4	37.3	43.6	51.0	52.3	53.9	55.4	58.2	59.3	60.4	63.1	63.6
Meadow Farm	1.29		11.8	10.7	8.3	6.9	5.7	3.9	1.3		1.0	3.0	7.9	30.5	33.1	36.1	42.3	49.7	51.0	52.6	54.1	56.9	58.0	59.1	61.8	62.3
Healing Manor	1.04		12.8	11.7	9.3	8.0	6.8	4.9	2.3	1.0		2.0	6.9	29.5	32.1	35.0	41.3	48.7	49.9	51.5	53.1	55.9	57.0	58.1	60.7	61.3
Stallingborough (rail only)	1.97		14.8	13.7	11.3	9.9	8.7	6.9	4.3	3.0	2.0		4.9	27.5	30.1	33.0	39.3	46.7	48.0	49.6	51.1	53.9	55.0	56.1	58.8	59.3
Immingham	4.88		19.7	18.5	16.2	14.8	13.6	11.8	9.2	7.9	6.9	4.9		22.6	25.2	28.2	34.5	41.9	43.1	44.7	46.2	49.0	50.1	51.2	53.9	54.5
New Holland (rail only)	22.60		42.3	41.1	38.8	37.4	36.2	34.4	31.8	30.5	29.5	27.5	22.6		2.6	5.6	11.9	19.3	20.5	22.1	23.6	26.4	27.5	28.6	31.3	31.9
Barrow Haven (rail only)	2.60		44.9	43.7	41.4	40.0	38.8	37.0	34.4	33.1	32.1	30.1	25.2	2.6		3.0	9.3	16.7	17.9	19.5	21.0	23.8	24.9	26.0	28.7	29.3
Barton Haven	2.96		47.8	46.7	44.3	43.0	41.8	39.9	37.3	36.1	35.0	33.0	28.2	5.6	3.0		6.3	13.7	14.9	16.5	18.0	20.9	22.0	23.1	25.7	26.3
Hessle (rail only)	6.29		54.1	53.0	50.6	49.3	48.1	46.2	43.6	42.3	41.3	39.3	34.5	11.9	9.3	6.3		7.4	8.6	10.2	11.8	14.6	15.7	16.8	19.4	20.0
Kingston-upon-Hull	7.40		61.5	60.4	58.0	56.7	55.5	53.6	51.0	49.7	48.7	46.7	41.9	19.3	16.7	13.7	7.4		1.2	2.8	4.4	7.2	8.3	9.4	12.0	12.6
Victoria Dock	1.24		62.7	61.6	59.3	57.9	56.7	54.8	52.3	51.0	49.9	48.0	43.1	20.5	17.9	14.9	8.6	1.2		1.6	3.1	5.9	7.0	8.1	10.8	11.4
Alexandra Dock West	1.58		64.3	63.2	60.8	59.5	58.3	56.4	53.9	52.6	51.5	49.6	44.7	22.1	19.5	16.5	10.2	2.8	1.6		1.5	4.4	5.4	6.6	9.2	9.8
Alexandra Dock East	1.53		65.9	64.7	62.4	61.0	59.8	58.0	55.4	54.1	53.1	51.1	46.2	23.6	21.0	18.0	11.8	4.4	3.1	1.5		2.8	3.9	5.0	7.7	8.3
Queen Elizabeth Dock	2.83		68.7	67.6	65.2	63.8	62.7	60.8	58.2	56.9	55.9	53.9	49.0	26.4	23.8	20.9	14.6	7.2	5.9	4.4	2.8		1.1	2.2	4.9	5.4
Somerden Road	1.08		69.8	68.7	66.3	64.9	63.7	61.9	59.3	58.0	57.0	55.0	50.1	27.5	24.9	22.0	15.7	8.3	7.0	5.4	3.9	1.1		1.1	3.8	4.3
Salt End Lane	1.11		70.9	69.8	67.4	66.0	64.8	63.0	60.4	59.1	58.1	56.1	51.2	28.6	26.0	23.1	16.8	9.4	8.1	6.6	5.0	2.2	1.1		2.7	3.2
Heddon Haven	1.03	1.63	73.5	72.4	70.1	68.7	67.5	65.6	63.1	61.8	60.7	58.8	53.9	31.3	28.7	25.7	19.4	12.0	10.8	9.2	7.7	4.9	3.8	2.7		3.8
Paull	2.20		74.1	73.0	70.6	69.3	68.1	66.2	63.6	62.3	61.3	59.3	54.5	31.9	29.3	26.3	20.0	12.6	11.4	9.8	8.3	5.4	4.3	3.2	3.8	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
100 — New Holland to Hornsea

km	km on route	km to stop if >200m	New Holland (rail only)	Barrow Haven (rail only)	Barton Haven	Hessle (rail only)	Kingston-upon-Hull	Victoria Dock	Alexandra Dock West	Alexandra Dock East	Queen Elizabeth Dock	Somerden Road	Salt End Lane	Heddon Haven	Paull	Thorney Crofts track	Patrington Channel	Humber Farm track	Skeffling Clough	Easington	Holmpton	Withernsea	Sand le Mere	Tunstall	Aldbrough	Southgate	Hornsea
New Holland (rail only)				7.4	8.6	10.2	11.8	14.6	15.7	16.8	17.8	20.0	26.9	44.9	45.4	53.7	76.0	80.0	84.8	87.5	89.5	99.5	114.8	116.2	115.4	115.4	115.4
Barrow Haven (rail only)	2.60		7.4		1.2	2.8	4.4	7.2	8.3	9.4	10.4	12.6	19.5	37.5	38.0	46.3	68.6	72.6	77.4	80.1	82.1	92.1	107.4	108.8	108.0	108.0	108.0
Barton Haven	2.96		8.6	1.2		1.6	3.1	5.9	7.0	8.1	9.2	11.4	18.3	36.3	36.7	45.0	67.3	71.3	76.1	78.9	80.9	90.8	106.2	107.5	106.7	106.7	106.7
Hessle (rail only)	6.29		10.2	2.8	1.6		1.5	4.4	5.4	6.6	7.6	9.8	16.7	34.7	35.2	43.5	65.7	69.8	74.5	77.3	79.3	89.2	104.6	105.9	105.1	105.1	105.1
Kingston-upon-Hull	7.40		11.8	4.4	3.1	1.5		2.8	3.9	5.0	6.1	8.3	15.1	33.2	33.6	41.9	64.2	68.2	73.0	75.8	77.8	87.7	103.1	104.4	103.6	103.6	103.6
Victoria Dock	1.24		14.6	7.2	5.9	4.4	2.8		1.1	2.2	3.2	5.4	12.3	30.3	30.8	39.1	61.4	65.4	70.2	72.9	75.0	84.9	100.3	101.6	100.8	100.8	100.8
Alexandra Dock West	1.58		15.7	8.3	7.0	5.4	3.9	1.1		1.1	2.1	4.3	11.2	29.2	29.7	38.0	60.3	64.3	69.1	71.9	73.9	83.8	99.2	100.5	99.7	99.7	99.7
Alexandra Dock East	1.53		16.8	9.4	8.1	6.6	5.0	2.2	1.1		1.0	3.2	10.1	28.1	28.6	36.9	59.2	63.2	68.0	70.7	72.8	82.7	98.1	99.4	98.6	98.6	98.6
Queen Elizabeth Dock	2.83		17.8	10.4	9.2	7.6	6.1	3.2	2.1	1.0		2.2	9.1	27.1	27.6	35.9	58.2	62.2	67.0	69.7	71.7	81.7	97.0	98.4	97.6	97.6	97.6
Somerden Road	1.08		20.0	12.6	11.4	9.8	8.3	5.4	4.3	3.2	2.2		6.9	24.9	25.4	33.7	56.0	60.0	64.8	67.5	69.5	79.5	94.8	96.2	95.4	95.4	95.4
Salt End Lane	1.11		26.9	19.5	18.3	16.7	15.1	12.3	11.2	10.1	9.1	6.9		18.0	18.5	26.8	49.1	53.1	57.9	60.6	62.6	72.6	87.9	89.3	88.5	88.5	88.5
Heddon Haven	1.03	1.63	44.9	37.5	36.3	34.7	33.2	30.3	29.2	28.1	27.1	24.9	18.0		3.7	12.0	34.3	38.3	43.1	45.9	47.9	57.8	73.2	74.5	73.7	73.7	73.7
Paull	2.20		45.4	38.0	36.7	35.2	33.6	30.8	29.7	28.6	27.6	25.4	18.5	3.7		8.3	30.6	34.6	39.4	42.1	44.2	54.1	69.5	70.8	70.0	70.0	70.0
Thorney Crofts track	6.89	5.10	53.7	46.3	45.0	43.5	41.9	39.1	38.0	36.9	35.9	33.7	26.8	12.0	8.3		32.5	36.5	41.3	44.0	46.1	56.0	71.4	72.7	71.9	71.9	71.9
Patrington Channel	16.38	4.71	76.0	68.6	67.3	65.7	64.2	61.4	60.3	59.2	58.2	56.0	49.1	34.3	30.6	32.5		13.5	18.2	21.0	23.0	32.9	48.3	49.6	48.8	48.8	48.8
Humber Farm track	2.11	2.14	80.0	72.6	71.3	69.8	68.2	65.4	64.3	63.2	62.2	60.0	53.1	38.3	34.6	36.5	13.5		9.1	11.8	13.8	23.8	39.1	40.5	39.7	39.7	39.7
Skeffling Clough	3.19	1.33	84.8	77.4	76.1	74.5	73.0	70.2	69.1	68.0	67.0	64.8	57.9	43.1	39.4	41.3	18.2	9.1		5.4	7.4	17.4	32.7	34.1	33.3	33.3	33.3
Easington	22.67		87.5	80.1	78.9	77.3	75.8	72.9	71.9	70.7	69.7	67.5	60.6	45.9	42.1	44.0	21.0	11.8	5.4		2.0	12.0	27.3	28.6	27.9	27.9	27.9
Holmpton	6.60	0.94	89.5	82.1	80.9	79.3	77.8	75.0	73.9	72.8	71.7	69.5	62.6	47.9	44.2	46.1	23.0	13.8	7.4	2.0		11.8	27.2	28.5	27.7	27.7	27.7
Withernsea	5.59		99.5	92.1	90.8	89.2	87.7	84.9	83.8	82.7	81.7	79.5	72.6	57.8	54.1	56.0	32.9	23.8	17.4	12.0	11.8		15.4	16.7	15.9	15.9	15.9
Sand le Mere	4.08	0.73	114.8	107.4	106.2	104.6	103.1	100.3	99.2	98.1	97.0	94.8	87.9	73.2	69.5	71.4	48.3	39.1	32.7	27.3	27.2	15.4		2.8	2.0	2.0	2.0
Tunstall	1.08	0.79	116.2	108.8	107.5	105.9	104.4	101.6	100.5	99.4	98.4	96.2	89.3	74.5	70.8	72.7	49.6	40.5	34.1	28.6	28.5	16.7	2.8		0.8	0.8	0.8
Aldbrough	10.87		115.4	108.0	106.7	105.1	103.6	100.8	99.7	98.6	97.6	95.4	88.5	73.7	70.0	71.9	48.8	39.7	33.3	27.9	27.7	15.9	2.0	0.8			
Southgate	14.64		115.4	108.0	106.7	105.1	103.6	100.8	99.7	98.6	97.6	95.4	88.5	73.7	70.0	71.9	48.8	39.7	33.3	27.9	27.7	15.9	2.0	0.8			
Hornsea	1.26		115.4	108.0	106.7	105.1	103.6	100.8	99.7	98.6	97.6	95.4	88.5	73.7	70.0	71.9	48.8	39.7	33.3	27.9	27.7	15.9	2.0	0.8			

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
101 — Hedon Haven to Bempton Cliffs

km	km on route	km to stop if >200m	Heddon Haven	Paull	Thorney Crofts track	Patrington Channel	Humber Farm track	Skeffling Clough	Easington	Holmpton	Withernsea	Sand le Mere	Tunstall	Aldbrough	Southgate	Hornsea	Atwick	Low Skirlington	Skipsea	Ulrome	**Bridlington**	Sewerby	South Landing	North Landing	**Bempton Cliffs**
Heddon Haven				2.2	14.2	30.2	29.7	32.1	53.4	61.0	65.6	70.4	71.6	81.7	96.3	97.6	101.9	104.2	105.7	108.3	119.7	122.6	127.3	132.8	141.1
Paull	2.20		2.2		12.0	28.0	27.5	29.9	51.2	58.8	63.4	68.2	69.4	79.5	94.1	95.4	99.7	102.0	103.5	106.1	117.5	120.4	125.1	130.6	138.9
Thorney Crofts track	6.89	5.10	14.2	12.0		26.2	25.7	28.1	49.5	57.0	61.6	66.5	67.6	77.7	92.3	93.6	97.9	100.2	101.7	104.3	115.7	118.6	123.3	128.8	137.1
Patrington Channel	16.38	4.71	30.2	28.0	26.2		9.0	11.3	32.7	40.2	44.9	49.7	50.8	60.9	75.5	76.8	81.1	83.4	85.0	87.5	99.0	101.8	106.5	112.0	120.3
Humber Farm track	2.11	2.14	29.7	27.5	25.7	9.0		6.7	28.0	35.5	40.2	45.0	46.1	56.2	70.9	72.1	76.4	78.7	80.3	82.9	94.3	97.1	101.8	107.3	115.6
Skeffling Clough	3.19	1.33	32.1	29.9	28.1	11.3	6.7		24.0	31.5	36.2	41.0	42.1	52.2	66.9	68.1	72.4	74.7	76.3	78.9	90.3	93.1	97.8	103.3	111.6
Easington	22.67		53.4	51.2	49.5	32.7	28.0	24.0		7.5	12.2	17.0	18.1	28.2	42.9	44.1	48.4	50.7	52.3	54.9	66.3	69.1	73.8	79.3	87.6
Holmpton	6.60	0.94	61.0	58.8	57.0	40.2	35.5	31.5	7.5		6.5	11.3	12.5	22.6	37.2	38.5	42.8	45.1	46.6	49.2	60.6	63.5	68.2	73.7	82.0
Withernsea	5.59		65.6	63.4	61.6	44.9	40.2	36.2	12.2	6.5		4.8	6.0	16.0	30.7	31.9	36.2	38.5	40.1	42.7	54.1	56.9	61.6	67.1	75.4
Sand le Mere	4.08	0.73	70.4	68.2	66.5	49.7	45.0	41.0	17.0	11.3	4.8		2.6	12.7	27.3	28.6	32.9	35.2	36.8	39.3	50.8	53.6	58.3	63.8	72.1
Tunstall	1.08	0.79	71.6	69.4	67.6	50.8	46.1	42.1	18.1	12.5	6.0	2.6		11.7	26.3	27.6	31.9	34.2	35.7	38.3	49.7	52.6	57.3	62.8	71.1
Aldbrough	10.87		81.7	79.5	77.7	60.9	56.2	52.2	28.2	22.6	16.0	12.7	11.7		14.6	15.9	20.2	22.5	24.1	26.6	38.1	40.9	45.6	51.1	59.4
Southgate	14.64		96.3	94.1	92.3	75.5	70.9	66.9	42.9	37.2	30.7	27.3	26.3	14.6		1.3	5.6	7.9	9.4	12.0	23.4	26.3	31.0	36.5	44.8
Hornsea	1.26		97.6	95.4	93.6	76.8	72.1	68.1	44.1	38.5	31.9	28.6	27.6	15.9	1.3		4.3	6.6	8.2	10.7	22.2	25.0	29.7	35.2	43.5
Atwick	3.70	0.61	101.9	99.7	97.9	81.1	76.4	72.4	48.4	42.8	36.2	32.9	31.9	20.2	5.6	4.3		3.5	5.1	7.6	19.1	21.9	26.6	32.1	40.4
Low Skirlington	1.96	0.93	104.2	102.0	100.2	83.4	78.7	74.7	50.7	45.1	38.5	35.2	34.2	22.5	7.9	6.6	3.5		3.4	6.0	17.4	20.3	25.0	30.5	38.8
Skipsea	2.51		105.7	103.5	101.7	85.0	80.3	76.3	52.3	46.6	40.1	36.8	35.7	24.1	9.4	8.2	5.1	3.4		2.6	14.0	16.8	21.5	27.0	35.3
Ulrome	2.56		108.3	106.1	104.3	87.5	82.9	78.9	54.9	49.2	42.7	39.3	38.3	26.6	12.0	10.7	7.6	6.0	2.6		11.4	14.3	19.0	24.5	32.8
Bridlington	11.44		119.7	117.5	115.7	99.0	94.3	90.3	66.3	60.6	54.1	50.8	49.7	38.1	23.4	22.2	19.1	17.4	14.0	11.4		2.8	7.5	13.0	21.3
Sewerby	2.82		122.6	120.4	118.6	101.8	97.1	93.1	69.1	63.5	56.9	53.6	52.6	40.9	26.3	25.0	21.9	20.3	16.8	14.3	2.8		4.7	10.2	18.5
South Landing	3.38	1.33	127.3	125.1	123.3	106.5	101.8	97.8	73.8	68.2	61.6	58.3	57.3	45.6	31.0	29.7	26.6	25.0	21.5	19.0	7.5	4.7		8.2	16.5
North Landing	6.83		132.8	130.6	128.8	112.0	107.3	103.3	79.3	73.7	67.1	63.8	62.8	51.1	36.5	35.2	32.1	30.5	27.0	24.5	13.0	10.2	8.2		8.3
Bempton Cliffs	5.71	2.59	141.1	138.9	137.1	120.3	115.6	111.6	87.6	82.0	75.4	72.1	71.1	59.4	44.8	43.5	40.4	38.8	35.3	32.8	21.3	18.5	16.5	8.3	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
102 — Hornsea to Runswick Bay

km	km on route	km to stop if >200m	Hornsea	Atwick	Low Skirlington	Skipsea	Ulrome	**Bridlington**	Sewerby	South Landing	North Landing	**Bempton Cliffs (rail only)**	Reighton Sands	Hunmanby Gap	Primrose Valley	**Filey**	Cayton Bay	Wheatcroft	**Scarborough**	Cloughton Wyke	Ravenscar	Robin Hood's Bay	Whitby	Sandfield House	Raithwaite Outfall	Sandsend	Runswick Bay
Hornsea				4.3	6.6	8.2	10.7	22.2	25.0	29.7	35.2	43.5	49.5	50.8	52.4	53.4	63.1	67.0	69.0	80.1	87.8	93.8	104.6	107.3	108.3	109.9	118.3
Atwick	3.70	0.61	4.3		3.5	5.1	7.6	19.1	21.9	26.6	32.1	40.4	46.5	47.7	49.3	50.3	60.1	63.9	65.9	77.0	84.7	90.7	101.5	104.2	105.2	106.8	115.3
Low Skirlington	1.96	0.93	6.6	3.5		3.4	6.0	17.4	20.3	25.0	30.5	38.8	44.8	46.0	47.6	48.6	58.4	62.3	64.3	75.3	83.0	89.1	99.9	102.6	103.5	105.1	113.6
Skipsea	2.51		8.2	5.1	3.4		2.6	14.0	16.8	21.5	27.0	35.3	41.4	42.6	44.2	45.2	55.0	58.8	60.9	71.9	79.6	85.7	96.4	99.2	100.1	101.7	110.2
Ulrome	2.56		10.7	7.6	6.0	2.6		11.4	14.3	19.0	24.5	32.8	38.8	40.0	41.6	42.6	52.4	56.3	58.3	69.3	77.0	83.1	93.9	96.6	97.5	99.1	107.6
Bridlington	11.44		22.2	19.1	17.4	14.0	11.4		2.8	7.5	13.0	21.3	27.4	28.6	30.2	31.2	41.0	44.8	46.9	57.9	65.6	71.7	82.4	85.2	86.1	87.7	96.2
Sewerby	2.82		25.0	21.9	20.3	16.8	14.3	2.8		4.7	10.2	18.5	24.6	25.8	27.4	28.4	38.2	42.0	44.0	55.1	62.8	68.8	79.6	82.3	83.3	84.9	93.4
South Landing	3.38	1.33	29.7	26.6	25.0	21.5	19.0	7.5	4.7		8.2	16.5	22.5	23.7	25.3	26.3	36.1	40.0	42.0	53.0	60.7	66.8	77.6	80.3	81.2	82.8	91.3
North Landing	6.83		35.2	32.1	30.5	27.0	24.5	13.0	10.2	8.2		8.3	14.3	15.6	17.2	18.2	27.9	31.8	33.8	44.9	52.6	58.6	69.4	72.1	73.1	74.7	83.1
Bempton Cliffs (rail only)	5.71	2.59	43.5	40.4	38.8	35.3	32.8	21.3	18.5	16.5	8.3		11.2	12.4	14.0	15.0	24.8	28.7	30.7	41.7	49.4	55.5	66.3	69.0	69.9	71.5	80.0
Reighton Sands	6.74	1.89	49.5	46.5	44.8	41.4	38.8	27.4	24.6	22.5	14.3	11.2		5.0	6.6	7.6	17.4	21.3	23.3	34.3	42.0	48.1	58.8	61.6	62.5	64.1	72.6
Hunmanby Gap	1.42	1.69	50.8	47.7	46.0	42.6	40.0	28.6	25.8	23.7	15.6	12.4	5.0		5.0	6.0	15.8	19.6	21.7	32.7	40.4	46.4	57.2	60.0	60.9	62.5	71.0
Primrose Valley	1.96	1.33	52.4	49.3	47.6	44.2	41.6	30.2	27.4	25.3	17.2	14.0	6.6	5.0		3.7	13.4	17.3	19.3	30.4	38.1	44.1	54.9	57.6	58.6	60.2	68.6
Filey	2.33		53.4	50.3	48.6	45.2	42.6	31.2	28.4	26.3	18.2	15.0	7.6	6.0	3.7		9.8	13.7	15.7	26.7	34.4	40.5	51.2	54.0	54.9	56.5	65.0
Cayton Bay	9.28	0.50	63.1	60.1	58.4	55.0	52.4	41.0	38.2	36.1	27.9	24.8	17.4	15.8	13.4	9.8		4.9	6.9	17.9	25.6	31.7	42.5	45.2	46.1	47.7	56.2
Wheatcroft	4.08	0.29	67.0	63.9	62.3	58.8	56.3	44.8	42.0	40.0	31.8	28.7	21.3	19.6	17.3	13.7	4.9		2.6	13.6	21.3	27.4	38.2	40.9	41.8	43.4	51.9
Scarborough	2.31		69.0	65.9	64.3	60.9	58.3	46.9	44.0	42.0	33.8	30.7	23.3	21.7	19.3	15.7	6.9	2.6		11.0	18.7	24.8	35.6	38.3	39.2	40.8	49.3
Cloughton Wyke	9.94	1.08	80.1	77.0	75.3	71.9	69.3	57.9	55.1	53.0	44.9	41.7	34.3	32.7	30.4	26.7	17.9	13.6	11.0		9.9	15.9	26.7	29.4	30.4	32.0	40.5
Ravenscar	8.79		87.8	84.7	83.0	79.6	77.0	65.6	62.8	60.7	52.6	49.4	42.0	40.4	38.1	34.4	25.6	21.3	18.7	9.9		6.1	16.8	19.6	20.5	22.1	30.6
Robin Hood's Bay	6.06		93.8	90.7	89.1	85.7	83.1	71.7	68.8	66.8	58.6	55.5	48.1	46.4	44.1	40.5	31.7	27.4	24.8	15.9	6.1		10.8	13.5	14.4	16.0	24.5
Whitby	10.77		104.6	101.5	99.9	96.4	93.9	82.4	79.6	77.6	69.4	66.3	58.8	57.2	54.9	51.2	42.5	38.2	35.6	26.7	16.8	10.8		2.7	3.7	5.3	13.8
Sandfield House	2.74		107.3	104.2	102.6	99.2	96.6	85.2	82.3	80.3	72.1	69.0	61.6	60.0	57.6	54.0	45.2	40.9	38.3	29.4	19.6	13.5	2.7		0.9	2.5	11.0
Raithwaite Outfall	0.93		108.3	105.2	103.5	100.1	97.5	86.1	83.3	81.2	73.1	69.9	62.5	60.9	58.6	54.9	46.1	41.8	39.2	30.4	20.5	14.4	3.7	0.9		1.6	10.1
Sandsend	1.59		109.9	106.8	105.1	101.7	99.1	87.7	84.9	82.8	74.7	71.5	64.1	62.5	60.2	56.5	47.7	43.4	40.8	32.0	22.1	16.0	5.3	2.5	1.6		8.5
Runswick Bay	8.49		118.3	115.3	113.6	110.2	107.6	96.2	93.4	91.3	83.1	80.0	72.6	71.0	68.6	65.0	56.2	51.9	49.3	40.5	30.6	24.5	13.8	11.0	10.1	8.5	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
103 — Bempton Cliffs to Redcar

km	km on route	km to stop if >200m	**Bempton Cliffs (rail only)**	Reighton Sands	Hunmanby Gap	Primrose Valley	**Filey**	Cayton Bay	Wheatcroft	**Scarborough**	Cloughton Wyke	Ravenscar	Robin Hood's Bay	**Whitby**	Sandfield House	Raithwaite Outfall	Sandsend	Runswick Bay	Port Mulgrave	Staithes	Boulby	Skinningrove	**Saltburn-by-the-Sea**	**Marske-by-the-Sea**	Green Lane	Zetland Park	**Redcar**
Bempton Cliffs (rail only)				8.6	9.9	11.5	12.5	22.2	26.1	28.1	39.1	46.9	52.9	63.7	66.4	67.4	68.9	77.4	80.7	83.7	85.4	90.4	96.3	100.1	102.1	103.3	104.5
Reighton Sands	6.74	1.89	8.6		5.0	6.6	7.6	17.4	21.3	23.3	34.3	42.0	48.1	58.8	61.6	62.5	64.1	72.6	75.8	78.9	80.5	85.6	91.4	95.3	97.3	98.5	99.7
Hunmanby Gap	1.42	1.69	9.9	5.0		5.0	6.0	15.8	19.6	21.7	32.7	40.4	46.4	57.2	60.0	60.9	62.5	71.0	74.2	77.3	78.9	83.9	89.8	93.6	95.6	96.8	98.0
Primrose Valley	1.96	1.33	11.5	6.6	5.0		3.7	13.4	17.3	19.3	30.4	38.1	44.1	54.9	57.6	58.6	60.2	68.6	71.9	74.9	76.6	81.6	87.5	91.3	93.3	94.5	95.7
Filey	2.33		12.5	7.6	6.0	3.7		9.8	13.7	15.7	26.7	34.4	40.5	51.2	54.0	54.9	56.5	65.0	68.2	71.3	72.9	78.0	83.8	87.7	89.7	90.9	92.1
Cayton Bay	9.28	0.50	22.2	17.4	15.8	13.4	9.8		4.9	6.9	17.9	25.6	31.7	42.5	45.2	46.1	47.7	56.2	59.4	62.5	64.1	69.2	75.0	78.9	80.9	82.1	83.3
Wheatcroft	4.08	0.29	26.1	21.3	19.6	17.3	13.7	4.9		2.6	13.6	21.3	27.4	38.2	40.9	41.8	43.4	51.9	55.1	58.2	59.9	64.9	70.7	74.6	76.6	77.8	79.0
Scarborough	2.31		28.1	23.3	21.7	19.3	15.7	6.9	2.6		11.0	18.7	24.8	35.6	38.3	39.2	40.8	49.3	52.5	55.6	57.3	62.3	68.1	72.0	74.0	75.2	76.4
Cloughton Wyke	9.94	1.08	39.1	34.3	32.7	30.4	26.7	17.9	13.6	11.0		9.9	15.9	26.7	29.4	30.4	32.0	40.5	43.7	46.7	48.4	53.4	59.3	63.1	65.1	66.3	67.5
Ravenscar	8.79		46.9	42.0	40.4	38.1	34.4	25.6	21.3	18.7	9.9		6.1	16.8	19.6	20.5	22.1	30.6	33.8	36.9	38.5	43.6	49.4	53.3	55.3	56.5	57.7
Robin Hood's Bay	6.06		52.9	48.1	46.4	44.1	40.5	31.7	27.4	24.8	15.9	6.1		10.8	13.5	14.4	16.0	24.5	27.7	30.8	32.5	37.5	43.4	47.2	49.2	50.4	51.6
Whitby	10.77		63.7	58.8	57.2	54.9	51.2	42.5	38.2	35.6	26.7	16.8	10.8		2.7	3.7	5.3	13.8	17.0	20.0	21.7	26.7	32.6	36.4	38.4	39.6	40.8
Sandfield House	2.74		66.4	61.6	60.0	57.6	54.0	45.2	40.9	38.3	29.4	19.6	13.5	2.7		0.9	2.5	11.0	14.2	17.3	19.0	24.0	29.8	33.7	35.7	36.9	38.1
Raithwaite Outfall	0.93		67.4	62.5	60.9	58.6	54.9	46.1	41.8	39.2	30.4	20.5	14.4	3.7	0.9		1.6	10.1	13.3	16.4	18.0	23.1	28.9	32.8	34.8	36.0	37.2
Sandsend	1.59		68.9	64.1	62.5	60.2	56.5	47.7	43.4	40.8	32.0	22.1	16.0	5.3	2.5	1.6		8.5	11.7	14.8	16.4	21.5	27.3	31.2	33.2	34.4	35.6
Runswick Bay	8.49		77.4	72.6	71.0	68.6	65.0	56.2	51.9	49.3	40.5	30.6	24.5	13.8	11.0	10.1	8.5		3.2	6.3	7.9	13.0	18.8	22.7	24.7	25.9	27.1
Port Mulgrave	2.48	0.74	80.7	75.8	74.2	71.9	68.2	59.4	55.1	52.5	43.7	33.8	27.7	17.0	14.2	13.3	11.7	3.2		4.5	6.2	11.2	17.1	20.9	22.9	24.1	25.3
Staithes	2.96	0.85	83.7	78.9	77.3	74.9	71.3	62.5	58.2	55.6	46.7	36.9	30.8	20.0	17.3	16.4	14.8	6.3	4.5		3.4	8.4	14.2	18.1	20.1	21.3	22.5
Boulby	2.27	0.23	85.4	80.5	78.9	76.6	72.9	64.1	59.9	57.3	48.4	38.5	32.5	21.7	19.0	18.0	16.4	7.9	6.2	3.4		5.5	11.4	15.2	17.2	18.4	19.6
Skinningrove	5.27		90.4	85.6	83.9	81.6	78.0	69.2	64.9	62.3	53.4	43.6	37.5	26.7	24.0	23.1	21.5	13.0	11.2	8.4	5.5		5.8	9.7	11.7	12.9	14.1
Saltburn-by-the-Sea	5.85		96.3	91.4	89.8	87.5	83.8	75.0	70.7	68.1	59.3	49.4	43.4	32.6	29.8	28.9	27.3	18.8	17.1	14.2	11.4	5.8		3.8	5.8	7.0	8.2
Marske-by-the-Sea	3.85		100.1	95.3	93.6	91.3	87.7	78.9	74.6	72.0	63.1	53.3	47.2	36.4	33.7	32.8	31.2	22.7	20.9	18.1	15.2	9.7	3.8		2.0	3.2	4.4
Green Lane	1.99		102.1	97.3	95.6	93.3	89.7	80.9	76.6	74.0	65.1	55.3	49.2	38.4	35.7	34.8	33.2	24.7	22.9	20.1	17.2	11.7	5.8	2.0		1.2	2.4
Zetland Park	1.20		103.3	98.5	96.8	94.5	90.9	82.1	77.8	75.2	66.3	56.5	50.4	39.6	36.9	36.0	34.4	25.9	24.1	21.3	18.4	12.9	7.0	3.2	1.2		1.2
Redcar	1.21		104.5	99.7	98.0	95.7	92.1	83.3	79.0	76.4	67.5	57.7	51.6	40.8	38.1	37.2	35.6	27.1	25.3	22.5	19.6	14.1	8.2	4.4	2.4	1.2	

© 2022greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
104 — Scarborough to Middlesbrough

km	km on route	km to stop if >200m	**Scarborough**	Cloughton Wyke	Ravenscar	Robin Hood's Bay	**Whitby**	Sandfield House	Raithwaite Outfall	Sandsend	Runswick Bay	Port Mulgrave	Staithes	Boulby	Skinningrove	**Saltburn-by-the-Sea**	**Marske-by-the-Sea**	Green Lane	Zetland Park	**Redcar**	Coatham	Dormanstown	Lord McGowan Bridge	**South Bank**	Cargo Fleet	Riverside stadium	**Middlesbrough**
Scarborough				11.0	18.7	24.8	35.6	38.3	39.2	40.8	49.3	52.5	55.6	57.3	62.3	68.1	72.0	74.0	75.2	76.4	77.5	81.2	82.4	86.6	89.1	90.3	91.1
Cloughton Wyke	9.94	1.08	11.0		9.9	15.9	26.7	29.4	30.4	32.0	40.5	43.7	46.7	48.4	53.4	59.3	63.1	65.1	66.3	67.5	68.7	72.4	73.5	77.8	80.2	81.4	82.2
Ravenscar	8.79		18.7	9.9		6.1	16.8	19.6	20.5	22.1	30.6	33.8	36.9	38.5	43.6	49.4	53.3	55.3	56.5	57.7	58.8	62.5	63.6	67.9	70.4	71.6	72.4
Robin Hood's Bay	6.06		24.8	15.9	6.1		10.8	13.5	14.4	16.0	24.5	27.7	30.8	32.5	37.5	43.4	47.2	49.2	50.4	51.6	52.7	56.5	57.6	61.9	64.3	65.5	66.3
Whitby	10.77		35.6	26.7	16.8	10.8		2.7	3.7	5.3	13.8	17.0	20.0	21.7	26.7	32.6	36.4	38.4	39.6	40.8	42.0	45.7	46.8	51.1	53.5	54.7	55.5
Sandfield House	2.74		38.3	29.4	19.6	13.5	2.7		0.9	2.5	11.0	14.2	17.3	19.0	24.0	29.8	33.7	35.7	36.9	38.1	39.2	42.9	44.1	48.3	50.8	52.0	52.8
Raithwaite Outfall	0.93		39.2	30.4	20.5	14.4	3.7	0.9		1.6	10.1	13.3	16.4	18.0	23.1	28.9	32.8	34.8	36.0	37.2	38.3	42.0	43.1	47.4	49.9	51.1	51.9
Sandsend	1.59		40.8	32.0	22.1	16.0	5.3	2.5	1.6		8.5	11.7	14.8	16.4	21.5	27.3	31.2	33.2	34.4	35.6	36.7	40.4	41.5	45.8	48.3	49.5	50.3
Runswick Bay	8.49		49.3	40.5	30.6	24.5	13.8	11.0	10.1	8.5		3.2	6.3	7.9	13.0	18.8	22.7	24.7	25.9	27.1	28.2	31.9	33.1	37.3	39.8	41.0	41.8
Port Mulgrave	2.48	0.74	52.5	43.7	33.8	27.7	17.0	14.2	13.3	11.7	3.2		4.6	6.2	11.2	17.1	20.9	22.9	24.1	25.3	26.5	30.2	31.3	35.6	38.1	39.2	40.1
Staithes	2.96	0.85	55.6	46.7	36.9	30.8	20.0	17.3	16.4	14.8	6.3	4.6		3.4	8.4	14.2	18.1	20.1	21.3	22.5	23.6	27.3	28.5	32.7	35.2	36.4	37.2
Boulby	2.27	0.23	57.3	48.4	38.5	32.5	21.7	19.0	18.0	16.4	7.9	6.2	3.4		5.5	11.4	15.2	17.2	18.4	19.6	20.7	24.5	25.6	29.9	32.3	33.5	34.3
Skinningrove	5.27		62.3	53.4	43.6	37.5	26.7	24.0	23.1	21.5	13.0	11.2	8.4	5.5		5.8	9.7	11.7	12.9	14.1	15.2	19.0	20.1	24.4	26.8	28.0	28.8
Saltburn-by-the-Sea	5.85		68.1	59.3	49.4	43.4	32.6	29.8	28.9	27.3	18.8	17.1	14.2	11.4	5.8		3.8	5.8	7.0	8.2	9.4	13.1	14.2	18.5	21.0	22.1	23.0
Marske-by-the-Sea	3.85		72.0	63.1	53.3	47.2	36.4	33.7	32.8	31.2	22.7	20.9	18.1	15.2	9.7	3.8		2.0	3.2	4.4	5.5	9.2	10.4	14.7	17.1	18.3	19.1
Green Lane	1.99		74.0	65.1	55.3	49.2	38.4	35.7	34.8	33.2	24.7	22.9	20.1	17.2	11.7	5.8	2.0		1.2	2.4	3.5	7.3	8.4	12.7	15.1	16.3	17.1
Zetland Park	1.20		75.2	66.3	56.5	50.4	39.6	36.9	36.0	34.4	25.9	24.1	21.3	18.4	12.9	7.0	3.2	1.2		1.2	2.3	6.1	7.2	11.5	13.9	15.1	15.9
Redcar	1.21		76.4	67.5	57.7	51.6	40.8	38.1	37.2	35.6	27.1	25.3	22.5	19.6	14.1	8.2	4.4	2.4	1.2		1.1	4.8	6.0	10.3	12.7	13.9	14.7
Coatham	1.13		77.5	68.7	58.8	52.7	42.0	39.2	38.3	36.7	28.2	26.5	23.6	20.7	15.2	9.4	5.5	3.5	2.3	1.1		3.7	4.8	9.1	11.6	12.8	13.6
Dormanstown	3.22	0.50	81.2	72.4	62.5	56.5	45.7	42.9	42.0	40.4	31.9	30.2	27.3	24.5	19.0	13.1	9.2	7.3	6.1	4.8	3.7		2.1	6.4	8.9	10.0	10.9
Lord McGowan Bridge	1.10	0.52	82.4	73.5	63.6	57.6	46.8	44.1	43.1	41.5	33.1	31.3	28.5	25.6	20.1	14.2	10.4	8.4	7.2	6.0	4.8	2.1		5.3	7.8	9.0	9.8
South Bank	4.80		86.6	77.8	67.9	61.9	51.1	48.3	47.4	45.8	37.3	35.6	32.7	29.9	24.4	18.5	14.7	12.7	11.5	10.3	9.1	6.4	5.3		2.5	3.6	4.5
Cargo Fleet	1.91	0.55	89.1	80.2	70.4	64.3	53.5	50.8	49.9	48.3	39.8	38.1	35.2	32.3	26.8	21.0	17.1	15.1	13.9	12.7	11.6	8.9	7.8	2.5		2.3	3.1
Riverside stadium	1.16	0.57	90.3	81.4	71.6	65.5	54.7	52.0	51.1	49.5	41.0	39.2	36.4	33.5	28.0	22.1	18.3	16.3	15.1	13.9	12.8	10.0	9.0	3.6	2.3		2.0
Middlesbrough	1.39		91.1	82.2	72.4	66.3	55.5	52.8	51.9	50.3	41.8	40.1	37.2	34.3	28.8	23.0	19.1	17.1	15.9	14.7	13.6	10.9	9.8	4.5	3.1	2.0	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
105 — Saltburn-by-the-Sea to Hartlepool

km	km on route	km to stop if >200m	**Saltburn-by-the-Sea**	**Marske-by-the-Sea**	Green Lane	Zetland Park	Redcar	Coatham	Dormanstown	Lord McGowan Bridge	**South Bank**	Cargo Fleet	Riverside stadium	**Middlesbrough**	Tees Bridge	Billingham Beck Bridge	Bamlet's Wharf	High Clarence	Port Clarence	Oil Storage Depot	Saltholme	Cowpen Marsh	Graythorp	Cricket Ground	**Seaton Carew**	**Hartlepool**
Saltburn-by-the-Sea				3.9	5.8	7.0	8.3	9.4	13.1	14.2	18.5	21.0	22.1	23.0	27.2	28.6	30.3	32.0	33.2	34.6	35.5	37.4	39.7	44.3	45.0	48.1
Marske-by-the-Sea	3.85		3.9		2.0	3.2	4.4	5.5	9.3	10.4	14.7	17.1	18.3	19.1	23.4	24.7	26.4	28.2	29.4	30.7	31.6	33.6	35.9	40.4	41.2	44.3
Green Lane	1.99		5.8	2.0		1.2	2.4	3.5	7.3	8.4	12.7	15.1	16.3	17.1	21.4	22.7	24.4	26.2	27.4	28.8	29.6	31.6	33.9	38.4	39.2	42.3
Zetland Park	1.20		7.0	3.2	1.2		1.2	2.3	6.1	7.2	11.5	13.9	15.1	15.9	20.2	21.5	23.2	25.0	26.2	27.6	28.4	30.4	32.7	37.2	38.0	41.1
Redcar	1.21		8.3	4.4	2.4	1.2		1.1	4.9	6.0	10.3	12.7	13.9	14.7	19.0	20.3	22.0	23.8	25.0	26.3	27.2	29.2	31.5	36.0	36.8	39.9
Coatham	1.13		9.4	5.5	3.5	2.3	1.1		3.7	4.8	9.1	11.6	12.8	13.6	17.9	19.2	20.9	22.7	23.8	25.2	26.1	28.1	30.3	34.9	35.6	38.8
Dormanstown	3.22	0.50	13.1	9.3	7.3	6.1	4.9	3.7		2.1	6.4	8.9	10.0	10.9	15.1	16.5	18.2	19.9	21.1	22.5	23.4	25.3	27.6	32.2	32.9	36.0
Lord McGowan Bridge	1.10	0.52	14.2	10.4	8.4	7.2	6.0	4.8	2.1		5.3	7.8	9.0	9.8	14.1	15.4	17.1	18.9	20.0	21.4	22.3	24.3	26.5	31.1	31.8	35.0
South Bank	4.80		18.5	14.7	12.7	11.5	10.3	9.1	6.4	5.3		2.5	3.6	4.5	8.7	10.1	11.8	13.5	14.7	16.1	17.0	18.9	21.2	25.8	26.5	29.6
Cargo Fleet	1.91	0.55	21.0	17.1	15.1	13.9	12.7	11.6	8.9	7.8	2.5		2.3	3.1	7.4	8.7	10.4	12.2	13.4	14.7	15.6	17.6	19.8	24.4	25.2	28.3
Riverside stadium	1.16	0.57	22.1	18.3	16.3	15.1	13.9	12.8	10.0	9.0	3.6	2.3		2.0	6.2	7.6	9.3	11.0	12.2	13.6	14.5	16.4	18.7	23.3	24.0	27.1
Middlesbrough	1.39		23.0	19.1	17.1	15.9	14.7	13.6	10.9	9.8	4.5	3.1	2.0		4.3	5.6	7.3	9.1	10.3	11.6	12.5	14.5	16.7	21.3	22.1	25.2
Tees Bridge	4.28		27.2	23.4	21.4	20.2	19.0	17.9	15.1	14.1	8.7	7.4	6.2	4.3		1.3	3.0	4.8	6.0	7.3	8.2	10.2	12.5	17.0	17.8	20.9
Billingham Beck Bridge	1.32		28.6	24.7	22.7	21.5	20.3	19.2	16.5	15.4	10.1	8.7	7.6	5.6	1.3		1.7	3.5	4.7	6.0	6.9	8.9	11.1	15.7	16.5	19.6
Bamlet's Wharf	1.69		30.3	26.4	24.4	23.2	22.0	20.9	18.2	17.1	11.8	10.4	9.3	7.3	3.0	1.7		1.8	3.0	4.3	5.2	7.2	9.4	14.0	14.8	17.9
High Clarence	1.78		32.0	28.2	26.2	25.0	23.8	22.7	19.9	18.9	13.5	12.2	11.0	9.1	4.8	3.5	1.8		1.2	2.6	3.5	5.4	7.7	12.2	13.0	16.1
Port Clarence	1.19		33.2	29.4	27.4	26.2	25.0	23.8	21.1	20.0	14.7	13.4	12.2	10.3	6.0	4.7	3.0	1.2		1.4	2.3	4.2	6.5	11.0	11.8	14.9
Oil Storage Depot	1.37		34.6	30.7	28.8	27.6	26.3	25.2	22.5	21.4	16.1	14.7	13.6	11.6	7.3	6.0	4.3	2.6	1.4		0.9	2.9	5.1	9.7	10.4	13.6
Saltholme	0.89		35.5	31.6	29.6	28.4	27.2	26.1	23.4	22.3	17.0	15.6	14.5	12.5	8.2	6.9	5.2	3.5	2.3	0.9		2.0	4.2	8.8	9.5	12.7
Cowpen Marsh	1.96		37.4	33.6	31.6	30.4	29.2	28.1	25.3	24.3	18.9	17.6	16.4	14.5	10.2	8.9	7.2	5.4	4.2	2.9	2.0		2.3	6.8	7.6	10.7
Graythorp	2.26		39.7	35.9	33.9	32.7	31.5	30.3	27.6	26.5	21.2	19.8	18.7	16.7	12.5	11.1	9.4	7.7	6.5	5.1	4.2	2.3		4.6	5.3	8.4
Cricket Ground	4.56		44.3	40.4	38.4	37.2	36.0	34.9	32.2	31.1	25.8	24.4	23.3	21.3	17.0	15.7	14.0	12.2	11.0	9.7	8.8	6.8	4.6		0.8	3.9
Seaton Carew	0.75		45.0	41.2	39.2	38.0	36.8	35.6	32.9	31.8	26.5	25.2	24.0	22.1	17.8	16.5	14.8	13.0	11.8	10.4	9.5	7.6	5.3	0.8		3.1
Hartlepool	3.13		48.1	44.3	42.3	41.1	39.9	38.8	36.0	35.0	29.6	28.3	27.1	25.2	20.9	19.6	17.9	16.1	14.9	13.6	12.7	10.7	8.4	3.9	3.1	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
106 — Middlesbrough to Seaham

km	km on route	km to stop if >200m	**Middlesbrough**	Tees Bridge	Billingham Beck Bridge	Bamlet's Wharf	High Clarence	Port Clarence	Oil Storage Depot	Saltholme	Cowpen Marsh	Graythorp	Cricket Ground	**Seaton Carew**	**Hartlepool**	Middleton Road	Throston	Throston Scar	West View	Crimdon Dene	Blackhall Rocks	Blackhall Colliery	**Horden**	Easington Colliery	Dawdon	**Seaham**
Middlesbrough				4.3	5.6	7.3	9.1	10.3	11.6	12.5	14.5	16.7	21.3	22.1	25.2	26.9	28.8	31.9	34.2	38.2	40.1	42.7	45.3	48.1	54.7	56.3
Tees Bridge	4.28		4.3		1.3	3.0	4.8	6.0	7.4	8.2	10.2	12.5	17.0	17.8	20.9	22.6	24.5	27.6	29.9	33.9	35.8	38.4	41.1	43.8	50.5	52.1
Billingham Beck Bridge	1.32		5.6	1.3		1.7	3.5	4.7	6.0	6.9	8.9	11.1	15.7	16.5	19.6	21.3	23.2	26.3	28.6	32.6	34.5	37.1	39.7	42.5	49.1	50.7
Bamlet's Wharf	1.69		7.3	3.0	1.7		1.8	3.0	4.3	5.2	7.2	9.5	14.0	14.8	17.9	19.6	21.5	24.6	26.9	30.9	32.8	35.4	38.1	40.8	47.4	49.1
High Clarence	1.78		9.1	4.8	3.5	1.8		1.2	2.6	3.5	5.4	7.7	12.2	13.0	16.1	17.8	19.7	22.9	25.1	29.1	31.0	33.6	36.3	39.0	45.7	47.3
Port Clarence	1.19		10.3	6.0	4.7	3.0	1.2		1.4	2.3	4.2	6.5	11.0	11.8	14.9	16.6	18.5	21.7	23.9	27.9	29.8	32.4	35.1	37.8	44.5	46.1
Oil Storage Depot	1.37		11.6	7.4	6.0	4.3	2.6	1.4		0.9	2.9	5.1	9.7	10.4	13.6	15.2	17.2	20.3	22.5	26.6	28.5	31.1	33.7	36.4	43.1	44.7
Saltholme	0.89		12.5	8.2	6.9	5.2	3.5	2.3	0.9		2.0	4.2	8.8	9.5	12.7	14.3	16.3	19.4	21.6	25.7	27.6	30.2	32.8	35.6	42.2	43.8
Cowpen Marsh	1.96		14.5	10.2	8.9	7.2	5.4	4.2	2.9	2.0		2.3	6.8	7.6	10.7	12.4	14.3	17.4	19.7	23.7	25.6	28.2	30.9	33.6	40.3	41.9
Graythorp	2.26		16.7	12.5	11.1	9.5	7.7	6.5	5.1	4.2	2.3		4.6	5.3	8.4	10.1	12.1	15.2	17.4	21.5	23.4	26.0	28.6	31.3	38.0	39.6
Cricket Ground	4.56		21.3	17.0	15.7	14.0	12.2	11.0	9.7	8.8	6.8	4.6		0.8	3.9	5.6	7.5	10.6	12.9	16.9	18.8	21.4	24.0	26.8	33.4	35.0
Seaton Carew	0.75		22.1	17.8	16.5	14.8	13.0	11.8	10.4	9.5	7.6	5.3	0.8		3.1	4.8	6.7	9.9	12.1	16.1	18.0	20.7	23.3	26.0	32.7	34.3
Hartlepool	3.13		25.2	20.9	19.6	17.9	16.1	14.9	13.6	12.7	10.7	8.4	3.9	3.1		1.7	3.6	6.7	9.0	13.0	14.9	17.5	20.2	22.9	29.6	31.2
Middleton Road	1.68		26.9	22.6	21.3	19.6	17.8	16.6	15.2	14.3	12.4	10.1	5.6	4.8	1.7		1.9	5.1	7.3	11.3	13.2	15.8	18.5	21.2	27.9	29.5
Throston	1.93		28.8	24.5	23.2	21.5	19.7	18.5	17.2	16.3	14.3	12.1	7.5	6.7	3.6	1.9		3.1	5.4	9.4	11.3	13.9	16.6	19.3	25.9	27.6
Throston Scar	3.13		31.9	27.6	26.3	24.6	22.9	21.7	20.3	19.4	17.4	15.2	10.6	9.9	6.7	5.1	3.1		2.2	6.3	8.2	10.8	13.4	16.2	22.8	24.4
West View	2.23		34.2	29.9	28.6	26.9	25.1	23.9	22.5	21.6	19.7	17.4	12.9	12.1	9.0	7.3	5.4	2.2		4.0	5.9	8.6	11.2	13.9	20.6	22.2
Crimdon Dene	4.04		38.2	33.9	32.6	30.9	29.1	27.9	26.6	25.7	23.7	21.5	16.9	16.1	13.0	11.3	9.4	6.3	4.0		1.9	4.5	7.2	9.9	16.5	18.2
Blackhall Rocks	1.90		40.1	35.8	34.5	32.8	31.0	29.8	28.5	27.6	25.6	23.4	18.8	18.0	14.9	13.2	11.3	8.2	5.9	1.9		2.6	5.3	8.0	14.6	16.3
Blackhall Colliery	1.61	1.00	42.7	38.4	37.1	35.4	33.6	32.4	31.1	30.2	28.2	26.0	21.4	20.7	17.5	15.8	13.9	10.8	8.6	4.5	2.6		4.6	7.4	14.0	15.6
Horden	2.92	0.72	45.3	41.1	39.7	38.1	36.3	35.1	33.7	32.8	30.9	28.6	24.0	23.3	20.2	18.5	16.6	13.4	11.2	7.2	5.3	4.6		4.2	10.8	12.4
Easington Colliery	3.45		48.1	43.8	42.5	40.8	39.0	37.8	36.4	35.6	33.6	31.3	26.8	26.0	22.9	21.2	19.3	16.2	13.9	9.9	8.0	7.4	4.2		6.7	8.3
Dawdon	6.66		54.7	50.5	49.1	47.4	45.7	44.5	43.1	42.2	40.3	38.0	33.4	32.7	29.6	27.9	25.9	22.8	20.6	16.5	14.6	14.0	10.8	6.7		1.6
Seaham	1.61		56.3	52.1	50.7	49.1	47.3	46.1	44.7	43.8	41.9	39.6	35.0	34.3	31.2	29.5	27.6	24.4	22.2	18.2	16.3	15.6	12.4	8.3	1.6	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
107 — Hartlepool to Marsden

km	km on route	km to stop if >200m	**Hartlepool**	Middleton Road	Throston	Throston Scar	West View	Crimdon Dene	Blackhall Rocks	Blackhall Colliery	**Horden**	Easington Colliery	Dawdon	**Seaham**	Seaham Hall	Ryhope	Grangetown	Hendon	Prospect Row	**Sunderland**	University of Sunderland	Roker Pier	Seaburn	Whitburn Steel	Whitburn	Souter Lighthouse	Marsden
Hartlepool				1.7	3.6	6.7	9.0	13.0	14.9	17.5	20.2	22.9	29.6	31.2	32.4	35.9	38.1	40.0	41.2	42.7	44.0	45.8	47.1	48.2	50.0	52.1	54.0
Middleton Road	1.68		1.7		1.9	5.1	7.3	11.3	13.2	15.8	18.5	21.2	27.9	29.5	30.7	34.2	36.4	38.3	39.5	41.0	42.3	44.2	45.5	46.5	48.3	50.4	52.3
Throston	1.93		3.6	1.9		3.1	5.4	9.4	11.3	13.9	16.6	19.3	25.9	27.6	28.8	32.3	34.5	36.4	37.6	39.1	40.4	42.2	43.5	44.6	46.3	48.5	50.4
Throston Scar	3.13		6.7	5.1	3.1		2.2	6.3	8.2	10.8	13.4	16.2	22.8	24.4	25.7	29.1	31.4	33.2	34.5	35.9	37.3	39.1	40.4	41.4	43.2	45.3	47.3
West View	2.23		9.0	7.3	5.4	2.2		4.0	5.9	8.6	11.2	13.9	20.6	22.2	23.4	26.9	29.1	31.0	32.2	33.7	35.1	36.9	38.2	39.2	41.0	43.1	45.0
Crimdon Dene	4.04		13.0	11.3	9.4	6.3	4.0		1.9	4.5	7.2	9.9	16.5	18.2	19.4	22.9	25.1	27.0	28.2	29.7	31.0	32.8	34.1	35.2	36.9	39.1	41.0
Blackhall Rocks	1.90		14.9	13.2	11.3	8.2	5.9	1.9		2.6	5.3	8.0	14.6	16.3	17.5	21.0	23.2	25.1	26.3	27.8	29.1	30.9	32.2	33.3	35.0	37.2	39.1
Blackhall Colliery	1.61	1.00	17.5	15.8	13.9	10.8	8.6	4.5	2.6		4.6	7.4	14.0	15.6	16.9	20.4	22.6	24.5	25.7	27.1	28.5	30.3	31.6	32.7	34.4	36.5	38.5
Horden	2.92	0.72	20.2	18.5	16.6	13.4	11.2	7.2	5.3	4.6		4.2	10.8	12.4	13.7	17.2	19.4	21.3	22.5	23.9	25.3	27.1	28.4	29.5	31.2	33.3	35.3
Easington Colliery	3.45		22.9	21.2	19.3	16.2	13.9	9.9	8.0	7.4	4.2		6.7	8.3	9.5	13.0	15.2	17.1	18.3	19.8	21.1	22.9	24.2	25.3	27.1	29.2	31.1
Dawdon	6.66		29.6	27.9	25.9	22.8	20.6	16.5	14.6	14.0	10.8	6.7		1.6	2.9	6.3	8.5	10.4	11.7	13.1	14.5	16.3	17.6	18.6	20.4	22.5	24.5
Seaham	1.61		31.2	29.5	27.6	24.4	22.2	18.2	16.3	15.6	12.4	8.3	1.6		1.2	4.7	6.9	8.8	10.1	11.5	12.9	14.7	16.0	17.0	18.8	20.9	22.9
Seaham Hall	1.24		32.4	30.7	28.8	25.7	23.4	19.4	17.5	16.9	13.7	9.5	2.9	1.2		3.5	5.7	7.6	8.8	10.3	11.6	13.4	14.7	15.8	17.6	19.7	21.6
Ryhope	3.47		35.9	34.2	32.3	29.1	26.9	22.9	21.0	20.4	17.2	13.0	6.3	4.7	3.5		2.2	4.1	5.3	6.8	8.2	10.0	11.3	12.3	14.1	16.2	18.1
Grangetown	2.22		38.1	36.4	34.5	31.4	29.1	25.1	23.2	22.6	19.4	15.2	8.5	6.9	5.7	2.2		1.9	3.1	4.6	5.9	7.7	9.0	10.1	11.9	14.0	15.9
Hendon	1.89		40.0	38.3	36.4	33.2	31.0	27.0	25.1	24.5	21.3	17.1	10.4	8.8	7.6	4.1	1.9		1.2	2.7	4.0	5.9	7.2	8.2	10.0	12.1	14.0
Prospect Row	1.23		41.2	39.5	37.6	34.5	32.2	28.2	26.3	25.7	22.5	18.3	11.7	10.1	8.8	5.3	3.1	1.2		1.5	2.8	4.6	5.9	7.0	8.7	10.9	12.8
Sunderland	1.45		42.7	41.0	39.1	35.9	33.7	29.7	27.8	27.1	23.9	19.8	13.1	11.5	10.3	6.8	4.6	2.7	1.5		1.4	3.2	4.5	5.5	7.3	9.4	11.4
University of Sunderland	1.36		44.0	42.3	40.4	37.3	35.1	31.0	29.1	28.5	25.3	21.1	14.5	12.9	11.6	8.2	5.9	4.0	2.8	1.4		1.8	3.1	4.2	5.9	8.0	10.0
Roker Pier	1.81		45.8	44.2	42.2	39.1	36.9	32.8	30.9	30.3	27.1	22.9	16.3	14.7	13.4	10.0	7.7	5.9	4.6	3.2	1.8		1.3	2.3	4.1	6.2	8.2
Seaburn	1.30		47.1	45.5	43.5	40.4	38.2	34.1	32.2	31.6	28.4	24.2	17.6	16.0	14.7	11.3	9.0	7.2	5.9	4.5	3.1	1.3		1.0	2.8	4.9	6.9
Whitburn Steel	1.04		48.2	46.5	44.6	41.4	39.2	35.2	33.3	32.7	29.5	25.3	18.6	17.0	15.8	12.3	10.1	8.2	7.0	5.5	4.2	2.3	1.0		1.8	3.9	5.8
Whitburn	1.26	0.52	50.0	48.3	46.3	43.2	41.0	36.9	35.0	34.4	31.2	27.1	20.4	18.8	17.6	14.1	11.9	10.0	8.7	7.3	5.9	4.1	2.8	1.8		3.2	5.1
Souter Lighthouse	2.63		52.1	50.4	48.5	45.3	43.1	39.1	37.2	36.5	33.3	29.2	22.5	20.9	19.7	16.2	14.0	12.1	10.9	9.4	8.0	6.2	4.9	3.9	3.2		2.0
Marsden	1.95		54.0	52.3	50.4	47.3	45.0	41.0	39.1	38.5	35.3	31.1	24.5	22.9	21.6	18.1	15.9	14.0	12.8	11.4	10.0	8.2	6.9	5.8	5.1	2.0	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
108 — Seaham to Whitley Bay

km	km on route	km to stop if >200m	**Seaham**	Seaham Hall	Ryhope	Grangetown	Hendon	Prospect Row	**Sunderland**	University of Sunderland	Roker Pier	Seaburn	Whitburn Steel	Whitburn	Souter Lighthouse	Marsden	Frenchman's Lea	Trow Point	South Pier	South Shields	North Shields	Clifford's Fort	Tynemouth	Long Sands	Cullercoats	Whitley Bay
Seaham				1.2	4.7	6.9	8.8	10.1	11.5	12.9	14.7	16.0	17.0	18.8	20.9	22.9	24.6	25.9	27.1	29.9	29.9	31.1	32.7	33.9	35.0	36.8
Seaham Hall	1.24		1.2		3.5	5.7	7.6	8.8	10.3	11.6	13.4	14.7	15.8	17.6	19.7	21.6	23.3	24.6	25.9	28.6	28.6	29.9	31.5	32.7	33.7	35.6
Ryhope	3.47		4.7	3.5		2.2	4.1	5.3	6.8	8.2	10.0	11.3	12.3	14.1	16.2	18.1	19.9	21.1	22.4	25.2	25.2	26.4	28.0	29.2	30.3	32.1
Grangetown	2.22		6.9	5.7	2.2		1.9	3.1	4.6	5.9	7.7	9.0	10.1	11.9	14.0	15.9	17.6	18.9	20.2	22.9	22.9	24.2	25.8	27.0	28.0	29.9
Hendon	1.89		8.8	7.6	4.1	1.9		1.2	2.7	4.0	5.9	7.2	8.2	10.0	12.1	14.0	15.8	17.0	18.3	21.1	21.1	22.3	23.9	25.1	26.1	28.0
Prospect Row	1.23		10.1	8.8	5.3	3.1	1.2		1.5	2.8	4.6	5.9	7.0	8.7	10.9	12.8	14.5	15.8	17.1	19.8	19.8	21.1	22.6	23.9	24.9	26.8
Sunderland	1.45		11.5	10.3	6.8	4.6	2.7	1.5		1.4	3.2	4.5	5.5	7.3	9.4	11.4	13.1	14.4	15.6	18.4	18.4	19.6	21.2	22.4	23.5	25.3
University of Sunderland	1.36		12.9	11.6	8.2	5.9	4.0	2.8	1.4		1.8	3.1	4.2	5.9	8.0	10.0	11.7	13.0	14.2	17.0	17.0	18.3	19.8	21.1	22.1	24.0
Roker Pier	1.81		14.7	13.4	10.0	7.7	5.9	4.6	3.2	1.8		1.3	2.3	4.1	6.2	8.2	9.9	11.2	12.4	15.2	15.2	16.5	18.0	19.3	20.3	22.2
Seaburn	1.30		16.0	14.7	11.3	9.0	7.2	5.9	4.5	3.1	1.3		1.0	2.8	4.9	6.9	8.6	9.9	11.1	13.9	13.9	15.2	16.7	18.0	19.0	20.9
Whitburn Steel	1.04		17.0	15.8	12.3	10.1	8.2	7.0	5.5	4.2	2.3	1.0		1.8	3.9	5.8	7.6	8.8	10.1	12.9	12.9	14.1	15.7	16.9	18.0	19.8
Whitburn	1.26	0.52	18.8	17.6	14.1	11.9	10.0	8.7	7.3	5.9	4.1	2.8	1.8		3.2	5.1	6.8	8.1	9.4	12.1	12.1	13.4	14.9	16.2	17.2	19.1
Souter Lighthouse	2.63		20.9	19.7	16.2	14.0	12.1	10.9	9.4	8.0	6.2	4.9	3.9	3.2		2.0	3.7	5.0	6.2	9.0	9.0	10.2	11.8	13.0	14.1	15.9
Marsden	1.95		22.9	21.6	18.1	15.9	14.0	12.8	11.4	10.0	8.2	6.9	5.8	5.1	2.0		1.7	3.0	4.3	7.0	7.0	8.3	9.8	11.1	12.1	14.0
Frenchman's Lea	1.72		24.6	23.3	19.9	17.6	15.8	14.5	13.1	11.7	9.9	8.6	7.6	6.8	3.7	1.7		1.3	2.5	5.3	5.3	6.6	8.1	9.4	10.4	12.3
Trow Point	0.94	0.34	25.9	24.6	21.1	18.9	17.0	15.8	14.4	13.0	11.2	9.9	8.8	8.1	5.0	3.0	1.3		1.9	4.7	4.7	6.0	7.5	8.8	9.8	11.7
South Pier	1.59		27.1	25.9	22.4	20.2	18.3	17.1	15.6	14.2	12.4	11.1	10.1	9.4	6.2	4.3	2.5	1.9		2.8	2.8	4.0	5.6	6.8	7.9	9.7
South Shields	2.77		29.9	28.6	25.2	22.9	21.1	19.8	18.4	17.0	15.2	13.9	12.9	12.1	9.0	7.0	5.3	4.7	2.8			1.3	2.8	4.1	5.1	7.0
North Shields			29.9	28.6	25.2	22.9	21.1	19.8	18.4	17.0	15.2	13.9	12.9	12.1	9.0	7.0	5.3	4.7	2.8			1.3	2.8	4.1	5.1	7.0
Clifford's Fort	1.27		31.1	29.9	26.4	24.2	22.3	21.1	19.6	18.3	16.5	15.2	14.1	13.4	10.2	8.3	6.6	6.0	4.0	1.3	1.3		1.6	2.8	3.8	5.7
Tynemouth	1.55		32.7	31.5	28.0	25.8	23.9	22.6	21.2	19.8	18.0	16.7	15.7	14.9	11.8	9.8	8.1	7.5	5.6	2.8	2.8	1.6		1.3	2.3	4.1
Long Sands	1.25		33.9	32.7	29.2	27.0	25.1	23.9	22.4	21.1	19.3	18.0	16.9	16.2	13.0	11.1	9.4	8.8	6.8	4.1	4.1	2.8	1.3		1.0	2.9
Cullercoats	1.02		35.0	33.7	30.3	28.0	26.1	24.9	23.5	22.1	20.3	19.0	18.0	17.2	14.1	12.1	10.4	9.8	7.9	5.1	5.1	3.8	2.3	1.0		1.9
Whitley Bay	1.53	0.33	36.8	35.6	32.1	29.9	28.0	26.8	25.3	24.0	22.2	20.9	19.8	19.1	15.9	14.0	12.3	11.7	9.7	7.0	7.0	5.7	4.1	2.9	1.9	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
109 — Marsden to Newbiggin-by-the-Sea

km	km on route	km to stop if >200m	Marsden	Frenchman's Lea	Trow Point	South Pier	South Shields	North Shields	Clifford's Fort	Tynemouth	Long Sands	Cullercoats	Whitley Bay	Whitley Sands	Hartley	Seaton Sluice	Mile Hill	South Beach	Ridley Park	Blyth	Cowpen Road	Bedlington	East Sleekburn	North Blyth	Cambois	Sidney Crescent	Newbiggin-by-the-Sea
Marsden				1.7	3.0	4.3	7.0	7.0	8.3	9.8	11.1	12.1	14.0	14.8	17.8	19.3	20.9	22.7	24.0	25.5	26.8	31.1	32.7	34.7	36.2	41.9	41.8
Frenchman's Lea	1.72		1.7		1.3	2.5	5.3	5.3	6.6	8.1	9.4	10.4	12.3	13.1	16.1	17.5	19.2	21.0	22.3	23.8	25.0	29.4	31.0	32.9	34.5	40.2	40.1
Trow Point	0.94	0.34	3.0	1.3		1.9	4.7	4.7	6.0	7.5	8.8	9.8	11.7	12.5	15.5	16.9	18.6	20.4	21.7	23.2	24.4	28.8	30.4	32.3	33.9	39.6	39.5
South Pier	1.59		4.3	2.5	1.9		2.8	2.8	4.0	5.6	6.8	7.9	9.7	10.5	13.6	15.0	16.7	18.4	19.8	21.3	22.5	26.9	28.5	30.4	31.9	37.7	37.6
South Shields	2.77		7.0	5.3	4.7	2.8			1.3	2.8	4.1	5.1	7.0	7.8	10.8	12.2	13.9	15.7	17.0	18.5	19.7	24.1	25.7	27.6	29.2	34.9	34.8
North Shields			7.0	5.3	4.7	2.8			1.3	2.8	4.1	5.1	7.0	7.8	10.8	12.2	13.9	15.7	17.0	18.5	19.7	24.1	25.7	27.6	29.2	34.9	34.8
Clifford's Fort	1.27		8.3	6.6	6.0	4.0	1.3	1.3		1.6	2.8	3.8	5.7	6.5	9.5	11.0	12.6	14.4	15.7	17.3	18.5	22.9	24.4	26.4	27.9	33.7	33.5
Tynemouth	1.55		9.8	8.1	7.5	5.6	2.8	2.8	1.6		1.3	2.3	4.1	5.0	8.0	9.4	11.1	12.8	14.2	15.7	16.9	21.3	22.9	24.8	26.3	32.1	32.0
Long Sands	1.25		11.1	9.4	8.8	6.8	4.1	4.1	2.8	1.3		1.0	2.9	3.7	6.7	8.2	9.8	11.6	12.9	14.5	15.7	20.1	21.6	23.6	25.1	30.9	30.7
Cullercoats	1.02		12.1	10.4	9.8	7.9	5.1	5.1	3.8	2.3	1.0		1.9	2.7	5.7	7.1	8.8	10.6	11.9	13.4	14.6	19.0	20.6	22.6	24.1	29.8	29.7
Whitley Bay	1.53	0.33	14.0	12.3	11.7	9.7	7.0	7.0	5.7	4.1	2.9	1.9		1.5	4.5	5.9	7.6	9.4	10.7	12.2	13.4	17.8	19.4	21.4	22.9	28.6	28.5
Whitley Sands	1.15		14.8	13.1	12.5	10.5	7.8	7.8	6.5	5.0	3.7	2.7	1.5		3.0	4.5	6.1	7.9	9.2	10.8	12.0	16.4	17.9	19.9	21.4	27.2	27.0
Hartley	3.02		17.8	16.1	15.5	13.6	10.8	10.8	9.5	8.0	6.7	5.7	4.5	3.0		1.4	3.1	4.9	6.2	7.7	8.9	13.3	14.9	16.9	18.4	24.1	24.0
Seaton Sluice	1.44		19.3	17.5	16.9	15.0	12.2	12.2	11.0	9.4	8.2	7.1	5.9	4.5	1.4		1.7	3.4	4.8	6.3	7.5	11.9	13.5	15.4	16.9	22.7	22.6
Mile Hill	1.66		20.9	19.2	18.6	16.7	13.9	13.9	12.6	11.1	9.8	8.8	7.6	6.1	3.1	1.7		1.8	3.1	4.6	5.8	10.2	11.8	13.8	15.3	21.0	20.9
South Beach	1.76		22.7	21.0	20.4	18.4	15.7	15.7	14.4	12.8	11.6	10.6	9.4	7.9	4.9	3.4	1.8		1.4	2.9	4.1	8.5	10.1	12.0	13.5	19.3	19.1
Ridley Park	1.36		24.0	22.3	21.7	19.8	17.0	17.0	15.7	14.2	12.9	11.9	10.7	9.2	6.2	4.8	3.1	1.4		1.5	2.7	7.1	8.7	10.6	12.2	17.9	17.8
Blyth	1.51		25.5	23.8	23.2	21.3	18.5	18.5	17.3	15.7	14.5	13.4	12.2	10.8	7.7	6.3	4.6	2.9	1.5		1.2	5.6	7.2	9.1	10.6	16.4	16.3
Cowpen Road	1.21		26.8	25.0	24.4	22.5	19.7	19.7	18.5	16.9	15.7	14.6	13.4	12.0	8.9	7.5	5.8	4.1	2.7	1.2		4.4	6.0	7.9	9.4	15.2	15.1
Bedlington	3.71	0.68	31.1	29.4	28.8	26.9	24.1	24.1	22.9	21.3	20.1	19.0	17.8	16.4	13.3	11.9	10.2	8.5	7.1	5.6	4.4		2.9	4.9	6.4	12.2	12.0
East Sleekburn	2.26		32.7	31.0	30.4	28.5	25.7	25.7	24.4	22.9	21.6	20.6	19.4	17.9	14.9	13.5	11.8	10.1	8.7	7.2	6.0	2.9		1.9	3.5	9.2	9.1
North Blyth	1.94		34.7	32.9	32.3	30.4	27.6	27.6	26.4	24.8	23.6	22.6	21.4	19.9	16.9	15.4	13.8	12.0	10.6	9.1	7.9	4.9	1.9		1.5	7.3	7.1
Cambois	1.52		36.2	34.5	33.9	31.9	29.2	29.2	27.9	26.3	25.1	24.1	22.9	21.4	18.4	16.9	15.3	13.5	12.2	10.6	9.4	6.4	3.5	1.5		5.8	5.6
Sidney Crescent	4.37	1.39	41.9	40.2	39.6	37.7	34.9	34.9	33.7	32.1	30.9	29.8	28.6	27.2	24.1	22.7	21.0	19.3	17.9	16.4	15.2	12.2	9.2	7.3	5.8		2.6
Newbiggin-by-the-Sea	1.25		41.8	40.1	39.5	37.6	34.8	34.8	33.5	32.0	30.7	29.7	28.5	27.0	24.0	22.6	20.9	19.1	17.8	16.3	15.1	12.0	9.1	7.1	5.6	2.6	

© 2022 GreenWalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
110 — Cullercoats to Seahouses

km	km on route	km to stop if >200m	Cullercoats	Whitley Bay	Whitley Sands	Hartley	Seaton Sluice	Mile Hill	South Beach	Ridley Park	Blyth	Cowpen Road	Bedlington	East Sleekburn	North Blyth	Cambois	Sidney Crescent	Newbiggin-by-the-Sea	Power station	Cresswell	Amble	Warkworth	**Hipsburn**	Alnmouth	Craster	Beadnell	Seahouses
Cullercoats				1.5	2.7	5.7	7.1	8.8	10.6	11.9	13.4	14.6	19.0	20.6	22.6	24.1	29.8	29.7	32.2	36.6	51.9	54.9	62.6	64.5	76.1	88.2	91.8
Whitley Bay	1.53		1.5		1.2	4.2	5.6	7.3	9.0	10.4	11.9	13.1	17.5	19.1	21.0	22.5	28.3	28.2	30.7	35.1	50.3	53.4	61.1	63.0	74.6	86.6	90.3
Whitley Sands	1.15		2.7	1.2		3.0	4.5	6.1	7.9	9.2	10.8	12.0	16.4	17.9	19.9	21.4	27.2	27.0	29.5	34.0	49.2	52.2	59.9	61.8	73.4	85.5	89.2
Hartley	3.02		5.7	4.2	3.0		1.4	3.1	4.9	6.2	7.7	8.9	13.3	14.9	16.9	18.4	24.1	24.0	26.5	30.9	46.2	49.2	56.9	58.8	70.4	82.5	86.1
Seaton Sluice	1.44		7.1	5.6	4.5	1.4		1.7	3.4	4.8	6.3	7.5	11.9	13.5	15.4	16.9	22.7	22.6	25.1	29.5	44.7	47.8	55.5	57.4	69.0	81.0	84.7
Mile Hill	1.66		8.8	7.3	6.1	3.1	1.7		1.8	3.1	4.6	5.8	10.2	11.8	13.8	15.3	21.0	20.9	23.4	27.8	43.1	46.1	53.8	55.7	67.3	79.4	83.0
South Beach	1.76		10.6	9.0	7.9	4.9	3.4	1.8		1.4	2.9	4.1	8.5	10.1	12.0	13.5	19.3	19.1	21.7	26.1	41.3	44.4	52.0	53.9	65.5	77.6	81.3
Ridley Park	1.36		11.9	10.4	9.2	6.2	4.8	3.1	1.4		1.5	2.7	7.1	8.7	10.6	12.2	17.9	17.8	20.3	24.7	39.9	43.0	50.7	52.6	64.2	76.2	79.9
Blyth	1.51		13.4	11.9	10.8	7.7	6.3	4.6	2.9	1.5		1.2	5.6	7.2	9.1	10.6	16.4	16.3	18.8	23.2	38.4	41.5	49.2	51.1	62.7	74.7	78.4
Cowpen Road	1.21		14.6	13.1	12.0	8.9	7.5	5.8	4.1	2.7	1.2		4.4	6.0	7.9	9.4	15.2	15.1	17.6	22.0	37.2	40.3	48.0	49.9	61.5	73.5	77.2
Bedlington	3.71	0.68	19.0	17.5	16.4	13.3	11.9	10.2	8.5	7.1	5.6	4.4		2.9	4.9	6.4	12.2	12.0	14.6	19.0	34.2	37.3	44.9	46.8	58.4	70.5	74.2
East Sleekburn	2.26		20.6	19.1	17.9	14.9	13.5	11.8	10.1	8.7	7.2	6.0	2.9		1.9	3.5	9.2	9.1	11.6	16.0	31.3	34.3	42.0	43.9	55.5	67.5	71.2
North Blyth	1.94		22.6	21.0	19.9	16.9	15.4	13.8	12.0	10.6	9.1	7.9	4.9	1.9		1.5	7.3	7.1	9.7	14.1	29.3	32.4	40.0	41.9	53.5	65.6	69.3
Cambois	1.52		24.1	22.5	21.4	18.4	16.9	15.3	13.5	12.2	10.6	9.4	6.4	3.5	1.5		5.8	5.6	8.2	12.6	27.8	30.9	38.5	40.4	52.0	64.1	67.8
Sidney Crescent	4.37	1.39	29.8	28.3	27.2	24.1	22.7	21.0	19.3	17.9	16.4	15.2	12.2	9.2	7.3	5.8		2.6	5.2	9.6	24.8	27.9	35.5	37.4	49.0	61.1	64.8
Newbiggin-by-the-Sea	1.25		29.7	28.2	27.0	24.0	22.6	20.9	19.1	17.8	16.3	15.1	12.0	9.1	7.1	5.6	2.6		2.5	6.9	22.2	25.2	32.9	34.8	46.4	58.5	62.1
Power station	2.53		32.2	30.7	29.5	26.5	25.1	23.4	21.7	20.3	18.8	17.6	14.6	11.6	9.7	8.2	5.2	2.5		4.4	19.6	22.7	30.4	32.3	43.9	55.9	59.6
Cresswell	4.41		36.6	35.1	34.0	30.9	29.5	27.8	26.1	24.7	23.2	22.0	19.0	16.0	14.1	12.6	9.6	6.9	4.4		15.2	18.3	26.0	27.9	39.5	51.5	55.2
Amble	15.23		51.9	50.3	49.2	46.2	44.7	43.1	41.3	39.9	38.4	37.2	34.2	31.3	29.3	27.8	24.8	22.2	19.6	15.2		3.1	10.7	12.6	24.2	36.3	40.0
Warkworth	3.06		54.9	53.4	52.2	49.2	47.8	46.1	44.4	43.0	41.5	40.3	37.3	34.3	32.4	30.9	27.9	25.2	22.7	18.3	3.1		7.7	9.6	21.2	33.2	36.9
Hipsburn	7.67		62.6	61.1	59.9	56.9	55.5	53.8	52.0	50.7	49.2	48.0	44.9	42.0	40.0	38.5	35.5	32.9	30.4	26.0	10.7	7.7		1.9	13.5	25.6	29.2
Alnmouth	1.90		64.5	63.0	61.8	58.8	57.4	55.7	53.9	52.6	51.1	49.9	46.8	43.9	41.9	40.4	37.4	34.8	32.3	27.9	12.6	9.6	1.9		11.6	23.7	27.3
Craster	11.60		76.1	74.6	73.4	70.4	69.0	67.3	65.5	64.2	62.7	61.5	58.4	55.5	53.5	52.0	49.0	46.4	43.9	39.5	24.2	21.2	13.5	11.6		12.1	15.7
Beadnell	12.06		88.2	86.6	85.5	82.5	81.0	79.4	77.6	76.2	74.7	73.5	70.5	67.5	65.6	64.1	61.1	58.5	55.9	51.5	36.3	33.2	25.6	23.7	12.1		3.7
Seahouses	3.68		91.8	90.3	89.2	86.1	84.7	83.0	81.3	79.9	78.4	77.2	74.2	71.2	69.3	67.8	64.8	62.1	59.6	55.2	40.0	36.9	29.2	27.3	15.7	3.7	

© 2022 greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops

Coast Path public transport distance matrix
111 — Newbiggin-by-the-Sea to Cockburnspath

km	km on route	km to stop if >200m	Newbiggin-by-the-Sea	Power station	Cresswell	Amble	Warkworth	**Hipsburn**	Alnmouth	Craster	Beadnell	Seahouses	North Sunderland	Bamburgh	Belford	Fenwick Bridge	Lindisfarne Causeway	Spittal	**Berwick Bridge**	Marshall Meadows	Burnmouth	Eyemouth	St Abb's	Cockburnspath
Newbiggin-by-the-Sea				2.5	6.9	22.2	25.2	32.9	34.8	46.4	58.5	62.1	63.2	68.2	79.5	90.2	93.4	107.2	108.8	118.4	123.4	129.3	135.4	157.3
Power station	2.53		2.5		4.4	19.6	22.7	30.4	32.3	43.9	55.9	59.6	60.7	65.7	77.0	87.6	90.9	104.7	106.3	115.9	120.9	126.7	132.9	154.7
Cresswell	4.41		6.9	4.4		15.2	18.3	26.0	27.9	39.5	51.5	55.2	56.3	61.2	72.6	83.2	86.5	100.3	101.9	111.5	116.5	122.3	128.4	150.3
Amble	15.23		22.2	19.6	15.2		3.1	10.7	12.6	24.2	36.3	40.0	41.1	46.0	57.4	68.0	71.2	85.0	86.6	96.2	101.3	107.1	113.2	135.1
Warkworth	3.06		25.2	22.7	18.3	3.1		7.7	9.6	21.2	33.2	36.9	38.0	43.0	54.3	64.9	68.2	82.0	83.6	93.2	98.2	104.0	110.2	132.0
Hipsburn	7.67		32.9	30.4	26.0	10.7	7.7		1.9	13.5	25.6	29.2	30.3	35.3	46.6	57.3	60.5	74.3	75.9	85.5	90.5	96.4	102.5	124.4
Alnmouth	1.90		34.8	32.3	27.9	12.6	9.6	1.9		11.6	23.7	27.3	28.4	33.4	44.7	55.4	58.6	72.4	74.0	83.6	88.6	94.5	100.6	122.5
Craster	11.60		46.4	43.9	39.5	24.2	21.2	13.5	11.6		12.1	15.7	16.8	21.8	33.1	43.8	47.0	60.8	62.4	72.0	77.0	82.9	89.0	110.9
Beadnell	12.06		58.5	55.9	51.5	36.3	33.2	25.6	23.7	12.1		3.7	4.8	9.7	21.1	31.7	34.9	48.8	50.3	59.9	65.0	70.8	76.9	98.8
Seahouses	3.68		62.1	59.6	55.2	40.0	36.9	29.2	27.3	15.7	3.7		1.1	6.0	17.4	28.0	31.3	45.1	46.7	56.3	61.3	67.1	73.2	95.1
North Sunderland	1.09		63.2	60.7	56.3	41.1	38.0	30.3	28.4	16.8	4.8	1.1		5.0	16.3	26.9	30.2	44.0	45.6	55.2	60.2	66.0	72.2	94.0
Bamburgh	4.95		68.2	65.7	61.2	46.0	43.0	35.3	33.4	21.8	9.7	6.0	5.0		11.4	22.0	25.2	39.0	40.6	50.2	55.3	61.1	67.2	89.1
Belford	11.35		79.5	77.0	72.6	57.4	54.3	46.6	44.7	33.1	21.1	17.4	16.3	11.4		10.6	13.9	27.7	29.3	38.9	43.9	49.7	55.9	77.7
Fenwick Bridge	10.62		90.2	87.6	83.2	68.0	64.9	57.3	55.4	43.8	31.7	28.0	26.9	22.0	10.6		3.2	17.1	18.7	28.2	33.3	39.1	45.2	67.1
Lindisfarne Causeway	3.24		93.4	90.9	86.5	71.2	68.2	60.5	58.6	47.0	34.9	31.3	30.2	25.2	13.9	3.2		13.8	15.4	25.0	30.1	35.9	42.0	63.9
Spittal	13.82		107.2	104.7	100.3	85.0	82.0	74.3	72.4	60.8	48.8	45.1	44.0	39.0	27.7	17.1	13.8		1.6	11.2	16.2	22.1	28.2	50.1
Berwick Bridge	1.59		108.8	106.3	101.9	86.6	83.6	75.9	74.0	62.4	50.3	46.7	45.6	40.6	29.3	18.7	15.4	1.6		9.6	14.6	20.5	26.6	48.5
Marshall Meadows	9.59		118.4	115.9	111.5	96.2	93.2	85.5	83.6	72.0	59.9	56.3	55.2	50.2	38.9	28.2	25.0	11.2	9.6		5.1	10.9	17.0	38.9
Burnmouth	5.05		123.4	120.9	116.5	101.3	98.2	90.5	88.6	77.0	65.0	61.3	60.2	55.3	43.9	33.3	30.1	16.2	14.6	5.1		5.8	11.9	33.8
Eyemouth	5.83		129.3	126.7	122.3	107.1	104.0	96.4	94.5	82.9	70.8	67.1	66.0	61.1	49.7	39.1	35.9	22.1	20.5	10.9	5.8		6.1	28.0
St Abb's	6.11		135.4	132.9	128.4	113.2	110.2	102.5	100.6	89.0	76.9	73.2	72.2	67.2	55.9	45.2	42.0	28.2	26.6	17.0	11.9	6.1		21.9
Cockburnspath	21.89		157.3	154.7	150.3	135.1	132.0	124.4	122.5	110.9	98.8	95.1	94.0	89.1	77.7	67.1	63.9	50.1	48.5	38.9	33.8	28.0	21.9	

© 2022greenwalks.uk

Distances in the main matrix are between public transport access points and are rounded to 100m
Places in boldface indicate rail connections nearby: unless otherwise noted, all places indicate bus stops